

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

## The Presidential Turkey Pardon?

Your mission, this month, is to help us determine MCCoA names for the “Presidential Flock.” Did you know the Presidential Flock has two turkeys who are raised much in the same way as turkeys marketed for U.S. customers—protected from weather and predators in a barn, free to strut about with access to water and feed. One gets pardoned and the other becomes the president’s dinner.

They are prepared for potential stardom at the White House from an early age, becoming acclimated to the sounds of a crowd, bright camera lights, and having to stand comfortably on a table during the presentation. The turkeys also prepare for their visit by interacting with children and families on stops around the Huron community. Upon arrival in Washington, the turkeys get to rest at a nearby hotel, ahead of the pardoning ceremony.

After the pardoning, they make the

journey to their new home at Virginia Tech’s “Gobblers Rest” exhibit in Blacksburg, Virginia. At Gobblers Rest, students and veterinarians within Virginia Tech’s Department of Animal and Poultry Sciences in the College of Agriculture and Life Sciences care for the turkeys. The National Thanksgiving Turkey and its alternate are available for the public to visit and learn about the university’s teaching, research and outreach programs in animal and poultry sciences and veterinary medicine.

Turkeys have been sent as gifts to American Presidents from as early as the 1870s, sometimes arriving in elaborate crates and costumes. In the 1940s, farmers and manufacturers began to send birds to the White House as a means of promoting the poultry industry. President George H. W. Bush was the first to formally grant the bird a Presidential pardon.

The National Thanksgiving Turkey Presentation is a time-honored


American tradition, which is marking its 71st year since the ceremony first took place in 1947. To become eligible for a chance to win a great prize (\$10 Walmart cards and many others), just call 419-586-1644 or email [mccoa@bright.net](mailto:mccoa@bright.net) by November 20 at 4:30 pm. Tell us your nominations for the 2020 Turkey names. Everyone who responds is entered in the drawing. If you win we will call you. A list of the winners will be posted on our Web and Facebook pages. September’s winner was Mary Rammel.

To learn more about this interesting topic visit:

<https://www.whitehouse.gov/gobble/>

It has interesting stats on last years birds and how they spend their last day. Last year, their names were “Bread” and “Butter.” The year before that, they were named “Peas” and “Carrots.”


### STAY IN TOUCH!

 217 Riley Street  
Celina, Ohio 45822

 419-586-1644

 [mccoa@bright.net](mailto:mccoa@bright.net)

 [www.mccoa.net](http://www.mccoa.net)

 Mon-Fri: 8 am – 4:30 pm  
Sat & Sun: Closed

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From the Director's Desk:

Thankful. Grateful. Blessed. During the Thanksgiving season you can see these three words printed on napkins and plates, and home décor. November reminds us to be thankful and to express our gratitude for the positive things in our lives. Growing up, my mother would have us go around the Thanksgiving table and say what we were thankful for. Even though I participated, I hated it. I remember one year, the woman my little brother was dating said she was thankful for something inappropriate (which promptly elicited both gasps and giggles from me and my sister) and that put a stop to the tradition for a few years. As an adult, I now understand what my mother was doing. She was reminding each of us that we always have things to be thankful for and that we often take those things for granted. Within the last year, I have taken up the morning ritual of saying three things for which I am thankful. I try not to repeat myself in a week (it's hard when you are married to the awesome Mr. Green!). I want to make sure that I am being thankful for the little things, too, like being able to tie my shoes or make my own breakfast. It helps me to put things in perspective. But there are much bigger things that I am thankful and grateful for and blessed to be a part of every single day.



I am thankful for all of the support MCCoA has received over the last several months. It has not been easy. We have done our absolute best to navigate the pandemic to provide as much service as we can within the perimeters we have to work around. I am thankful that Mr. Green has broad shoulders and strong arms. He has had to listen to some pretty salty language on those extra tough days when the rules change by the minute and leave our hands tied. He has had to hold me when that frustration spills over to tears.

I am grateful for the staff at MCCoA and all of the hard work that they have done. Our new normal has been exasperating and every single staff member has stepped up to the plate to go above and beyond. I cannot stress enough their passion and dedication to the work they do. When you have the opportunity, make sure that you thank them. Many of them have stepped up to fill in for their co-workers through family emergencies, illnesses, unexpected surgeries, much needed vacations, and just to lend a hand of support. They are AMAZING!!

I am blessed to have such positive energy in my life. I appreciate the random phone calls to tell me that we are doing a great job, the drive-by's from people just to wave to say hello, the participation from

people in the activities we are trying to provide, and again, from the staff for working so hard.

Thanksgiving will look different for a lot of us this year. Family celebrations may be scaled back and travel plans abandoned, but no matter how you celebrate, please don't forget to find something you are thankful for.



*Sharon M. Green*



## GARAGE SALE UPDATE

Garage sales in October were a huge success. We had lots of customers and many volunteers. A huge thank you to everyone who participated.

We will begin accepting donations again, on Tuesday October 27. Our take-in schedule will be Tuesdays from 8 am until noon and Thursdays from noon to 4 pm. We also have clothes that need to be sorted. Volunteers will be able to pick which day of the week and time that works best to come in and help. Please only come on your scheduled day, wear a mask and maintain social distance. Our next garage sale is scheduled December 10, 11, & 12. We hope to make it a fun Holiday Extravaganza! As always this is a very large undertaking and the more hands we have helping the better it is! If you are interested in helping sort, set up, check out, or cleanup please call Tash 419-586-1644. Thank you in advance.



**Mark your calendar:**

**Garage Sale  
December 10 - 12,  
2020**



Plan on doing your Christmas shopping with us this year!! We will have lots of new clothes and plenty of toys also. Watch for more information in the December newsletter!



## Searching for November

The words listed below can be found vertically, horizontally, diagonally, forward and backward.

ARCHER	SCORPIO
AUTUMN	SCORPION
BLACK FRIDAY	THANKSGIVING
CHILLY	TOPAZ
CHRYSANTHEMUM	VETERANS DAY
DAYLIGHT SAVINGS	
ELECTION DAY	
ELEVENTH	
NOVEMBER	
REMEMBRANCE DAY	
SAGITTARIUS	



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 R E M A E L N I Y C L V O N S  
 O R L Z H I O O R K E L B W B  
 C A Y I T G I A I N N I Y I L  
 S N U I N H T N T P E P E H A  
 F S U D A T C H E L R Q J O C  
 H D D W S S E F C R Q O A T K  
 W A X Z Y A L R Q V P D C V F  
 D Y G K R V E A U T U M N S R  
 N N A W H I R E B M E V O N I  
 Y A D E C N A R B M E M E R D  
 F O P S A G I T T A R I U S A  
 T H A N K S G I V I N G V P Y

## Spotlight on Pickleball!!



Mercer County Council on Aging will be joining with the Spiritual Center Retreat House in Montezuma, 6731 State Route 219, to offer Pickleball!!!!

Pickleball was created with one thing in mind: fun. It was designed to be easy to learn and play whether you're five, eighty-five or somewhere in between. Pickle-ball is traditionally played on a badminton-sized court with special Pickle-ball paddles, made of wood or high-tech aerospace materials. The ball used is similar to a wiffle ball, but slightly smaller. The net is low like a tennis net. The game is played with two or four players. The lower net and wiffle ball allow the game to be accessible to people of all ages and abilities, while still allowing more competitive players to test their mettle.

We will offer Pickleball **Wednesday, November 4 and 11** from 9:30 to 11:30 at a cost of \$2 per person. (Please note: the \$2 is to help offset the cost of using a different facility for the event.)

If you are a veteran player or have never stepped foot on a court you are welcome to come join the fun. We will have a free beginner time to teach and let everyone try out pickle ball from 9:00 till 9:30 each Wednesday!!!! This is a really fun way to get out of the house and get your exercise! Join Tash and Dawn for a fun filled morning of exercising and laughs! Please call to register at 419-586-1644. If you have questions, ask for Tash.



# Best Kept Secrets of Mercer County

This month's adventure: Lunch drive-thru at Rockford Carry-Out

Actually, it is not a secret, but this month we will be visiting the Rockford Carry-Out located at 156 S. Main Street in Rockford, OH. On Monday, November 16 from 11:00 am to 1:00 pm, the Carry-Out will be serving a \$3.00 meal of grilled chicken over garden blend rice with a pre-wrapped chocolate cookie. You must RESERVE a meal ahead of time by calling MCCoA at 419-586-1644 no later than Wednesday, November 11. In order to give Rockford Carry-Out enough time to prepare, we will not be able to accept any reservations after this date. Please allow 15 minutes for check in the day of the event. We want to thank the Laurels of Shane Hill for sponsoring this event. And as always, everyone who stops by will be entered to win a prize drawing! Please reserve your meal and join us at this fantastic spot and this month's best kept secret.



**Mercer County Council on Aging Alzheimer's Support Group** - has gone to virtual meetings via phone or computer.

To sign up for the next support group, please call The Northwest Ohio's Alzheimer's Association at **800.272.3900**

or e-mail Amy Buening at [abuening@mccoa.net](mailto:abuening@mccoa.net) to sign-up for the Mercer County Group. **We look forward to having you there!**



**Also, check out** <https://www.alz.org/nwohio> for classes and much more!



## Line Dancing at the Spiritual Center in Montezuma

Have you found your dancing shoes? Join us as we line dance at the Spiritual Center Retreat House in Montezuma, 6731 State Route 219. We will dance on **Tuesday, November 3 and Tuesday, November 24** from 1:00 to 3:00 at a cost of \$2.00 per person. (Please note: the \$2 is to help offset the cost of using a different facility for the event.) If you enjoy music and like to move this is the class for you. If you are an accomplished dancer or just want to have some fun plan on joining us. Everyone is welcome but you must register! Please call to register at 419-586-1644. If you have questions, ask for Tash.

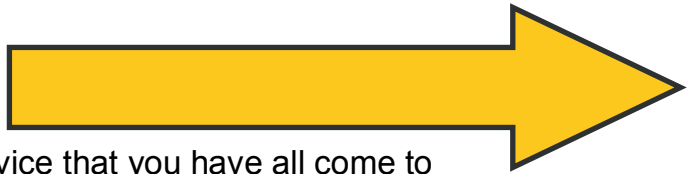


# Medicare Open Enrollment

Please Read Carefully

Medicare Open Enrollment continues through December 7. MCCoA will be taking phone appointments only, due to COVID-19 restrictions. Rest assured that

Amy and Gloria will continue to provide the excellent service that you have all come to know and appreciate. In order to get on the calendar, you must complete a Medicare Part D Worksheet, which is included in this newsletter. We will also have them available on our website [www.mcco.net](http://www.mcco.net), local libraries, available for pick up outside our office doors, or we can mail on request. Once we receive your completed worksheet, we will schedule a phone appointment. We want to remind you, please do not make a decision based upon a television commercial or a phone call. Often times these plans do not work in our area. Get all of the information and we would be happy to research the plan to help you make an informed decision. If you are computer savvy, you can do your own Part D comparison online at [www.medicare.gov](http://www.medicare.gov).



## Mini Word Sudoku Puzzles

Fill in the blank boxes so that each row, each column, and each 2 X 2 square contains the letters found in the secret word. Find the secret word hidden horizontally, vertically, diagonally, forward, or backward.

Puzzle #1

Clue: Two of a Kind

	P		
		I	
P		A	
	I		R

Puzzle #3

Clue: Legume

N	D		W
		D	
		N	
O			

Puzzle #2

Clue: Not Up

A		B	
	E		
	A	E	B

Puzzle #4

Clue: Potato

	U	S	
D			P
	P		S

# MCCoA Medicare Part D Worksheet

The Ohio Senior Health Insurance Information Program (OSHIIP) from the Ohio Department of Insurance recommends that you review your Medicare options **EVERY** year. All Medicare patients can add, drop or switch their health and drug coverage during the Annual Coordinated Election Period.

**The Annual Open Enrollment Period (OEP) is from October 15 – December 7.**

**Any changes made during the OEP take effect January 1 of the following year.**

**This is an important time to make sure that your premiums and drug copays stay in check for 2021!**

## 1. Do a 2021 Part D plan comparison:

Complete this sheet, then mail it OR drop it off in the black box outside the main office doors



**Mercer County Council on Aging (MCCOA)**

217 Riley Street

Celina, OH 45822

Mercer County Council on Aging

OR Fax: 419-586-1645 OR E-mail: [mccoa@bright.net](mailto:mccoa@bright.net)

Check preferred MCCoA Medicare Advisor (if you have one):  Amy Buening or  Gloria Miller

## 2. Check to see if you qualify for "Extra Help" to pay for some of your prescription costs:

Single: Income \$1,615 per month; Total Resources \$14,610

Married: Income \$2,175 per month; Total Resources \$29,160

Circle "Extra Help" if you think you might qualify and want us to review!

**Once we receive this paperwork, we will contact you to make an appointment via phone to review your options!**

Please print clearly and answer all questions

Name: \_\_\_\_\_

Date of Birth: / /

Address: \_\_\_\_\_

County: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Current Medicare Drug Plan: \_\_\_\_\_

E-Mail: \_\_\_\_\_



Name/Nombre

**JOHN L SMITH**

Medicare Number/Número de Medicare

**1EG4-TE5-MK72**

Entitled to/Con derecho a

**HOSPITAL (PART A)**

**MEDICAL (PART B)**

Coverage starts/Cobertura empieza

**03-01-2016**

**03-01-2016**

Medicare #:  -  -

Medicare Effective Dates:

Part A:  -  -

Part B:  -  -

Are you on (Circle)? Medicaid QMB SLMB QI "Extra Help"

If enrolled in a Medicare Supplement, what is the plan name: \_\_\_\_\_ Plan: \_\_\_\_\_

If enrolled in a Medicare Advantage plan, what is the plan name: \_\_\_\_\_  HMO or  PPO

If you are interested in a Medicare Advantage Plan please let us know preferred doctors and hospitals, as networks will apply:

\_\_\_\_\_

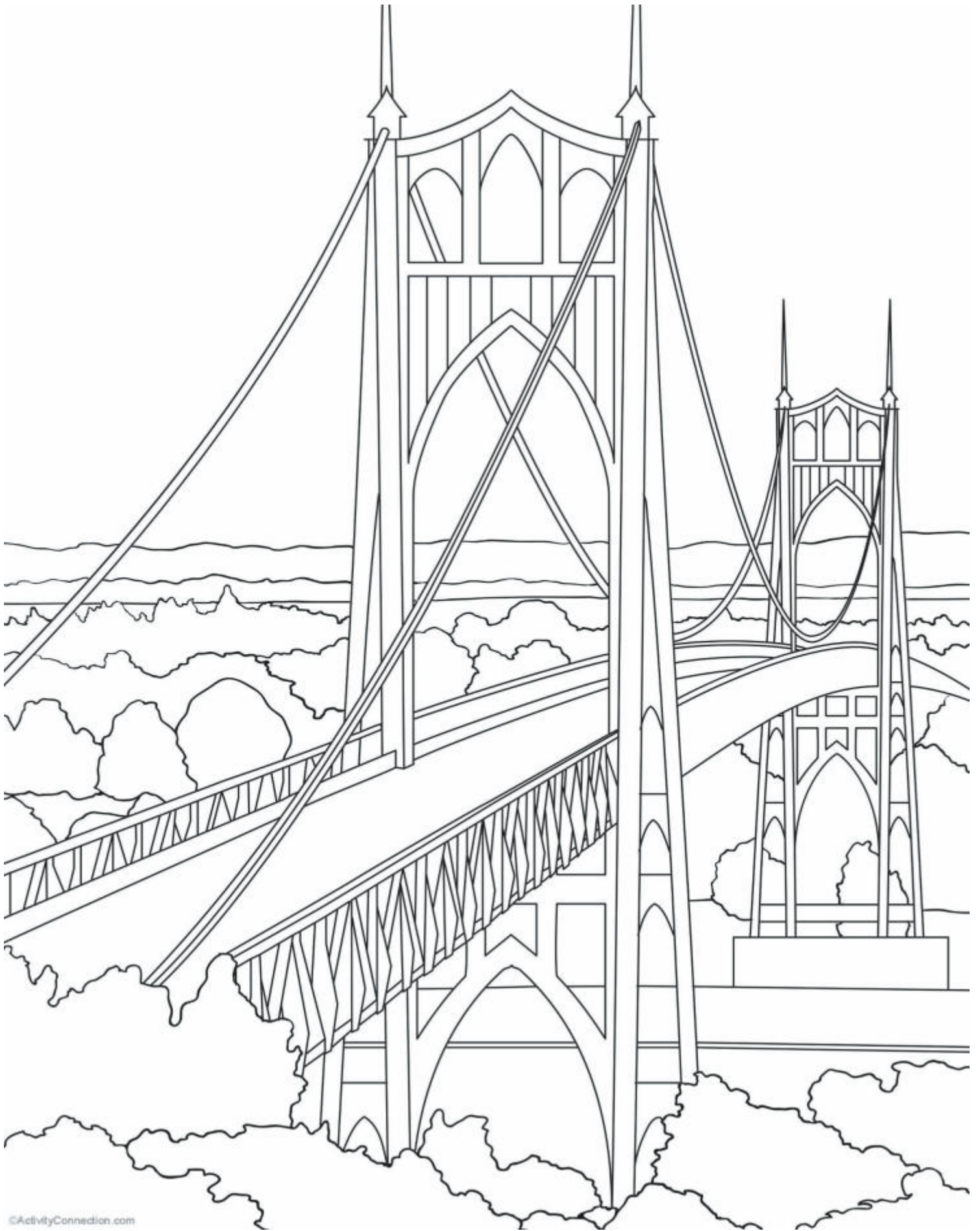
Special Notes or Request: \_\_\_\_\_

\_\_\_\_\_

Please complete both sides of this form.







# OutreachReachin' Out:

## Get your MCCoA Medicare Part D Compare form turned in.

Don't forget to get your MCCoA Medicare Part D Compare form turned in before you get distracted with planning your holidays! The form can be found in this newsletter (on pages 7 and 8), and must be completed and returned to our offices before we can reserve a slot for a phone consultation. Please note that the end of open enrollment is December 7. Please do not wait until December for a slot. Our time is limited and we would hate to have to turn anyone away.

There are positive changes for Medicare recipients who need insulin. According to the Medicare blog:

***"If you're among the 1 in 3 people with Medicare who has diabetes, here's some more good news: starting in 2021, many participating drug plans will offer a 30-day supply of insulin for \$35 or less per month. If you take insulin and enroll in one of these plans, you could save an average of \$446 per year on your out-of-pocket costs for insulin next year."***

Also, several seniors have indicated that their 2020 plans are going away and they have been automatically enrolled into another plan. It is really important to review this plan to make sure that it will work for you.



**Winter Crisis Coming in November!** The Home Energy Assistance Winter Crisis Program (HEAP Winter Crisis Program) helps income eligible Ohioans that are threatened with disconnection, have been disconnected or have less than a 25 percent supply of bulk fuel in their tank maintain their utility service. The program runs from **November 1 until May 1**. Income guidelines are for single \$23,330 and couple \$30,170 per year. To apply, contact our local Energy Assistance Provider at:



**Mercer County WOCAP**  
420 N. Brandon Ave.  
Celina, OH 45822  
Phone: 1-844-221-9447  
Fax: 567-279-9158  
Website: wocap.org





## Are you NEW TO MEDICARE?

Join **OSHIIP** for a  
**Welcome to Medicare Webinar!**



To find classes:

Go to: [insurance.ohio.gov](http://insurance.ohio.gov)

Click: Insurance and Medicare Consumers

And then click: OSHIIP Medicare Webinars

Upcoming webinars are:

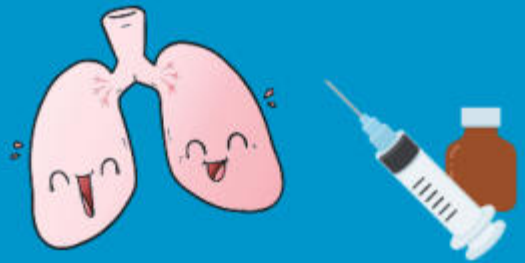
Tuesday, November 10:	4 pm - 5 pm
Wednesday, December 16:	6 pm - 7 pm
Wednesday, January 13:	4 pm - 5 pm

No. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B (Hib) vaccine, do not provide protection against the new coronavirus.

The virus is so new and different that it needs its own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.

Although these vaccines are not effective against 2019-nCoV, vaccination against respiratory illnesses is highly recommended to protect your health.

## Do vaccines against pneumonia protect you against the new coronavirus?



#2019nCoV

## Matching Retro Clocks

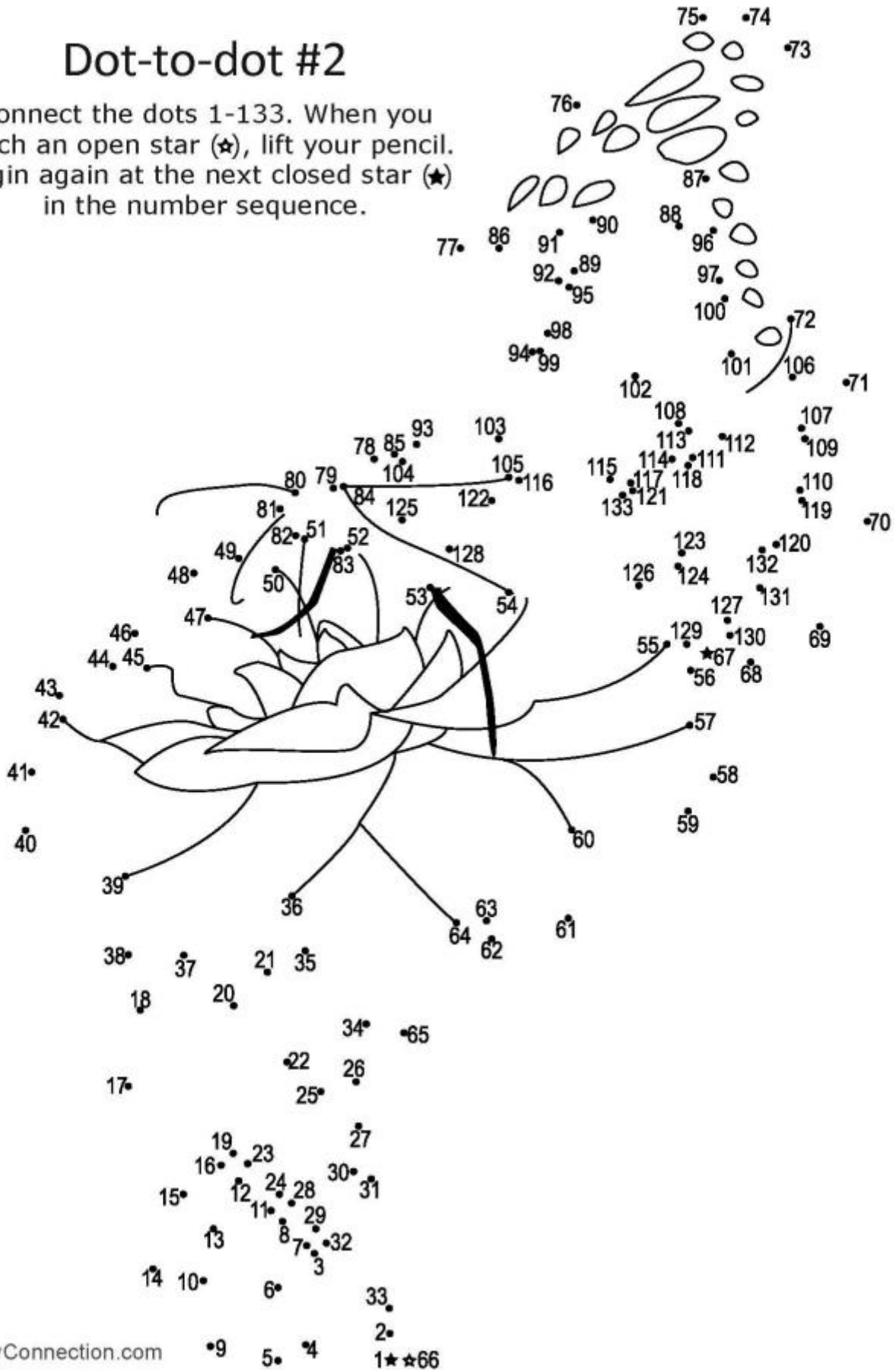
Find the two retro clocks that are exactly alike.



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# Dot-to-dot #2

Connect the dots 1-133. When you reach an open star (☆), lift your pencil. Begin again at the next closed star (★) in the number sequence.



# SOLUTIONS

Mini Word Sudoku Puzzles  
(solutions)

Puzzle #1

I	P	R	A
R	A	I	P
P	R	A	I
A	I	P	R

Puzzle #2

N	D	O	W
W	O	D	N
D	W	N	O
O	N	W	D

Puzzle #3

A	N	B	E
B	E	A	N
E	B	N	A
N	A	E	B

Puzzle #4

P	U	S	D
D	S	U	P
U	P	D	S
S	D	P	U

Searching for November  
(solution)

O	V	T	T	M	D	I	C	N	M	E	Y	R	Y	E
I	E	H	O	U	A	A	M	H	Y	K	E	S	L	Y
P	T	P	P	M	Y	D	P	S	I	H	M	E	Q	V
R	E	M	A	E	L	N	I	Y	C	L	V	O	N	S
O	R	L	Z	H	I	O	O	R	K	E	L	B	W	B
C	A	Y	I	T	G	I	A	I	N	I	Y	I	L	
S	N	U	I	N	H	T	N	T	R	E	P	E	H	A
F	S	U	D	A	T	C	H	E	L	R	Q	J	O	C
H	D	D	W	S	S	E	F	C	R	Q	Q	A	T	K
W	A	X	Z	Y	A	L	R	Q	V	P	D	C	V	F
D	Y	G	K	R	V	E	A	U	T	U	M	N	S	R
N	N	A	W	E	I	R	E	B	M	E	V	O	N	
Y	A	D	E	C	N	A	R	D	M	B	M	E	R	D
F	O	P	S	A	G	I	T	T	A	R	I	U	S	A
T	H	A	N	K	S	G	I	V	I	N	G	V	P	Y

Dot-to-dot #2  
It's a monarch butterfly on a meigold.



Matching Retro Clocks  
(solution)

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Be strong.

Stay safe and healthy.

**NOVEMBER 2020**

### THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

### OFFICE HOURS

Monday through Friday  
8:00 am to 4:30 pm

### PHONE

419-586-1644

The MCCOA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at [www.mccoa.net](http://www.mccoa.net)

To reduce unnecessary postal costs, please inform us if you are going to be moving, going out of town for an extended period or no longer wish to receive the newsletter.

We also have the ability to email newsletters. **Thank you.**