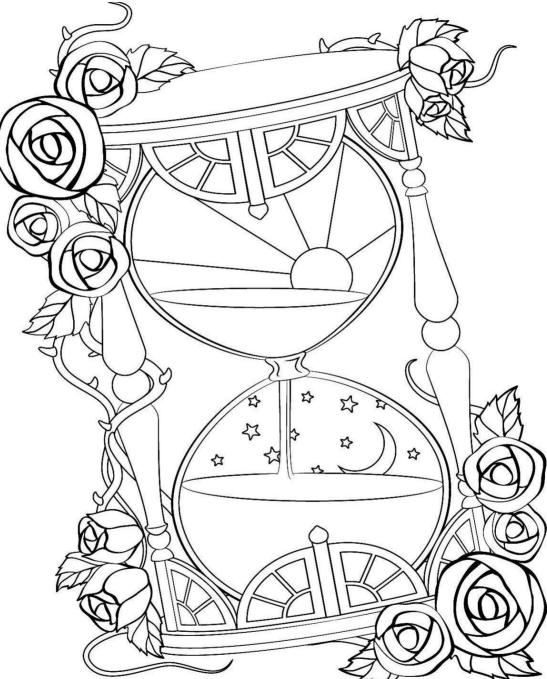
## ERCER COUNTY COUNCIL ON AGING Find us on: facebook。 419-586-1644 www.mccoa.net

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



If you are interested in receiving your newsletter electronically, give us your email address in the office or call us at 419-586-1644.



From the Director's Desk:

Happy New Year! Now we have to get into the habit of writing 2020 instead of 2019. If you are like me, it will take an entire month of mistakes to get there. Saying 2020 is also going to take some getting used to because it makes us sound like we are ophthalmologists. Are we talking the year or vision? (Don't let Mr. Green know I've made such a bad joke. He thinks I'm hilarious). Seriously, let's talk vision for a moment. Mine is pretty bad due to an inflammatory disease.



Even corrected, I only have one eye that just barely skates in at 20/20. I had cataracts removed when I was 40, and there is quite a bit of scarring, which means that my eyes don't dilate properly. This is a wonderful party trick with new eye doctors. However, I'd like to think that my vision for MCCoA is by far much better. We have come a long way in the four years since I have been here and I see more growth for us in the future. We are embarking on a building project (see page 10 for more information); we will be opening a new meal site in Rockford, and we have a partnership in the works with the Spiritual Center in Montezuma that will create new opportunities for fellowship. More and more people are becoming aware of who we are and what we do. This means we are creating new partnerships, garnering stronger community support, and helping more seniors than ever before. My vision for the future of MCCoA includes each and every one of you. I am tracking trends and responding to needs, which continue to evolve. I am working hard to make sure that MCCoA is responsive, active and growth-oriented. I'm excited for things to come and know you will be, too.

GARAGE SALE DATES FOR 2020	o shout out ou to all our s!! Our garage sale 13881.03.		
February 27 - March 2	Garage	Sale Ho	urs
May 14 - May 18	Thursday	8:30	6:30
July - to be announced September - to be announced	Friday	8:30	4:00
November - to be announced	Saturday	9:30	4:00
We are always looking for garage sale assistance from taking donations,	Sunday	9:30	4:00
sorting and setting up to running checkouts during the sale. Call Tash at 419-586-1644 if you would like to help. Remember, we are always	Monday	8:30	4:00
looking for volunteers to clean up after the sale ends!		-	

Note: Volunteers are available to accept donations every Tuesday and Thursday (except during set up & garage sale) from 8:30 to 4:00 in the 4 bay garage. As always we can use many hands during this donation time, please call Tash if you have any time you could help out!

## Informational Presentations/Support Groups

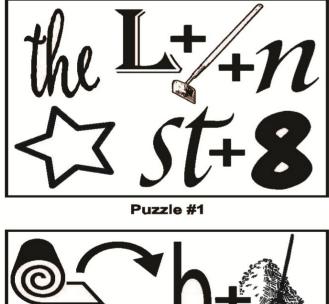
The Council on Aging hosts several **informational presentations/support groups**. We encourage you to come and bring family and friends. See the schedule below:

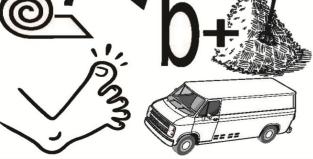
**Monday, January 6, 2 pm** - A representative from the Ohio Attorney General's office will present <u>Get</u> <u>Involved, Get Safe: Stop Elder Financial Abuse</u>. Seniors (age 60 and up) are particularly vulnerable to elder maltreatment, however many incidents likely go unreported. Learn about the latest scams targeting our senior population, an overview of elder abuse, who to call in case someone suspects elder maltreatment and find out how to protect yourself and your loved ones. This workshop is intended for senior/community audiences.

**Friday, January 17, 10 am** - <u>Alzheimer's Association caregiver support group</u>. This group is conducted by trained facilitators and is a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information on care giving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources. Meetings are located at the Mercer Health Mercer County Community Hospital in the Luken Meeting Room (located on the first floor in the East Wing) 800 W. Main Street, Coldwater. If you have questions contact Amy Buening 419-586-1644.</u>

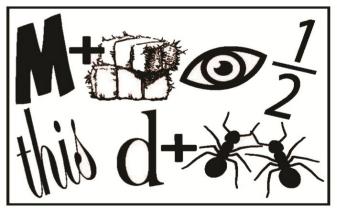
## **Concentration Puzzles**

Use the visual clues in the puzzle boxes to figure out the phrases.





Puzzle #3



Puzzle #2



Puzzle #4

Answers on page 5.

### MARK YOUR CALENDAR!!

February 3 - Lunch Craft February 4 - Lunch at Rockford February 5 - Linda Pollitz - Alzheimer's - One on One February 6 - Craft Class - Ribbon Weaving Hearts February 10 - Art Class February 12 - Neighborhood Nurse Friday, February 14 - All Day Quilt Group February 17 - Label Newsletter February 18 to February 26 - Garage Sale - SET UP February 27 - Texas Hold 'Em February 27 to March 2 - GARAGE SALE

Check next month's newsletter for more information.

### Wii Bowling Tournament

A BIG thank you to everyone who participated in our Wii Bowling Tournament!! This year's winners are: 1st place: Lou's Crew Lu, Ed, Mike, & Eileen 2nd place: Just for Fun Charlene, Joyce, Lorene\* & Margo 3rd place: The Four Roses Barb, Donna, Joan, & Kay \*Lorene Zuber was the highest scoring bowler over all!!!



\*

Our offices will be closed Wednesday, January 1 to celebrate New Year's Day!

# Spotlight on Lunch at Rockford!!!



We are happy to announce we will be expanding our remote meal sites in 2020 to include Rockford, Ohio and the surrounding areas. Discounted meals will be offered on the first Tuesday of every month starting February 4. Meals will be prepared by Rockford Carry-Out and sponsored by The Laurels of Shane Hill. Lunch will be served at 11:30am at The New Shane Hall in Shane's Park, 420 Holly Drive, MCCoA will provide entertainment or an activity following the



MCCoA at 419-586-1644 and ask for Eileen. Mercer County seniors are eligible for free transportation. To schedule a ride, call 419-586-1644 and ask for Linda Hoskins. our transportation supervisor.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

4



**Art Class** - Monday, January 13 at noon. We will be making a bowl with leaves on the edge using clay. The cost is only \$10.00 and all supplies will be provided. Call 419-586-1644 today to reserve your spot.

**Chair Yoga** has a new time!! Beginning Thursday, January 2, both chair yoga classes will start at 12:30 pm. So plan on joining us at 12:30 for an hour of wonderful yoga stretching and moving! Cost of each class is only \$3.00.



Lunch Bunch Craft Class - Monday, January 20. 2020 Join us for lunch at 11:00 am and stay for a free fun art project at 11:30 am. We will be making cute pinecone snowmen skiing!! Let us know you are staying for the craft when you order your meal. Remember, meal reservations are due by noon the

day before. If you do not want to eat lunch but would like to join us for the craft project the cost will be \$2.00, just call and register. All supplies will be provided.



Craft Class - Monday, January 27 at 12:00 pm. Join Tash and Dawn as we learn to make a Macramé wall hanging. This class will be great for the beginner and experienced as well. We will start by aoing over the 10 basic macramé knots used and then make a small wall hanging. All supplies will be provided. Cost is only \$2.00. Call and register today. Stop by the display wall beside the kitchen and see samples of our upcoming craft projects!





(picture on the cover)

## **Concentration Puzzle**

(Puzzle on page 3) Puzzle #1: The Lone Star State Puzzle #2: May I have this dance? Puzzle #3: Roll over Beethoven Puzzle #4: Put a lid on it





### WINNER WINNER!!!

If you see Connie Clark, congratulate her. She is the first winner of a \$10 gift card to Walmart for the swipe to win! It's easy to enter and win. Just swipe your MY Senior Center card each time you come in and join us for a activity. If you don't have a card or want to know more about the drawing just ask. We will be happy to show you how it works!!!





69 Twenty years from now you will be more disappointed by the things e that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the 💩 safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover. . -Mark Twain

# January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
held in Activitie	<u>d and underlined</u> a the Annex. es marked with an <sup>s</sup> es marked with ( ) a S.	* have a fee.	OFFICES CLOSED HAPPY NEW YEARS	11:00 - Lunch Bunch* (12:00 - Lunch - The Gardens of St Henry*) 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Cards*	
			TEARS			
5	6	7	8	9	10	11
6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Chair Yoga* 2:00 - Get Involved, Get Safe: Stop Elder Financial Abuse	11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing	10:30 Neighborhood Nurse BP & Glucose Testing 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Toe Nail</u> <u>Trimming*</u>	11:00 - Lunch Bunch* (12:00 - Lunch - The Gardens of St Henry*) <u>1:00 - Board Mtg</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Cards*	
12	13	14	15	16	17	18
6:30 - Cards*	11:00 - Lunch Bunch* 12:00 - Art Class - Clay Bowl* <u>12:30 - Chair</u> <u>Yoga*</u>	11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	8:00 - All Day Quilt Group 11:00 - Lunch Bunch* (12:00 - Lunch - The Gardens of St Henry*) 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	(10:00 Alzheimer's Support Group - Mercer Health - Luken Room) 11:00 - Lunch Bunch* 12:30 - Cards*	
19	20	21	22	23	24	25
6:30 - Cards*	9:30 - Label Newsletter 11:00 - Lunch Bunch* 11:30 - Lunch Craft - Pinecone Snowman 12:30 - Chair Yoga*	11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	11:00 - Lunch Bunch* (12:00 - Lunch - The Gardens of St Henry*) <u>12:30 - Texas Hold</u> <u>'Em*</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Cards*	
26	27	28	29	30	31	
6:30 - Cards*	11:00 - Lunch Bunch* 12:00 - Craft Class - Macramé* <u>12:30 - Chair</u> <u>Yoga</u> *	11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	11:00 - Lunch Bunch* (12:00 - Lunch - The Gardens of St Henry*) 1:230 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	11:00 - Lunch Bunch* 12:30 - Cards*	

Lunch is served at 11 am \$3.00 donation Thursday Dinner - served at 5:30 pm \$5.00 donation

# January 2020

## Senior Citizens Center, 217 Riley, Celina

Mandau	Turneday				Endeland
Monday	Tuesday	Wednesday	Ir	nursday	Friday
Note: Menu items are subject to change.		1 OFFICES CLOSED HAPPY NEW YEAR'S	Lunch 2 Beef Marzetti Green Beans Garlic bread PB cookie	<i>Dinner</i> 2 <i>Chili/Crackers</i> <i>Peanut Butter</i> <i>Shredded Cheese/Onion</i> <i>Sweet Treat</i>	Saltine crackers
6 Shredded beef on Bun Potato triangle Pears	7 Ham & Bean Soup Cottage cheese salad Cornbread Peaches	8 Sloppy Joe on bun Crispy Cubes Cookie	Lunch 9 Rueben Sandwich Spudsters Chilled fruit cocktail	<b>Dinner 9</b> Creamed Chicken & Peas Casserole Baked Potato/Butter & Sour Cream / Salad Sweet Treat	BBQ Chips Creamy cole slaw
13 Cheesy Cavatappi Stewed Tomatoes Dinner Roll Ice Cream	14 Vegetable Soup Saltines Hot Ham & Swiss on Bun Peaches	15 6 oz SOS (chipped beef ) Biscuit Green Beans Molasses Cookie	Lunch 16 Taco Salad Tortilla strips Refried Beans Salsa/Sour Cream 3 Cream Puffs	<b>Dinner 16</b> Beef Stew/Mashed Potato Corn/Roll & Butter Sweet Treat	5 way veggies Roll
20 Butternut Squash Soup / crackers Roasted Turkey Sandwich Mandarin Oranges	21 Cabbage Roll Mashed potatoes Tomato sauce Scotcheroo	22 Pork Fritter Sandwich Tator Tots Pineapple	Lunch 23 Chicken Bacon Ranch Pizza Tossed Salad Dressing choice Pineapple		24 Beef Manhattan Mashed potatoes Parsley Garnish Iced Pumpkin Cookie
27 Two Stuffed Shells Marinara Plain Bread Stick Broccoli Peaches	28 Cheeseburger on Bun Potato Triangles Pears	29 Bratwurst Mashed Potatoes Sauerkraut Wheat Bread Cranberry Velvet	Lunch 30 Beef Stew Biscuit Grapes	<i>Dinner 30</i> Ham Loaf/Sweet Potato Baked Beans Roll & Butter Sweet Treat	Tossed Salad



113 N Wayne Street Fort Recovery, OH 45846

Serving 2nd & 4th Tuesdays at noon - \$3.00 donation



## **Remote Sites**

January 28 - IGA

Casing Sausage

**Cheesy Potatoes** 

Kraut

Dessert



522 Western Avenue St Henry, OH 45883 419-678-9800 Every Thursday \$3.00 donation

### <u>January 2</u>

Spaghetti Green Beans Tossed Salad Dinner Roll Ice Cream

### <u>January 9</u>

Country Fried Steak White Pepper Gravy Au Gratin Potatoes Prince Charles Veggie Blend Apple Crisp Meals are served at noon in the community room. Please call <u>419-678-9800</u> at least 24 hours in advance. Seating is limited to 20.

#### January 16

Roast Beef/Brown Gravy Baked Potato Cauliflower Frozen Peanut Butter Bars

### January 23

Meatloaf Mashed Potatoes/Gravy Sugar Snap Peas Brownie

#### January 30

BBQ Pork Ribette Scalloped Potatoes Green Beans Cherry Pie

## **Building Expansion Update**

There has been a lot of talk (and some newspaper coverage) about building expansion plans at MCCoA. This article is to confirm that we are moving forward with Phase One. We have already broken ground and poured concrete for a dedicated Garage Sale Building. What this means is that sometime in the near future, we will move the garage sale out of the main building into the structure currently being built next to the six-bay garage. In doing so we will be able to continue all of our activities including bingo and cards while the Garage Sale is in full-swing.



Meals will remain in the main building instead of moving to the Annex. Garage Sale set-up will be more efficient and the display of items will be more organized and easily accessible by our shoppers. Phase Two will be the expansion of the main building. There is not much more information than that as there is a lot of work behind the scenes that must take place before we move forward. As soon as information is available we will share it.





BEGINNING CALENDAR CELEBRATION CONFETTI FIRST FOOTBALL FUN JANUARY MIDNIGHT

## New Year's Day

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

NEW
NOISEMAKERS
PARADE
PARTY
REFLECTION
RESOLUTIONS
ROSES
TIME
TRADITION

MRT I MEYWJQ S J C J R IBEEDARAPRXSKDZ DNUFPYNTESEETWC NJZNLUKKSSCRNKY INQDAEACORAXOBT GETRDMCRJDIQIER HWYGETATIGXFTGA TRESOLUTIONSAIP NYIDLPITTOPSRNB VOMZSOTBTS NHBNX NBAKNZVUES UJEIG FOOTBALLFHMNLNR PML I D R P A N Y T B E G W RADNELACOATLCOS UJTHZHUYCWJTWZU

# **Outreach Reachin' Out:**

# DON'T BE COLD THIS WINTER.....

## **HEAP Winter Crisis Program**

The Home Energy Assistance Winter Crisis Program (HEAP Winter Crisis Program) helps income eligible

Ohioans that are threatened with disconnection, have been disconnected or have less than a 25 percent supply of bulk fuel in their tank maintain their utility service. This is for renters and homeowners alike.



## The program runs from November 1 until March 31.

Single Person:

Income eligibility is 135% of poverty level, which equates to:

Couple:

\$2,466 per month

\$1,821 per month

hum

For more information on the Winter Crisis Program see: https://development.ohio.gov/is/is\_heapwinter.htm

Or to make an appointment call 1-855-286-7559

or go to capappointments.com for an appointment for:

## West Ohio CAP

420 N. Brandon Avenue Celina, OH (419) 227-2586

WALK-INS SIGN IN AT 8:00 AM

## **REMINDER:**

If you enrolled into a Medicare Advantage plan during Medicare Open Enrollment there is a *Medicare Advantage Open Enrollment Period (MA OEP)* from <u>January 1—March 31</u> where anyone in a Medicare Advantage Plan can switch to another Medicare Advantage Plan or return to Original Medicare.



Non-Profit Organization U.S. Postage Celina, Ohio 45822 PERMIT NO. 24

Return Service Requested

January 2020

The Mercer County Council on Aging is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

Office Hours Monday through Friday 8:00 am to 4:30 pm 419-586-1644

The MCCoA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

### Find us at www.mccoa.net

To reduce unnecessary postal costs, please let us know if you are going to be moving, going out of town for an extended period, or no longer wish to receive the newsletter. We also have the ability to email newsletters. Thank you.

# February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Annex.	<i>Inderlined</i> activitie			Jewelry Making Class - Cassie McMurray???	1
		ed with an * have				
	Activities mark	ed with () are off o	•	1	1	
2	3	4	5	6	7	8
<u>6:30 - Cards*</u>	Bunch*	11:00 - Lunch Bunch*	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine -	11:00 - Lunch Bunch*	11:00 - Lunch Bunch*	9:00 TO 1:00 - Garage
	11:30 - Lunch Bunch Craft -	(11:30 - Lunch - New Shane Hall - Rockford*)	Maria Stein*) 12:30 - Bingo*	12:30 - Craft Class - Ribbon Weaving Hearts \$2		Sale Donations Accepted
	12:30 - Chair Yoga*	<u> 12:30 - Bridge*</u>	<u>1:00 - Chat with Linda Pollitz</u> - Alzheimer's	<u> 12:30 - Chair Yoga*</u>		Accepted
		12:45 - Line Dancing	4:30 - Staff Meeting	5:30 - Dinner*		
9	10	11	12	6:30 - Cards*	14	15
<b>9</b> 6:30 - Cards*		11:00 - Lunch	10:30 Neighborhood Nurse	11:00 - Lunch	VALENTINES DAY	13 9:00 TO
<u>0.30 - Carus</u>	Bunch* 12:00 - Art Class*	Bunch*	BP & Glucose Testing 11:00 - Lunch Bunch*	Bunch* 1:00 - Board Mtg	8:00 - All Day Quilt Group	1:00 - Garage
	12:30 - Chair Yoga* 8:30 TO 4:00 -	Recovery Library*)	(12:00 - Lunch - Shrine - Maria Stein*)	12:30 - Chair Yoga* 5:30 - Dinner*	11:00 - Lunch Bunch*	Sale Donations Accepted
	Garage Sale Donations	<u>12:30 - Bridge*</u> 12:45 - Line	12:30 - Bingo*	6:30 - Cards*	12:30 - Cards*	
	Accepted	Dancing	<u>1:00 -Toe Nail Trimming*</u>	8:30 TO 4:00 -	8:30 TO 4:00 - Garage Sale Donations Accepted	
		8:30 TO 4:00 - Garage Sale Donations	8:30 TO 4:00 - Garage Sale Donations Accepted	Garage Sale Donations Accepted		
16	17	18	19	20	21	22
6:30 - Cards*	PRESIDENTS DAY <u>9:30 - Label</u> <u>Newsletter</u>	<u>11:00 - Lunch</u> <u>Bunch*</u> <u>12:30 - Bridge*</u>	<u>11:00 - Lunch Bunch*</u> (12:00 - Lunch - Shrine - Maria Stein*)	<u>11:00 - Lunch</u> <u>Bunch*</u> <u>12:30 - Chair Yoga</u> *	(10:00 Alzheimer's Support Group - Mercer Health - Luken Room)	
	<u>11:00 - Lunch</u> <u>Bunch*</u>		<u> 12:45 - Line Dancing</u>	<u>5:30 - Dinner*</u> <u>6:30 - Cards*</u>	<u>11:00 - Lunch</u> Bunch*	
	<u>12:30 - Chair Yoga*</u> Chore Set Up	Garage Sale Set Up	Garage Sale Set Up	Garage Sale Set Up	<u>12:30 - Bridge*</u>	
					Garage Sale Set Up	
23	24	25	26	27	28	29
6:30 - Cards*	<u>11:00 - Lunch</u>	<u>11:00 - Lunch</u>	ASH WEDNESDAY	11:00 - Lunch	LENT - NO MEAT	
	<u>Bunch*</u> 12:30 - Chair Yoga*	<u>Bunch*</u> (12:00 - Lunch - Ft	<u>11:00 - Lunch Bunch* (NO</u> MEAT)	Bunch* <u>12:30 - Texas Hold</u>	<u>11:00 - Lunch</u> <u>Bunch*</u>	
	<u>2.00 - Onail Tuya</u>	Recovery Library*)	(12:00 - Lunch - Shrine - Maria Stein*)	<u>'Em*</u> 5:30 - Dinner*	<u>12:30 - Bridge*</u>	
	Garage Sale Set	<u> 12:30 - Bridge*</u>	12:45 - Line Dancing	<u>6:30 - Cards*</u>		0.001
	Up	Garage Sale Set Up	Garage Sale <b>B</b> et Up	8:30 to 6:30 GARAGE SALE	8:30 to 4:00 GARAGE SALE	9:30 to 4:00 GARAGE SALE

# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturd ay
<b>1</b> <u>6:30 - Cards*</u> 9:30 to 4:00 GARAGE SALE	2 <u>11:00 - Lunch</u> <u>Bunch*</u> 12:30 - Chair Yoga* 8:30 to 4:00 GARAGE SALE	<b>3</b> <u>11:00 - Lunch</u> <u>Bunch*</u> (11:30 - Lunch - New Shane Hall - Rockford*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing Garage Sale Clean	<b>4</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Chat with Linda</u> <u>Pollitz - Alzheimer's</u> <i>4:30 - Staff Meeting</i>	5 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	6 LENT - NO MEAT 11:00 - Lunch Bunch*	7
8 <u>TIME</u> <u>CHANGE</u> <u>6:30 - Cards*</u>	9 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	Up <b>10</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>11</b> 10:30 Neighborhood Nurse BP & Glucose Testing 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Toe Nail Trimming*</u>	Bunch* <u>1:00 - Board Mtg</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	13 LENT - NO MEAT 11:00 - Lunch Bunch*	14
<b>15</b> PALM SUNDAY <u>6:30 - Cards*</u>	<b>16</b> 9:30 - Label Newsletter 11:00 - Lunch Bunch* <u>12:30 - Chair Yoga*</u> 12:30 - Craft Class - Let's Flamingle FREE 3:00 - Sunshine Singers Practice	<b>17</b> ST PATTYS DAY 11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>18</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	<b>19</b> <u>1ST DAY SPRING</u> <u>8:00 - All Day Quilt</u> <u>Group</u> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	20 LENT - NO MEAT (10:00 Alzheimer's Support Group - Mercer Health - Luken Room) 11:00 - Lunch Bunch* 12:30 - Cards*	21
<b>22</b> 6:30 - Cards*	23 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	24 SPRING CARRY IN "Let's Flamingle" <u>12:30 - Bridge*</u>	<b>25</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	<b>26</b> 11:00 - Lunch Bunch* <u>12:30 - Texas Hold</u> <u>'Em*</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	<b>27</b> LENT - NO MEAT 11:00 - Lunch Bunch* 12:30 - Cards*	28
<b>29</b> 6:30 - Cards*	<b>30</b> 11:00 - Lunch Bunch* 11:30 - Lunch Bunch Craft - 12:30 - Chair Yoga* 3:00 - Sunshine	<b>31</b> 11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing <u>5:30 to 7:30 - MOB -</u> <u>Week 1</u>	Annex. Activities marked	<i>derlined</i> activities ar with an * have a fe with ( ) are off cam	e.	

# April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
in the Activiti	<u>ed and underlined</u> a Annex. es marked with an es marked with ( ) a	* have a fee.	1 9:00 - Garage Sale Volunteer Meeting 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Chat with Linda</u> <u>Pollitz - Alzheimer's</u> 4:30 - Staff Meeting	<b>2</b> 11:00 - Lunch Bunch* <u>12:30 - Chair Yoga*</u> 2:00 - Garage Sale Volunteer Meeting 5:30 - Dinner* 6:30 - Cards*	3 LENT - NO MEAT 11:00 - Lunch Bunch*	4
5 <u>6:30 -</u> <u>Cards</u> *	6 11:00 - Lunch Bunch* <u>12:30 - Chair Yoga*</u> 12:30 - Craft Class - Decorating Easter Cookies - 6 cookies/\$5 2:00 - Sunshine Singers Practice	<b>7</b> 11:00 - Lunch Bunch* (11:30 - Lunch - New Shane Hall - Rockford*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing <u>5:30 to 7:30 - MOB -</u> <u>Week 2</u>	8 10:30 Neighborhood Nurse BP & Glucose Testing 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Toe Nail Trimming*</u>	<b>9</b> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* <u>1:00 - Board Mtg</u> 5:30 - Dinner* 6:30 - Cards*	10 OFFICES CLOSED HAPPY EASTER	11
<b>12</b> EASTER SUNDAY <u>6:30 - Cards*</u> <b>19</b> 6:30 - Cards*	13 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice 20 9:30 - Label Newsletter 11:00 - Lunch Bunch* 11:30 - Lunch Bunch Craft - 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	<b>14</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing <u>5:30 to 7:30 - MOB -</u> <u>Week 3</u> <b>21</b> 11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing <u>5:30 to 7:30 - MOB -</u> <u>Week 4</u>	<b>15</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <b>22</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	<b>16</b> <u>8:00 - All Day Quilt</u> <u>Group</u> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* <b>23</b> 11:00 - Lunch Bunch* <u>12:30 - Texas Hold</u> <u>'Em*</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	<b>17</b> (10:00 Alzheimer's Support Group - Mercer Health - Luken Room) 11:00 - Lunch Bunch* 12:30 - Cards* <b>24</b> 11:00 - Lunch Bunch* 12:30 - Cards*	18 25 9:00 TO 1:00 - Garage Sale Donations Accepted
<b>26</b> 6:30 - Cards*	27 11:00 - Lunch Bunch* 3:00 - Sunshine Singers Practice 12:30 - Chair Yoga* 8:30 TO 4:00 - Garage Sale Donations Accepted	<b>28</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing 8:30 TO 4:00 - Garage Sale Donations Accepted <u>5:30 to 7:30 - MOB -</u> <u>Week 5</u>	29 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* 8:30 TO 4:00 - Garage Sale Donations Accepted	30 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* 8:30 TO 4:00 - Garage Sale Donations Accepted		

# May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Holisiand	underline de etteritiere	are hold in the	Carolyn Arnold	<b>1</b> 11:00 - Lunch	<b>2</b> 9:00 TO
	<u>Italicized and</u> Annex.	underlined activities	are held in the	craft	Bunch*	1:00 -
	Activities mar	ked with an * have a	fee.	Beading Lady?? 20 or 27th??	8:30 TO 4:00 - Garage Sale	Garage Sale
	Activities mar	ked with ( ) are off ca	ampus.	NO - Lunch Craft	Donations Accepted	Donations Accepted
3	4	5	6	7	8	9
<u>):30 - Cards*</u>	<u>11:00 - Lunch</u>	<u> 11:00 - Lunch</u>	<u> 11:00 - Lunch Bunch*</u>	<u> 11:00 - Lunch</u>	<u>11:00 - Lunch</u>	
	<u>Bunch*</u> 12:30 - Chair	<u>Bunch*</u> (11:30 - Lunch -	(12:00 - Lunch - Shrine - Maria Stein*)	<u>Bunch*</u> 12:30 - Chair Yoga*	<u>Bunch*</u> 12:30 - Bridge*	
	<u>Yoga*</u>	New Shane Hall -	12:45 - Line Dancing	5:30 - Dinner*	<u>12.30 - Bhage</u>	
	2:00 - Sunshine	Rockford*)	1:00 - Chat with Linda	6:30 - Cards*	Garage Sale Set	
	Singers Practice	<u>12:30 - Bridge*</u> 5:30 to 7:30 - MOB -	Pollitz - Alzheimer's		Up	
	CHORE SET UP	Week 6	Garage Sale Set Up	Garage Sale Set Up		
		Garage Sale Set Up	4:30 - Staff Meeting			
10	11	12	13	14	15	16
NOTHERS	<u>11:00 - Lunch</u> Bunch*	<u>11:00 - Lunch</u> Bunch <u>*</u>	<u>10:30 Neighborhood Nurse</u> <u>BP &amp; Glucose Testing</u>	<u>11:00 - Lunch</u> <u>Bunch*</u>	(10:00 Alzheimer's Support Group -	9:30 to 4:00
	12:30 - Chair	(12:00 - Lunch - Ft	11:00 - Lunch Bunch*	1:00 - Board Mtg	Mercer Health -	GARAGE
:30 - Cards*	<u>Yoga*</u>	Recovery Library*)	(12:00 - Lunch - Shrine -	<u>5:30 - Dinner*</u>	Luken Room) <i>11:00 - Lunch</i>	SALE
	3:00 - Sunshine Singers Practice	<u>12:30 - Bridge*</u>	Maria Stein*)	<u>6:30 - Cards*</u>	Bunch*	
	0	<u>5:30 to 7:30 - MOB -</u> <u>Week 7</u>	<u>12:45 - Line Dancing</u> 1:00 -Toe Nail Trimming*	8:30 to 6:30 GARAGE SALE	<u>12:30 - Bridge*</u>	
	Garage Sale Set Up	Garage Sale Set Up	Garage Sale Set Up	CARACE CALL	8:30 to 4:00 GARAGE SALE	
17	<u>18</u>	19	20	21	22	23
3:30 - Cards*	<u>9:30 - Label</u>	<u> 11:00 - Lunch</u>	11:00 - Lunch Bunch*	<u>8:00 - All Day Quilt</u>	11:00 - Lunch	_
	<u>Newsletter</u>	<u>Bunch*</u> 12:30 - Bridge*	(12:00 - Lunch - Shrine -	<u>Group</u> 11:00 - Lunch	Bunch* 12:30 - Cards*	
30 to 4:00 GARAGE	<u>11:00 - Lunch</u> <u>Bunch*</u>	12:45 - Line Dancing	Maria Stein*) 12:30 - Bingo*	Bunch*	12.30 - Calus	
SALE	<u>12:30 - Chair</u>	5:30 to 7:30 - MOB -	12.00 Bingo	12:30 - Chair Yoga*		
	<u>Yoga*</u> 3:00 - Sunshine	Week 8		5:30 - Dinner*		
	Singers Practice			6:30 - Cards*		
	8:30 to 4:00 GARAGE SALE	Garage Sale Clean Up				
24	25	26	27	28	29	30
:30 - Cards*		11:00 - Lunch	11:00 - Lunch Bunch*	11:00 - Lunch	11:00 - Lunch	
	OFFICES	Bunch*	(12:00 - Lunch - Shrine -	Bunch*	Bunch*	
	CLOSED	(12:00 - Lunch - Ft Recovery Library*)	Maria Stein*) 12:30 - Bingo*	<u>12:30 - Texas Hold</u> <u>'Em*</u>	12:30 - Cards*	
	MEMORIAL DAY	<u> 12:30 - Bridge*</u>	12.00 - Dirigo	12:30 - Chair Yoga*		
		12:45 - Line Dancing		5:30 - Dinner*		
				6:30 - Cards*		
31						

# June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	11:00 - Lunch Bunch* 12:30 - Chair Yoga* 2:00 - Sunshine	11:00 - Lunch Bunch* (11:30 - Lunch -	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*)	11:00 - Lunch Bunch* 12:30 - Chair Yoga*	11:00 - Lunch Bunch*	
	Singers Practice	New Shane Hall - Rockford*)	12:30 - Bingo* 1:00 - Chat with Linda Pollitz	5:30 - Dinner* 6:30 - Cards*		
		<u>12:30 - Bridge*</u> 12:45 - Line Dancing	- Alzheimer's	0.50 - Calus		
			4:30 - Staff Meeting			1.
7	8	9	10	11	12	13
<u>6:30 -</u> <u>Cards*</u>	11:00 - Lunch Bunch* <u>12:30 - Chair Yoga*</u>	11:00 - Lunch Bunch*	10:30 Neighborhood Nurse BP & Glucose Testing	11:00 - Lunch Bunch*	11:00 - Lunch Bunch*	
	12:30 - Craft Class -	(12:00 - Lunch - Ft Recovery Library*)	11:00 - Lunch Bunch*	<u>1:00 - Board Mtg</u>		
	Summer Olympics FREE	<u>12:30 - Bridge*</u>	(12:00 - Lunch - Shrine - Maria Stein*)	12:30 - Chair Yoga* 5:30 - Dinner*		
	3:00 - Sunshine	12:45 - Line Dancing	12:30 - Bingo*	6:30 - Cards*		
	Singers Practice		<u>1:00 -Toe Nail Trimming*</u>			
14	15	16	17	18	19	20
<u>6:30 -</u> <u>Cards*</u>	9:30 - Label Newsletter 11:00 - Lunch Bunch*	<u>PARTY ON THE</u> <u>PATIO - Summer</u> <u>Olympics</u>	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*)	??COUNTRY FEST?? <u>8:00 - All Day Quilt</u>	(10:00 Alzheimer's Support Group - Mercer Health - Luken Room)	9:00 to 1:00 - Garage Sale
	12:30 - Chair Yoga*	11:00 - Lunch Bunch*	12:30 - Bingo*	<u>Group</u> 11:00 - Lunch	11:00 - Lunch	Donations Accepted
	3:00 - Sunshine Singers Practice			Bunch* 12:30 - Chair Yoga*	Bunch* 12:30 - Cards*	
				5:30 - Dinner* 6:30 - Cards*		
21	22	23	24	25	26	27
FATHE	PUZZLE	<u>9:00 to 11:00 - MOB</u>	11:00 - Lunch Bunch*	??COUNTRY	11:00 - Lunch	9:00 to
RS DAY 6:30 -	TOURNAMENT 11:00 - Lunch Bunch*	<u>- Week 1</u> 11:00 - Lunch	(12:00 - Lunch - Shrine - Maria Stein*)	FEST?? 11:00 - Lunch	Bunch* 12:30 - Cards*	1:00 - Garage
Cards*	11:30 - Lunch Bunch	Bunch*	12:30 - Bingo*	Bunch*		Sale Donations
	Craft 12:30 - Chair Yoga*	(12:00 - Lunch - Ft Recovery Library*)		<u>12:30 - Texas Hold</u> <u>'Em*</u>	8:30 to 4:00 - Garage Sale	Accepted
	3:00 - Sunshine	<u>12:30 - Bridge*</u>	8:30 to 4:00 - Garage Sale Donations Accepted	12:30 - Chair Yoga*	Donations	
	Singers Practice	12:45 - Line Dancing		5:30 - Dinner*	Accepted	
	8:30 to 4:00 - Garage Sale Donations	8:30 to 4:00 -		6:30 - Cards* 8:30 to 4:00 -		
	Accepted	Garage Sale Donations Accepted		Garage Sale Donations Accepted		
28	29	30	Italicized a	and underlined activ	vities are held in th	e
6:30 - Cards*	<u> 11:00 - Lunch Bunch*</u>	<u>9:00 to 11:00 - MOB - Week 2</u>	Annex.			
Curuo	<u>12:30 - Chair Yoga*</u> 12:30 - Craft Class	11:00 - Lunch	Activities	marked with an * ha	ave a fee.	
	12:30 - Craft Class - Clothes Pin Wreaths	Bunch*	Activities	marked with () are	off campus.	
	\$4	<u>12:30 - Bridge*</u>				
	3:00 - Sunshine Singers Practice	12:45 - Line Dancing Garage Sale Set Up				

# July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			11:00 - Lunch Bunch*	11:00 - Lunch		
Italicized and	<u>d underlined</u> activit	ies are held in	(12:00 - Lunch - Shrine -	Bunch*	OFFICES	
the Annex.			Maria Stein*)	12:30 - Chair Yoga*	CLOSED	
Activities ma	arked with an * hav	e a fee.	12:30 - Bingo*	5:30 - Dinner*	FORT	
Activities ma	arked with () are of	f campus.	<u>1:00 - Chat with Linda</u> Pollitz - Alzheimer's	6:30 - Cards*	FORTH	
	.,		Garage Sale Set Up	Garage Sale Set Up	OF JULY	
			4:30 - Staff Meeting			
5	6	7	8	9	10	11
6:30 - Cards*	_	<u>9:00 to 11:00 - MOB -</u>	10:30 Neighborhood	11:00 - Lunch	11:00 - Lunch	
<u>erec carao</u>	Bunch*	Week 3	Nurse BP & Glucose	Bunch*	Bunch*	9:30 to
	<u> 12:30 - Chair</u>	11:00 - Lunch Bunch*	Testing	<u>1:00 - Board Mtg</u>		4:00
	<u>Yoga*</u>	(11:30 - Lunch - New	11:00 - Lunch Bunch*	12:30 - Chair Yoga*		GARAGE SALE
	2:00 - Sunshine Singers Practice	Shane Hall - Rockford*)	(12:00 - Lunch - Shrine - Maria Stein*)	5:30 - Dinner*		
		12:30 - Bridge*	12:30 - Bingo*	6:30 - Cards*	8:30 to 4:00	
	Garage Sale Set	12:45 - Line Dancing	<u>1:00 -Toe Nail Trimming*</u>	8:30 to 6:30	GARAGE SALE	
	Up	Garage Sale Set Up	Garage Sale Set Up	GARAGE SALE		
12	13	14	15	16	17	18
	11:00 - Lunch	<u>9:00 to 11:00 - MOB -</u>	11:00 - Lunch Bunch*	8:00 - All Day Quilt	(10:00 Alzheimer's	
	Bunch*	<u>Week 4</u>	(12:00 - Lunch - Shrine -	<u>Group</u>	Support Group -	
	<u>12:30 - Chair</u>	11:00 - Lunch Bunch*	Maria Stein*)	11:00 - Lunch	Mercer Health - Luken Room)	
9:30 to 4:00	Yoga*	(12:00 - Lunch - Ft	12:30 - Bingo*	Bunch*	11:00 - Lunch	
GARAGE SALE	3:00 - Sunshine Singers Practice	Recovery Library*)		12:30 - Chair Yoga* 5:30 - Dinner*	Bunch*	
SALE		<u>12:30 - Bridge*</u> 12:45 - Line Dancing		6:30 - Cards*	12:30 - Cards*	
	8:30 to 4:00	(IC DONATIONS)		0.00 - Calus		
	GARAGE SALE	Garage Sale Clean Up				
		· ·				
19	20	21	22	23	24	25
6:30 - Cards*	9:30 - Label Newsletter	<u>9:00 to 11:00 - MOB -</u> <u>Week 5</u>	11:00 - Lunch Bunch*	11:00 - Lunch Bunch*	Lake Festival 11:00 - Lunch	Lake Festival
	11:00 - Lunch	11:00 - Lunch Bunch*	(12:00 - Lunch - Shrine - Maria Stein*)	<u>12:30 - Texas Hold</u>	Bunch*	
	Bunch*	12:30 - Bridge*	12:30 - Bingo*	<u>'Em*</u>	12:30 - Cards*	PARADE
	11:30 - Lunch	12:45 - Line Dancing		12:30 - Chair Yoga*		
	Bunch Craft -			5:30 - Dinner*		
	12:30 - Chair			6:30 - Cards*		
	Yoga*					
	3:00 - Sunshine					
26	Singers Practice 27	28	29	30	31	
_	<b>4</b> 11:00 - Lunch	<b>20</b> 9:00 to 11:00 - MOB -	<b>29</b> 11:00 - Lunch Bunch*	<b>3U</b> 11:00 - Lunch	31 11:00 - Lunch	
6:30 - Cards*	Bunch*	<u>Week 6</u>	(12:00 - Lunch - Shrine -	Bunch*	Bunch*	
0.00 - Calus	12:30 - Chair	11:00 - Lunch Bunch*	Maria Stein*)	12:30 - Craft Class -	12:30 - Cards*	
	Yoga*	(12:00 - Lunch - Ft	12:30 - Bingo*	Cork Wreath \$5		
	3:00 - Sunshine Singers Practice	Recovery Library*)		<u>12:30 - Chair Yoga*</u>		
	Cingers i ractice	<u>12:30 - Bridge*</u>		5:30 - Dinner*		
	1	12:45 - Line Dancing		6:30 - Cards*	1	1

# August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
Italicized	l and underlined activ	vities are held in the	Annex.			
	s marked with an * ha		-			
Activities	s marked with () are	off campus.				
2	3	4	5	6	7	8
6:30 - Cards*	<b>1</b> 1:00 - Lunch	9:00 to 11:00 - MOB	J 11:00 - Lunch Bunch*	127 Sale	127 Sale	127 Sale
0.00 00/00	Bunch*	<u>- Week 7</u>	(12:00 - Lunch -	11:00 - Lunch Bunch*	11:00 - Lunch	
	12:30 - Chair Yoga*	11:00 - Lunch Bunch*	Shrine - Maria Stein*)	12:30 - Craft Class -	Bunch*	
	2:00 - Sunshine Singers Practice	(11:30 - Lunch -	12:30 - Bingo* 1:00 - Chat with Linda	Book Art \$3 12:30 - Chair Yoga*		
		New Shane Hall - Rockford*)	Pollitz - Alzheimer's	5:30 - Dinner*		
		<u> 12:30 - Bridge*</u>	4:30 - Staff Meeting	6:30 - Cards*		
		12:45 - Line Dancing				
<b>9</b> 127 Sale	<b>10</b> 11:00 - Lunch	<b>11</b>	12 10:30 Neighborhood	<b>13</b> 11:00 - Lunch Bunch*	<b>14</b> Fair	15 Fair
6:30 - Cards*	Bunch*	<u>9:00 to 11:00 - MOB</u> - Week 8	Nurse BP & Glucose	1:00 - Lunch Bunch* 1:00 - Board Mtg	11:00 - Lunch	Fair
0.00 00,00	11:30 - Lunch Bunch Craft -	11:00 - Lunch Bunch*	Testing 11:00 - Lunch Bunch*	12:30 - Chair Yoga*	Bunch*	
	12:30 - Chair Yoga*	(12:00 - Lunch - Ft	(12:00 - Lunch -	5:30 - Dinner*	12:30 - Cards*	
	3:00 - Sunshine	Recovery Library*)	Shrine - Maria Stein*)	6:30 - Cards*		
	Singers Practice	<u>12:30 - Bridge*</u> 12:45 - Line Dancing	12:30 - Bingo* 1:00 -Toe Nail			
		12.40 - Line Danoing	Trimming*			
16	17	18	19	20	21	22
Fair	Fair	SR DAY AT FAIR	Fair	Fair	(10:00 Alzheimer's	
6:30 - Cards*	9:30 - Label Newsletter	11:00 - Lunch Bunch*	11:00 - Lunch Bunch*	<u>8:00 - All Day Quilt</u> <u>Group</u>	Support Group -	
	11:00 - Lunch	<u> 12:30 - Bridge*</u>	(12:00 - Lunch - Shrine - Maria Stein*)	11:00 - Lunch Bunch*	Mercer Health - Luken Room)	
	Bunch* 12:30 - Chair Yoga*	12:45 - Line Dancing	12:30 - Bingo*	12:30 - Chair Yoga*	11:00 - Lunch Bunch*	
	3:00 - Sunshine			5:30 - Dinner* 6:30 - Cards*	12:30 - Cards*	
	Singers Practice					
<b>23</b> 6:30 - Cards*	<b>24</b> 11:00 - Lunch	<b>25</b> 11:00 - Lunch	<b>26</b> 11:00 - Lunch Bunch*	<b>27</b> 11:00 - Lunch Bunch*	<b>28</b> 11:00 - Lunch	29
0.00 - Carus	Bunch*	Bunch*	(12:00 - Lunch -	<u>12:30 - Texas Hold</u>	Bunch*	
	12:30 - Chair Yoga*	(12:00 - Lunch - Ft Recovery Library*)	Shrine - Maria Stein*)	<u>'Em*</u>	12:30 - Cards*	
	3:00 - Sunshine Singers Practice	<u>12:30 - Bridge*</u>	12:30 - Bingo*	12:30 - Chair Yoga* 5:30 - Dinner*		
		12:45 - Line Dancing		6:30 - Cards*		
30	31		<u> </u>			I
<b>30</b> 6:30 - Cards*	<b>3 I</b> 11:00 - Lunch				DESSERT	
0.00 - Carus	Bunch*				OFF???	
	12:30 - Chair Yoga*					
	3:00 - Sunshine Singers Practice					
	Singers Practice					

# September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		11:00 - Lunch	11:00 - Lunch Bunch*	11:00 - Lunch	11:00 - Lunch	
		Bunch*	(12:00 - Lunch - Shrine -	Bunch*	Bunch*	
		(11:30 - Lunch - New Shane Hall -	Maria Stein*) 12:30 - Bingo*	12:30 - Chair Yoga* 5:30 - Dinner*		
		Rockford*)	1:00 - Chat with Linda Pollitz			
		<u>12:30 - Bridge*</u>	- Alzheimer's	0.00 Cards		
		12:45 - Line Dancing	4:30 - Staff Meeting			
6	7	8	9	10	11	12
<u>6:30 - Cards*</u>		11:00 - Lunch	10:30 Neighborhood Nurse	11:00 - Lunch	11:00 - Lunch	
	OFFICES	Bunch*	BP & Glucose Testing	Bunch*	Bunch*	9:30 to
	CLOSED	(12:00 - Lunch - Ft Recovery Library*)	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine -	<u>1:00 - Board Mtg</u> 12:30 - Chair Yoga*		4:00 GARAGE
	LABOR	<u> 12:30 - Bridge*</u>	Maria Stein*)	5:30 - Dinner*		SALE
	DAY	12:45 - Line Dancing	12:30 - Bingo*	6:30 - Cards*		
	2711		<u>1:00 -Toe Nail Trimming*</u>	8:30 to 6:30	8:30 to 4:00	
		Garage Sale Set Up	Garage Sale Set Up	GARAGE SALE	GARAGE SALE	
13	14	15	16	17	18	19
	9:30 - Label	11:00 - Lunch	11:00 - Lunch Bunch*	<u>8:00 - All Day Quilt</u>	(10:00 Alzheimer's	
<u>ENTS DAY</u> 6:30 - Cards*	Newsletter 11:00 - Lunch	Bunch*	(12:00 - Lunch - Shrine - Maria Stein*)	<u>Group</u> 11:00 - Lunch	Support Group - Mercer Health -	
0.30 - Carus	Bunch*	<u>12:30 - Bridge*</u> 12:45 - Line Dancing	12:30 - Bingo*	Bunch*	Luken Room)	
	12:30 - Chair	12.40 Line Darioing	12.00 Dingo	12:30 - Chair Yoga*	11:00 - Lunch Bunch*	
	Yoga* 3:00 - Sunshine	Garage Sale Clean		5:30 - Dinner*	12:30 - Cards*	
9:30 to 4:00	Singers Practice	Up		6:30 - Cards*		
GARAGE SALE	8:30 to 4:00					
	GARAGE SALE	00	00		05	
<b>20</b> 6:30 - Cards*	<b>21</b>	<b>22</b> 11:00 - Lunch	<b>23</b> 9:00 - Craft Class - Wooden	<b>24</b> 11:00 - Lunch	<b>25</b> 11:00 - Lunch	26
0.30 - Carus	Bunch*	Bunch*	Spools \$???	Bunch*	Bunch*	
	12:30 - Chair	(12:00 - Lunch - Ft	11:00 - Lunch Bunch*	<u> 12:30 - Texas Hold</u>	12:30 - Cards*	
	Yoga*	Recovery Library*) <u>12:30 - Bridge*</u>	(12:00 - Lunch - Shrine -	<u>'Em*</u>		
	3:00 - Sunshine Singers Practice	12:45 - Line Dancing	Maria Stein*) 12:30 - Bingo*	12:30 - Chair Yoga* 5:30 - Dinner*		
			12.00 - Diligo	6:30 - Cards*		
27	28	29	30			
	20 11:00 - Lunch	11:00 - Lunch	11:00 - Lunch Bunch*			
	Bunch*	Bunch*	(12:00 - Lunch - Shrine -		nderlined activities	are
	11:30 - Lunch Bunch Craft -	<u> 12:30 - Bridge*</u>	Maria Stein*)	held in the Ann		
		12:45 - Line Dancing	12:30 - Bingo*		ed with an * have a	fee.
	12:30 - Chair Vogo*			Activities marke campus.	ed with ( ) are off	
	Yoga* 3:00 - Sunshine			Gumpus.		
	Singers Practice					

# October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Annex. Activities marked	<i>erlined</i> activities are with an * have a fee. with ( ) are off camp	<b>1</b> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* <u>6:30 - Cards</u> *	<b>2</b> 11:00 - Lunch Bunch*	3	
<b>4</b> <u>6:30 -</u> <u>Cards*</u>	5 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 2:00 - Sunshine Singers Practice	<b>6</b> 11:00 - Lunch Bunch* (11:30 - Lunch - New Shane Hall - Rockford*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>7</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Chat with Linda</u> <u>Pollitz - Alzheimer's</u> <i>4:30 - Staff Meeting</i>	<b>8</b> 11:00 - Lunch Bunch* <u>1:00 - Board Mtg</u> 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	<b>9</b> 11:00 - Lunch Bunch*	10
<b>11</b> <u>6:30 -</u> <u>Cards*</u>	12 OFFICES CLOSED STAFF TRAINING	<b>13</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>14</b> 10:30 Neighborhood Nurse BP & Glucose Testing 11:00 - Lunch Bunch* 11:30 - Lunch Bunch Craft W BINGO - (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Toe Nail Trimming*</u>	<b>15</b> <u>8:00 - All Day Quilt</u> <u>Group</u> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards*	16 BOSS'S DAY (10:00 Alzheimer's Support Group - Mercer Health - Luken Room) 11:00 - Lunch Bunch* 12:30 - Cards*	17
<b>18</b> 6:30 - Cards*	<b>19</b> 9:30 - Label Newsletter 11:00 - Lunch Bunch* 12:30 - Craft Class - Stamp Class (Vol App) FREE <u>12:30 - Chair Yoga*</u> 3:00 - Sunshine Singers Practice	<b>20</b> 11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>21</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	<b>22</b> 11:00 - Lunch Bunch* <u>12:30 - Texas Hold</u> <u>'Em*</u> 12:30 - Chair Yoga* 5:30 - Dinner* <u>6:30 - Cards</u> *	23 11:00 - Lunch Bunch* 12:30 - Cards*	24 9:00 TO 1:00 - Garage Sale Donations Accepted
<b>25</b> 6:30 - Cards*	26 VOLUNTEER APPRECAIATION DINNER 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice 8:30 TO 4:00 - Garage Sale Donations Accepted	<b>27</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing 8:30 TO 4:00 - Garage Sale Donations Accepted	28 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* 8:30 TO 4:00 - Garage Sale Donations Accepted	<b>29</b> 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* 8:30 TO 4:00 - Garage Sale Donations Accepted	30 11:00 - Lunch Bunch* 12:30 - Cards* 8:30 TO 4:00 - Garage Sale Donations Accepted	31 HALLOW EEN 9:00 TO 1:00 - Garage Sale Donations Accepted

# November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
TIME	11:00 - Lunch	11:00 - Lunch	11:00 - Lunch Bunch*	11:00 - Lunch	11:00 - Lunch	
CHANGE	Bunch*	Bunch*	(12:00 - Lunch - Shrine -	Bunch*	Bunch*	
	12:30 - Chair Yoga*	(11:30 - Lunch - New Shane Hall -	Maria Stein*)	12:30 - Chair Yoga*	12:30 - Cards*	
<u>6:30 - Cards*</u>	2:00 - Sunshine Singers Practice	Rockford*)	12:30 - Bingo*	5:30 - Dinner*		
	Ŭ	<u> 12:30 - Bridge*</u>	<u>1:00 - Chat with Linda</u> Pollitz - Alzheimer's	6:30 - Cards*	Garage Sale Set	
		12:45 - Line Dancing	Garage Sale Set Up	Garage Sale Set	Up	
	Garage Sale Set Up	Garage Sale Set Up	4:30 - Staff Meeting	Up		
8	9	10	11	12	13	14
<u>6:30 - Cards*</u>	11:00 - Lunch	11:00 - Lunch	VETERANS DAY	11:00 - Lunch	11:00 - Lunch	
	Bunch*	Bunch*	10:30 Neighborhood	Bunch*	Bunch*	
	12:30 - Chair Yoga*	(12:00 - Lunch - Ft Recovery Library*)	Nurse BP & Glucose Testing	<u>1:00 - Board Mtg</u>	12:30 - Cards*	9:30 to
	3:00 - Sunshine Singers Practice	<u>12:30 - Bridge*</u>	11:00 - Lunch Bunch*	12:30 - Chair Yoga*		4:00 GARAGE
	0	12:45 - Line Dancing	(12:00 - Lunch - Shrine -	5:30 - Dinner*		SALE
	Garage Sale Set Up		Maria Stein*)	6:30 - Cards*	8:30 to 4:00	
		Garage Sale Set Up	•	8:30 to 6:30	GARAGE SALE	
			<u>1:00 -Toe Nail Trimming*</u>	GARAGE SALE		
			Garage Sale Set Up			
15	16	17	18	-	20	21
<u>6:30 - Cards*</u>	9:30 - Label Newsletter	11:00 - Lunch Bunch*	11:00 - Lunch Bunch*	<u>8:00 - All Day Quilt</u> <u>Group</u>	(10:00 Alzheimer's Support Group -	
	11:00 - Lunch	<u>12:30 - Bridge*</u>	(12:00 - Lunch - Shrine - Maria Stein*)	11:00 - Lunch	Mercer Health -	
	Bunch*	12:45 - Line Dancing		Bunch*	Luken Room)	
	12:30 - Chair Yoga*	12.10 Ene Danoing	12.00 Billgo	12:30 - Chair	11:00 - Lunch Bunch*	
9:30 to 4:00	3:00 - Sunshine			Yoga*	12:30 - Cards*	
GARAGE	Singers Practice 8:30 to 4:00	Garage Sale Clean		5:30 - Dinner* 6:30 - Cards*		
SALE	GARAGE SALE	Up		0.50 - Carus		
22	23	24	25	26	27	28
6:30 - Cards*	11:00 - Lunch	11:00 - Lunch	11:00 - Lunch Bunch*	OFFICES	OFFICES	
	Bunch*	Bunch*	(12:00 - Lunch - Shrine -	CLOSED	CLOSED	
	11:30 - Lunch Bunch Craft -	(12:00 - Lunch - Ft Recovery Library*)	Maria Stein*)			
	12:30 - Chair Yoga*	<u>12:30 - Bridge*</u>	12:30 - Bingo*	HAPPY	HAPPY	
	3:00 - Sunshine	12:45 - Line Dancing		THANKSGIVING	THANKSGIVING	
	Singers Practice					
29	30					
6:30 - Cards*	11:00 - Lunch Bunch*					
	12:30 - Craft Class -		Italicized and underlined	activities are held	in the Annex.	
	Christmas Tree		Activities marked with an	1 * have a fee.		
	Cone \$3		Activities marked with ()	are off campus.		
	<u>12:30 - Chair Yoga*</u>		()	•		
	3:00 - Sunshine Singers Practice					
	elligere i ruolioo					

# December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunday 6 <u>6:30 - Cards</u> *	<b>7</b> 11:00 - Lunch Bunch* 12:30 - Chair	Tuesday111:00 - LunchBunch*(11:30 - Lunch - New Shane Hall - Rockford*)12:30 - Bridge* 12:45 - Line Dancing12:45 - Line Dancing8CHRISTMAS CARRY IN	2 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Chat with Linda</u> <u>Pollitz - Alzheimer's</u> <i>4:30 - Staff Meeting</i> 9 10:30 Neighborhood Nurse BP & Glucose Testing	Thursday         3           11:00 - Lunch         Bunch*           12:30 - Craft Class         - Glass Bulb           Ornament \$3         - Chair           12:30 - Chair         - Glass           Yoga*         - 5:30 - Dinner*           6:30 - Cards*         11:00 - Lunch           Bunch*         1:00 - Board Mtg	Friday 4 11:00 - Lunch Bunch* 12:30 - Cards* 11:00 - Lunch Bunch* 12:30 - Cards*	Saturday 5
13	Yoga* 2:00 - Sunshine Singers Practice 14	<u>12:30 - Bridge*</u> 15	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo* <u>1:00 - Toe Nail</u> <u>Trimming*</u> <b>16</b>	12:30 - Chair Yoga* 5:30 - Dinner* 6:30 - Cards* <b>17</b>	18	19
<u>6:30 - Cards*</u>	9:30 - Label Newsletter 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing 6:00 - CHRISTMAS LIGHTS AND COCOA	11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	8:00 - All Day Quilt Group 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 5:30 - Dinner*	(10:00 Alzheimer's Support Group - Mercer Health - Luken Room) 11:00 - Lunch Bunch* 12:30 - Cards*	
	21 11:00 - Lunch Bunch* 11:30 - Lunch Bunch Craft - 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	<b>22</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Ft Recovery Library*) <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>23</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	24 OFFICES CLOSED MERRY CHRISTMAS	25 OFFICES CLOSED MERRY CHRISTMAS	26
<b>27</b> 6:30 - Cards*	28 11:00 - Lunch Bunch* 12:30 - Chair Yoga* 3:00 - Sunshine Singers Practice	<b>29</b> 11:00 - Lunch Bunch* <u>12:30 - Bridge*</u> 12:45 - Line Dancing	<b>30</b> 11:00 - Lunch Bunch* (12:00 - Lunch - Shrine - Maria Stein*) 12:30 - Bingo*	31 NEW YEAR'S EVE OFFICES CLOSE at noon 5:00 - New Years Eve Party		