



Mercer County Council on Aging



Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.



Albuquerque Balloon Fiesta & American Canyonlands

October 10-19, 2026



**Call to register for Information meeting scheduled for 8/21/25 at 5:15 pm at Mercer County Council on Aging
Trip Reservations will be accepted beginning Monday, September 22 at 9:00 am**

This 10-day fly / bus trip starts in Albuquerque, New Mexico at the famous Balloon Fiesta prior to starting your canyonlands tour. Go to the Balloon night glow, dawn patrol, and Mass Ascension where over 100 balloons will light up the morning and evening skies with an amazing pallet of shapes, sizes, and colors! Also enjoy city tours of Albuquerque and Santa Fe. Start your Canyonlands tour at the beautiful red-rock resort city of Sedona with its spectacular views and formations. Visit the south rim of the Grand Canyon - a one-mile deep 277-mile-long chasm with its myriad of constantly changing colors and plateaus. Enjoy a scenic & relaxing Lake Powell Cruise taking in breathtaking views. Embark on a full day adventure in the Monument Valley Navajo Tribal area offering vistas of stunning rock formations and learn area history from a knowledgeable Navajo Guide aboard a four-wheel vehicle. Visit Bryce Canyon, a horseshoe bowl of various shades of red, rose and pink blend magnificently to form the famous Hoodoos. Enjoy a tram tour at Zion Canyon, one of the oldest & most scenic National Parks in the United States. See the spectacular combination of multi-colored canyons, sheer cliffs, streams, waterfalls and foliage. End the trip with a one-night stay in Las Vegas before flying home. Cost includes transportation to the local airport, airfare, motorcoach transportation during the tour, admission to stated attractions, 9 nights lodging and 14 meals!

Cost: \$5495 with booking discount

It is time to prepare for Medicare Open Enrollment

- Complete the Medicare Open Enrollment Form on pages 11 & 12 in this newsletter.
- Get your appointment scheduled with one of our outreach specialists.
- Note: Appointments are limited, so please try to schedule as soon as you are able.
- We Will need to know how many people will be coming to your appointment. (If there is more than one compare, the appointment will take longer).
- Please be available at your given appointment time and date. If something comes up, call us as soon as possible so we can reschedule you and open the spot for someone else.

Bring the following items to your appointment:

- Medicare Card
- All Insurance Cards
- Medicaid Card (if applicable)
- List of all your medications you are currently taking



From the Director's Desk:

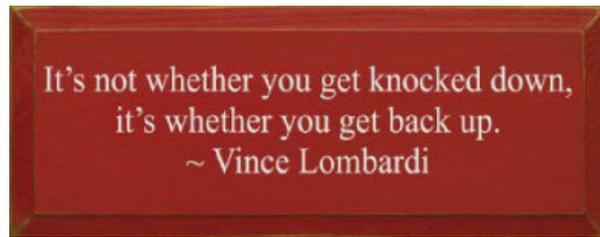
Hello Mercer County (and friends of Mercer County,)

As I sit here pondering this letter, I am thinking of the people who have come to the center this month, the ones who intended to but never made it, and of the ones who knew they wouldn't have a chance to come at all. Where do you fit in? Did you want to but just didn't have enough time? Maybe you didn't have a way to get here or you were you just too tired? If being tired was the problem, please know, "It is okay to feel tired. Lori Deschene tells us that *"Whatever you're feeling, be good to yourself. If you feel lost, be patient with yourself while you find your way. If you feel scared, be gentle with yourself while you find the strength to face your fear. If you feel hurt, be kind to yourself while you grieve and slowly heal. You can't bully yourself into clarity, courage, or peace, and you can't rush self-discovery or transformation. Some things simply take time, so take the pressure off and give yourself space to grow."*

I have come across a great list of quotes that I would like to share. I will be posting one on our Facebook page every day in September. I hope they speak to you like they speak to me. If you want to comment on them, that would be great. If you don't have a computer or access to Facebook, let me know and I will print a copy and send it to you via email or snail mail.

I hope your summer is going well, fall will be here before we know it!!

Hugs!!
Dawn



GARAGE SALE UPDATE

Donations Last Day	Thursday, Sept 4	8:30 to 12
Set Up	Sept 8 to Sept 12	9:00 to 3
Sale	See the chart on right	
Clean Up	Monday, Sept 22	9:00
Truck Pick Up	Tuesday, Sept 23	8:30

Garage Sale Dates / Hours			
Thursday	Sept 18	8:30	6:30
Friday	Sept 19	8:30	4:00
Saturday	Sept 20	8:30	4:00
All Items 1/2 price.			
Sunday	Sept 21	12:00	4:00
Bag Day \$1.00 each bag with a second bag FREE. All items included.			

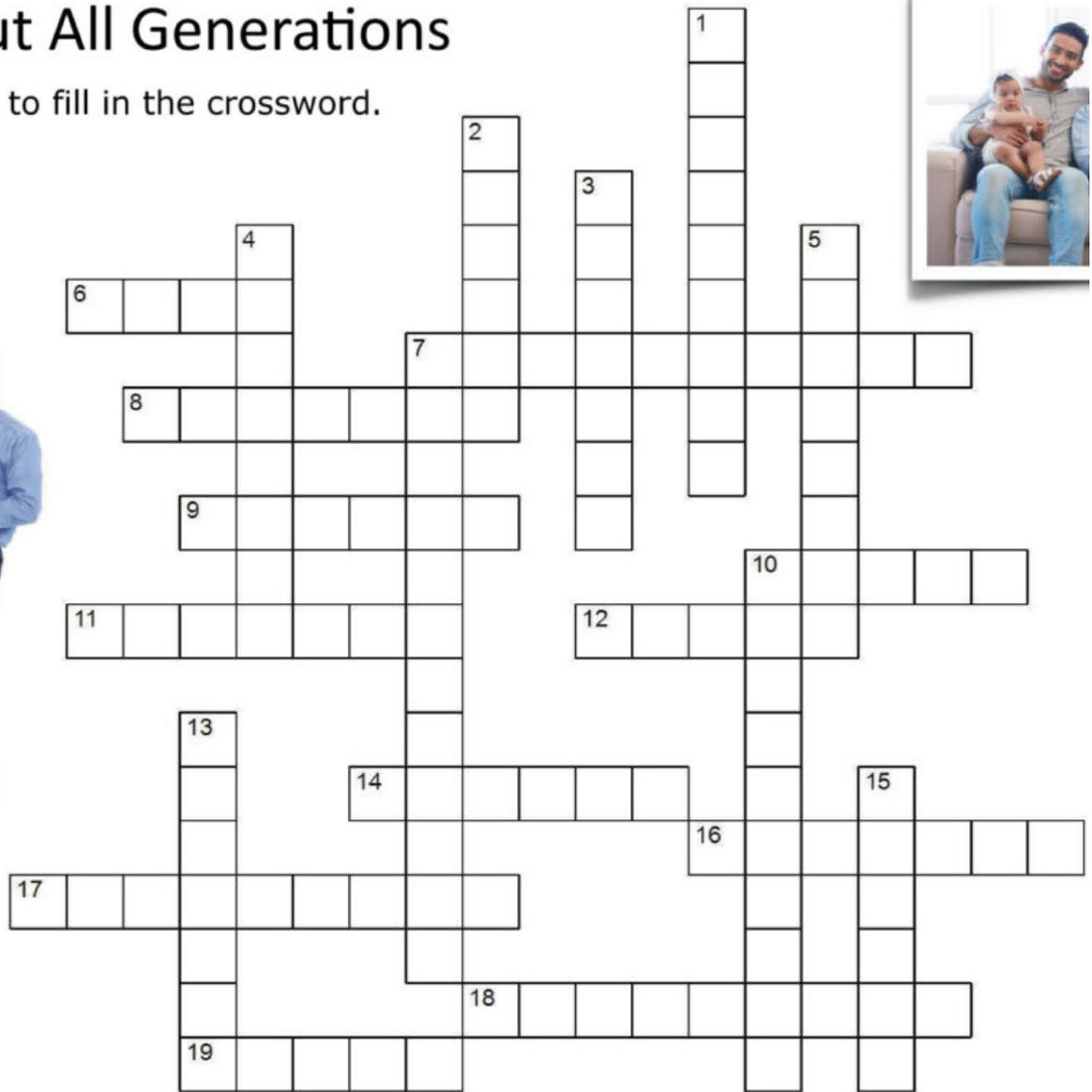
The last day we will accept donations will be Thursday, Sept 4, 8:30 am to 12:00 pm. Monday, Sept 8 we will start setting-up, getting everything organized, and priced. Sale dates are Sept 18 – 21. We will clean and pack up all the leftovers from the sale on Monday, Sept 22 beginning at 9:00 am. We will load the truck on Tuesday, Sept 23 at 8:30 am, help is appreciated that day too.

If you would like to help with a checkout during the sale, call or text Tash at 567-890-4120. Thanks to everyone that helps in any way with the sale. We could not do garage sales without all of our wonderful volunteers!

EARLY BIRD TICKETS!!!! We will be selling EARLY BIRD TICKETS for the Nov. 19 early bird sale starting Thursday, Sept. 18 in building 6. We will be selling 100 tickets at \$15 each. Everyone that attends the Early Bird Sale must have a ticket. The Early Bird Sale will be open Nov. 19 from 5:00 pm to 8:00 pm. All the money raised from the ticket sales will be used for the Senior Angel Tree Christmas Project.

Talkin' 'Bout All Generations

Use the clues to fill in the crossword.



ACROSS

6. Where the heart is
7. People born between 1965 and 1980; _____ X
8. People born between 1946 and 1964; baby _____
9. Generation born between 1925 and 1945
10. Show someone how to do something
11. Family connection
12. Gain knowledge
14. Experienced adviser
16. Tales or accounts
17. Inclusion of different types of groups
18. Group of people living in the same place
19. Ability to do something well

DOWN

1. Where people do their jobs
2. Principles or beliefs
3. Mother and father
4. Opening croon of "The Way We Were"
5. Kids
7. Family elders, two generations up
10. Customs handed down
13. Pals
15. Handmade arts

Dates of Interest

To register call 419-586-1644.

Craft Class

Join Lynne Miller on Monday, September 15 at 2:00 pm to create 2 greeting cards. Everything you will need will be provided. Create these cute cards and send them to friends! The cost is \$7.00. Call and sign up today. Space is limited.



Art Class

Join Debby Gregory Monday, September 22 at 2:00 pm, for a watercolor painting class.

Everything you need will be provided. The cost of the class is \$10.00. Space is limited.



Wii Bowling League

Play begins on Monday, September 8! Get your team together and sign up. A team consists of 4 players and can have 1 sub. League play will run from Monday, September 8 through Friday, October 31. Each team is required to play two games on 6 separate days. Your scores will be recorded. At the end of the league, prizes will be awarded to the high scoring team, the high scoring person, and one random draw will be awarded! Awards will be handed out on Monday, November 3 at 12:30 pm in Building 3. Stop in and fill out a Wii bowling entry form with team name and members and get started today. We have 4 Wii game consoles available for you to use; each game console has a calendar to sign up on to schedule your bowling time. If you would like to bowl and need a team let Tash know. She will do her best to get you on a team!



Craft Class

Join Deb Baucher on Wednesday, September 24 at 1:00 pm in building 3 to learn how to make these beautiful Kanzashi Fabric Flowers. Everyone had such a great time in July they wanted Deb to teach them how to make other types of flowers! If you missed the first class don't worry, you can still join in Deb will be happy to get you started. Cost is only \$5. Space is limited so call and sign up today.



Jigsaw Puzzle Tournament

It's time for our annual jigsaw puzzle tournament!!! Join us Monday, September 29 at 1:00 pm for an afternoon of puzzle fun. As in the past each person will receive the same 300 to 500 piece puzzle, and you will have 2 hours to put as much of the puzzle together as you can. At the end of 2 hours if no one has completed the puzzle the person with the most pieces put together will win!! This year we will be giving away a \$10 gift card for first place. Everyone gets to keep their puzzle. Please call in to register by Friday, September 12 (so we have time to order the puzzles.) The cost is \$7.00. Call 419-586-1644.



Poetry prose & Books

PP&B

Join Peggy Dorsten at 1:30 pm on Thursday, September 4 in building 3 for the Poetry, Prose, & Books (PP&B)

Group.

Every blade of grass has it's angel that bends over it and whispers, "Grow, grow."

How can we let words like this go unnoticed? For those of you who love poetry, prose, and/or books, join the PP&B group as we share our secret treasures of words.



Plinko Dementia

Marybeth Torsell will be here Thursday, September 4 from 8:00 am to 10:00 am. Join her and play Dementia Drop a **Plinko-style game** where, instead of aiming for cash prizes, the falling chip lands on **questions about dementia**. It's a fun way to test knowledge, spark discussion, and spread awareness about dementia!



Lunch & Learn

MCCA
Mercer County Council on Aging

Join Pam Hoying with the Cancer Association of Mercer County on Monday, September 15. Pam, the past president will be talking about

the things the Cancer Association does to help cancer patients and their families. She will share ways you can help! The Cancer Association of Mercer County (CAMC) is a non-profit tax exempt organization, which became incorporated in 1997. CAMC is totally local and independent with a Mercer County Board. CAMC was created solely for the purpose of helping cancer patients of Mercer County, Ohio survive their disease physically, emotionally and financially.



Cancer Association
OF MERCER COUNTY
"Where there is help, there is hope."

Lunch will be served at 11:30 am with the presentation beginning at 12:00 pm. The first 25 people to sign up will be served lunch but everyone is welcome to join us for the presentation.

Lunch & Learn Chickasaw



Lunch and Learn at Chickasaw held at the Zahn Marion Twp Branch Library 5 E Franklin St. will be Thursday, September 25 with Carla Niblick teaching us about chair yoga and chair Qi Gong! Chair yoga is a fun gentle way to stay flexible, build strength, relax and improve balance. It is something everyone can do because it can be adjusted for all body type and needs. From breathing, to stretching, to calming the mind, chair yoga is a relaxing, social activity that feels good and makes us feel better! Chair Qi Gong is a slow, flowy, graceful energy practice that can lift spirits, aid mobility and flexibility, build strength, improve balance and offer a social experience that is also personal and relaxing. The gentle movements are often based on nature themes and can offer everyone a chance to visualize something beautiful and slow down their busy life. Lunch will be served at 11:30 am. The presentation begins at 12:00 pm. Only the first 25 people to register will be able to eat lunch with us but we invite everyone to attend the presentation.

MENTAL HEALTH FIRST AID FOR OLDER ADULTS



FREE LUNCH

WHY MENTAL HEALTH FIRST AID?

A review of the evaluations showed that those who completed the training found it to be an extremely positive and valuable experience. This partnership with the National Council for Mental Wellbeing and Allergan to provide the Mental Health First Aid: Older Adults curriculum throughout the state of New Jersey has helped us build a case for the need to increase mental health literacy and reduce stigma within this population."

— **Ruth Kaluski**,
Director of Career Connection Employment Resource Institute at the Mental Health Association in New Jersey

Improve quality of life and learn how to assist and support older adults who may be experiencing a mental health or substance use challenge by getting certified in an evidence-based, early intervention training program. Older adults have high rates of late-onset mental health challenges, like anxiety and depression, and low rates of identification and treatment.

Whether you need to assist today or years from now, this certification gives you the confidence you need to have the conversations that will allow older adults to live as comfortably and independently as possible.

Mondays, September 22nd & 29th
Mercer County Council on Aging

217 Riley St., Celina
10:00am – 2:00pm

Must attend both sessions

Register today! Call 419-586-1644

Line Dancing

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

U C W N N R N T Y T T Z I G B
 N N K L P X X B W P Q Z O C A
 Q L M M D H F T Y J G G E L C
 C L O D U J F D A N C E B A K
 H T E S N E U V R I G H T P W
 S B T F D Y C Y F T K C I K A
 T L G I T X S O S O A G W H R
 E U L K U C R Y C V H U U C D
 C S R B H W A W P I W E R T X
 E L G N A O R H P P Q E V I B
 B J Q R B D U I O O N N H H G
 T C D P R W Q R B T H D E O I
 B O P I F T X F R L Q D M S O
 V Q O R N I Q A W Q D Q N K P
 Q S L B J B P F X P N Y H E Q

ANGLE	CLAP	HITCH	KICK	PIVOT	SLIDE
BACKWARD	DANCE	HOP	LEFT	RIGHT	STOMP
BOOT	FORWARD	HUSTLE	PARTNER	SCUFF	TURN

October look ahead

- 6 Senior Medical Patrol Bingo
- 8 Medicare Open Enrollment Informational Meeting
- 13 Office Closed - Staff Training
- 23 L&L Chickasaw - Circle of Care Team
- 20 L&L - Budgeting with Brad Harsha
- 27 Volunteer Appreciation Luncheon
- 31 Last day for Wii Bowling

Bus Trips

- September**
- 4 Snooty Fox
 - 8-17 California Wonders
- October**
- 1-4 Noah/Lancaster PA
 - 10 Legally Blonde/ LaComedia
 - 14-17 West Virginia Trains
 - 24 Miss Fannie's Biscuits
- November**
- 7 Doo Wop Project
 - 9-12 Smoky Mountain/ Dollywood
- December**
- 2-3 Elf, Scrooge, Lights, Casino
 - 4 Scrooge/LaComedia
 - 10 Gaither's & Amish Lunch
 - 10-11 Gaither's & Dean Z
 - 11 Amish Lunch & Dean Z
 - 14 Mannheim Steamroller
- February 2026**
- 2/26- Hawaiian Land &
 - 3/8 Cruise

Bus Trip Updates



Important Meeting Notices and NEW Trips

August 21 – 5:15 pm – Information Meeting for NEW Albuquerque Balloon Fiesta & Canyonlands - October 10 - 19, 2026 – Call to register for an Information meeting scheduled for Thursday August 21 at 5:15 pm. Trip reservations for trip will begin to be accepted on Monday, September 22nd at 9:00 am.

August 21 – 6:30 pm – Documents Meeting for passengers going on the California trip. – If possible, please ensure at least one member of your group attends the meeting.

The Broadway show “The Notebook – The Musical” – October 26 – NEW TRIP – limited seats! - Early dinner in the Cincinnati area prior to 6:30 pm performance of the Broadway musical - *The Notebook* - a new hit musical based on the best-selling novel & film.

2025 Trips that still have seats left!

Legally Blonde at LaComedia – October 10 – limited seats! - Buffet lunch and matinee performance of Legally Blonde. A fabulously fun, award-winning musical based on the movie starring Reese Witherspoon.

Rise and Fall of Miss Fannie’s Biscuits Musical at Shipshewana – October 24 – taking 2 buses! - Amish lunch and afternoon performance of a funny new musical. Mysteries follow Fannie Miller, so when she is in a baking contest and contestants start disappearing, a hilarious old, retired cop and part-time private investigator comes to solve the mystery.

Elf and Scrooge Musicals, Lights Under Louisville & Belterra Casino – December 2-3 – limited seats! - Buffet lunch at Derby Dinner Playhouse prior to matinee performance of “Elf the Musical. Visit Lights Under Louisville with over 7 million lights. Overnight at Belterra Casino. Day 2, go to LaComedia for lunch and performance of “Scrooge – the Musical.”

“Scrooge – the Musical” at LaComedia & Holiday Lights – December 4 – limited seats! - Buffet lunch and matinee performance of “Scrooge – The Musical”. Visit Grandpa Joe’s Candy Shop and “Light Up Middletown” drive thru light display.

Amish Lunch and Gaither Vocal Homecoming Holiday Performance – December 10 – Amish style lunch and afternoon “Gaither Vocal Band” and guests holiday performance.

Gaither Vocal Band & Dean Z “Ultimate Elvis” Holiday Performances – December 10 -11 – very limited seats! Enjoy Amish lunch at Blue Gate and afternoon “Gaither Vocal Band” holiday performance and lights of Shipshewana. Day two tour Ruthmere, the “Gilded Age” house built by Alka – Seltzer, Amish style lunch and the Dean Z – Ultimate Elvis Show!

Amish Style Lunch & Dean Z “Ultimate Elvis” Holiday Performance – December 11 – very limited seats! - Amish style lunch and afternoon performance of one of the world’s greatest tribute artists.

Mannheim Steamroller Holiday Performance & Dinner – December 14 – taking 2 buses! - Enjoy a 3:00 pm performance and dinner at the Honeywell Center in Wabash IN. MANNHEIM STEAMROLLER by Chip Davis has been America's favorite holiday tradition for 40 years!

September 2025 Lunch at the MCCoA

Please join us for a congregate lunch on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$5 per meal.

Reservations and cancellations must be made by calling the MCCoA at 419-586-1644 prior to noon the day before. If you have ordered a meal are unable to attend we need to be notified. Thank you for understanding.



Tuesday	Wednesday	Thursday
2	3	4
Swiss Steak Mashed Potatoes Pudding	Lasagna Breadstick Cookie	Roast Beef Sandwich Cheesy Potatoes Fruit
9	10	11
Fish Sandwich Cole Slaw Fruit	Chicken Salad Sandwich Cottage Cheese Peach Cobbler	Pizza Tossed Salad Brownie
16	17	18
Tuna Salad on Croissant Cucumber Salad Cherry Cobbler	Chef Salad Fruit Brownie	Loaded Potato Soup Grilled Cheese Cookie
23	24	25
Breaded Chicken Wrap Macaroni Salad Cookie	Cheeseburger French Fries “Sept. Birthday” Cake	Lunch & Learn in Chickasaw
30		
Taco Salad Applesauce Cookie		

REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

Check the calendar on page 9 for exceptions.

Bingo

Wednesdays at 12:30 pm.
Reusable cards and chips are 2 for \$1 with additional cards costing 50¢ each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

Cards

Bridge on Tuesdays at 12:30 pm; **Euchre** on Thursday and Sunday evenings at 6:30 pm; **Bid Euchre, Pinochle, and Bridge** on Fridays at 12:30 pm. **500 Euchre** on the 2nd and 4th Tuesdays at 12:30 pm. **Texas Hold 'Em** on the 2nd and 4th Thursday at 6:30 pm. Cost \$1 per person per session.

Chair Yoga

Chair Yoga on Mondays at 10:00 am and Thursdays at 12:30 pm. Cost is \$3 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Join us for a fun afternoon of crocheting. Everyone is welcome.

Fitness Class

Tuesdays at 9:30 am join us for a FREE video lead exercise class. The fourth Tuesday each month at 9:30 am Kathy G leads a 45 minute class that focuses on muscle strengthening and increasing range

of movement for daily life activities. Cost is \$3 per person.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am **\$5 per meal**. Reservations are required by noon one day before. Space is limited.

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

Toe Nail Trimming

Community Health Professionals will be in building 3 the first Wednesday of each month beginning at 1:00 pm to do toenail clipping. The cost is \$20 on a first come, first served basis.



ALZHEIMER'S ASSOCIATION

FREE Care Consultations

Individual Care Consultation appointments cover caregiver education, stress management, planning, communication, finances, and safety issues. Please call 614-442-2016.

FREE Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

FREE Alzheimer's Talk

Monthly Alzheimer's talk with Yvonne will start again the first Wednesday of each month at 10:00 am.

The Empowered Caregiver Series: Responding to Dementia-Related Behaviors

Understand common behavior changes and how they are a form of communication. Additionally, this program will provide non-medical approaches to behaviors and how to recognize when additional help is needed.

Wednesday, September 3, 2025

10:00 am

Mercer County Council on Aging

217 Riley Street | Celina

Registration is requested.

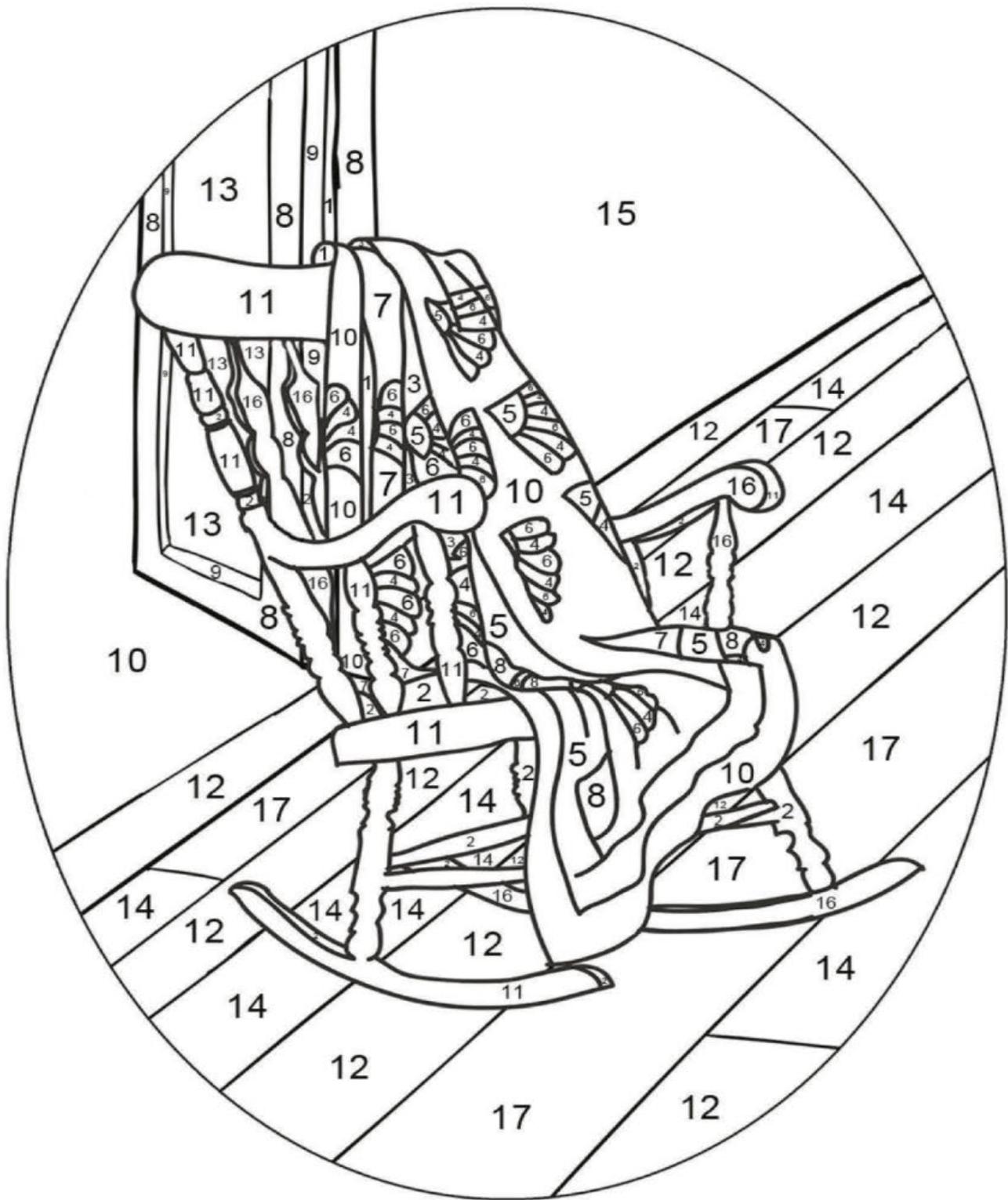
Please call 419.586.1644

Program may be cancelled if there are no registrations

MCCOA
Mercer County Council on Aging



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OFFICES CLOSED LABOR DAY	2 9:30 - Fitness Video (FREE) 11:30 - Lunch* 12:00 - 4:00 Donations (bldg 6) <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	3 10:00 - ALZ talk - Responding to Dementia Related Behaviors 11:30 - Lunch* 12:30 - Bingo* <u>1:00 - Toenail Clipping*</u>	4 8:00 - 10:00 Coffee Time 8:00 - 10:00 Plinko 8:30 - 12:00 LAST DAY Donations (bldg 6) 9:00 - FREE Blood Pressure Checks 11:30 - Lunch* 12:30 - Chair Yoga* <u>1:30 - Poetry, Prose, & Books</u> 6:30 - Cards*	5 12:30 - Cards*	6
7 6:30 - Cards*	8 Garage Sale Set Up Wii BOWLING LEAGUE BEGINS 10:00 - Chair Yoga* <u>1:00 - Crochet Club</u>	9 Garage Sale Set Up 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - 500 Euchre* 1:00 - Line Dancing	10 Garage Sale Set Up 11:30 - Lunch* 12:30 - Bingo* <u>3:00 - Alzheimer Support Group</u>	11 Garage Sale Set Up 8:00 - 10:00 Coffee Time 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 12:30 - Chair Yoga* 6:30 - Cards & Texas Hold 'Em*	12 Garage Sale Set Up 12:30 - Cards* LAST DAY to register for Puzzle Tournament	13
14 6:30 - Cards*	15 10:00 - Chair Yoga* 11:30 - L&L Cancer Association 2:00 - Craft - Greeting Cards*	16 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing	17 11:00 - Plinko 11:30 - Lunch* 12:30 - Bingo*	18 GARAGE SALE 8:30 to 6:30 11:30 - Lunch* 12:30 - Chair Yoga* 6:30 - Cards*	19 GARAGE SALE 8:30 to 4:00 12:30 - Cards*	20 GARAGE SALE 8:30 to 4:00
21 GARAGE SALE 12:00 to 4:00 6:30 - Cards*	22 Garage Sale Clean Up 10:00 - Chair Yoga* <u>10:00 to 2:00 - Mental Health First Aid (Part 1)</u> 2:00 - Art - Watercolor*	23 8:30 Garage Sale Truck Pickup 9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness with Kathy* 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - 500 Euchre* 1:00 - Line Dancing	24 11:30 - Lunch* 12:30 - Bingo* <u>1:00 - Craft - Kanzashi Fabric Flowers*</u>	25 8:00 - 10:00 Coffee Time 11:30 - L&L - Chair Yoga - Chickasaw Library <u>12:30 - Ladies Cards*</u> 12:30 - Chair Yoga* 6:30 - Cards & Texas Hold 'Em*	26 12:30 - Cards*	27
28 6:30 - Cards*	29 10:00 - Chair Yoga* <u>10:00 to 2:00 - Mental Health First Aid (Part 2)</u> 1:00 - Puzzle Tournament	30 9:30 - Fitness Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 1:00 - Line Dancing	<p><i>Italicized and underlined</i> in the Annex. * = has a fee. () = off campus. (MSC) = Montezuma Spiritual Center</p>			



- 1 = Dark Gray 2 = Dark Brick 3 = Medium Gray
 4 = Light Purple 5 = Teal 6 = Plum 7 = Light Gray
 8 = Light Blue 9 = Gray-Blue 10 = Dove 11 = Rust
 12 = Carmel 13 = Light Teal 14 = Light Red-Brown
 15 = Light Yellow 16 = Brick 17 = Tan

MCCoA Medicare Open Enrollment Worksheet - 2026

The Ohio Senior Health Insurance Information Program(OSHIIP) from the Ohio Department Of Insurance recommends that you review your Medicare options **EVERY** year. All Medicare beneficiaries can add, drop or change their health and drug coverage during the Annual Open Enrollment Period.

The Annual Medicare Open Enrollment Period (OEP) is from October 15th - December 7th.
Any changes made during the OEP take effect January 1st of the following year.

This is an important time to make sure that your premiums and drug copays stay in check for 2026!

If you currently get your prescription drug coverage through TRICARE, VA benefits, Federal Employee Retirement Benefits or any employer/union health plan, it is usually best to keep that credible coverage without any changes. You should contact your benefits administrator for information about your current benefits before making any decisions.

Name: _____ Date of Birth: _____/_____/_____

Address: _____ Phone: _____-_____-_____

City/State/Zip: _____ E-mail: _____

Medicare.gov Account

We use Medicare.gov to find you the best coverage.

Username: _____

Password: _____

Have one but don't remember?

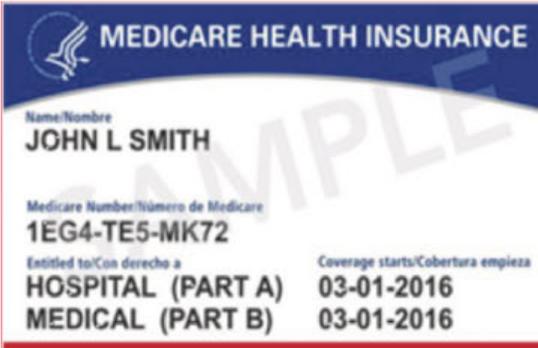
May we set one up for you, if you don't have one?

Yes

No

Please note:

MCCoA will **not** be assisting with Medicare Supplement (Medigap) *enrollments* during Open Enrollment. Please contact a local insurance agent for help (referrals available upon request). If you already have a Supplement, we are happy to assist with your Part D drug plan comparison.



MEDICARE HEALTH INSURANCE

Name/Nombre
JOHN L SMITH

Medicare Number/Número de Medicare
1EG4-TE5-MK72

Entitled to/Con derecho a
HOSPITAL (PART A) 03-01-2016
MEDICAL (PART B) 03-01-2016

Coverage starts/Cobertura empieza

Medicare # - -

Hospital Date (Part A) - -

Medical Date (Part B) - -

Medicare Advantage Plan: HMO PPO
Name of Insurance:
Interest in Advantage Plan?
Please fill out the **red** box on back of this page.

Medicare Supplement (medigap):
Plan Letter (Ex: F):

Is D-SNP printed on your Medicare Advantage Card?
Name of Insurance:

Medicare Prescription Drug Plan (PDP):
Name of Insurance:

Medicare Savings Program:
Medicaid QMB SLMB QI

Yes No

Employee Insurance Programs:

OPERS SERS Police/Fire Goodyear Other

My Prescription Drug List

My Preferred Pharmacy

Typically you can get a copy of all your medications from your pharmacist or doctor's office.

<i>Medication</i> <i>Ex: Lipitor</i>	<i>Dosage (mg strength)</i> <i>Ex: 40 mg</i>	<i>Frequency (Times/Day)</i> <i>Ex: 1 per day</i>	<i>Pharmaceutical Assistance Program</i>

Bring the following items to your appointment:

*Medicare card and ALL insurance cards

*List of all medications you are currently taking

If you need a Medicare Advantage Plan please provide us with a list of doctors and hospitals you see on a regular basis.

Name of Physician/Facility	Location

If you meet the financial guidelines for Extra Help, please bring:

- *Bank statements and tax returns
- *Individual Retirement Account(IRA) or 401 (k) account balances
- *Social Security benefits letter
- *Statements for pensions, Veterans benefits, annuities, and Railroad Retirement Board benefits

2026 'Extra Help' Guidelines

	Annual Income	Total Resources
Single	\$23,475	\$17,000
Married	\$31,725	\$35,130

Mail, email, or drop off your application. If the office is closed, place it in the black box by door 1A.
A separate application is required for each person.
Once received, we will contact you to schedule your appointment with an Outreach Specialist.

 <p>MCCOA Mercer County Council on Aging</p>	Mercer County Council on Aging 217 Riley St Celina, OH 45822	E-mail: mccoa@bright.net Phone: 419-586-1644 Fax: 419-586-1645
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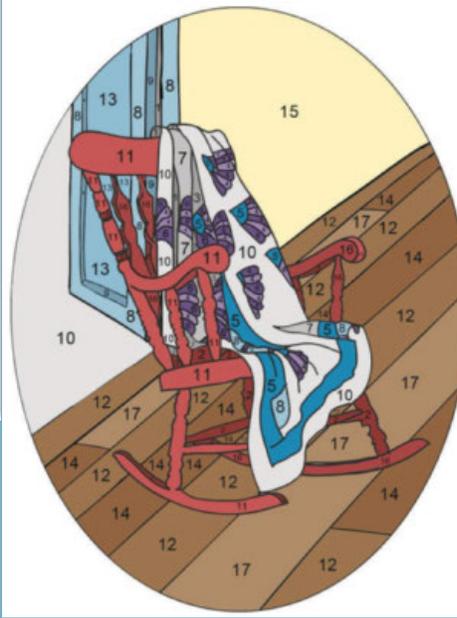
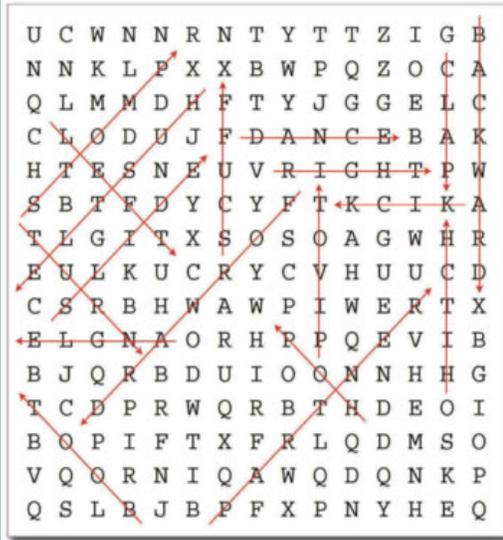
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SOLUTIONS

Line Dancing

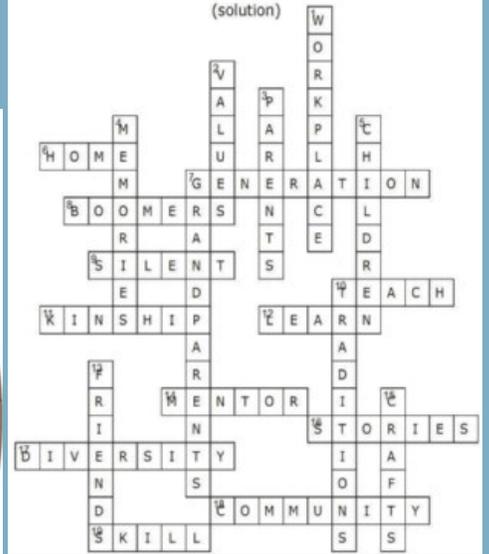
(solution)



Talkin' 'Bout All Generations

Use the clues to fill in the crossword.

(solution)



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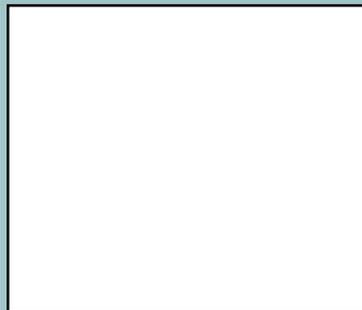
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is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

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