

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

What's Wrong with This Picture?

We had such a positive response to our MCCoA Logo game (there were 17 logos by the way!) that we decided to give you another. Your mission, this month is to find out "What is wrong with this picture." In this literal take on the phrase, try your hand at finding what is out of place, unusual, or doesn't make sense in the picture below. Take a close look. (Clue: there are five things.)

To become eligible for a chance to win a great prize (\$10 Walmart cards and many others), just call 419-586-1644 by October 23 at 4:30 pm. Let us know what you find along with your name and phone number. Everyone who calls is entered in the drawing. If you win we will call you. A list of the winners will be posted on our Web and Facebook pages.

STAY IN TOUCH!

-  217 Riley Street
Celina, Ohio 45822
-  419-586-1644
-  mcco@bright.net
-  www.mcco.net
-  Mon-Fri: 8 am – 4:30 pm
Sat & Sun: Closed
-  Like us on Facebook!



From the Director's Desk:

Perception versus reality is a lesson with which I seem to struggle. The following story will give you a good illustration. In June, we lost our beloved Piper to an unexpected illness. The pain of that loss is still raw, but after a month and a half of living in a single cat household, Mr. Green and I decided it was time to open our hearts to another kitty. On July 19, we adopted Harpo from the Humane Society in Lima. She fell in love with Mr. Green the minute she met him. I know what that's like, so I knew she had to come home with us. My perception was that our baby Zoey would fall in love with her, too, and our home would be filled with lots of cat harmony. Unfortunately, my perception of what would happen did not match reality. The first two weeks were okay, but then the fights started. Zoey didn't want to share me and she certainly didn't want to share Mr. Green's lap. She didn't want that sweet little Harpo to sit on the cat tree, play with her toys or sleep in our bed. I was devastated. I got a little crazy (Mr. Green would never say that to my face, but I know he thinks it) and I hired a cat behaviorist. You would not believe the rules we have to follow to create that cat harmony I so long for. We have schedules for cats in separate rooms, how and where to feed them and a laundry list of cat trees, scratching posts and shelves to purchase. Chewy.com is getting a lot of business. Fortunately, Mr. Green knows that being married to me can mean embarking on some wild adventures and he's been on board. Although we have been on program, we still have quite a ways to go to get to that end result.



I tell you this story because I think it is an excellent parallel as to what has been happening here at work. On Thursday, August 20, 2020, Governor Mike DeWine announced that senior centers would be given the green light to open again on Monday, September 21, 2020. We all heard, "OPEN!" Perception has been that this means back to the way things were prior to closure in March. Unfortunately, this is not our current reality. As I write this, we are just now getting the list of mandates that we need to follow in order to open. Some of the protocols are confusing and guidance on how to implement even more so. What I can tell you is that the guidelines are strict because the Ohio Department of Aging and the Ohio Department of Health know that individuals who are 60 years or older are at the greatest risk of serious illness and death due to COVID-19. We know of several people who have gotten it and have come through it fine. Others we know have had to be hospitalized or put on oxygen and are still struggling to regain their health. We have also had to mourn the loss of several individuals we have served over the years. The reality is opening our facility back up is not going to happen by September 21. In fact, I can't give you a date at this time. We absolutely have to make sure that we have the policies and procedures down to a "t" before we can welcome you back. We absolutely have to get with the program. All I ask is for some grace for me and my excellent staff

as we try to navigate these uncharted waters. I promise that perception will someday become reality, but just like with our cats, the process will be measured and methodical and patience will be key.

Sharon M. Green



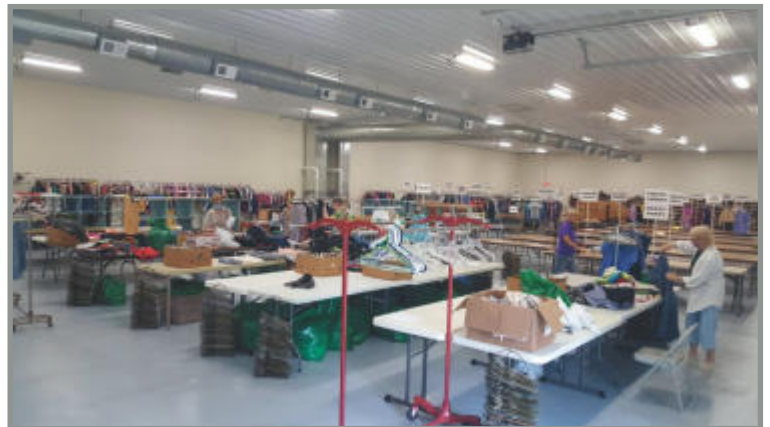


GARAGE SALE UPDATE

We are very excited to announce the new building is complete and we have started the set-up process! The set-up process looks a little different due to Covid. We have had to change how we are doing things to help with social distancing and keeping track of all people in the buildings at all times. Volunteers will be able to pick a day of the week and time that works best for them to come in and help. We ask that they only come on their scheduled day, wear a mask and maintain social distance.

The next garage sale is scheduled October 8 – 10. The new building and the 2 bay (glassware) will be the only two buildings open. We will continue the sale on October 15 – 17 at which time the 4 bay (books, pots and pans, miscellaneous, etc.) and the 6 bay (furniture) will be open. Thursday's hours will be 8:30 – 6:30. Friday and Saturday's hours will be 8:30- 4:00. All items in the new building and the 4-bay building will be sold by the bag. We will be setting up the 6 bay (furniture) on Tuesday, October 13. As always this is a very large undertaking and the more hands we have helping the better it is! If you are interested in helping with any part of set up, check out, or cleanup please call Tash 419-586-1644.

OCTOBER SALE PRICING			
	1 Bay & 4 Bay		2 Bay & 6 Bay
	Brown Bag	Black Bag	Individually priced
Thursday	\$5	\$25	As marked
Friday	\$4	\$15	As marked
Saturday	2/\$3	2/\$15	1/2 price



Car Bingo

OUR FIRST CAR BINGO WAS A GREAT SUCCESS!!! We are happy to announce we again host drive-in bingo in the back parking lot. Like September, we will only have 18 parking spots available, so you **MUST PRE-REGISTER** for your parking spot. When you arrive someone will show you where to park. You and whomever you bring with you will be able to play from inside your car or you may bring lawn chairs and sit in front of your car. We ask that people stay in front of the car they arrived in at all times, so we can maintain social distance.

The cost is \$1.00 and you will get to play 10 games with 3 cards for each game. We will be using paper bingo sheets so bring something (a dauber, highlighter or pen) to mark your cards with. You will have a new sheet for each game. Like always, there will be a prize for every Bingo! There will be 2 sessions on Wednesdays, October 21 and October 28. The first session is from 10:00 to 11:30 and the second session runs from 1:00 to 2:30. Sign ups are limited to only one session each day. Call and register for your parking spot today 419-586-1644.



Night at the Opera

The words listed below can be found vertically, horizontally, diagonally, forward and backward.

APPLAUSE
BARITONE
CONDUCTOR
COSTUME
DIRECTOR
DUET
EMOTION
GERMAN
GLASSES
HOUSE

ITALIAN
MUSIC
ORCHESTRA
PASSION
SCENERY
SOPRANO
SORROW
TENOR



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A	I	S	E	S	U	O	H	R	S	F	D	E	K	T
N	R	T	O	Z	V	I	T	O	O	W	A	P	V	F
H	O	T	A	R	Z	B	T	T	P	T	I	G	F	D
N	Q	I	S	L	R	G	V	C	R	E	M	A	S	E
A	G	S	T	E	I	O	V	E	A	N	U	L	N	C
O	P	K	K	O	H	A	W	R	N	O	X	O	O	S
D	L	V	T	F	M	C	N	I	O	R	T	S	Y	E
H	P	O	U	E	S	E	R	D	F	I	T	R	M	S
A	P	P	L	A	U	S	E	O	R	U	E	U	K	S
G	E	R	M	A	N	D	O	A	M	N	S	U	D	A
O	L	C	P	F	S	C	B	E	E	I	I	Z	T	L
N	O	I	S	S	A	P	A	C	C	T	I	Y	X	G
T	N	Z	D	I	I	F	S	Y	U	Q	J	J	A	Q
P	L	C	Y	M	R	O	T	C	U	D	N	O	C	M
A	F	T	U	Z	V	T	O	N	Y	O	Z	D	U	B

Spotlight on Garage Sale!!



MCCoA

Mercer County Council on Aging

Garage Sale at the Senior Center

217 Riley Street, Celina, OH

October 8 - 10, 2020

Candles, Clothing, Glassware,
Jewelry, Purses & Shoes

October 15 - 17, 2020

Books, Christmas, Electronics, Flowers,
Games, Furniture, Misc, Pictures, Plastic,
Outdoor Items & Toys

Donation Receiving Times

Tuesday	Sep 15, 22 & 29	8:30 12:00
Thursday	Sep 17 & 24	12:00 4:00

Masks required

No Exceptions



Garage Sale Hours

Thursday	Oct 8 & 15	8:30 6:30
Friday	Oct 9 & 16	8:30 4:00
Saturday	Oct 10 & 17	8:30 4:00

Due to COVID restrictions, the number of shoppers will be limited in each building

Proceeds benefit MCCoA

Pricing information on our web and Facebook pages

Best Kept Secrets of Mercer County

This month's adventure: Getting to know the Spiritual Center in Montezuma



We will be visiting the grounds of the Spiritual Center in Montezuma at 6731 State Route 219 on Tuesday, October 27 from 12:00 pm to 2:00 pm. Drive by their welcome table and receive a bag of goodies. Then park and walk the garden path, bring a sack lunch and enjoy the tranquility of the garden! As always everyone that stops by will be entered in a prize drawing! Come experience this beautiful spot and best kept secret!



Mark your calendar:

Garage Sale

December 10 - 12, 2020

Plan on doing your Christmas shopping with us this year!! We will have lots of new clothes and plenty of toys also. Watch for more information in the November and December newsletters!

Just imagine if the person who named Walkie Talkies named everything...

Stamps = Lickie Stickie
Defibrillators = Hearty Starty
Bumble bees = Fuzzy Buzzy
Pregnancy test = Maybe Baby
Bra = Breastie Nestie
Fork = Stabby Grabby
Socks = Feetie Heatie
Hippo = Floatie Bloatie
Nightmare = Screamy Dreamy



MERCER COUNTY

HEALTH DISTRICT

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TUESDAY, OCTOBER 6, 2020

9:30AM-6:00PM

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Screening forms can be found on our website.

www.mchdohio.org

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Website: www.mchdohio.org An Equal Opportunity Employer

Medicare Open Enrollment

Please Read Carefully

Medicare Open Enrollment begins October 15 and runs through December 7. MCCoA will be taking phone appointments only, due to COVID-19 restrictions. Rest assured that Amy and Gloria will continue to provide the excellent service that you have all come to know and appreciate. In order to get on the calendar, you must complete a Medicare Part D Worksheet, which is included in this newsletter. We will also have them available on our website www.mcco.net, local libraries, available for pick up outside our office doors, or we can mail on request. Once we receive your completed worksheet, we will schedule a phone appointment. We want to remind you, please do not make a decision based upon a television commercial or a phone call. Often times these plans do not work in our area. Get all of the information and we would be happy to research the plan to help you make an informed decision. If you are computer savvy, you can do your own Part D comparison online at www.medicare.gov.

Line Dancing at the Spiritual Center in Montezuma

Join the Mercer County Council on Aging as we offer Line Dancing at the Spiritual Center Retreat House in Montezuma, 6731 State Route 219. We will dance on Tuesday, November 3 and 24 from 1:00 to 3:00 at a cost of \$2.00 per person. (Please note: the \$2 is to help offset the cost of using a different facility for the event.) If you enjoy music and like to move this is the class for you. If you are an accomplished dancer or would just like to try it out come join in. All are welcome but you must register! Please call to register at 419-586-1644. If you have questions, ask for Tash.

Mercer County Council on Aging will be joining with the Spiritual Center Retreat House in Montezuma, 6731 State Route 219, to offer Pickleball!!! Pickle-ball was created with one thing in mind: fun. It was designed to be easy to learn and play whether you're five, eighty-five or somewhere in between. Pickle-ball is traditionally played on a badminton-sized court with special Pickle-ball paddles, made of wood or high-tech aerospace materials. The ball used is similar to a wiffle ball, but slightly smaller. The net is low like a tennis net. The game is played with two or four players. The lower net and wiffle ball allow the game to be accessible to people of all ages and abilities, while still allowing more competitive players to test their mettle.

We will offer Pickleball Wednesday, November 4 and 11 from 9:30 to 11:30 at a cost of \$2 per person. (Please note: the \$2 is to help offset the cost of using a different facility for the event.)

If you are a veteran player or have never stepped foot on a court you are welcome to come join the fun. We will have a free beginner time to teach and let everyone try out pickle ball from 9:00 till 9:30 each Wednesday!!!! This is a really fun way to get out of the house and get your exercise! Join Dawn and Tash for a fun filled morning of exercising and laughs! Please call to register at 419-586-1644. If you have questions, ask for Tash.



MCCoA Medicare Part D Worksheet

The Ohio Senior Health Insurance Information Program (OSHIP) from the Ohio Department of Insurance recommends that you review your Medicare options **EVERY** year. All Medicare patients can add, drop or switch their health and drug coverage during the Annual Coordinated Election Period.

The Annual Open Enrollment Period (OEP) is from October 15 – December 7.

Any changes made during the OEP take effect January 1 of the following year.

This is an important time to make sure that your premiums and drug copays stay in check for 2021!

1. Do a 2021 Part D plan comparison:

Complete this sheet, then mail it OR drop it off in the black box outside the main office doors



Mercer County Council on Aging (MCCOA)

217 Riley Street

Celina, OH 45822

Mercer County Council on Aging

OR Fax: 419-586-1645 OR E-mail: mccoabright.net

Check preferred MCCoA Medicare Advisor (if you have one): ☐ Amy Buening or ☐ Gloria Miller

2. Check to see if you qualify for "Extra Help" to pay for some of your prescription costs:

Single: Income \$1,615 per month; Total Resources \$14,610

Married: Income \$2,175 per month; Total Resources \$29,160

Circle "Extra Help" if you think you might qualify and want us to review!

Once we receive this paperwork, we will contact you to make an appointment via phone to review your options!

Please print clearly and answer all questions

Name: _____

Date of Birth: / /

Address: _____

County: _____

City/State/Zip _____

Phone #: _____ - _____ - _____

Current Medicare Drug Plan: _____

E-Mail: _____

Name/Nombre JOHN L SMITH	
Medicare Number/Numero de Medicare 1EG4-TE5-MK72	
Entitled to/Con derecho a HOSPITAL (PART A)	Coverage starts/Cobertura empieza 03-01-2016
MEDICAL (PART B)	03-01-2016

Medicare #: -

Medicare Effective Dates:

Part A: - -

Part B: - -

Do you currently have coverage with: ☐ Original Medicare or ☐ Medicare Advantage

If enrolled in a Medicare Advantage plan, what is the plan name _____

Do you currently get assistance from: ☐ Medicaid ☐ QMB/SLMB/QI ☐ "Extra Help" with Part D

Do you want information on: ☐ Stand-Alone Part D plans ☐ Medicare Advantage Plans (check one or both)

If you are interested in a Medicare Advantage Plan please let us know preferred doctors and hospitals, as networks will apply:

Please complete both sides of this form.

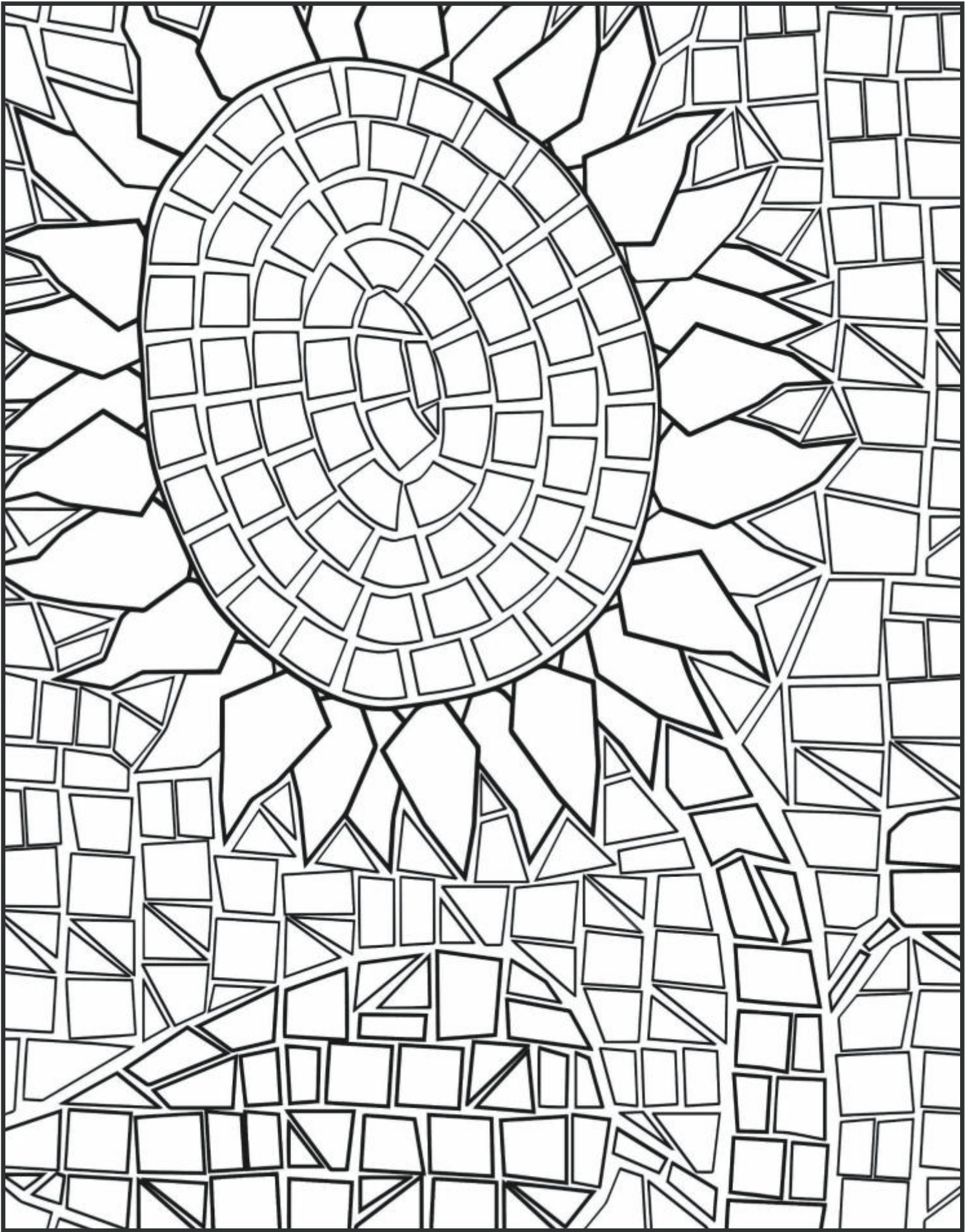
My Prescription Drug List

Preferred Pharmacy _____

[illegible]

Return to: Mercer County Council on Aging (MCCOA)
217 Riley Street
Celina, OH 45822
E-mail to: mccoab@bright.net or Fax to: 419-586-1645
Call 419-586-1644 for questions.

September 2020



OutreachReachin' Out:

Avoid the Double Whammy this Fall!



Per the *American Academy of Family Physician's* advice listed on familydoctor.org. Pneumococcal vaccines can protect you against getting pneumonia, which is contagious and spreads from close, person-to-person contact. Pneumonia is an infection of the lungs and can lead to many symptoms, including: cough, fever, difficulty breathing, chills, chest pains, and mucus with cough.



For seniors, pneumonia can be very serious and life-threatening. This is especially true if you have a chronic condition, such as diabetes or COPD. Pneumonia can also develop after you've had a case of the flu or a respiratory virus such as COVID-19. It is extremely important to stay current on flu shots each year in addition to your pneumococcal vaccines.

While the vaccine does not protect against all types of pneumonia, it can make it less likely that you will experience severe — and possibly life-threatening — complications from the illness.

So, **talk to your doctor** to see if the Flu & Pneumococcal vaccine is right for you this fall!

Are you NEW TO MEDICARE?

Join [OSHIIP](#) for a
Welcome to Medicare Webinar!

To find classes:

Go to: insurance.ohio.gov

Click: Insurance and Medicare Consumers

And then click: OSHIIP Medicare Webinars

[Upcoming webinars are:](#)



Thursday, October 8:	6 pm - 7 pm
Tuesday, November 10:	4 pm - 5 pm
Wednesday, December 16:	2 pm - 3 pm

Use flashlights or battery-operated candles for Halloween decorations.

They are safer than candles and using them can prevent kids' costumes from catching on fire.



FEMA



U.S. Fire Administration

Alzheimer's SUPPORT GROUP

Mercer County Council on Aging is pleased to state that we will continue our Alzheimer's Support Group; however, instead of meeting in person at Mercer Health, we will meet virtually via phone or computer.

To sign up for the next support group, please call the Northwest Ohio's Alzheimer's Association at **800.272.3900**. Or e-mail Amy Buening at abuening@mccoa.net to sign-up for the Mercer County Group.

Groups will meet on the 3rd Friday of the month! We look forward to having you there!
Also, check out <https://www.alz.org/nw ohio> for classes and much more!

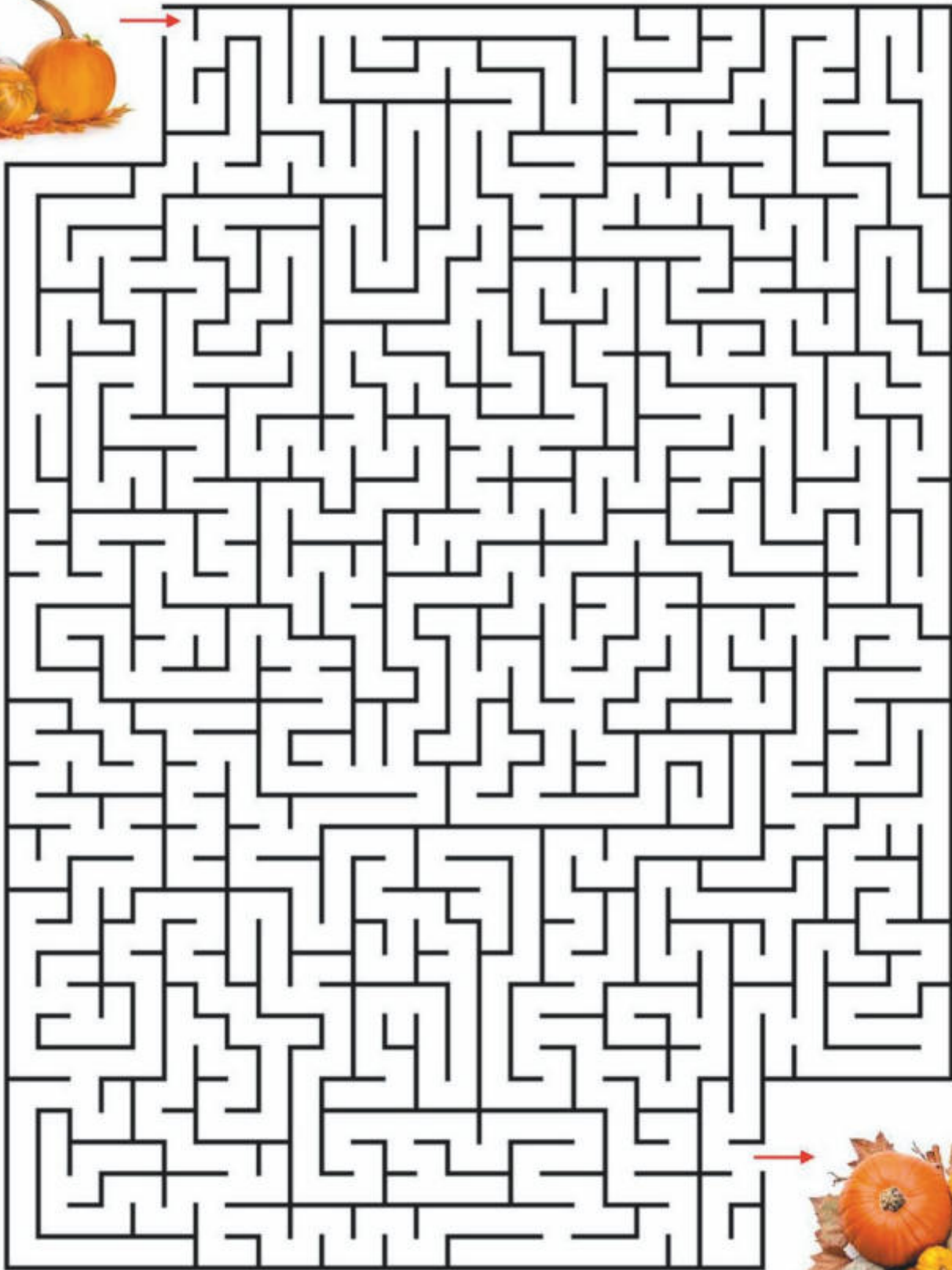
It's a "Hoot"

Use the clues to reveal words that rhyme with *hoot*.

1. Plant part
2. Laundry drop
3. Pond dweller
4. Spades or clubs
5. Footwear
6. Some produce
7. Pointless
8. Photo session
9. Type of force
10. Remote button
11. Adorable
12. GPS suggestion
13. Stringed instrument
14. Get a move on
15. High-pitched instrument
16. Blow one's horn
17. Hoity-toity type
18. Burgler's booty



A-Mazing Pumpkins





SOLUTIONS

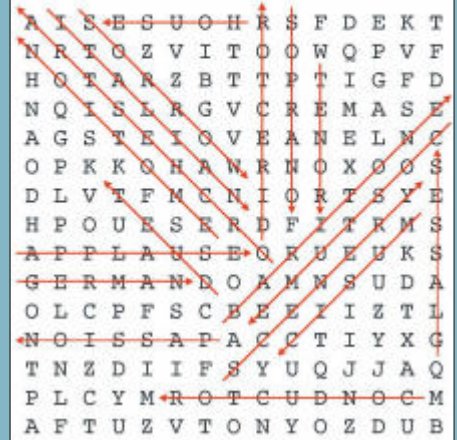
It's a Hoot

(solution)

- | | |
|-----------------------------|-------|
| 1. Plant part | root |
| 2. Laundry drop | chute |
| 3. Pond dweller | newt |
| 4. Spades or clubs | suit |
| 5. Footwear | boot |
| 6. Some produce | fruit |
| 7. Pointless | moot |
| 8. Photo session | shoot |
| 9. Type of force | brute |
| 10. Remote button | mute |
| 11. Adorable | cute |
| 12. GPS suggestion | route |
| 13. Stringed instrument | lute |
| 14. Get a move on | scoot |
| 15. High-pitched instrument | flute |
| 16. Blow one's horn | toot |
| 17. Holty-toity type | snoot |
| 18. Burglar's booty | loot |

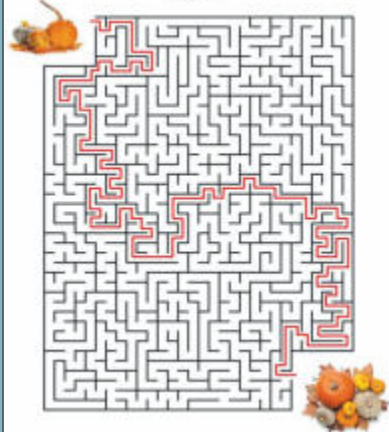
Opening Night at the Opera

(solution)



A-Mazing Pumpkins

(solution)



Starts

October 15

Medicare

Open

Enrollment

Ends

December 7

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wants you to know that you are in
our hearts and minds
during these trying times.
Our world will shine bright again.
Be strong.

Stay safe and healthy.

OCTOBER 2020

THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday
8:00 am to 4:30 pm

PHONE

419-586-1644

The MCCOA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at www.mccoa.net

To reduce unnecessary postal costs, please inform us if you are going to be moving, going out of town for an extended period or no longer wish to receive the newsletter.

We also have the ability to email newsletters. **Thank you.**