



March 2020

# MERCER COUNTY COUNCIL ON AGING

[www.mccoa.net](http://www.mccoa.net)

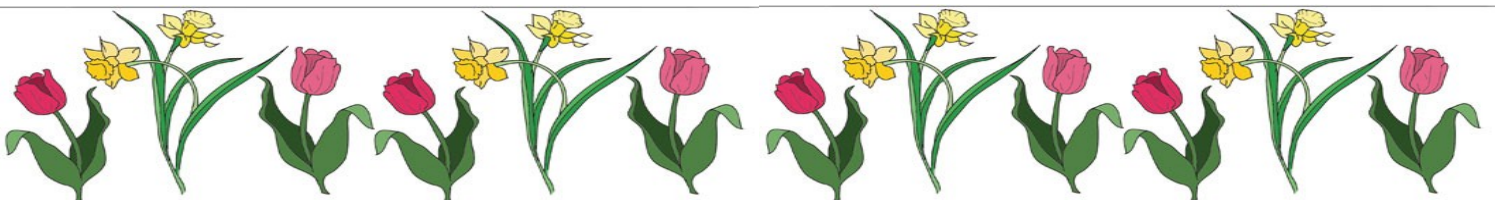


419-586-1644

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

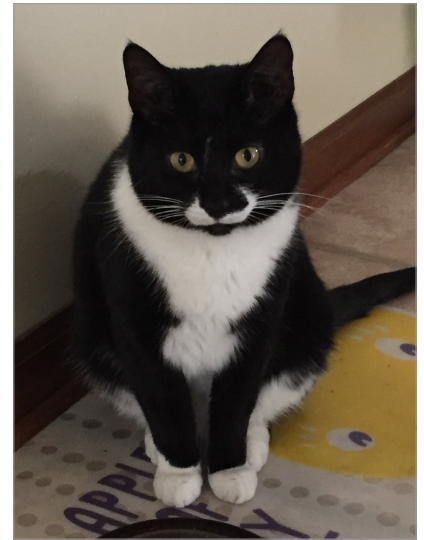


If you are interested in receiving your newsletter electronically, give us your email address in the office or call us at 419-586-1644.



From the Director's Desk:

I am not a math person. Mr. Green, on the other hand, is a math person. He has told me countless times that math is my best friend. My response is always, "Then who needs friends?" I once asked him what he would have done if we had had children and they had all gotten my no-math gene. He said he would've left. Then he laughs. So I really don't think it is any coincidence that he named our cat Piper and calls her Pi. Pi, in case you are as mathematically challenged as I am, is a mathematical term that has its own "holiday" in March. Pi, something about circles and circumferences, is a funny looking symbol and is known by the numbers 3.14. Three fourteen is also March 14, thus the holiday. Because I am so hilarious, every March 14, I post a picture of Piper on my Facebook page and declare it Pi Day. Mr. Green, who does not have a Facebook page, but knows I do this, rolls his eyes and secretly wishes he had married a woman with my sense of humor **and** a deep love of math. I think he also apologizes to Piper for being the butt of my joke. (They often have conversations that don't include me). The good news is that two people who are diametrically opposed to a subject can happily co-exist. What a dull, drab world this would be if we all liked the same things! MCCoA tries to make sure that we have a variety of activities that appeal to just about everyone. You may not like Bingo, but that's okay. We have line dancing or chair yoga. We have volunteer opportunities, lunches throughout the county, guest speakers on a variety of topics and so much more. If we don't offer something that appeals to you, please let me know. Maybe you want to start a math club or a book club. Maybe you'd like to learn to journal or talk farming. Our programs are driven by need and request. I would never have thought to add Texas Hold 'Em to our card offerings. That was the idea of an individual who wanted to see it happen. Please know when I ask, it is not to blow smoke, but to truly make sure that MCCoA is your go-to place for socialization and learning. So if you really want that math club, let me know. I'll put Mr. Green right on it!



Pi Green

*Sharon M. Green*



Tuesday, March 3 is **garage sale clean up day!**  
We sure could use a few extra hands taking down tables and racks & setting up card tables and chairs in the main building.

**GARAGE SALE**

Daily Donations	February 10 to 14	8:30 to 4
Saturday Donations	February 8 & 15	9 to 1
Set Up	February 18 to 26	
Clean Up	March 3	

We are always looking for garage sale assistance from taking donations, sorting and setting up to running checkouts during sale. Call Tash at 419-586-1644 if you would like to help. Remember we are always looking for volunteers to clean up after the sale ends!

**Garage Sale Hours**

Thursday	Feb 27	8:30	6:30
Friday	Feb 28	8:30	4:00
Saturday	Feb 29	9:30	4:00
Sunday	Mar 1	9:30	4:00
\$3.00/Bag - Clothing only. Other Items 1/2 price.			
Monday	Mar 2	8:30	4:00
Bag Day \$1.00 each bag with a second bag FREE All items included.			

Note: Volunteers are available to accept donations every Tuesday and Thursday (except during set up & garage sale) from 8:30 to 4:00 in the 4 bay garage. As always we can use many hands during this donation time, please call Tash if you have any time you could help out!

## Informational Presentations/Support Groups

The Council on Aging hosts several **informational presentations/support groups**. We encourage you to come and bring family and friends. See the schedule below:

**Tuesday, March 3, 12:00 pm** Join us for Lunch at Rockford (more details on page 5.) Yvonne Miller, a trained Community Educator with the Alzheimer's Association, will speak about the 10 Warning Signs of Alzheimer's and other dementia's that cause changes in memory, thinking and behavior that interfere with daily life.

**Wednesday, March 4, 9:30 am** - Alzheimer's is Not Normal Aging It's a disease of the brain that causes problems with memory, thinking and behavior. Join us to learn about: the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and resources through the Alzheimer's Association.

**Wednesday, March 4, 1:00 pm to 3:00 pm** - Chat with Linda in the Annex. Linda Pollitz, speaks one-on-one about Alzheimer's and dementia related diseases. Please call 419-586-1644 to schedule an appointment.

**Wednesday, March 11, 10:30 am** - Neighborhood Nurse will be here providing free blood pressure and blood sugar testing. The nurse will be available beginning at 10:30 am.

**Wednesday, March 11, 1:00 pm** - Toenail trimming - provided by Community Health Professionals, is the second Wednesday of each month at a cost of \$15.00 in the Annex.

**Thursday, March 12, 6:00 pm** - Medicare 101 in the Annex. Learn the basics of Medicare and what options you have with your health insurance as you retire. Amy Buening and Gloria Miller will walk you through eligibility, possible penalties and what to anticipate. If you are already on Medicare, they can address additional questions you may have, as well as potential cost savings options.

**Monday, March 16, 9:30 am** - Come in and help get our newsletter ready to mail out. Spend the morning with a group of fun folks! Call ahead and reserve your lunch too!

### MARK YOUR CALENDAR!!

April 1 - Garage Sale Volunteer Meeting 2:45 pm  
April 1 - Linda Pollitz - Alzheimer's - One on One  
April 2 - Garage Sale Volunteer Meeting 9:00 am  
April 6 - Craft Class - Decorating Easter Cookies  
April 7 - Lunch at Rockford  
April 8 - Neighborhood Nurse  
April 8 - Toenail Trimming  
April 10 - Offices Closed - Good Friday  
April 14 - Medicare 101  
April 16 - All Day Quilt Group  
April 20 - Label Newsletter  
April 20 - Art Class  
April 21 - Dave Painter - Medicare 101  
April 23 - Texas Hold 'Em  
April 25 - Garage Sale Donations Accepted 9 to 1  
April 27 - Lunch Craft - Decorate Pots & Plant Flowers  
April 27 to May 1 - Garage Sale Donations 8:30 to 4  
(Note: Sunshine Singers start practice again  
on Monday, March 30)  
Check next month's newsletter for more information.

**Wednesday, March 18 at 11:15 am** - WOCAP will be here to present a talk on Fair Housing. The talk will be presented during lunch. You do not have to eat lunch with us to listen to this presentation but if you would like to join us for lunch please call 419-586-1644 and reserve your lunch by noon on Tuesday.

**Friday, March 20, 10 am** - Alzheimer's Association caregiver support group. This group is conducted by trained facilitators and is a safe place for caregivers, family and friends of persons with dementia to develop a support system, exchange practical information on care giving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, and learn about community resources. Meetings are located at the Mercer Health Mercer County Community Hospital in the Luken Meeting Room (located on the first floor in the East Wing) 800 W. Main Street, Coldwater. If you have questions contact Amy Buening at 419-586-1644.

**Wednesday, March 25, 10:00 am** - Medicare 101 in the Annex. (See March 12 for more information).





**Spring Carry in “Let’s Flamingle”** is coming up on Tuesday, March 24. Tickets are only \$1.00 and are available until Monday, March 16 or until sold out. We ask you to bring your own table service and your favorite dish to share. We will provide coffee, punch, chicken and potatoes. Our entertainment for the afternoon will be Diana Marie Rose. “A small town girl with big city dreams,” Diana Marie Rose is a senior at Coldwater High School. She is classically trained in voice, and takes both acting and ballet lessons. Diana has been performing since she was in kindergarten. Since then, she has portrayed a variety of roles, such as: “Donkey” in *Shrek*, “George” in *The Wedding Singer*, “Ali” in *Mamma*

*Mia*, and Alex in a Gold Star Chili commercial. Diana is thrilled to be cast as “Belle” in Coldwater High School’s upcoming spring musical *Beauty and the Beast* which runs April 16-19 at Coldwater High School. Diana will be attending college for her BFA in Musical Theatre and has been accepted to colleges in New York & Ohio thus far. Most colleges will not make their selections until March, so the hope is that she will have a few more to choose from. When Diana is not singing, acting, or dancing, she can be found with her best friend, her dog Jasper. She has trained him to be a well behaved boy as they take their daily walks to the park, play fetch with his favorite rope, and a variety of tricks. Diana was even Jasper’s handler in a commercial that he starred in. Diana Marie Rose is excited to perform for MCCoA’s Spring Banquet. This is always a fun afternoon of great food, good friends, door prizes and special entertainment. You don’t want to miss it!!

## Spotlight on Pickle-ball!!!



We are joining with the Spiritual Center Retreat House in Montezuma, 6731 State Route 219, to offer Pickle-ball!!! Pickle-ball was created with one thing in mind: fun. It was designed to be easy to learn and play whether you’re five, eighty-five or somewhere in between. Pickle-ball is traditionally played on a badminton-sized court with special Pickle-ball paddles, made of wood or high-tech aerospace materials. The ball used is similar to a wiffle ball, but slightly smaller. The net is low like a tennis net. The game is played with two or four players. The lower net and wiffle ball allow the game to be accessible to people of all ages and abilities, while still allowing more competitive players to test their mettle. Beginning, Wednesday, March 18 we will be playing every Wednesday from 9:30 to 11:30 at a cost of \$2 per person. If you are a veteran player or have never stepped foot on a court, you are welcome to come join the fun. We will have a free beginner time to teach and let everyone try out pickle ball from 9:00 till 9:30 every Wednesday!!!! This is a really fun way to get out of the house and get your exercise! Join Tash and Dawn for a fun filled morning of exercising and laughs!



**Lunch Craft - Monday, March 30.** We are going to create "Hoppy Easter Bunny Flower Pots". Join us for lunch at 11:00 and stay to make this fun Easter craft. Please let us know that you will be staying for the craft time when you call and reserve your meal. For those that cannot join us for lunch the cost of the class is only \$2.00 just call and register 419-586-1644.

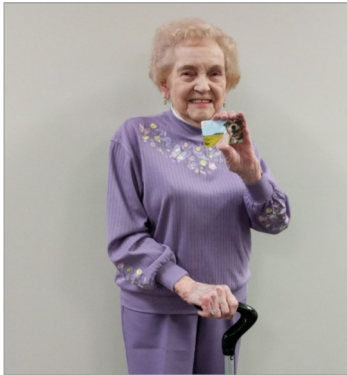


**Craft Class** - Join us on Monday, March 16 at 12:30 to paint and assemble this cute wooden owl. Cost is only \$5.00 and all supplies are furnished. Call 419-586-1644 and register today!



**WINNERS!!!**

Geneva Dues (left) and Lou Ann Knapke (right) are the latest winners of \$10 gift cards to Walmart for the swipe to win! It's easy to enter and win. Just swipe your MY Senior Center card each time you come in and join us for an activity. If you don't have a card or want to know more about the drawing just ask. We will be happy to show you how it works!!!



**Art Class** - Monday, March 9 at noon. Join Anna for a fun day of wine glass painting! Cost is only \$10.00. All supplies will be provided. Call and register today!



**Remote Lunches in Rockford**

- March 3**  
 Boneless Pork Chop in Gravy  
 Cheesy Potatoes  
 Corn  
 Dessert

We will be serving lunch in Rockford on Tuesday, March 3. Meals prepared by Rockford Carry-Out and sponsored by The Laurels of Shane Hill, will be served at 12:00 pm at The New Shane Hall in Shane's Park, 315 West Front Street, Rockford. Although the program is geared towards seniors, community members of all ages are welcome.

March's guest speaker, Yvonne Miller, a trained Community Educator with the Alzheimer's Association, will speak about Alzheimer's and other dementias that cause changes in memory, thinking and behavior that interfere with daily life.

Meals will be \$3/person and must be reserved no later than noon on March 2. Just call MCCoA at 419-586-1644 and ask for Eileen. Mercer County seniors are eligible for free transportation. Be sure to call early if you want to schedule a ride, the busses fill up fast. Just call 419-586-1644 and ask for Linda.







HAPPY  
ST PATRICK'S  
DAY





Looking ahead: Lake Festival Parade will be held Saturday, July 25. Once again MCCoA will be having a float in the parade. We will be looking for folks to join the Looney-Toon MCCoA Staff on the float!!! If you would like to join us, give Sam a call at 419-586-1644. She is one of our drivers, so leave a message and she will get back to you as quickly as possible!!!



**HELP!!!!** I am in need of a person to help with our Daily call program on Wednesday mornings. I have been making the calls and enjoy talking with each of our clients but schedules are changing and I will not be in



the office on Wednesday mornings (I will be teaching pickle ball in Montezuma). This person will make a few phone calls every Wednesday morning between 9 and 10 am. You can make the calls from your home or you can make the calls from MCCoA. Please call Tash at 419-586-1644 to volunteer or for more information.


## 2<sup>nd</sup> Annual Soup Cook Off

Once again this year State of the Heart will host the Soup Cook Off on Tuesday, March 31 at 11:00 am. Several local agencies including The Gardens, State of the Heart, Mercer Health, Briarwood Village, Celina Manor, Miller Place, Shane Hill and MCCoA will showcase a soup of their choice.

Everyone in attendance will get a taste of each soup and then select a soup they would like for lunch. Attendees will also vote for their favorite soup and prizes will be awarded to the top three soup makers. In addition to soup, crackers, drinks and dessert will be provided. This event is FREE, but you must call ahead and reserve your spot, 419-586-1644.



# March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>1</b></p> <p>6:30 - Cards*</p> <p>9:30 to 4:00 GARAGE SALE</p>	<p><b>2</b></p> <p>11:00 - Lunch <u>Bunch*</u></p> <p>12:30 - Chair Yoga*</p> <p>8:30 to 4:00 GARAGE SALE</p>	<p><b>3</b></p> <p>11:00 - Lunch <u>Bunch*</u></p> <p>(12:00 - Lunch - New Shane Hall - Rockford*)</p> <p>12:30 - Bridge*</p> <p>12:45 - Line Dancing</p> <p>Garage Sale Clean Up</p>	<p><b>4</b></p> <p>9:30 - Alzheimer's Is Not Normal Presentation</p> <p>11:00 - Lunch Bunch*</p> <p>(12:00 - Lunch - Shrine - Maria Stein)*</p> <p>12:30 - Bingo*</p> <p>1:00 - Chat with Linda Pollitz - Alzheimer's</p>	<p><b>5</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Chair Yoga*</p> <p>5:30 - Dinner*</p> <p>6:30 - Cards*</p>	<p><b>6</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Cards*</p>	<p><b>7</b></p>	
<p><b>8</b></p> <p>6:30 - Cards*</p>	<p><b>9</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:00 - Art Class - <u>Painting Wine Glass*</u></p> <p>12:30 - Chair Yoga*</p>	<p><b>10</b></p> <p>11:00 - Lunch Bunch*</p> <p>(12:00 - Lunch - Ft Recovery Library*)</p> <p>12:30 - Bridge*</p> <p>12:45 - Line Dancing</p>	<p><b>11</b></p> <p>10:30 Neighborhood Nurse BP &amp; Glucose Testing</p> <p>11:00 - Lunch Bunch*</p> <p>(12:00 - Lunch - Shrine - Maria Stein*)</p> <p>12:30 - Bingo*</p> <p>1:00 - Toenail Trimming*</p>	<p><b>12</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Chair Yoga*</p> <p>1:00 - Board Mtg</p> <p>5:30 - Dinner*</p> <p>6:00 - Medicare 101</p> <p>6:30 - Cards*</p>	<p><b>13</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Cards*</p>	<p><b>14</b></p>	
<p><b>15</b></p> <p>6:30 - Cards*</p>	<p><b>16</b></p> <p>LAST DAY SPRING CARRY IN TICKETS AVAILABLE</p> <p>9:30 - Label Newsletter</p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Chair Yoga*</p> <p>12:30 - Craft Class - Wooden Owl*</p>	<p><b>17</b></p> <p>ST PATTYS DAY</p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Bridge*</p> <p>12:45 - Line Dancing</p>	<p><b>18</b></p> <p>(9:00 - 11:30 - Pickle-ball at Spiritual Center Retreat House)*</p> <p>11:00 - Lunch Bunch*</p> <p>11:15 - WOCAP Presentation on Fair Housing</p> <p>(12:00 - Lunch - Shrine - Maria Stein*)</p> <p>12:30 - Bingo*</p>	<p><b>19</b></p> <p>8:00 - All Day Quilt <u>Group</u></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Chair Yoga*</p> <p>5:30 - Dinner*</p> <p>6:30 - Cards*</p>	<p><b>20</b></p> <p>(10:00 Alzheimer's Support Group - Mercer Health - Luken Room)</p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Cards*</p>	<p><b>21</b></p>	
<p><b>22</b></p> <p>6:30 - Cards*</p>	<p><b>23</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Chair Yoga*</p>	<p><b>24</b></p> <p>SPRING CARRY IN "Let's Flamingle"</p> <p>12:30 - Bridge*</p>	<p><b>25</b></p> <p>(9:00 - 11:30 - Pickle-ball at Spiritual Center Retreat House)*</p> <p>10:00 - Medicare 101</p> <p>11:00 - Lunch Bunch</p> <p>(12:00 - Lunch - Shrine - Maria Stein*)</p> <p>12:30 - Bingo*</p>	<p><b>26</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Texas Hold <u>Em*</u></p> <p>12:30 - Chair Yoga*</p> <p>5:30 - Dinner*</p> <p>6:30 - Cards*</p>	<p><b>27</b></p> <p>11:00 - Lunch Bunch*</p> <p>12:30 - Cards*</p>	<p><b>28</b></p>	
<p><b>29</b></p> <p>6:30 - Cards*</p>	<p><b>30</b></p> <p>11:00 - Lunch Bunch*</p> <p>11:30 - Lunch Bunch Craft - Hoppy Easter Decoration</p> <p>12:30 - Chair Yoga*</p> <p>3:00 - Sunshine Singers Practice</p>	<p><b>31</b></p> <p>11:00 SOUP COOK OFF</p> <p>12:30 - Bridge*</p> <p>12:45 - Line Dancing</p> <p>5:30 to 7:30 - MOB - <u>Week 1</u></p>	<p><i>Italicized and underlined</i> activities are held in the Annex.</p> <p>Activities marked with an * have a fee.</p> <p>Activities marked with ( ) are off campus.</p>			 <p>(picture on the cover)</p>	



# March

Lunch is served at 11 am  
**\$3.00 donation**  
 Thursday Dinner - served at 5:30 pm  
**\$5.00 donation**

Reservations are required  
 by **NOON** one work day  
 prior to the meal.  
 Call 419-586-1644

## Senior Citizens Center, 217 Riley, Celina

Monday	Tuesday	Wednesday	Thursday	Friday	
2 Butternut Squash Soup / crackers Roasted Turkey Sandwich Mandarin Oranges	3 Cabbage Roll Mashed potatoes Tomato sauce Scotcheroo	4 Pork Fritter Sandwich Tator Tots Pineapple	Lunch 5 Chicken Bacon Ranch Pizza Tossed Salad Dressing choice Pineapple	Dinner 5 BBQ Pork Sandwich Macaroni and Cheese Cold Broccoli Salad Sweet Treat	6 Beef Manhattan Mashed potatoes Parsley Garnish Iced Pumpkin Cookie
9 BBQ Shredded Pork/bun Creamy Cole Slaw Peaches	10 California Blend Soup Fried Bologna Sand Cookie	11 Pizza Pasta Casserole Whole Grain Bread Stick Tossed Salad Ice Cream	Lunch 12 Hot Dog on Bun Baked Beans Pears	Dinner 12 Country Fried Steak Gravy Mashed Potato Corn Sweet Treat	13 Chili Soup Grilled cheese Eclairs
16 Two Stuffed Shells Marinara Plain Bread Stick Broccoli Peaches	17 Cheeseburger on Bun Potato Triangles Pears	18 Bratwurst Mashed Potatoes Sauerkraut Wheat Bread/Marg Cranberry Velvet	Lunch 19 Beef Stew Biscuit Grapes	Dinner 19 Spaghetti Meat Sauce Garlic Bread Salad Sweet Treat	20 Spaghetti & meatballs Tossed Salad Garlic Bread Tapioca Pudding
23 Breaded chicken tenders / Roll Green Beans Ranch dressing Mandarin oranges	24 SPRING CARRY IN	25 Creamy potato soup Saltine crackers Fried bologna sandwich Chilled peaches	Lunch 26 Beef Marzetti Green Beans Garlic bread PB cookie	Dinner 26 Sausage Sauerkraut Baked Beans Cheesy Potatoes Sweet Treat	27 Tomato soup Saltine crackers Grilled cheese Fruit cocktail
30 Shredded beef on Bun Potato triangle Pears	31 SOUP COOK OFF	Note: Menu items are subject to change.			

## Remote Sites

### Fort Recovery Public Library

113 N Wayne Street  
 Fort Recovery, OH 45846

Serving 2nd & 4th Tuesdays  
 at noon - \$3.00 donation

#### March 10 - IGA

Chicken (2 Pc)  
 Cheesy Potatoes  
 Slaw  
 Dessert

#### March 24

No Lunch at Ft  
 Recovery - Come  
 to our SPRING  
 CARRY IN

### Maria Stein Shrine of the Holy Relics

2291 Saint Johns Road  
 Maria Stein, OH 45860

Serving every Wednesday at  
 noon  
**\$3.00 donation**



### THE GARDENS ST. HENRY, OHIO at St. Henry 419-678-9800

522 Western Avenue  
 St Henry, OH 45883  
 419-678-9800  
**Every Thursday**  
**\$3.00 donation**

#### March 5

BBQ Pulled Pork Sandwich  
 Pasta Salad  
 Carrots  
 Strawberry Cream Pie

#### March 12

Breaded Chicken Sandwich  
 Lettuce/Tomato/Onion  
 Cole Slaw  
 Succotash Vegetable Blend  
 Blueberry Crisp

Meals are served at noon in the  
 community room. Please call  
**419-678-9800** at least 24 hours  
 in advance. Seating is  
 limited to 20.

#### March 19

Veal Patty  
 Mushroom Gravy  
 Mashed Potatoes  
 Mixed Vegetables  
 Fresh Fruit

#### March 26

Roast Pork  
 Fried Potatoes  
 Capri Vegetable Blend  
 Cornbread  
 Lemon Cream Pie

## Matter of Balance Classes for 2020

**A Matter of Balance:** Managing Concerns About Falls is a class designed to reduce the risk of falling and increase activity levels among older adults. During the eight two-hour sessions, participants learn to view falls as controllable, set realistic goals for increasing activity, make changes to reduce fall risk at home, and learn exercises to increase strength and balance. This is an evidence based class that will assist seniors in their ability to remain independent. The event is free but participants must be registered to attend.

The first class will held every Tuesday from March 31 to May 19. Class will be held in the annex from 5:30 pm to 7:30 pm.

The second class will held every Tuesday from June 23 through August 11. Class will be held in the annex from 9:00 am to 11:00 am.

Class is free for Mercer County residents, but size is limited so register today by calling 419-586-1644 to reserve your spot. Once classes are full, we will place names on a waiting list for next year's schedule.



### Medicare 101

An overview of Medicare benefits and options.



Discover the basics of Medicare and health insurance options at retirement. We will walk you through eligibility, possible penalties

and what to anticipate. If you are already on Medicare, we can address additional questions, as well as potential cost savings options.

DATE - TIME	LOCATION	ADDRESS	CITY	INSTRUCTOR
Thu, March 12 6 PM	MCCoA (Annex)	217 Riley St	Celina	MCCoA Outreach
Wed, March 25 10 AM	MCCoA (Annex)	217 Riley St	Celina	MCCoA Outreach
Tue, April 14 6 PM	MCCoA (Main Building)	217 Riley St	Celina	MCCoA Outreach
Tue, April 21 10 AM	MCCoA (Main Building)	217 Riley St	Celina	Welcome to Medicare Dave Painter-ODI
Wed, May 6 6 PM	Mendon Branch Library	105 W Market St	Mendon	MCCoA Outreach
Wed, May 13 10 AM	Coldwater Public Library	305 W Main St	Coldwater	Dave Painter-ODI



### SPRING BREAK

The words listed below can be found vertically, horizontally, diagonally, forward and backward.

BEACH  
BOATING  
CAMP  
FAMILY  
FISHING  
FRIENDS  
GAMES  
GARDEN  
PLAY

READING  
RELAX  
SHOPPING  
SLEEP  
SUNSHINE  
SWIMMING  
TRAVEL  
VACATION  
WATER

T Z B Q S H N K Q S U R F R U  
 U V E F I U C P Z W R X S R O  
 T R A V E L N Z G I Y W D U V  
 N M C B Z H S S K M J Y N N N  
 E K H F J P O Q H M L U E O U  
 S H O P P I N G F I A K I H X  
 P L A Y W O W I M N N T R X W  
 Z O C W P R S A Q G A E F A O  
 G M G M H H F U L C P E T L C  
 T N A A I S E M A G P E T E T  
 D C I N R R C V D W R E E R V  
 I F G D O D S X A P M M E L Z  
 Y H F J A U E G N I T A O B S  
 O K K X I E V N A R K X I O  
 B G R V T W R A O O Q D B U E



# Outreach Reachin' Out: Irish Blessings, Time Change, and Taxes!

"For each petal on the  
shamrock,  
this brings a wish  
your way:

Good health,  
good luck,  
and happiness for  
today and every day."

- Irish Blessing

To create a personal  
my Social Security  
account go to:  
[https://www.ssa.gov/  
myaccount/](https://www.ssa.gov/myaccount/).

## Final Reminder:

If you enrolled in a Medicare Advantage plan during Medicare Open Enrollment there is a **Medicare Advantage Open Enrollment Period (MA OEP)** from

**January 1 - March 31**

where anyone in a Medicare Advantage Plan can switch to another Medicare Advantage Plan or return to Original Medicare.

With a personal **my Social Security** account, you can do much of your business online. If you receive benefits or have Medicare, your personal **my Social Security** account is also the best way to:

- Request a replacement Social Security number card (coming soon to Ohio).
- Get your benefit verification letter.
- Check your benefit and payment information.
- Change your address and phone number.
- Change your direct deposit information.
- Request a replacement Medicare card.
- Report your wages if you work and receive Social Security disability insurance or SSI benefits.

Also, if you need a replacement form SSA-1099 or SSA-1042S, simply go online and get an instant, printable replacement form using your personal my Social Security account. A replacement SSA-1099 or SSA-1042S is available for the previous tax year after February 1.



**Will begin 2:00 AM on  
Sunday, March 8**

*Return Service Requested*

March 2020

The Mercer County Council on Aging is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

Office Hours  
Monday through Friday  
8:00 am to 4:30 pm  
419-586-1644

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