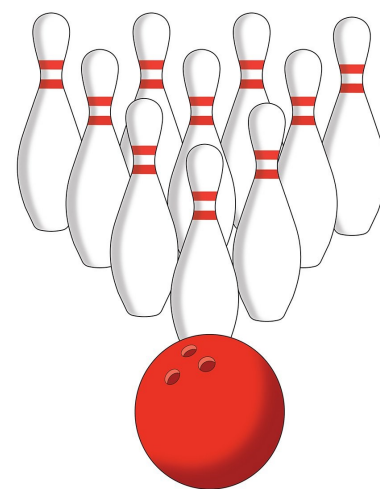


## Wii Bowling League

Wii Bowling League begins Monday, January 6!! Get your team together and sign up. A team consists of 4 players and can have 1 sub listed also. League play will run from Monday, January 6 through Friday, March 7. Each team is required to play 6 separate days, and you will bowl two games each day you bowl. Your scores will be recorded and at the end of the league prizes will be awarded to the highest scoring team, highest scoring person, and one random draw will be awarded! The awards will be handed out on Monday, March 9 at 1:00 in building 3 (the Annex). Stop in and fill out a Wii bowling entry form with team name and members and get started today. We have 2 Wii game consoles available for you to use, each game console has a calendar for you to sign up on to schedule your bowling time. If you would like to bowl and need a team, call Tash 567-890-4120 and let her know. She will do her best to get you on a team!



## Game Day!

Join us on Monday, January 27 at 1:00 pm for a fun afternoon of Card Bingo Variety! This is a very fun game that combines playing cards with Bingo!!! Played with decks of 52 cards, the objective is straightforward: be the first player to flip down all your dealt cards by matching them with the cards drawn from the caller's deck. Each player starts with face-up cards, and as cards are drawn from the deck and called out, players flip down matching cards from their layout. The game continues until one player successfully flips down all their cards and shouts "Bingo!" Each time you "Bingo" you will put your name in for a chance to win the grand prize of a gift card. There will also be a random draw for 1 gift card. Cost is \$1. Call and register today.



From the Director's Desk:

Hello Mercer County (and friends of Mercer County,)

Happy New Year! My prayer is that 2025 brings you peace, love, joy, happiness, and time with your loved ones. Every morning when you wake up, take a moment to think of the blessings in your life. It seems like time is speeding up to a level that even hanging on is difficult. So I encourage you to slow down. Take time to love yourself. If you need a hug, come see me. It is okay to give yourself a hug too.

**"We will open the book.  
It's pages are blank. We  
are going to put words  
on them ourselves.  
The book is called  
Opportunity and its  
first chapter is  
New Year's Day."**

- Edith Lovejoy Pierce

I really like January. It reminds me that all things are new. You might like to argue with me on that one. I agree that everything comes around again. But that is my point. I like January because it reminds me that we get a second chance, and a third, and so on. So we all mess up, or at least I do! But we get to try again. So be sure to keep trying. Life gets hard and it is messy, but that is living. We are here to live. Don't sit and watch life pass you by because you are afraid to make a mistake. Do it! Make the mistake and learn from it. The next time you will do better. If you are like me, you will make a different mistake, but make that one too. Keep going. Live your life to the fullest.



We hope you come and see us this year. We are planning a lot of fun things to do and we are here for you when you need a helping hand. We have made a few changes in the calendar format. It is now on pages 8 & 9. We hope you like the update. Let us know what you think.

Happy New Year Hugs,  
Dawn

**Mark your  
February calendar**

Moved to page 9.

## **GARAGE SALE UPDATE**



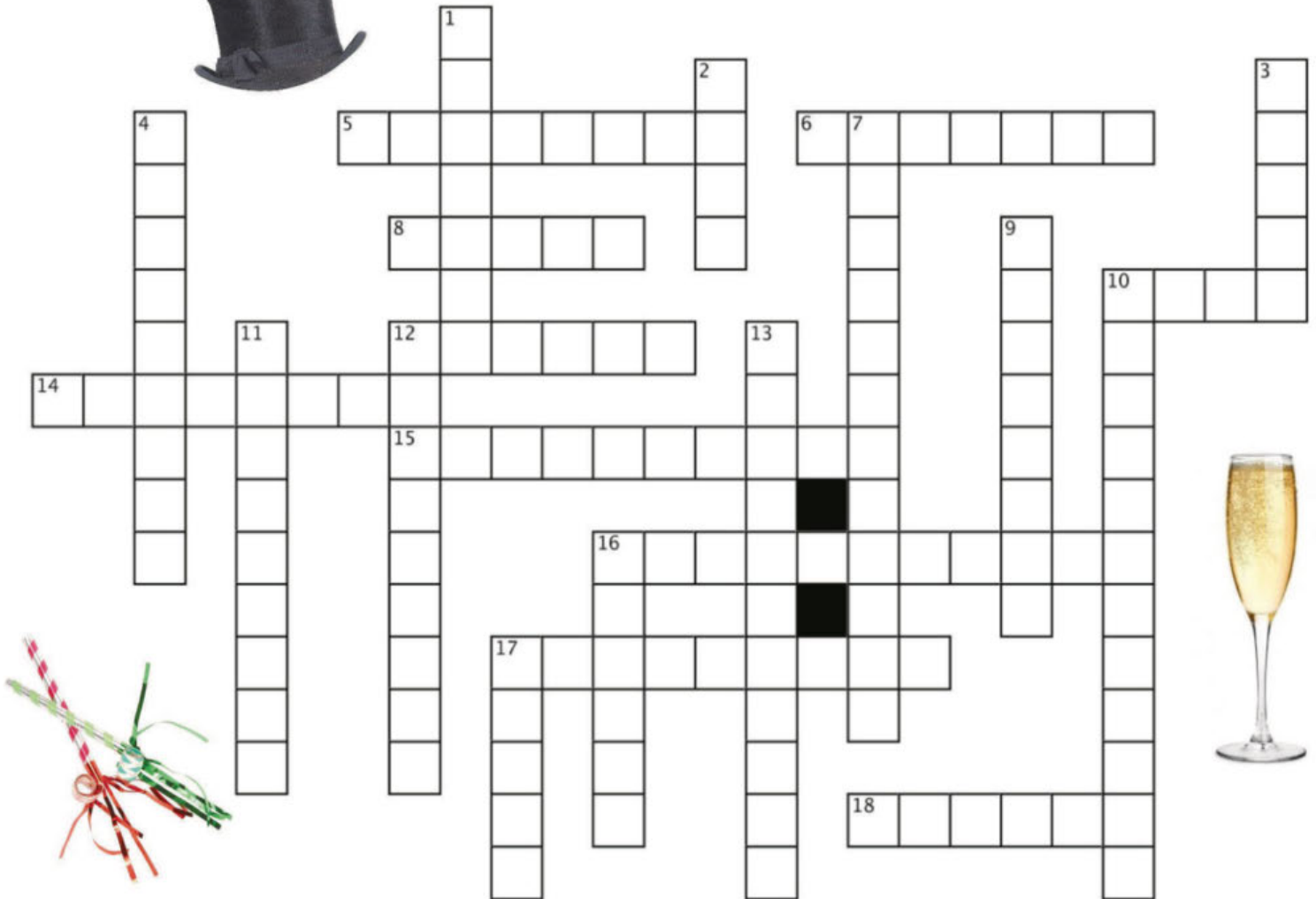
What: Volunteer Meeting / FREE Lunch  
When: Monday, January 27 at 10:30 am  
Where: 217 Riley Street, Building 6  
Why: Review policies/practices

**CALLING ALL GARAGE SALE VOLUNTEERS!!!** Please join us for a meeting and lunch. It has been a long time since we have all gotten together. We encourage everyone that helps or would like to help with any part of the garage sale join us Monday, January 27 at 10:30 am.

We will begin with an informational/discussion time in building 6. We will update everyone on how things are going with the garage sale, ensure everyone has a volunteer handbook, and answer questions that you may have. We would love to hear ideas you have to improve garage sales. Lunch will be served around 11:30 am. Please call and register so we know how much food to prepare.

Mark your calendars. We will resume accepting donations for 2025 on Tuesday, February 4 at 12:00 pm.

# Happy New Year!



## ACROSS

5. Thrown on New Year's Eve
6. Ballroom activity
8. A social gathering
10. Father Time hands his job over to a \_\_\_\_\_
12. Popular Australian celebration place
14. Twelve o'clock at night
15. New Year's promise to self
16. New York celebration spot
17. Bubbly drink
18. Ceremonial procession

## DOWN

1. Month that follows December
2. Smooch
3. Cheerful
4. Activity during the ball drop
7. Midnight song
9. Its days are numbered
10. Legume that brings good luck
11. Spectacular sky display
12. Long ribbons
13. Horns, rattles, etc.
16. Champagne salutes
17. Timekeeper



# Dates of Interest

To register call 419-586-1644.

## Euchre for Fun

Join Charlene Guingrich for a fun afternoon of "Euchre For Fun"! Have you been thinking I would love to go play cards, but it's been so long, or I have not ever played cards, but it looks like fun! This is your day! Come learn the rules and play for fun!! Monday, January 6 at 2:00 pm in building 3.

Everyone is welcome, if you play cards every day or you haven't played in years come join in the fun!!!



## Art Class

Art class with Debby Gregory on Monday, January 13 at 2:00 pm, for an acrylic painting class. Join Debby as she guides you through the process of painting a one-of-a-kind work of art! Everything you need to complete this project is

included with a cost of only \$10.00.

Register today.



## New Year's Day

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

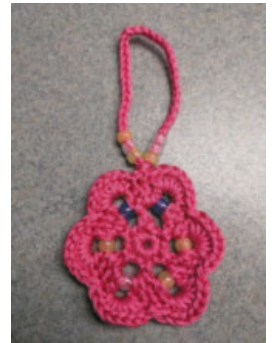
BEGINNING  
CALENDAR  
CELEBRATION  
CONFETTI  
FIRST  
FOOTBALL  
FUN  
JANUARY  
MIDNIGHT  
NEW  
NOISEMAKERS  
PARADE  
PARTY  
REFLECTION  
RESOLUTIONS  
ROSES  
TIME  
TRADITION



©ActivityConnection.com

## Crochet Club

Join Lorna as she teaches you to create a Flower Fidget. To make the Flower it takes a size H or G hook. Join us on Monday, January 13 at 2:00 pm in Building 3. We will be collecting things for Spring to donate to the nursing home.



M	R	T	I	M	E	Y	W	J	Q	S	J	C	J	R
I	B	E	E	D	A	R	A	P	R	X	S	K	D	Z
D	N	U	F	P	Y	N	T	E	S	E	E	T	W	C
N	J	Z	N	L	U	K	K	S	S	C	R	N	K	Y
I	N	Q	D	A	E	A	C	O	R	A	X	O	B	T
G	E	T	R	D	M	C	R	J	D	I	Q	I	E	R
H	W	Y	G	E	T	A	T	I	G	X	F	T	G	A
T	R	E	S	O	L	U	T	I	O	N	S	A	I	P
N	Y	I	D	L	P	I	T	T	O	P	S	R	N	B
V	O	M	Z	S	O	T	B	T	F	N	H	B	N	X
N	B	A	K	N	Z	V	U	E	S	U	J	E	I	G
F	O	O	T	B	A	L	L	F	H	M	N	L	N	R
P	M	L	I	D	R	P	A	N	Y	T	B	E	G	W
R	A	D	N	E	L	A	C	O	A	T	L	C	O	S
U	J	T	H	Z	H	U	Y	C	W	J	T	W	Z	U

## REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

**Check the calendar on pages 8 and 9 for exceptions.**

### Bingo

Wednesdays at 12:30 pm.

Reusable cards and chips are 2 for \$1 with additional cards costing 50¢ each. The same cards are used for every game.

### Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

### Cards

**Bridge** on Tuesdays at 12:30 pm; **Euchre** on Thursday and Sunday evenings at 6:30 pm; **Bid Euchre**, **Pinochle**, and **Bridge** on Fridays at 12:30 pm. **Texas Hold 'Em** on the second and fourth Thursday at 6:30 pm. Cost \$1.

### Chair Yoga

Chair Yoga on Mondays at 10:00 am and Thursdays at 1:00 pm. Cost is \$3 per person.

### Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

### Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Join us for a fun afternoon of crocheting. Everyone is welcome.

### Fitness Class

Tuesdays at 9:30 am join us for a FREE video lead exercise class. The last Tuesday each month at 9:30 am Kathy G leads a 45 minute class that focuses on muscle strengthening and increasing range

of movement for daily life activities. Cost is \$3 per person.

### Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

### Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am \$4/meal. Reservations are required by noon one day before. Space is limited.

### Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

### Toe Nail Trimming

The first Wednesday each month at 1:00 pm in Bldg 3. Cost is \$15. First come, first served. Provided by CHP.



## ALZHEIMER'S ASSOCIATION

### Care Consultations

Marybeth Torsel with Alzheimer's Association is available by appointment. Please call 419-419-5858. Care Consultation covers caregiver education, stress management, planning, communication, finances, and safety issues.

### Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

### Alzheimer's Association Northwest Ohio Chapter

*Join us for a free program!*

### The Empowered Caregiver:

#### Exploring Care and Support Services

Examine how best to prepare for future care decisions and changes, including respite care and end-of life care.

**Thursday, January 2, 2025**

**2:30 pm**

Mercery County Council on Aging  
217 Riley Street | Celina

This program is free, but registration is requested.

Please call 419.586.1644 to register.

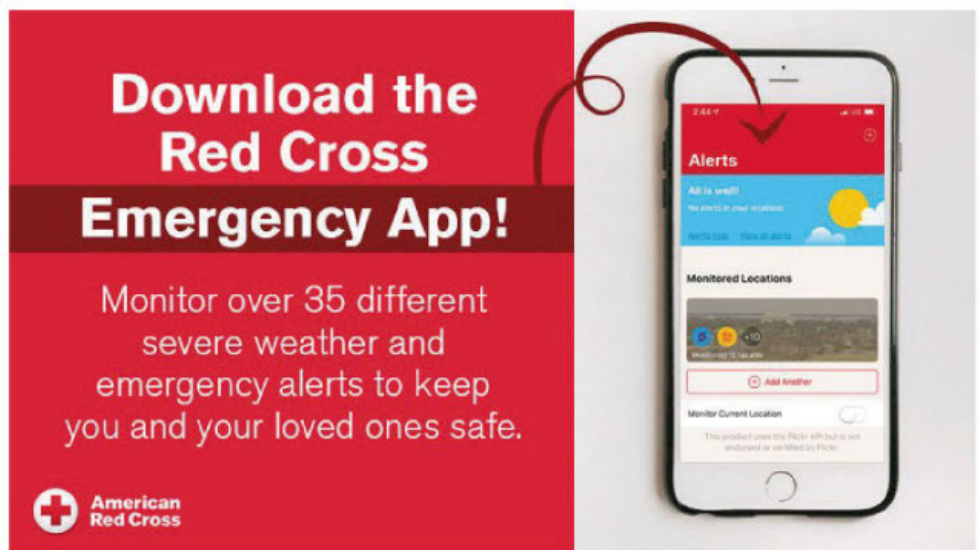


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- Family members and friends across the country can help each other stay safe and connected through the app's customizable emergency alerts and content on what to do before, during, and after disasters - regardless of where they live.
- The app provides expert advice on what to do in case of a tornado, hurricane, earthquake, flood, thunderstorm, wildfire, winter storm and other disasters.
- People can use the "Make a Plan" feature to create an emergency plan for their household, so everyone knows what to do and where to go if a disaster strikes.
- The Emergency App is available for free in app stores for smartphones, tablets and wearables and can also be found by searching for American Red Cross or by going to [redcross.org/apps](https://redcross.org/apps).



## Spotlight on Outreach!

Renee Hoying and Robin Garret have joined the team as Outreach Specialists at the MCCoA. Their primary mission is to enhance the quality of life for seniors in the community. In this role, they engage with older adults and their families to identify their unique needs and challenges. They actively work to connect them with services that promote health, independence, and overall well-being. Partnerships with local organizations, health providers, and government agencies help create a comprehensive support network for seniors.

Through personalized consultations and follow-ups, they guide seniors through the often-complex processes of accessing benefits and services. Their goal is to build trusting relationships within the community and fostering an inclusive environment where seniors feel valued and supported.

In essence, as Outreach Specialists they are dedicated to enriching the lives of seniors in Mercer County by fostering connections, providing critical information, and advocating for their needs. Together, they can create a vibrant and engaged senior community that embraces the dignity, respect, and opportunities that every individual deserves. Come and see them today!



# New Year Coded Message

Use the code key to decode the new year quote.



\$ = A	{ } = J	♦ = S
! = B	8 = K	■ = T
@ = C	♣ = L	/ = U
< = D	* = M	[ ] = V
# = E	& = N	❖ = W
9 = F	> = O	\ = X
( ) = G	2 = P	3 = Y
? = H	^ = Q	= = Z
+ = I	% = R	

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~ Ralph Waldo Emerson

■?#    3#\$%



Sunday	Monday	Tuesday	Wednesday
<p><i><u>Italicized and underlined</u></i> activities are held in the Annex. Activities marked with an * have a fee. Activities marked with ( ) are off campus. (MSC) - Montezuma Spiritual Center</p>			<p><b>1</b></p> <p><b>OFFICES CLOSED</b> <b>Happy New Year</b></p> 
<p><b>5</b></p> <p>6:30 - Cards*</p>	<p><b>6</b></p> <p>Wii Bowling League Starts 10:00 - Chair Yoga* <u>2:00 - Euchre for Fun</u></p>	<p><b>7</b></p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Class - Video (FREE) 11:30 - Lunch* 12:30 - Ladies Cards* <u>12:30 - Bridge*</u> 1:00 - Line Dancing</p>	<p><b>8</b></p> <p>11:30 - Lunch* 12:30 - Bingo* <u>3:00 - Alzheimer Support Group</u></p>
<p><b>12</b></p> <p>6:30 - Cards*</p>	<p><b>13</b></p> <p>10:00 - Chair Yoga* 2:00 - Art Class - Acrylic* <u>2:00 - Crochet Club - Flower Fidget</u></p>	<p><b>14</b></p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Class - Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 1:00 - Line Dancing</p>	<p><b>15</b></p> <p>11:30 - Lunch* 12:30 - Bingo*</p>
<p><b>19</b></p> <p>6:30 - Cards*</p>	<p><b>20</b></p> <p><b>OFFICES CLOSED</b></p> 	<p><b>21</b></p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Class - Video (FREE) 11:30 - Lunch* <u>12:30 - Bridge*</u> 12:30 - Ladies Cards* 1:00 - Line Dancing</p>	<p><b>22</b></p> <p>11:30 - Lunch* 12:30 - Bingo*</p>
<p><b>26</b></p> <p>6:30 - Cards*</p>	<p><b>27</b></p> <p>10:00 - Chair Yoga* 10:30 - Garage Sale Volunteer Meeting/Lunch 1:00 - Game Day - Card Bingo*</p>	<p><b>28</b></p> <p>9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness Class with Kathy* 11:30 - Lunch* <u>12:30 - Bridge*</u> 1:00 - Line Dancing</p>	<p><b>29</b></p> <p>11:30 - Lunch* 12:30 - Bingo*</p>



Thursday	Friday	Saturday	February look ahead
<p><b>2</b></p> <p>8:00 - 10:00 Coffee Time 9:00 - FREE Blood Pressure Checks 11:30 - Lunch* 1:00 - Chair Yoga* 2:30 - Alzheimer's Talk - Care &amp; Support 6:30 - Cards*</p>	<p><b>3</b></p> <p>12:30 - Cards*</p>	<p><b>4</b></p>	<p>3 Craft class - Greeting cards 4 Garage sale donations begin 17 Office closed MLK Day 22 Garage Sale Donations 26 Staff meeting - Office close-3:45 Look for more information in next month's newsletter.</p>
<p><b>9</b></p> <p>8:00 - 10:00 Coffee Time <u>10:30 - Board Mtg.</u> 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 1:00 - Chair Yoga* 6:30 - Cards &amp; Texas Hold 'Em*</p>	<p><b>10</b></p> <p>12:30 - Cards*</p>	<p><b>11</b></p>	<p><b>Bus Trips in 2025</b> Trips require preregistration and prepayment.</p> <p><b>February</b> 6 Ghost/LaComedia 27 Jersey Boys/LaComedia</p> <p><b>March</b> 20-21 Firekeepers/Shipshewana</p> <p><b>April</b> 9 Mrs. Wicks/RESPECT 24 Into the Woods/LaComedia 28-May 1 Noah/Lancaster PA</p> <p><b>May</b> 6 Ned &amp; Nancy/Shipshewana 6-7 Ned &amp; Nancy/Four Winds/RV 18 A Beautiful Noise/Aronoff Center 28 TINA/Embassy Theater</p> <p><b>June</b> 2-6 Mackinac Island/Thunder Bay 19 Reds Game/Cincinnati 23-24 Lee Greenwood/Soaring Eagle/Henry Ford Museum</p> <p><b>July</b> 17 Hamilton/Columbus 28-31 Noah/Lancaster PA</p> <p><b>August</b> 29The Play that Goes Wrong/LaComedia</p> <p><b>September</b> 4 Snooty Fox 8-17 California Wonders</p> <p><b>October</b> 10 Legally Blonde/LaComedia 14-17 West Virginia Trains 23-24 Four Winds/Fannie's Biscuits 24 Miss Fannie's Biscuits</p> <p><b>November</b> 9-12 Smokey Mountain/Dollywood</p> <p><b>December</b> TBA</p>
<p><b>16</b></p> <p>8:00 - 10:00 Coffee Time 11:30 - Lunch* 1:00 - Chair Yoga* 6:30 - Cards*</p>	<p><b>17</b></p> <p>12:30 - Cards*</p>	<p><b>18</b></p>	
<p><b>23</b></p> <p>8:00 - 10:00 Coffee Time 11:30 - Lunch* <u>12:30 - Ladies Cards*</u> 1:00 - Chair Yoga* 6:30 - Cards &amp; Texas Hold 'Em*</p>	<p><b>24</b></p> <p>12:30 - Cards*</p>	<p><b>25</b></p>	
<p><b>30</b></p> <p>8:00 - 10:00 Coffee Time 11:30 - Lunch* 1:00 - Chair Yoga* 6:30 - Cards*</p>	<p><b>31</b></p> <p>12:30 - Cards*</p>		









# **COME Travel With Us! Bus Trips**



**2025 trips are filling up quickly!**

Still Need a Christmas Gift? Consider a MCCoA Travel Gift Certificate. It can be for any amount and the receiver has up to two years to apply it to the trip of their choice!

As we welcome in 2025, we would like to thank everyone who has traveled with us in 2024. You have made this first year a success and we are looking forward to traveling with you again in 2025. We hope you and your families have a wonderful Holiday season and a healthy and safe New Year!

We have just updated our trip flyer and have added a few new trips for next year including a Reds Ball game and an All American Tour with Lee Greenwood Concert in June. Our second trip to NOAH at Sight and Sound Theaters in July is already almost sold out! We will be going to LaComedia for the performance of A Play that Goes Wrong in August and have scheduled a Snooty Fox Consignment store trip in September. We have also added a day trip and an overnight trip to another one of Blue Gate's new musicals – The Rise and Fall of Fannie's Biscuits. Check out all the new trips in our new trip flyer. Many of the other 2025 trips are filling up so please make your reservations now so you don't miss out. If you are staying in the area during the winter months, we do have space left on our two day trips to LaComedia in February to "Ghost the Musical" and "Jersey Boys." Great way to break up those wintery days!

## **Lunch at the MCCoA**

Lunch is served on Tues, Weds and Thurs at 11:30 am. The cost is \$4 per meal. Reservations and cancellations must be made prior to noon the day before. If you are unable to attend for any reason we need to be notified. Thank you for your understanding. All meals delivered must be paid for. Celina Manor provides the meals. Come have lunch with friends and leave the cooking to us!



## **January 2025 Lunch Menu**

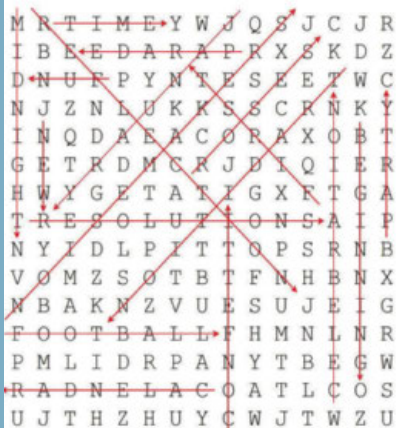
<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>
	<b>1</b>	<b>2</b>
	Office Closed Happy New Year's Day	Chicken Bacon Ranch Pizza Salad/Dressing Chilled Pineapple
<b>7</b>	<b>8</b>	<b>9</b>
Hot Dog/Bun Baked Beans Double Chocolate Chip	BBQ Bacon Cheeseburger Casserole Green Beans Black Cherry Ice Cream	Crunchy Chicken Wrap Potato Salad Chilled Mandarin Oranges
<b>14</b>	<b>15</b>	<b>16</b>
Mushroom Swiss Burger Potato Triangles Grapes	Bratwurst Mashed Potatoes/Gravy Sauerkraut Snickerdoodle Cookie	Beef Stew Biscuit Ice Cream
<b>21</b>	<b>22</b>	<b>23</b>
Cream of Tomato Soup Saltine Crackers Texas Grilled Cheese	Creamy Potato Soup Saltine Crackers Fried Bologna Sandwich	Homemade Pizza Tossed Salad/Dressing Chilled Pineapple
<b>28</b>	<b>29</b>	<b>30</b>
Ham & Bean Soup Cottage Cheese Cornbread Peaches	Stuffed Shells & Sauce Broccoli Florets Garlic Bread Pineapple	Creamed Chipped Beef Seasoned Peas Texas Toast Apricots





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(solution)



" Write it on your

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<u>the</u>	<u>year</u>	."	
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~ Ralph Waldo Emerson

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## THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

### OFFICE HOURS

Monday through Friday  
8:00 am to 4:30 pm

### PHONE

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