



Mercer County Council on Aging

MAY 2020

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



The 2020 Senior Farmers' Market Application

The 2020 Senior Farmers' Market Application is now online at www.aaa3.org. Due to the continuing need for social distancing, they will only be accepting **ELECTRONIC or PHONE** applications. Once at the website, click on the SFMNP scroller or the SFMNP icon under the COVID-19 information.

An applicant can choose to submit using one of the following:

- Online application on www.aaa3.org and **CLICK SUBMIT**
- Via phone through Area Agency on Aging intake staff at **1-800-653-7723**
- Print the 2020 Downloadable application and email it to nutrition@psa3.org or fax to 419-222-6212.

Also Mercer County applicants may call MCCOA, apartment complex social worker, or caregiver or a

relative who can complete over the phone and submit through online application as well

Eligibility & Enrollment

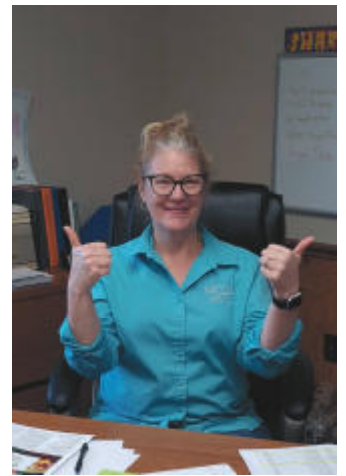
- Recipients must be age 60 or older and total income must be at or below 185% of Federal Poverty Limit (FPL); Singles: \$0 - \$23,107 per year or Couples: income of \$0 - \$31,284 per year.
- Must live in Allen, Auglaize, Hancock, Hardin, Mercer, Putnam, and Van Wert counties.
- ALL eligible applicants will be placed in a random lottery to determine enrollment!

*** If chosen, participants will receive **\$50.00** worth of coupons for the growing season. ***

NOTE: *IF you are interested in this program and qualify this year you may contact MCCOA to put your name on a list, so we can make sure this information gets to you as soon as it becomes available to us next year!*

From the Director's Desk:

When I was a little girl, I dreamt of being in the movies. My parents would tell you that I've always had a flair for the dramatic. In fact, my mother used to call me Sarah Heartburn in reference to French actress Sarah Bernhardt. Now here we are in the middle of a pandemic, something straight out of the movies, and I'm pretty sure this isn't the script I was thinking about. Who could have imagined that two months ago, we would be where we are now? Two weeks ago, Mr. Green got the message to start working from home. Every morning he gives me a kiss at 7:30 a.m. before heading down to the basement to start his work day. Last week, Piper joined him on a conference call, which I think is hilarious because of the two cats, she is the least vocal. She must have had something important to share! In turn, I come into the office every morning with Linda Hoskins, our transportation supervisor, and we make sure that medical transports and grocery and prescription runs are taken care, and phone calls are answered. The rest of the staff are working from home. They are calling clients to check and make sure they are okay, answering questions about Medicare, and planning exciting activities for when we are finally ready to reopen. This is hard. I get it. The place I work, which only a month ago was thriving and active, is now a ghost town. We cannot hug people we love or maintain our regular routines. A trip to the grocery store is fraught with anxiety. People are wearing masks and gloves. They are isolating and feeling lonely. And while the motto is "We are all in this together," it feels as if we are navigating this alone. This newsletter is designed to bring you some cheer and some activity to take your mind off of the virus. It is our way of saying that we know you are there. We are thinking about you and we care. Every day on the calendar gives you something simple to do. I am going to do those things and post my activity on our Facebook page. If you have access to Facebook, I would encourage you to post what you are doing, as well. We also ask you to mail in the coupon with the count of activities you have accomplished to be entered into a drawing. If nothing else, please know that that day will come when our doors are open and you will be surrounded again by friends. There will be hugs from grandchildren and children. Hope has not forgotten us. The sun will shine. The plants will bloom. We will be a little older, and maybe wiser. We will be together again.

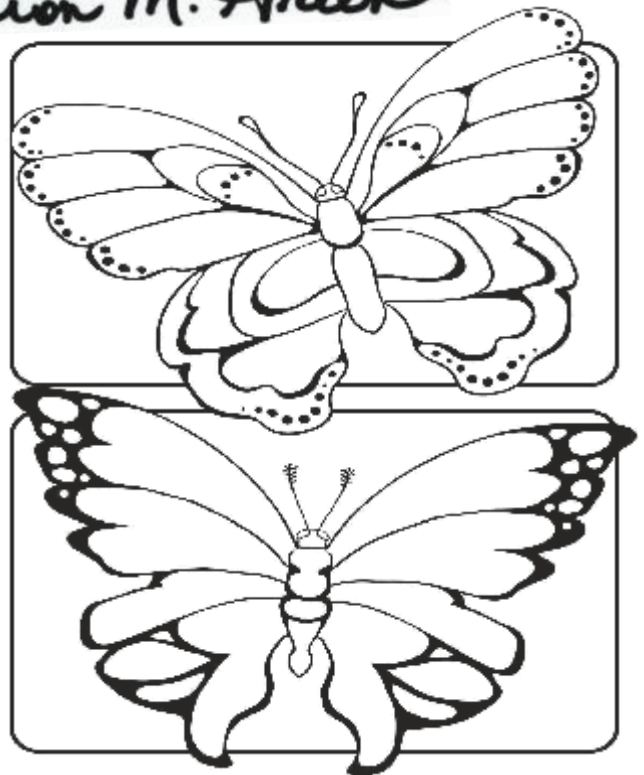


Sharon M. Green



GARAGE SALE UPDATE

The May garage sale has been canceled along with the garage sale volunteer meetings. The volunteer meetings are tentatively rescheduled for Tuesday, June 9 at 9 am and/or Wednesday, June 10 at 2:45 pm. We are asking anyone that is interested or is actively volunteering for the garage sale in any way to join us for one of these meetings. Watch for more information in upcoming newsletters, like everything else right now, those dates may change again! We are not accepting any garage sale donations until further notice for the safety of our volunteers and staff. In this time of uncertainty we need to do everything we can to keep everyone safe and healthy and that means we have to put garage sale donations on hold until we are sure that COVID-19 is under control.





Medicare:

Turning 65? New to Medicare?

Join OSHIIP for a Welcome to Medicare webinar.

Webinars are available now through June!

To find these go to insurance.ohio.gov, click on “**Insurance and Medicare Consumers**” and then

scroll down until you see “**OSHIIP Medicare Webinars**” that will have an icon like the picture above, click it. Once there, scroll down and register into the class or classes of your choice.

*** *Upcoming options are:* ***



| | | | |
|---------------------------|--------------|----|-------------|
| Monday, May 4 | 12 PM - 1 PM | OR | 4 PM - 5 PM |
| Tuesday, May 19 | 2 PM - 3 PM | OR | 6 PM - 7 PM |
| Thursday, June 4 | 12 PM - 1 PM | OR | 4 PM - 5 PM |
| Wednesday, June 17 | 2 PM - 3 PM | OR | 6 PM - 7 PM |

Special Note:

If you're covered under your (or your spouse's) current employer group health plan, you may delay enrolling in Medicare without penalty. The size of the employer determines whether you may be able to delay Part A and Part B without having to pay a penalty if you enroll later. ***If your employer has fewer than 20 employees***, you should sign up for Part A and Part B when you're first eligible. ***If your employer has less than 20 employees***, ask your benefits manager whether you have group health plan coverage (as defined by the IRS). If so, then you may delay enrolling into Medicare or elect to just start your Medicare Part A.



Bicycling

The words listed below can be found vertically, horizontally, diagonally, forward and backward.

| | |
|---------|------------|
| BALANCE | HANDLEBARS |
| BELL | HELMET |
| BICYCLE | MOUNTAIN |
| BRAKES | PEDALS |
| CHAIN | RACING |
| CYCLIST | ROAD |
| FAST | SCENERY |
| FUN | SPOKES |
| GEARS | WHEEL |

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| M | F | M | B | O | M | G | L | P | S | S | B | X | M | T |
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| V | P | S | A | B | Y | O | N | R | N | I | A | H | C | B |
| T | T | A | N | D | P | E | A | T | S | I | L | C | Y | C |
| S | E | F | C | S | R | B | B | C | L | A | Q | C | I | X |
| S | X | M | E | Y | E | M | O | U | N | T | A | I | N | Y |
| D | C | A | L | L | B | J | B | R | A | C | I | N | G | Y |
| K | C | G | D | E | H | R | T | I | W | W | U | I | E | Z |
| O | X | N | S | K | H | P | A | H | C | J | T | L | A | Z |
| B | A | J | L | D | Q | N | E | K | G | Y | Q | R | R | H |
| H | M | L | A | A | A | E | Y | T | E | I | C | Q | S | P |
| J | W | X | D | J | L | O | Y | Z | I | S | U | L | O | T |
| L | S | K | E | H | S | M | R | N | C | D | A | T | E | E |
| Y | Q | A | P | G | J | T | X | D | E | Y | F | U | N | K |

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Spotlight on the Activities!!!

We are missing all you and all of our fun activities that you enjoy with us!! Due to the COVID-19 pandemic we are at a standstill for now but Tash and Dawn are working on some really great things to come!!!



It seems like things change every day but here is what we can tell you for now. The Spring Carry in that was originally postponed has now been cancelled. In its place we are working on our annual Party on the Patio to be held in June! This will be a great party with games, entertainment, food and lots of fun!!!! Watch for more information in your June newsletter! Pickle ball will be getting underway just as soon as we get the ok to start things up again. We are going to reschedule the cookie decorating class that was planned in April sometime in June as well as a couple of other fun craft classes. We will send out the call when we are able to get under way!

Since we can't get together in person and our activities calendar looked so sad, we have added some fun things for everyone to do each day (see page 8). For those of you that are on Facebook we will post the daily activity each morning. We hope you will comment or post a picture of yourself doing that day's activity!! For those of you that do not have Facebook, cut out the coupon to the right and mail it to our office telling us how many days you accomplished the daily activity! Everyone that joins in will be entered in a drawing to win a \$10 Wal-Mart gift card! Let's have fun with this and stay connected. Call your friends and see how they accomplished the daily activity!

Stay Connected!

May 2020 Daily Activities

Mail to :Mercer County Council on Aging
217 Riley Street
Celina, OH 45822

Print Name: _____

of days accomplished
the Daily Activity

MCCOA
Mercer County Council on Aging

Cut out Coupon

How do you like our new full color newsletter?
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ANNUAL rates are listed to the right. You get all 12 monthly issues for that ONE rate. When you pay in full you will receive an extra issue of advertising.

LPI, whose service keeps the newsletter free for the MCCoA and our seniors, is the largest printer of nonprofit newsletters. Jayne Pandey, our community advertising sales executive, can be contacted at:
p: 216-325-6825 x6401
c: 216-618-6439
e: jpandy@lpiseniors.com

Senior Center Rates for the year

Receive all issues for the one rate!

INCLUDED IN THE PRICE OF YOUR AD:

- One full year of advertising.
- Affordable, local, targeted community advertising.
- 85% of newsletters are kept in homes and referred to often, keeping your name and phone number right at hand.
- Your own listing page on ourseniorcenter.com
- FREE professional ad design, and 4 free ad changes per year.
- Shows your support for the community, in turn readers will support you.

| # of spaces | Annual Price including OF |
|----------------|---------------------------|
| 12 1/2 PAGE | \$2,850 |
| 8 1/3 PAGE | \$1,950 |
| 6 1/4 PAGE | \$1,595 |
| 4 1/6 PAGE | \$1,185 |
| 3 1/8 PAGE | \$945 |
| 2 | \$675 |
| 1 | \$375 |

CONTACT ME TODAY!

Jayne Pandey



BECAUSE VIBRANT
SENIORS MATTER

216-618-6439

jpandy@lpiseniors.com

James H. McGiffert
OF REAL ESTATE, SFR, AHD,
of Arizona
Broker

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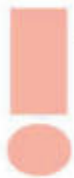
Staying Active During the Coronavirus Pandemic

Exercise
is Medicine

AMERICAN COLLEGE
of SPORTS MEDICINE

The coronavirus (COVID-19) pandemic can make it challenging to maintain a physically active lifestyle. COVID-19 is spread by someone sneezing or coughing into the air or onto a surface, and then the virus enters and infects a new person through their mouth, nose or eyes. The most up-to-date information about COVID-19 can be found on the Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

Based on what we know about how the virus moves from one person to another, it is recommended to avoid public gatherings and keep a social distance of 6 feet or more. That, along with advice related to personal care (hand washing, not touching your face) has created concern about exercising in gyms, where hundreds of people are in and out every day.



Those at greatest risk for severe complications of COVID-19 are:

- older adults (age 65 and older)
- people with chronic diseases (such as diabetes, heart disease and lung disease)
- those with compromised immune systems (such as those going through cancer treatment or with HIV)

These individuals (and those under "shelter in place" orders) should avoid gyms altogether and exercise at home or in their neighborhood.

For all of us, young and old, regular physical activity is important for staying healthy! Compared to just sitting around most of the time, ***moderate-intensity physical activity is associated with better immune function.*** Regular physical activity can help ***reduce your feelings of stress and anxiety*** (which many of us may be feeling in the wake of the COVID-19 pandemic).

The Physical Activity Guidelines for Americans recommends 150-300 minutes per week of moderate-intensity aerobic physical activity and 2 sessions per week of muscle strength training. Fit in 2, 5, 10 or 20 minutes, however and wherever you can. Every active minute counts!

On the following page are some strategies to maintain physical activity and fitness.



Stay positive. Stay active. Be smart and safe.



Aerobic Activities

Indoor Activities

- Put some music on and walk briskly around the house or up and down the stairs for 10-15 minutes, 2-3 times per day.
- Dance to your favorite music.
- Jump rope (if your joints can handle it).
- Do an exercise video.
- Use home cardio machines if you have them.

Outdoor Activities (if allowed by your government)

- Walk or jog around your neighborhood. **Stay 6 feet away from others.**
- Be active in a local park. Spending time in nature may enhance immune function. Wash your hands when you get home.
- Go for a bicycle ride.
- Do gardening and lawn work (Spring is around the corner!).
- Play active games with your family.



Strength Training

- Download a strength workout app to your smart phone, such as the 7-Minute Workout (no equipment necessary).
- Do a strength training video.
- Perform yoga – deep breathing and mindfulness can also reduce anxiety.

- Find ways to do simple muscle strengthening exercises around your house such as:
 - Squats or sit-to-stands from a sturdy chair
 - Push-ups against a wall, the kitchen counter or the floor
 - Lunges or single leg step-ups on stairs

Don't sit all day! For example: If watching TV, get up during every commercial (or periodically) and do a lap around your home or an active chore. For example, throw some clothes in the laundry, do the dishes or take out the garbage. Feel productive after just one show!

Here are current answers to frequently asked questions about physical activity or exercise and COVID-19:

I'm under quarantine but not infected. Should I limit my physical activity?

There are no recommendations at this time to limit physical activity if you do not have any symptoms. Contact your health care provider if you develop a cough, fever or shortness of breath.

Will exercise help prevent me from getting the virus?

Moderate-intensity physical activity can boost your immune system. However high-intensity high-volume training may suppress immune function especially if you are unaccustomed to it. Balance your workout program.

What if my kids are home with me?

Being active with kids is the most fun of all! Find activities that you can do together – an active gaming video, basketball in the driveway, go for a walk in the neighborhood.

Are there precautions I should take?

The most important strategy to prevent infection is to avoid coming into contact with others who are infected with COVID-19.

What if I start to have symptoms?

If you begin to have symptoms, follow CDC recommendations. As these recommendations are changing, below is a link to the CDC Symptoms webpage: <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>

I'm under quarantine and infected. Should I limit my physical activity?

People who are infected, but without symptoms, can continue moderate-intensity activity, but need to use symptoms as a guide. Maintain quarantine to prevent spreading the coronavirus to others. If you develop fever, cough or shortness of breath, stop physical activity and reach out to your doctor or health care provider.

May 2020 Activity Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|-------------------------------------|----------------------------------|--|---------------------------|-----------------------------------|----------------------------------|
| See page 9 for the corresponding activity!! | | | | | 1 Sky High Day | 2 A Trip to the Moon Day |
| 3 Good Housekeeping Day | 4 Half Way Day | 5 Cinco de Mayo | 6 Refrigerator Day | 7 Flower Moon Day | 8 Dog Day | 9 Belly Dance Day |
| 10 Mothers Day | 11 National Park Day | 12 Cannes Film Festival Day | 13 Give to Charity Day | 14 Favorite Photo Day | 15 Chocolate Chip Day | 16 Armed Forces Day |
| 17 Run for the Roses Day | 18 Tiptoe Through the Tulips Day | 19 Ice Cream in the House Day | 20 Happy Birthday Blue Jeans | 21 Horror Film Day | 22 Get Out of the Recliner Day | 23 Out Door Chair Day |
| 24 Indianapolis 500 Day | 25 Memorial Day | 26 Western Day | 27 National Senior Health & Fitness Day | 28 Eat a Hamburger Day | 29 Backwards Day | 30 Swinging to the Oldies Day |
| 31 Frosted Flake Day | | | | | | |

Cleaning And Disinfecting Your Home

How to clean and disinfect

Wear disposable gloves to clean and disinfect.

Clean

- **Clean surfaces using soap and water.** Practice routine cleaning of frequently touched surfaces.

High touch surfaces include:

Tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, sinks, etc.



Disinfect

- Clean the area or item with soap and water or another detergent if it is dirty. Then, use a household disinfectant.
- **Recommend use of EPA-registered household disinfectant.**

Follow the instructions on the label to ensure safe and effective use of the product.

For more information, visit the website:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

May Activities

Here are the activities suggested for each day of May. [We hope you have fun doing these and are willing to share your pictures, stories, and ideas on Facebook.](#) Our Facebook page is Mercer County Council on Aging. If you need help finding the page, give us a call and we will try to help.

1. Empire State Building opened – walk up and down a set of steps. What is the tallest building you have been in?
2. The first science fiction film was released- watch a Sci-Fi movie. What is your favorite sci-fi movie?
3. Good Housekeeping magazine debuted in 1885- Clean your house. What is your favorite magazine?
4. Spring is at the half way point we have 46 more days to go. Do something 46 times today. Tell us what you did 46 times.
5. Eat a taco today. What is your favorite Mexican food?
6. In 1851 the mechanical refrigerator was patented. Do 5 minutes of exercising every time you open the refrigerator. Tell us how many times you opened the door.
7. The Indians called it the flower moon because of all the flowers blooming. Take a walk and count how many flowers are blooming. What is your favorite flower?
8. The first Westminster Dog show was held in 1877. Take your real or imaginary dog for a walk. What is your favorite breed?
9. Try a belly dance. What is your favorite dance?
10. Write down your favorite Mother's Day memory.
11. In 1910 Glacier National Park in Montana was established. Take a hike around your yard. What is your favorite national park?
12. Watch a classic movie. What is your favorite movie of all time?
13. Do something nice for someone. Tell us something nice someone has done for you.
14. Pick out your favorite photo. Tell us about your favorite photo.
15. Eat a cookie. What is your favorite kind of cookie?
16. Hang your Flag. Tell us about someone in the armed forces now or in the past.
17. In 1875 the first Kentucky Derby was run at Louisville, Kentucky. Ride your stick horse around the house. Tell us your favorite horse story.
18. In 1968 Tiny Tim's "Tiptoe through the Tulips" was released. Tip toe around the house. What is your favorite color of tulip?
19. Eat your favorite ice cream. What is your favorite flavor?
20. Wear your jeans today. Tell us how many pairs of blue jeans you own.
21. Dr. Jekyll & Mr. Hyde debuted in 1908. Watch your favorite horror film. Do you like horror films?
22. In 1841 Henry Kennedy received a patent for the first reclining chair. Get out of your recliner 10 times. How many times a day you get out of your chair?
23. In 1933 the beach and lawn chair were patented. Sit out in your lawn and wave at the neighbors. How many lawn chairs do you have?
24. Make 5 laps around your house. Have you ever been to a race?
25. Hang your Flag. Remember those that have sacrificed for our freedom.
26. Today is John Wayne (1907) and James Arness (1923) birthdays. Draw your gun 10 times. What is your favorite western movie or show?
27. Try to do a total of 30 minutes of exercise (any kind) (can be done in 5 minute intervals). Where is your favorite place to exercise?
28. Make and eat a hamburger. What are your favorite toppings?
29. Do things with your opposite hand today. What was the hardest thing to do with your opposite hand?
30. Dance to your favorite oldies. What is your favorite oldies tune?
31. In 1884 Dr. John Harvey Kellogg patented "flaked cereal". Do your best "They're Great!!" impression of Tony the Tiger. What is your favorite breakfast food?

Take Five

Use the clues to fill in the crossword.
All of the answers are five-letter words.



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ACROSS

4. Italian dish
7. Blacksmith's block
8. Woodsy retreat
11. Shop jargon
13. Castle part
14. Ocean predator
15. Jelly flavor
17. Lincoln's coin
18. Strong glue
21. Judge's seat
23. Barn bedding
24. Breakfast drink
25. Mill output

DOWN

1. Slow-moving creature
2. Duck sound
3. Beauty parlor
4. Concerto instrument
5. Triangular Greek letter
6. Property divider
9. Cheese-covered chip
10. Wild card
12. Tropical lizard
16. Limerick feature
19. Stationery buy
20. Bread variety
22. Syrup flavor
23. Diver's apparatus

Sudoku

Fill in the grid so that all nine columns down, all nine rows across, and all nine 3-by-3 boxes contain the numbers 1 through 9. A number appears in each column, row, or box only once.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 4 | 5 | | 1 | 7 | | 2 | |
| | 2 | | 3 | | | 1 | | |
| | | 1 | | | | 3 | 7 | 4 |
| | | 9 | | | 3 | 5 | 8 | |
| 1 | | 2 | 5 | 8 | | 4 | 3 | 7 |
| | | 8 | 7 | | 6 | 9 | | |
| | 1 | | 4 | 7 | 2 | | | 5 |
| | | 7 | | | | 2 | | |
| | 5 | 4 | 6 | | | | | 1 |

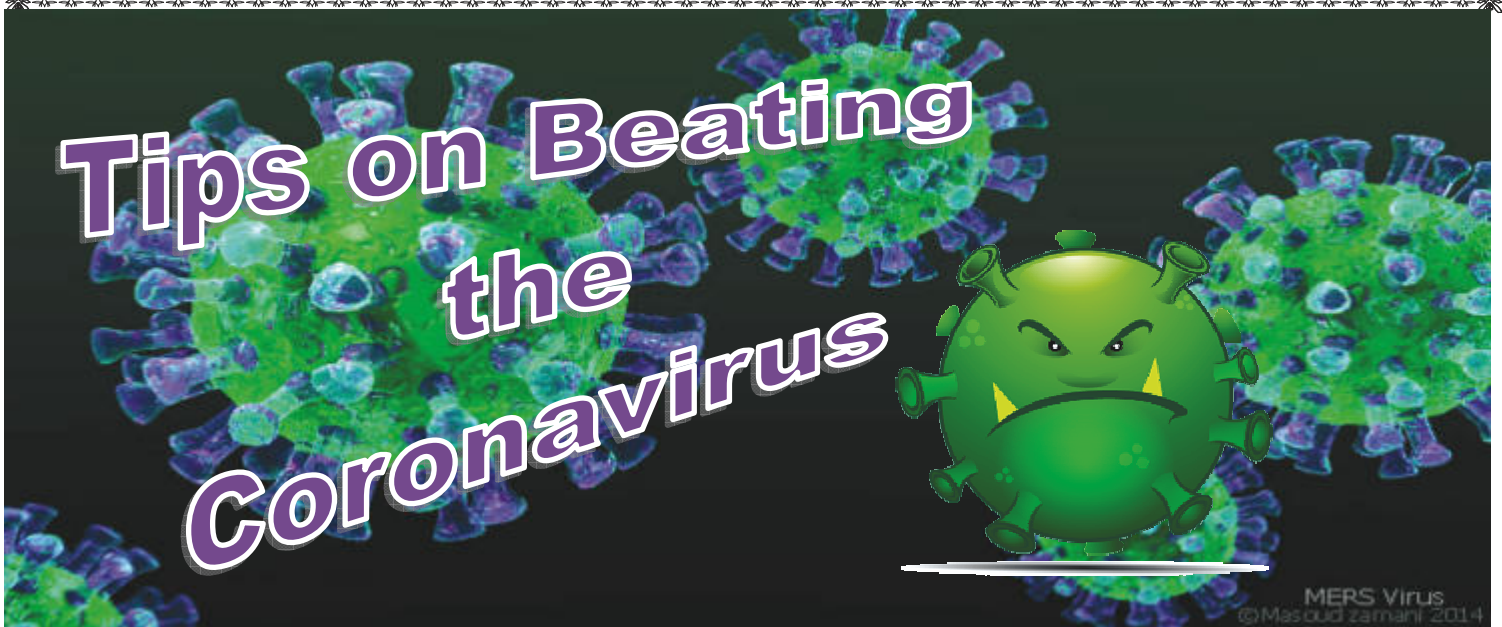
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Outreach Reachin' Out:

We pray this newsletter finds you well and that you've been able to take care!

In light of the COVID-19 restrictions, we haven't been able to share as much educational material as normal. Until restrictions are alleviated we will try to put as much information on Facebook as possible. So, if you can, follow us on [Facebook](#). This information will be general sources and potential places to call if you have needs. Hopefully this information will be more timely, as we are posting what we can as soon as we are able. It is our hope that if you struggle with technical issues, you might have family or friends that are able to help.

In the mean time, we are answering as many questions as possible via e-mail or phone calls. Please remember, however, staff is limited at this time and calls may be from remote locations!



Take Actions to reduce your risk of getting sick

If you are at higher risk for serious illness from COVID-19 because of your age or because you have a serious long-term health problem, it is extra important for you to take actions to reduce your risk of getting sick with the disease.

- Stock up on supplies.**
- Take everyday precautions** to keep space between yourself and others.
- When you go out in public, keep away from others who are sick, limit close contact and wash your hands often.
- Avoid crowds** as much as possible.
- During a COVID-19 outbreak in your community, stay home** to further reduce your risk of being exposed.

Have Supplies on Hand

- Contact your healthcare provider to ask about obtaining extra necessary medications** to have on hand in case there is an outbreak of COVID-19 in your community.
- If you cannot get extra medications, consider using mail-order for medications.
- Be sure you have over-the-counter medicines and medical supplies** (tissues, etc.) to treat fever and other symptoms. Most people will be able to recover from COVID-19 at home.
- Have enough household items and groceries** on hand so that you will be prepared to stay at home for a period of time.

Based on information from the Center for Disease Control.

Social Security:

WEBINAR

Please join the Social Security Administration for **FREE** educational Social Security webinars in 2020. These sessions are open to the general public, but you must register online to attend the virtual webinar session. To attend, go to the link below to RSVP and receive additional details. An e-mail address will be required to register. All webinars below are conducted by Social Security employees who have experience in all our programs and benefits. Again, there is no cost to join the seminar. Sign up early, we expect spots to fill quickly. Spread the word to friends and family!



Social Security Retirement 101: What You Need to Know

Monday, May 18

6:00 PM - 7:30 PM

Registration URL: <https://attendee.gotowebinar.com/rt/408205090850319362>



Join Theresa Busher and Kelly Draggoo, Public Affairs Specialists for Dayton and Cincinnati, along with Dan Damceski, staff assistant in Columbus, for a 90 minute webinar to discuss Social Security retirement benefit eligibility. We will cover how to get your individualized retirement estimate through the my Social Security account, early vs delayed benefits, work issues, spouse and surviving spouse benefits, and Medicare A/B enrollment. This webinar is open to the general public.

Disability 101- SSDI vs. SSI

Friday, May 1

10:00 AM - 11:30 AM

Registration URL: <https://attendee.gotowebinar.com/register/289253325600498956>



Join Theresa Busher and Kelly Draggoo, Public Affairs Specialists for Dayton and Cincinnati, along with Dan Damceski, staff assistant in Columbus, for a 90 minute webinar to discuss eligibility factors and the differences between SSDI and SSI. The session will discuss how to file for benefits, the disability determination process, appeals, and post eligibility issues. This webinar is open to the general public.



Bicycling

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H M L A A A E Y T E I C Q S P
J W X D J L O Y Z O S U L O T
L S K E H S M A N C D A T E E
Y Q A P G J T X D E Y F U N K

SOLUTIONS

Take Five

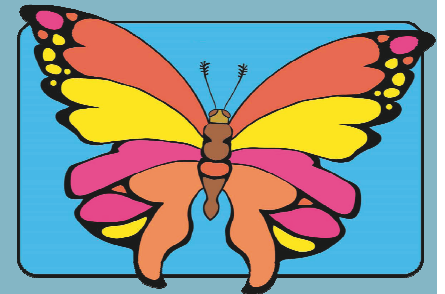
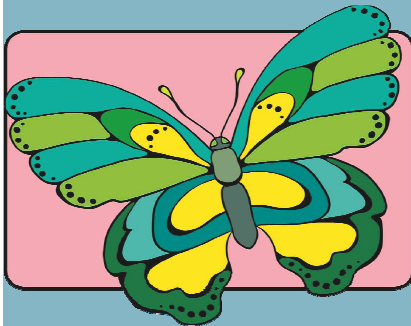
(solution)



Sudoku

(solution)

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 4 | 5 | 8 | 1 | 7 | 6 | 2 | 9 |
| 7 | 2 | 6 | 3 | 9 | 4 | 1 | 5 | 8 |
| 8 | 9 | 1 | 2 | 6 | 5 | 3 | 7 | 4 |
| 4 | 7 | 9 | 1 | 2 | 3 | 5 | 8 | 6 |
| 1 | 6 | 2 | 5 | 8 | 9 | 4 | 3 | 7 |
| 5 | 3 | 8 | 7 | 4 | 6 | 9 | 1 | 2 |
| 9 | 1 | 3 | 4 | 7 | 2 | 8 | 6 | 5 |
| 6 | 8 | 7 | 9 | 5 | 1 | 2 | 4 | 3 |
| 2 | 5 | 4 | 6 | 3 | 8 | 7 | 9 | 1 |



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