



April 2020

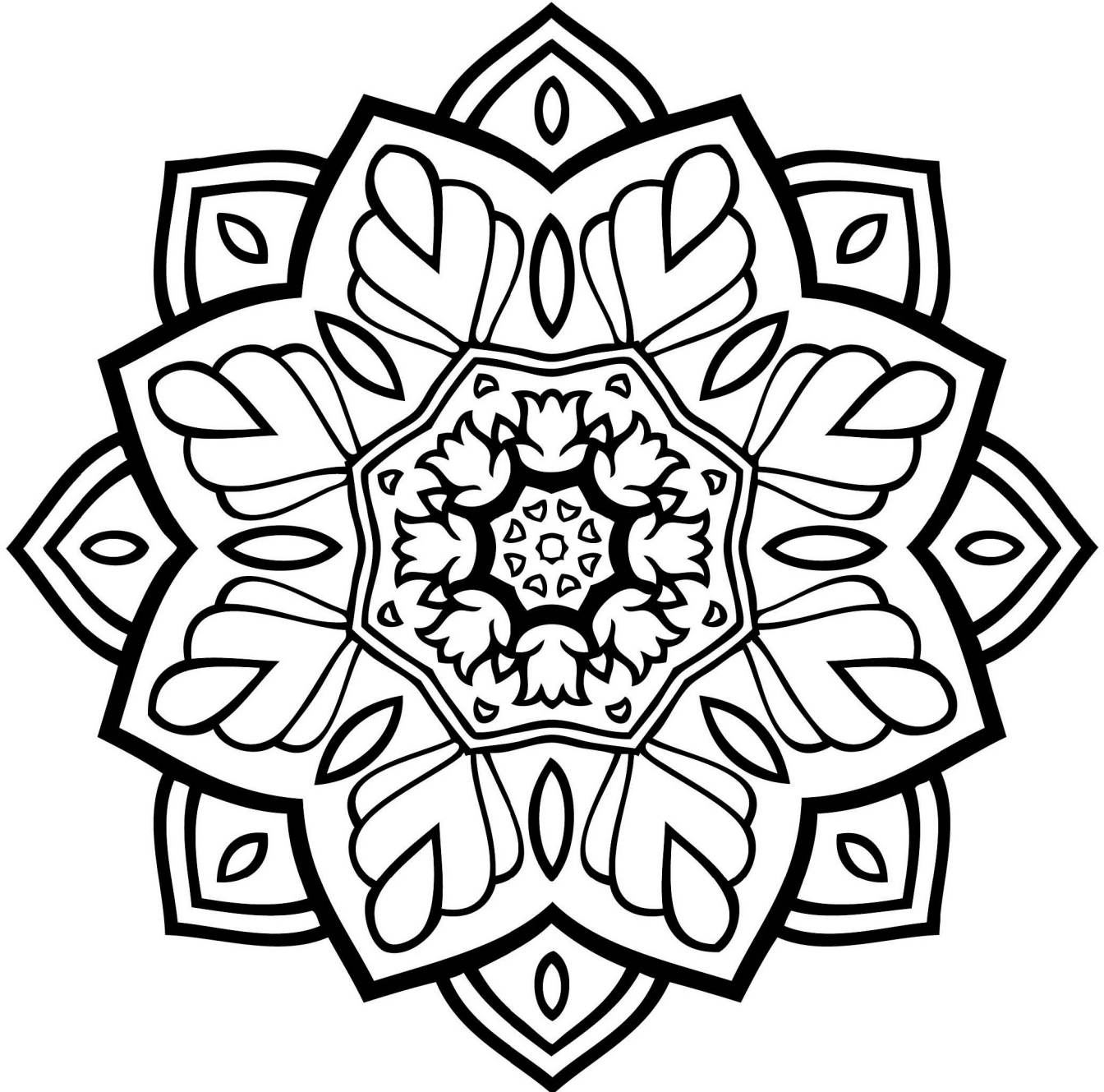
# MERCER COUNTY COUNCIL ON AGING

[www.mccoa.net](http://www.mccoa.net)



419-586-1644

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



If you are interested in receiving your newsletter electronically, give us your email address in the office or call us at 419-586-1644.



From the Director's Desk:

My maiden name is Callender. It is pronounced calendar. My dad used to joke that he wanted to name me April May Callender. He also said if I had been a boy, he would have named me Floyd Lloyd. As luck would have it, Pops actually did have a hand in my name. My mother wanted to name me Shirley, but Pops wasn't fond of that so they compromised by naming me Sharon. My nieces and nephews all call me SheeShee, a wonderful nickname my sister gave me so my two-year-old niece could reference me easily. All the other kids picked up on it, too. My oldest nephew morphed it into Sheesh and that is what he and my younger brother call me. I love the story of names. MCCoA is now offering a fun activity with an unusual name. Perhaps you have heard of pickleball. Pickleball is an extremely popular game that incorporates tennis, badminton and ping pong (all good names, too!) According to one of the founders, the game was named after another founder's dog, Pickles, who would chase the ball while they played. Aside from having a good name, pickleball is easy to learn and easy to play. MCCoA and the Montezuma Spiritual Center have entered into a partnership that enables us to offer pickleball as a new activity. The Spiritual Center provides the space in their gym and MCCoA has all of the equipment necessary to play. A half hour before play begins, Tash and Dawn are available to help newbies learn the game. If pickleball isn't your thing, we will be offering a new chair exercise with an equally funny name, Chair Chi. This is Tai Chi in a chair and is perfect for people with balance and movement issues. Keep your eyes open for this coming to the Center in the near future. And I'd like to close by saying that if you have an interesting story about your name, please stop by and share it with me. It helps me to get to know you all even better.



*Sharon M. Green*



Who's got game? Christina Bryan will be hosting game night the third Wednesday of each month beginning on Wednesday, April 15. "Who's got game?" will be held in the Annex beginning at 5:45 pm and last for an hour. We will be playing everything from cards to board games. Come enjoy an evening of fun. Snacks will be provided.

**GARAGE SALE**

Daily Donations	April 27 to May 1	8:30 to 4
Saturday Donations	April 25 & May 2	9 to 1
Set Up	May 5 to 13	
Clean Up	May 19	

We are always looking for garage sale assistance from taking donations, sorting and setting up to running checkouts during sale. Call Tash at 419-586-1644 if you would like to help. Remember we are always looking for volunteers to clean up after the sale ends!

**Garage Sale Hours**

Thursday	May 14	8:30	6:30
Friday	May 15	8:30	4:00
Saturday	May 16	9:30	4:00
Sunday	May 17	9:30	4:00
\$3.00/Bag - Clothing only. Other Items 1/2 price.			
Monday	May 18	8:30	4:00
Bag Day \$1.00 each bag with a second bag FREE All items included.			

Note: Volunteers are available to accept donations every Tuesday and Thursday (except during set up & garage sale) from 8:30 to 4:00 in the 4 bay garage. As always we can use many hands during this donation time, please call Tash if you have any time you could help out!

## Informational Presentations/Support Groups

The Council on Aging hosts several **informational presentations/support groups**. We encourage you to come and bring family and friends. See the schedule below:

**Wednesday, April 1, 2:45 pm** - Garage Sale Volunteer Meeting We are going to discuss how our new garage sale building is going to improve our process! Learn what will change and what will stay the same. We will answer as many questions as we can.

**Wednesday, April 1, 1:00 pm to 3:00 pm** - Chat with Linda in the Annex. Linda Pollitz, speaks one-on-one about Alzheimer's and dementia related diseases. Please call 419-586-1644 to schedule an appointment.

**Thursday, April 2, 9:00 am** - Garage Sale Volunteer Meeting We are going to discuss how our new garage sale building is going to improve our process! Learn what will change and what will stay the same. We will answer as many questions as we can.

**Tuesday, April 7, 12:00 pm** - Lunch at Rockford Our activity for the day will be decorating your own cookie!! Everyone will get to enjoy a sweet treat and have fun making it pretty!!

**Wednesday, April 8, 10:30 am** - Neighborhood Nurse will be here providing free blood pressure and blood sugar testing. The nurse will be available beginning at 10:30 am.

**Wednesday, April 8, 1:00 pm** - Toenail trimming provided by Community Health Professionals, is the second Wednesday of each month at a cost of \$15.00 in the Annex.

**Tuesday, April 14, 6:00 pm** - Medicare 101 Learn the basics of Medicare and what options you have with your health insurance as you retire. Amy Buening and Gloria Miller will walk you through eligibility, possible penalties and what to anticipate. If you are already on Medicare, they can address additional questions you may have, as well as potential cost savings options.

**Friday, April 17, 10 am** - Alzheimer's Association caregiver support group This group is conducted by trained facilitators and is a safe place for caregivers, family and friends of persons with dementia to

develop a support system. Meetings are located at the Mercer Health Community Hospital in the Luken Meeting Room (located on the first floor in the East Wing) 800 W. Main Street, Coldwater. If you have questions contact Amy Buening at 419-586-1644.

**Monday, April 20, 9:30 am** - Label Newsletters Come in and help get our newsletter ready to mail out. Spend the morning with a group of fun folks! Call ahead and reserve your lunch too!

**Tuesday, April 21, 10:00 am** - Welcome to Medicare 2020 Learn about Medicare Part A and Part B benefits, the prescription drug benefit (Part D), Medicare Advantage plans, and Medicare supplement insurance presented by *Dave Painter* from the Ohio Department of Insurance. (Find more info on page 7.)

### MARK YOUR CALENDAR!!

April 27 to May 1 - Garage Sale Donations  
8:30 to 4

May 2 - Garage Sale Donations 9 to 1

May 5 - Lunch at Rockford

May 5 to May 13 - Garage Sale Set Up

May 6 - Linda Pollitz - Alzheimer's - One on One

May 6 - Medicare 101 - Mendon Branch Library

May 7 - Craft Class - Tole Painting

May 13 - Neighborhood Nurse

May 13 - Toenail Trimming

May 13 - Medicare 101 - Coldwater Library

May 14 to May 18 - Garage Sale

May 18 - Label Newsletter

May 21- All Day Quilt Group

May 25 - Offices Closed - Memorial Day

May 28 - Texas Hold 'Em

Check next month's newsletter for more info.

**Our offices will be closed  
Friday, April 10  
In observance of  
Good Friday**



### Farmer's Market

The words listed below can be found vertically, horizontally, diagonally, forward and backward.

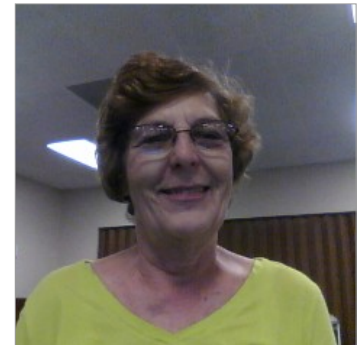
BOOTHS  
CHEESE  
CONFECTIONS  
FARMERS  
FREE-RANGE  
FRESH  
HEALTHY  
HEIRLOOM  
HOMEGROWN  
HONEY

LOCAL  
ORGANIC  
PASTRY  
PLANTS  
PRODUCE  
PUBLIC  
SEAFOOD  
SEASONAL  
TABLES  
VENDOR

S I P Z A H Q I H M C O C Q Q  
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D E P Z Q Q M C E O N G E M C  
L F A R M E R S Z L F A E V P  
R A T L G L G O S R E N S D S  
R N N R T R A R F I C I E E C  
C L O O Y H W C A E T C A R E  
J W S V S O Y M O H I F O I E  
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E G N A R E E R F O N N U T P  
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H S E R F H N I P T I H P N O  
T Y X A O E L X H C S Z X T H

### WINNERS!!!

Ethel Wilson (left) and Tiara Roberts (right) are the latest winners of \$10 gift cards to Walmart for the swipe to win! It's easy to enter and win. Just swipe your MY Senior Center card each time you come in and join us for an activity. If you don't have a card or want to know more about the drawing just ask. We will be happy to show you how it works!!!



### Spotlight on the Lake Festival Parade!!!



Did you know that the MCCoA has been in the Lake Festival Parade the last couple of years? The 2020 parade is scheduled for Saturday, July 25. Once again we will be in the parade and we will showcase many of our services on a float this year. (One of our regular card players has donated the use of his trailer and will be driving us through the parade.) So, we need several seniors to join us and go for a ride (there won't be a lot of walking). If that sounds like fun and you are willing to help us out, please give Samantha a call at 419-586-1644. Oh, our staff will be dressing up like the Looney-Toons!!!



**Lunch Craft** - Join us for lunch and a craft on Monday, April 27. At 11:30 we will be decorating flower pots and planting flowers. This is a free class for anyone that eats lunch with us. When you reserve your lunch, let them know you will be staying for the craft. If you do not wish to eat lunch with us, you can still call and register for the class at a cost of \$2.00. Call 419-586-1644.



**Craft Class** - Craft class Monday, April 6 at noon. Join our very own executive director, Sharon Green, as she teaches cookie decorating. If you have not seen examples of Sharon's cookies, they are a work of art! Cost of the class is only \$5.00 and you will decorate 6 cookies! Call to register as space is limited 419-586-1644.



Sunshine Singers are in need of voices, especially males, in our troupe. We sing and joke every Monday afternoon April thru December at nursing homes in the county. You will make the residents smile and your heart will be happy, too. You are welcome to visit a practice session before committing to the group. For more information contact Charlene Guingrich at 567-279-5785.

**Art Class** - Monday, April 20 at noon in the annex. Join Anna for a fun day painting spring flowers! Cost is only \$10.00. All supplies will be provided. Call and register today!



**Calling All Garage Sale Volunteers!!!**



We would like to invite everyone that helps at our garage sales (or would like to help) to join us for one of the following informational meetings. The meetings are scheduled for Wednesday, April 1 at 2:45 pm and Thursday, April 2 at 9:00 am. We are going to discuss how our new garage sale building is going to improve and streamline how things are set up!!! We are very excited about the big change. We want to let everyone know what will change and what will stay the same. It will be a great time to ask questions and we will answer as many questions as we can. This is a huge step forward for our garage sale and we want all of you to be a big part of it!!!





# Medicare 101

An overview of Medicare benefits and options.



Discover the basics of Medicare and health insurance options at retirement. We will walk you through eligibility, possible penalties and what to anticipate. If you are already on Medicare, we can address additional questions, as well as potential cost savings options. If you have questions, please call 419-586-1644. Find the class that best suits you!!

## You're Invited! Welcome to Medicare 2020

- Will you be eligible for Medicare soon?
- Are you on Medicare but still have questions?
- Do you help a family member with Medicare issues?

Then this **FREE Welcome to Medicare Event** is for you!

**Where:** Mercer County Council on Aging - Main Building  
217 Riley Street  
Celina, OH 45822  
(419) 586-1644 (No RSVP required)

**When:** Tuesday, April 21 at 10:00 AM

Learn about Medicare Part A and Part B benefits, the prescription drug benefit (Part D), Medicare Advantage plans, and Medicare supplement insurance.

This event, presented by the Ohio Senior Health Insurance Information Program (OSHIIP), is a service of the Ohio Department of Insurance. OSHIIP staff are trained by the state and do not sell or promote any insurance companies, policies or agents.

### Questions?

Call the Ohio Department of Insurance's OSHIIP Division at

**1-800-686-1578**

DATE - TIME	TIME	LOCATION	ADDRESS	CITY	INSTRUCTOR
Tue, April 14	6 PM	MCCoA (Main Building)	217 Riley St	Celina	MCCoA Outreach
Tue, April 21	10 AM	MCCoA (Main Building)	217 Riley St	Celina	Welcome to Medicare Dave Painter-ODI
Wed, May 6	6 PM	Mendon Branch Library	105 W Market St	Mendon	MCCoA Outreach
Wed, May 13	10 AM	Coldwater Public Library	305 W Main St	Coldwater	Dave Painter-ODI
Thu, June 4	10 AM	MCCoA (Annex)	217 Riley St	Celina	MCCoA Outreach
Tue, June 16	5:30 PM	Ft Recovery Library	113 N Wayne St	Ft Recovery	MCCoA Outreach
Thu, July 16	10 AM	St Henry Library	200 E Main St	St Henry	Dave Painter-ODI
Thu, July 30	6 PM	MCCoA (Annex)	217 Riley St	Celina	MCCoA Outreach
Thu, August 13	6 PM	MCCoA (Annex)	217 Riley St	Celina	MCCoA Outreach
Thu, August 27	10 AM	Rockford Library	162 S Main St	Rockford	Dave Painter-ODI
Mon, September 14	2 PM	Coldwater Hospital (Luken & Sanderell Meeting Rooms)	800 W Main St	Coldwater	Dave Painter-ODI
Tue, September 29	6 PM	Marion Township Library	5 E Franklin St	Chickasaw	MCCoA Outreach
Tue, October 6	12:30 PM	The New Shane Hall in Shane's Park	315 W Front St	Rockford	MCCoA Outreach
Tue, October 27	3 PM	MCCoA (Main Building)	217 Riley St	Celina	Dave Painter-ODI

The MCCoA will be printing a full color newsletter soon and we are looking for advertisers!

- County-wide circulation reaching 3000 senior readers every month
  - 12 issues per year
- Digital and print format, full color
  - Four ad changes per year
  - Color is free, art work is free
- Pay in full upfront and receive an extra issue of advertising

ANNUAL rates are listed to the right. You get 12 monthly issues for that ONE rate.

LPI, whose service keeps the newsletter free for the MCCoA and our seniors, is the largest printer of nonprofit newsletters. Jayne Pandey, our community advertising sales executive, can be contacted at:  
 p: 216-325-6825 x6401  
 c: 216-618-6439  
 e: [jpandy@lpiseniors.com](mailto:jpandy@lpiseniors.com)  
[www.4lpi.com](http://www.4lpi.com)

Will you help?

## Senior Center Rates for the year

Receive all issues for the one rate!

### INCLUDED IN THE PRICE OF YOUR AD:

- One full year of advertising.
- Affordable, local, targeted community advertising.
- 85% of newsletters are kept in homes and referred to often, keeping your name and phone number right at hand.
- Your own listing page on [ourseniorcenter.com](http://ourseniorcenter.com)
- FREE professional ad design, and 4 free ad changes per year.
- Shows your support for the community, in turn readers will support you.

# of spaces	Annual Price INCLUDING COLOR
12 1/2 PAGE	\$2,850
8 1/3 PAGE	\$1,950
6 1/4 PAGE	\$1,595
4 1/6 PAGE	\$1,185
3 1/8 PAGE	\$945
2	\$675
1	\$375

CONTACT ME TODAY!

Jayne Pandey



BECAUSE VIBRANT SENIORS MATTER

216-618-6439

[jpandy@lpiseniors.com](mailto:jpandy@lpiseniors.com)

**James H. McGiffert**  
 REALTOR, SFR, AHD,  
 of Arizona  
 Broker

**4 SPACE**  
 1/6 PAGE  
 3.8" x 3.28"

**Branch Manager - 662-768-5338**  
**RealEstate@JimMcGiffert.com**

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**PLUMBER**

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 321 Ma... , NY  
[www.plumbing-services.com](http://www.plumbing-services.com)

**ALPHA DENTAL**

39 Simon St., Unit 8  
 603-880-4700 • [www.alpha-dental.com](http://www.alpha-dental.com)

**2 SPACE BUSINESS CARD**  
 3.8" x 1.6"

**FREE Con and requir**  
 \$600 OFF Any Ne  
 Please present coupon for discount

**ADVANCED AUDIOLOGY CONCEPTS**

PROFESSIONAL HEARING CARE  
 Paula, Au.D. & Paula G. Webster, M.A.

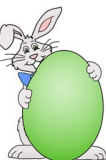

HEARING AID EVALUATIONS • AMPLIFIED TELEPHONES

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**(440) 253-5348 • [www.aachear.org](http://www.aachear.org)**

**4 SPACE BANNER**  
 7.67" x 1.6"

**Voted Best of the Best**

# April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<p><i>Italicized and underlined</i> activities are held in the Annex.            Activities marked with an * have a fee.            Activities marked with ( ) are off campus.            (Alzheimer's Support Group - Mercer Health - Coldwater - Luken Room)            (Pickle-ball* - Montezuma - Spiritual Center Retreat House)            (Lunch* - Ft Recovery Library)            (Lunch* - Maria Stein - Shrine of the Holy Relics)            (Lunch* - Rockford - New Shane Hall)</p>			<p>(9:00 - Pickleball)*            11:00 - Lunch Bunch*            (12:00 - Lunch - Maria Stein)*            12:30 - Bingo*            1:00 - Chat with Linda Pollitz - Alzheimer's            2:45 - Garage Sale Volunteer Meeting</p>	<p>9:00 - Garage Sale Volunteer Meeting            11:00 - Lunch Bunch*            12:30 - Chair Yoga*            5:30 - Dinner*            6:30 - Cards*</p>	<p>11:00 - Lunch Bunch*            12:30 - Cards*</p>	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Chair Yoga* <u>12:30 - Craft Class - Decorating Easter Cookies - 6 cookies/\$5</u> 2:00 - Sunshine Singers Practice	11:00 - Lunch Bunch* <b>(Lunch* - Rockford - New Shane Hall)</b> <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<p>(9:00 - Pickleball)*            10:30 Neighborhood Nurse BP &amp; Glucose Testing            11:00 - Lunch Bunch*            (12:00 - Lunch - Maria Stein)*            12:30 - Bingo*            1:00 - Toe Nail Trimming*</p>	11:00 - Lunch Bunch* 12:30 - Chair Yoga* <u>1:00 - Board Mtg</u> 5:30 - Dinner* 6:30 - Cards*	OFFICE CLOSED  GOOD FRIDAY	
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
6:30 - Cards* 	11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	11:00 - Lunch Bunch* <b>(12:00 - Lunch - Ft Recovery)*</b> <u>12:30 - Bridge*</u> 12:45 - Line Dancing 6:00 - Medicare 101	<p>(9:00 - Pickleball)*            11:00 - Lunch Bunch*            (12:00 - Lunch - Maria Stein)*            12:30 - Bingo*            5:45 - Who's Got Game?</p>	11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	<b>(10:00 - Alzheimer's Support Group - Mercer Health)</b> 11:00 - Lunch Bunch* 12:30 - Cards*	
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
6:30 - Cards*	9:30 - Label Newsletter 11:00 - Lunch Bunch* <u>12:00 - Art Class - Painting*</u> 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	10:00 - Welcome to Medicare with Dave Painter <u>11:00 - Lunch Bunch*</u> <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<p>(9:00 - Pickleball)*            11:00 - Lunch Bunch*            (12:00 - Lunch - Maria Stein)*            12:30 - Bingo*</p>	11:00 - Lunch Bunch* <u>12:30 - Texas Hold Em*</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	<u>8:00 - All Day Quilt Group</u> 11:00 - Lunch Bunch* 12:30 - Cards*	9:00 to 1:00 - Garage Sale Donations Accepted
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	 (on front cover)	
6:30 - Cards*	11:00 - Lunch Bunch* 11:30 - Lunch Bunch Craft - Pots 'n Flowers 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice 8:30 to 4:00 - Garage Sale Donations Accepted	11:00 - Lunch Bunch* <b>(12:00 - Lunch - Ft Recovery)*</b> <u>12:30 - Bridge*</u> 12:45 - Line Dancing 8:30 to 4:00 - Garage Sale Donations Accepted	<p>(9:00 - Pickleball)*            11:00 - Lunch Bunch*            (12:00 - Lunch - Maria Stein)*            12:30 - Bingo*</p> 8:30 to 4:00 - Garage Sale Donations Accepted	11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* 8:30 to 4:00 - Garage Sale Donations Accepted		



Lunch is served at 11 am

\$3.00 donation

Thursday Dinner - served at 5:30 pm

\$5.00 donation

# April 2020

Senior Citizens Center  
217 Riley Street, Celina

Reservations are required

by NOON one work day

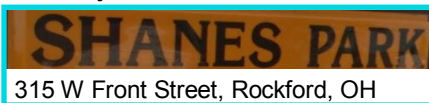
prior to the meal.

Call 419-586-1644

Monday	Tuesday	Wednesday	Thursday	Friday	
Note: Menu items are subject to change.		1 Sloppy Joe on bun Crispy Cubes Cookie	2 Lunch Rueben Sandwich Spudsters Chilled fruit cocktail	2 Dinner Ham Slice Mashed Potato Slaw Sweet Treat	3 Cheeseburger on Bun BBQ Chips Creamy Cole slaw Rainbow Sherbet
6 Cheesy Cavatappi Stewed Tomatoes Dinner Roll Ice Cream	7 Vegetable Soup Saltines Hot Ham & Swiss on Bun Peaches	8 6 oz SOS (chipped beef) Biscuit Green Beans Molasses Cookie	9 Lunch Taco Salad Tri color tortilla strips Refried Beans Salsa/Sour Cream 3 Cream Puffs	9 Dinner Beef Stew Broccoli Roll/Butter Sweet Treat	10 OFFICE CLOSED
13 Butternut Squash Soup / crackers Roasted Turkey Sandwich Mandarin Oranges	14 Cabbage Roll Mashed potatoes Tomato sauce Scotcheroo	15 Pork Fritter Sandwich Tator Tots Pineapple	16 Lunch Chicken Bacon Ranch Pizza Tossed Salad Dressing choice Pineapple	16 Dinner Baked Italian Chicken Green Beans Garlic Bread Sweet Treat	17 Beef Manhattan Mashed potatoes Parsley Garnish Iced Pumpkin Cookie
20 Hamburger on Bun Tator tots Lettuce/Tomato Slice	Lunch will be in the annex 21 Chef Salad Plate Dressing Hawaiian Pull Apart Cookie	22 Cheesy Cavatappi Stewed Tomatoes Cookie	23 Lunch Beef Vegetable Soup Tuna Salad Sandwich Watermelon	23 Dinner Chili Shredded Cheese Onions Peanut Butter Bread Sweet Treat	24 Spaghetti & Meat Sauce Tossed Salad/ Dressing Garlic Bread Blond Brownie
27 Hot Dog on Bun Baked Beans Watermelon	28 Chicken Tenders Potato Triangles Dessert	29 Egg Salad/Croissant Cheese Puffs Mandarin Oranges	30 Lunch Pizza Spinach Salad Ranch Dressing Pears	30 Dinner Sloppy Joes Cold Broccoli Salad Chips Sweet Treat	

## Meals at Remote Sites

We also partner with other agencies to provide meals to other locations of the county. Lunches are served at noon. A \$3 donation is collected to cover the expense of the meal. You must RSVP by noon the day before just call 419-586-1644.



The Gardens of St Henry offers a meal every Thursday at noon. To make your reservation please call the Gardens at least 24 hours in advance: 419-678-9800.

Tuesday	Wednesday	Thursday
	Maria Stein 1 Sloppy Joe on bun Crispy Cubes Cookie	Gardens of St Henry 2 Bratwurst Slow Roasted Peppers & Onions Baked Beans / Potato Salad Watermelon
Rockford 7 Breaded Chicken Breast Mac & Cheese Green Beans PYO Cookie - Activity	Maria Stein 8 6 oz SOS (chipped beef) Biscuit Green Beans Molasses Cookie	Gardens of St Henry 9 Lasagna Green Beans Tossed Salad Garlic Bread Cantaloupe
Ft Recovery 14 Ham Slice Mashed Potatoes Carrots Pie	Maria Stein 15 Pork Fritter Sandwich Tator Tots Pineapple	Gardens of St Henry 16 Salisbury Steak w/ Brown Gravy Scalloped Potatoes Scandinavian Vegetables Peaches
	Maria Stein 21 Cheesy Cavatappi Stewed Tomatoes Cookie	Gardens of St Henry 22 Country Fried Steak w/Pepper Gravy Mashed Potatoes Capri Vegetable Blend Red Velvet Cake
Ft Recovery 28 Roast Beef Sandwich Pasta Salad Mousse	Maria Stein 29 Egg Salad/Croissant Cheese Puffs Mandarin Oranges	Gardens of St Henry 30 Fried Chicken Au Gratin Potatoes California Vegetable Blend Wheat Bread Apple Pie

# Beware of Social Security Phone Scams



Securing today and tomorrow

Telephone scammers are pretending to be government employees. They may threaten you and may demand immediate payment to avoid arrest or other legal action. Do not be fooled!

**If you receive a suspicious call:**

1. **HANG UP!**
2. **DO NOT GIVE THEM MONEY OR PERSONAL INFORMATION!**
3. **REPORT THE SCAM AT [OIG.SSA.GOV](https://www.oig.ssa.gov)**



## What to look out for



The caller says there is a **problem** with your Social Security number or account.



Any call asking you to pay a fine or debt with retail gift cards, cash, wire transfers, or pre-paid debit cards.



Scammers **pretend** they're from Social Security or another government agency. Caller ID or documents sent by email may look official but **they are not**.



Callers threaten you with arrest or other legal action.

## Be Alert

Social Security may call you in some situations but will **never**:

- » Threaten you
- » Suspend your Social Security Number
- » Demand immediate payment from you
- » Require payment by cash, gift card, pre-paid debit card, or wire transfer



## Be Active

Protect yourself and your friends and family!

- » If you receive a questionable call, just hang up and report the call at [oig.ssa.gov](https://www.oig.ssa.gov)
- » Learn more at [oig.ssa.gov/scam](https://www.oig.ssa.gov/scam)
- » Share this information with others

# Outreach Reachin' Out:



## Senior Farmer's Market:

The Senior Farmers Market Nutrition Program is found in 45 of Ohio's 88 counties. It is funded by the US Department of Agriculture. Eligible individuals receive \$50 of coupons to redeem for fresh produce and honey at participating farmers markets and farm stands.



**Eligibility:** Age 60 or older and meet income guidelines of 185% or less of poverty level. For a single that income is \$1,967 per month and for a couple that is \$2,658 per month. Applications were available starting March 15, 2020 and may be picked up at MCCoA or call the Area Agency on Aging 3 at 419-222-7723 or 1-800-653-723.

Get on the MCCoA notification list, to get this information EARLIER next year!

## Medicare Tip:

The best time to buy a Medigap policy is during your 6-month Medigap Open Enrollment Period. This period automatically starts the month you're 65 and enrolled in Medicare Part B (Medical Insurance). Even if you have health problems, during your Medigap Open Enrollment Period you can buy any policy the company sells for the same price as people with good health. You don't have to wait a certain length of time after buying your first Medigap policy before you can switch to a different Medigap policy. If you're able to buy one, it may cost more due to past or present health problems.

# Who Can Buy Medicare Supplements in 2020 & Beyond?

## **Newt D. Green**

NEWLY ELIGIBLE

- Eligible for Medicare on or after 1/1/2020
- **Cannot** purchase a Plan C, F, or Hi-F
- Likely *younger* than 65 years old on 1/1/2020
- Finds the most comprehensive coverage in Plan D, G, or Hi-G.



## **Nanette C. French**

NON-NEWLY ELIGIBLE

- Eligible for Medicare before 1/1/2020
- **Can** purchase a Plan C, F, or Hi-F
- Likely *older* than 65 years old on 1/1/2020\*
- May *eventually* find it more comprehensive to switch to Plan D, G, or Hi-G.

**\*Non-newly eligible may be under age 65 on 1/1/2020 if they become eligible for Medicare due to disability or end-stage renal disease before that date.**

Source: Wing-Heier, Lori. "Implementation Guidance for MACRA Revisions to Medigap Model Regulation." National Association of Insurance Commissioners, 8 Feb. 2018.

*Return Service Requested*

April 2020

The Mercer County Council on Aging is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

Office Hours  
Monday through Friday  
8:00 am to 4:30 pm  
419-586-1644

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Find us at [www.mcco.net](http://www.mcco.net)

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