

June2023

Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

PARTY ON THE PATIO

Join us for a fun filled day on Thursday, June 29 from 10 am to 2 pm. We will once again be hosting our Party on the Patio!!! This is a free event so bring your family and have some fun! There will be many activities with something for everyone.

Senior Services Fair: In the main building we will be hosting a senior services fair. Business and agencies from all over Mercer County will be available to share great information. Door prizes will be awarded throughout the day for those that register at the senior fair.

Free Activities: For kids and 'kids at heart', there will be an inflatable bounce house, slide and obstacle course; games and a 9-hole put-put golf (provided by Grand Lake UMC Mobil Ministry). Be sure to stop by and pick up some free popcorn!

Food Truck: Robbins auctioneer's will be available at the north end of the main building with a great menu of items to be purchased!

Bake Sale: We are having a bake sale to raise money for the Alzheimer's walk team! Please donate items to be sold and/or come and buy some homemade goodies. Feel free to drop off baked goods on Wednesday, June 28 in the main building or take them directly to the Annex when you come on Thursday.











From the Director's Desk:

Hello Mercer County (and other counties not Mercer)!! Can I say wowzer? Is that a word? Did you get to come to our Spring Party? It was so much fun. There are pictures on pages 8 and 9 that show a few of the fantastic attendees. Everyone isn't on the page, and some are happier that way. Let's take just a moment to shout out a huge thank you to some of the people who made it possible. We should start with the MCCoA Board because they gave us their blessings on having the event and the staff who contributed time and effort putting the day together. We need to say thank you to the Eagles for letting us borrow their facility and Tracy and her team for providing fantastic food. We need to thank Noah for his awesome personality and fantastic voice. And last but not least, thank you to each one of you who took time out of your day to come and play with us for a few hours. You are truly the stars of the show and without each of you the day would not have been as wonderful. Now we are working on the Party on the Patio which is scheduled for June 29. Mark your calendars and come out for some summer fun.



A conversation is lingering in my mind, perhaps I could ask for your help on this one. A person shared that they have a friend that they are encouraging to come up to the center and join some of our activities. They feel that the person would benefit from the camaraderie found in these walls. I have to admit that I agree. Walking through the center during cards, bingo, yoga, or craft time just energizes me. It makes me happy. Even when someone is less than chipper, it seems like when they are here interacting with others there is more of a sense of peace. So, my question is this – have you had the

opportunity to introduce the center to a friend or acquaintance? If you have, would you share your experience in the hope that it would help someone else?

Have a fantastic day! Dawn

GARAGE SALE

GARAGE SALE UPDATE

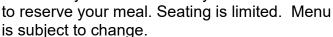
Thank you to all the many volunteers and shoppers that made the May garage sale a success!! We will begin taking donations Tuesday, June 6. Donations will be

accepted Tuesdays from 12:00 – 4:00 and Thursdays 8:30 – 12:00. We will be accepting donations on Saturday, June 17 from 9:00 to 1:00. Special note there will be **NO donations Thursday, June 29** due to the Party on the Patio.

The last day for donations will be Thursday, July 6.

LUNCH

Lunch is served Wednesdays at 11:30 am. A \$4.00 donation is required for each meal. Reservations must be called in by noon on Tuesday



June 7

Beef burger/bun
Potato salad
Lettuce/tomato/
Onion/pickle
Seedless watermelon

June 14

Homemade Pizza Salad/dressing Fruit cocktail

<u>June 21</u>

BBQ Pork/bun
Creamy coleslaw
Dill pickle spear
Moose track ice cream

<u>June 28</u>

Cheesy cavatappi Stewed tomatoes Dinner roll Oreo pudding dessert

TOP SECRET Exposing the Secret Word

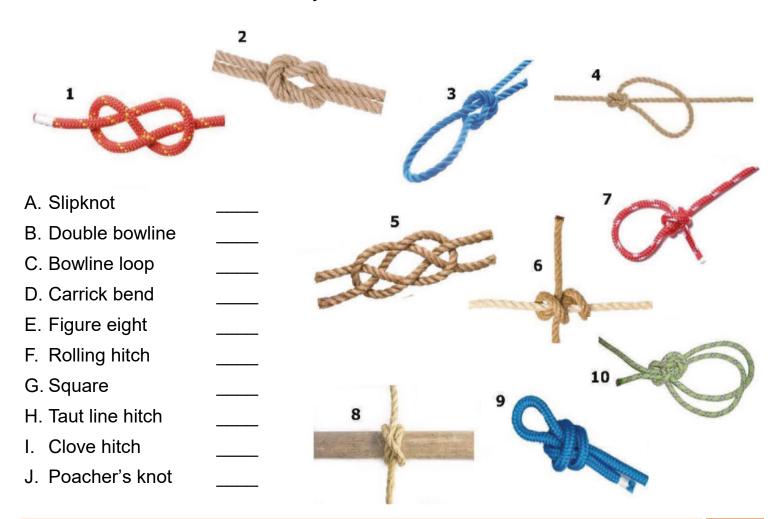
Follow the instructions to cross off words in the table. What word is left?

- Cross off all words that start with the letter J.
- 2. Cross off all seven-letter words.
- 3. Cross off all words that end with the letter N.
- 4. Cross off all words that rhyme with dad.
- 5. Cross off all names of fish.

jade	campsite	jam	jacket
academy	juice	discuss	laundry
zen	actress	man	amen
pen	lad	mad	mackerel
tuna	sad	trout	salmon

Nautical Knots

Match each type of knot to its name. To make it more difficult, cover up the list of names to see if you can name them without the list.



Crafty Corner

Craft Class

Come in and enjoy a crafty afternoon making a

old lady flower pot! Class will be Monday, June 5 at 1:00 pm. Everything you need to make a cute flower pot will be provided. Cost is only \$5.00. Space is limited so call and sign up today, 419-586-1644.



Craft Class



Join Penny and let your creativity shine making a button and bead tree. Class will be held Monday, June 19 at 1:00 pm. Space is limited so call and sign up today,

419-586-1644. Cost is only \$5.00. All supplies will be furnished.

Art Class



Join Debby Gregory for a watercolor painting class on Thursday, June 8 at 2:00 pm. All supplies are

furnished. Cost for this class is only \$10.00. Call and register today 419-586-1644.

CROCHET CLUB



Crochet Club will be meeting Monday, June 12 at 1:00 pm in the Annex. Stop in and share ideas, work on a project or just see what

this club is all about. Everyone is welcome.

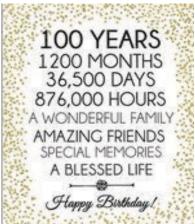
Helen Bergman turns 100 years young!

It isn't every day we get the chance to celebrate 100 years of living!! If you happen to see Helen, please take a moment to celebrate her victory.

Happy Birthday Helen







Game Night Mexican Train Dominos

Join us Monday, June 12 at 5:30 for dinner and dominos. We will have spaghetti, salad, garlic bread, and a beverage. After the meal we will play a few rounds of Mexican Train

dominos. Don't worry if you have not ever played dominos or it's been a while, we will go over the rules! The object of the game is for a player to play all the tiles from their hand onto one or more trains emanating from a central hub. This is sure to be a fun evening! Call and register today, 419-586-1644, cost is only \$5.00 and as usual the winner of the night and a random draw person will get a prize!!!



REGULARLY SCHEDULED ACTIVITIES!!

Regularly scheduled activities. Check the calendar on page 7 for exceptions. Please sign in to MySeniorCenter for each activity.

Alzheimer's Care Consultations (FREE)

Marybeth Torsel with Alzheimer's Association is available by appointment. Please call 419-419-5858. Care Consultation covers caregiver education, stress management, planning for the future, communication strategies, home & driving safely, & financial issues.

Alzheimer's Support Group (FREE)

Brenda McGee will facilitate on the third Thursday every month 4:00 pm in the annex.

Bingo

Every Wednesday at 12:30 pm. We use reusable cards and chips. Cards are 2 for \$1.00 with additional cards costing .50 each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The second Wednesday each month at 12:00 pm. Provided by Miller Place!

Cards

Bridge on Tuesdays at 12:30 pm, Euchre on Thursday and Sunday evenings at 6:30 pm and Bid Euchre, Pinochle, and Bridge on Fridays at 12:30 pm. Texas Hold 'Em is scheduled the fourth Thursday at 6:30 pm. Cost \$1.00.

Chair Chi

Mondays at 10:00 am. Chair Chi is a gentle exercise program developed to help people receive the benefits of traditional Tia Chi in the comfort and safety of their chair. Cost is \$3.00. **No June 5.**

Chair Yoga

Chair Yoga with Carla Niblick on Thursdays at 1:00 pm. Cost is \$3.00 per person. **No June 1 or 8.**

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time! Stop in for 5 minutes or stay for a while! Everyone is welcome!! Donations are appreciated.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome! Come join the fun, enjoy some music and get some great exercise! If you have never danced before we will be glad to teach you!

Lunch

Wednesdays 11:30 am at a cost of \$4.00. Reservations are required by noon on Tuesday each week. Space is limited.

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3.00 per person. It doesn't matter if you are an expert or just learning!

Sing A Long (FREE)

Sing with us the fourth Monday each month at 2:00 pm. Join us and have fun singing with a group. It is free and there is no need to register.

Toe Nail Trimming

The first Wednesday each month at 1:00 pm in the Annex. Cost is \$15.00. It is offered in the Annex beginning at 1:00 pm. First come, first served. Provided by CHP.

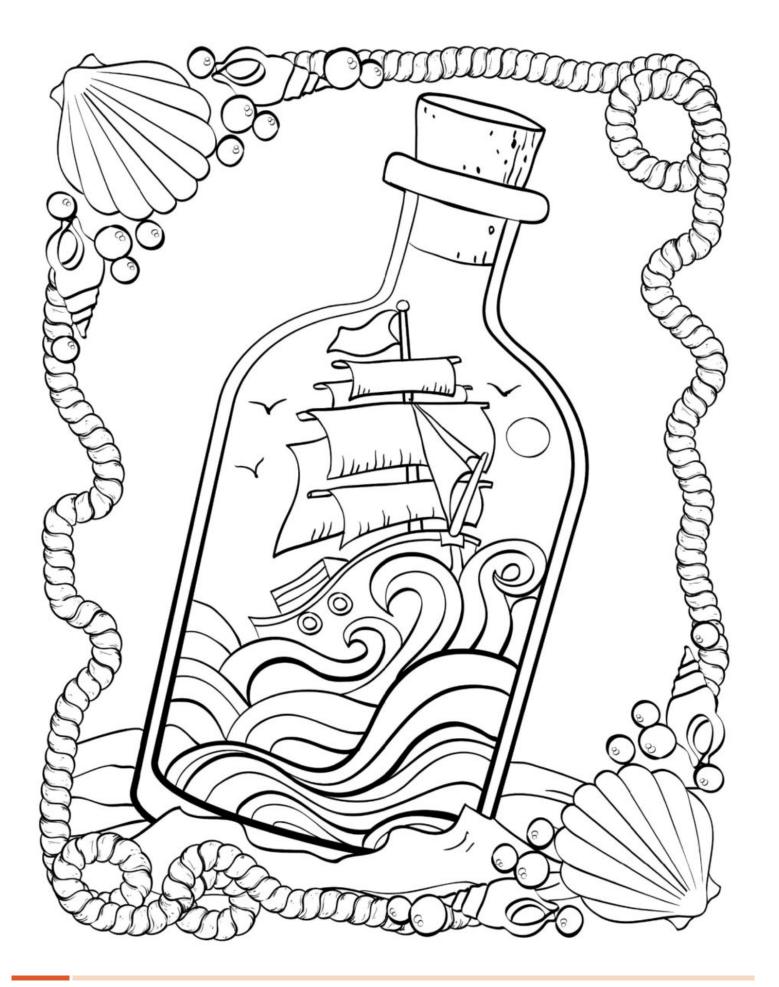




ALZHEIMER'S ASSOCIATION EDUCATION SERIES

Join Yvonne Miller with the Alzheimer's Association on Thursday, June 1 at 2:30 pm as she talks on the subject of Understanding Alzheimer's and Dementia. This program explains the difference between Alzheimer's and dementia, stages and risk factors and current research and treatments available to address some symptoms.





June 2023 Activity Calendar

Sunday Monday Tuesday Wednesday Thursday Italicized and underlined activities are in the Annex. Activities marked with an * have a fee. Activities marked with () are off campus. (MSC) - Montezuma Spiritual Center. 4 5 6 7 8	Friday 2 12:30 - Cards*	Saturday 3
Italicized and underlined activities are in the Annex. Activities marked with an * have a fee. Activities marked with () are off campus. (MSC) - Montezuma Spiritual Center. 8:00 - 10:00 Coffee Time 2:30 - Alzheimer Talk 6:30 - Cards*	12:30 - Cards*	3
in the Annex. Activities marked with an * have a fee. Activities marked with () are off campus. (MSC) - Montezuma Spiritual Center. Time 2:30 - Alzheimer Talk 6:30 - Cards*	9	
Activities marked with () are off campus. (MSC) - Montezuma Spiritual Center. 6:30 - Alzheimer Taik 6:30 - Cards*	•	
(MSC) - Montezuma Spiritual Center. 6:30 - Cards*	•	
A 5 6 7 9	•	
	•	
	40.00 0 1 #	10
Old Lady Pickleball* (MSC) 1220 Pinns* Time	12:30 - Cards*	
12:00 - 4:00 8:30 - 12:00 Donations Donations (bldg 6) 1:00 - Toenail (bldg 6)		
12:30 - Bridge* 12:30 - Bridge 10:30 - Board Mtg		
1:00 - Line 2:00 - Art - Watercolor Painting*		
6:30 - Cards*		
11 12 13 14 15	16	17
6:30 - Cards*	12:30 - Cards*	9 to 1 - Donations
12:00 - FREE 12:00 - 4:00 Blood Pressure 8:30 - 12:00 Donations Club Donations (bldg 6) Checks (bldg 6)		(bldg. 6)
5:30 - Game <u>12:30 - Bridge</u> * 12:30 - Bingo* 1:00 - Chair Yoga*		
Night Dominos 1:00 - Line Dancing 4:00 - Alzheimer Support Group		
6:30 - Cards*		
18 19 20 21 22	23	24
Fireman's Parade Chi* Picklehall* (MSC) Time	12:30 - Cards*	
6:30 - Cards*		
1:00 - Chair Yoga*		
1:00 - Line 6:30 - Cards & Texas Hold 'Em*		
	30	
	12:30 - Cards*	
Long 12:00 - 4:00 6:30 - Cards*		
Donations (bldg 6) NO DONATIONS		
12:30 - Bridge*		
1:00 - Line Dancing		

SPRING'S A BLOOMIN'





Let's Go Fishing

The words listed below can be found vertically and horizontally.

BOBBER

CATFISH

HERRING

HOOK

LICENSE



OCEAN
RELAX
STEELHEAD
STREAM

TROLL

RUWHOOK E LHEADH LLARVMO G AOTROL XHHIB A B MOCEANF NKF GG I B E U Z SLLH \mathbf{E} RCATFIS



Join us Tuesday, June 27 at 10:00 am as the Legal Aid of Western Ohio (LAWO) teaches about Financial Power of Attorney. Learn more about the requirements that allow someone you trust to help manage your finances using a Power of Attorney or

other methods. Class includes available options and possible risks. Everyone is welcome to attend. Registration with LAWO is required to be eligible for legal aid assistance filling out necessary forms. To register you must be 60+. LAWO will be given your name and phone number so they are able to

contact you prior to the event. Call by June 19 to reserve a spot, 419-586-1644. Lunch will be served at 12:00 pm to the first 25 people who register. As with any of our events, if you sign up but cannot attend, please let us know so someone on the waiting list can have that spot.





Choice Travel

www.TravelWithChoice.com

P.O. Box 109 Celina, OH 45822 419-204-6319 Issue -April - 2022

Wednesday, August 9, 2023 - \$121 Arrive at Blue Gate in Shipshewana for an Amish style lunch. Do you love toe tapping, heartwarming gospel music? Then join The Heartland Gospelaires as they both inspire and entertain, singing the Best Loved Gospel songs of all time. From a rousing male quartet reminding us to "Have A Little Talk With Jesus" to a soaring ladies trio on "In The Garden," you'll put your hands together and sing along with songs like: Oh Happy Day, Down By The Riverside,



How Great Thou Art, Take My Hand and more! Depart Shipshewana approximately 3:00 pm. We will not be stopping for dinner so you may want to bring some snacks.

Depending upon your pickup location, approximate return time is 5:30 - 6:30 pm.

MARK YOUR CALENDAR!!

July 4 - Office closed

July 6 - Alzheimer's Talk with Yvonne Miller

July 6 - Last day for Garage Sale donations

July 10 - 19 Garage Sale set up

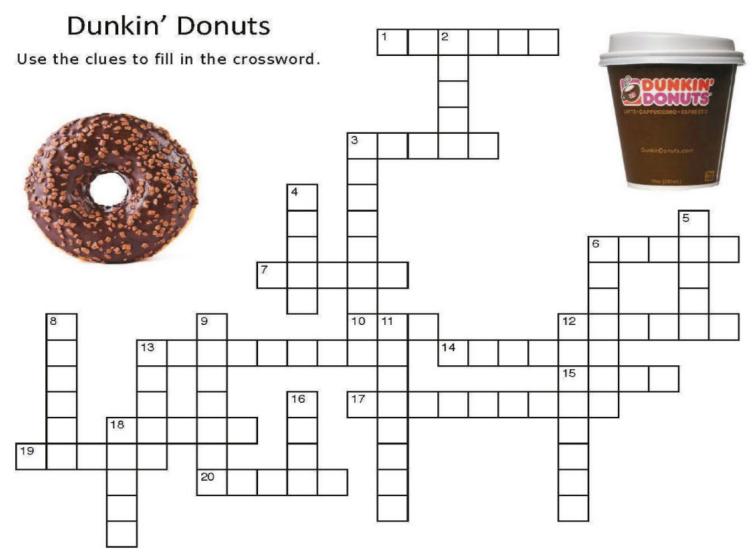
July 17 - Lunch 'n Learn Assisted Living

July 20 - 23 Garage Sale

July 24 - Garage Sale clean up

July 29 - Lakefest Parade

Check next month's newsletter for more information.



ACROSS

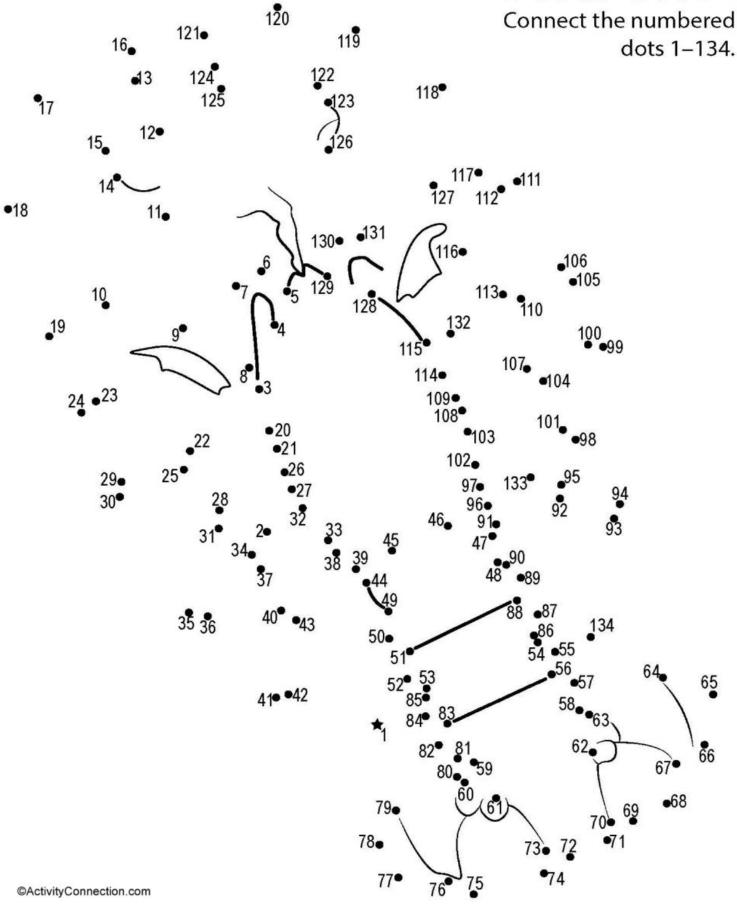
- 1. Covered with thin icing
- 3. Apple drink
- Richest part of milk
- 7. Doughnut filler
- 10. Earl Grey, for one
- 12. Morning brew
- 13. Little candies on a doughnut
- 14. Blueberry or bran
- 15. Almonds and pecans
- 17. Crescent-shaped pastry
- 18. Foamy espresso drink
- Doughnut cooker
- 20. Doughnut quantity

@ActivityConnection.com

DOWN

- Fritter fruit
- Doughnut flavor made from cocoa beans
- Breakfast bread roll often toasted with cream cheese or lox
- Syrup flavor
- 6. Palm product
- 8. Cream-filled pastry
- Topped with icing
- Strong type of coffee
- 12. Doughnut spice
- 13. Natural sweetener
- 16. Leftover center of a doughnut
- 18. Yellow doughnut filling, ____ cream

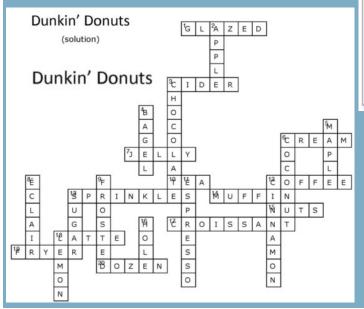
Dot-to-dot #2



SOLUTIONS

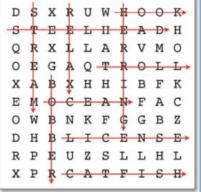
Exposing the Secret Word

CAMPSITE

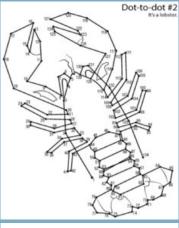


Let's Go Fishing

(solution)







Nautical Knots

- A. Slipknot 3
- B. Double bowline 10
- C. Bowline loop 4
- D. Carrick bend 5
- E. Figure eight 1
- F. Rolling hitch 6
- G. Square 2
- H. Taut line hitch 7
- Clove hitch 8
- J. Poacher's knot 9





~ Since 1874 ~

Six Generations of Service

419.678.3231

COLDWATER • MINSTER RUSSIA • ST. HENRY

Why pre-plan your funeral?

Take the burden from your children and family and have your exact wishes fullfilled

Cellulose & Foam Insulation Services for New & Existing Homes & Buildings 3226 Wabash Rd., Ft. Recovery 419-852-1390

fortkampfoam@hotmail.com www.energysavingsprayfoam.com

Mackinaw Retirement Village

500 W. Wayne Street Carefree living in the neighborhood

NOW AVAILABLE

1 & 2 BR apartments. No more utility bills, laundry facility on site.

Please call 567-890-8000



Humana

Keith Armour

Sales Representative

419.234.0645

2729 Lost Creek Blvd. Lima, OH 45804

New Hope Senior Village

1150 Indiana Avenue St. Marv's





THE GARDENS AT CELINA

Assisted Living · Skilled Nursing · Rehabilitation · Long Term Care

419) 584-0100

1301 Myers Rd. Celina, OH 45822



(419) 300.4000

.H. Dick & Sons-Hellwarth FUNERAL HOMES

You can spare your loved ones difficult decisions at an emotional time by pre-planning your final arrangements. Appointments available in your home or at our facility

419-586-2301

419-795-4435

www.dickandsonshellwarthfh.com 1913-2021 OUR 108TH YEAR

1400 E. Market raternal Order of St. Celina, OH adles 419-586-4295



Check us out on Facebook @ Celina Fagles Grand Lake Aerie 1291

We do Hall Rentals & Catering **Daily Lunch Specials** Live Entertainment Schedule!





Assisted Living · Skilled Nursing · Rehabilitation · Long Term Care

(419) 678-9800

522 Western Ave. St. Henry, OH 45883



One-on-one rehab services for people with disabilities

419.394.0003

www.capabilitiesinc.biz



419.942.1111 | wabash.com

Lawn mowing, Mulching, **Trimming Bushes** and Landscaping

C&I LAWN SERVICE

419.733.8973



1001 Myers Road

Celina, OH 45822

P: (419) 586-6645 F: (419) 586-5858

CelinaManor.com

'illage A community of friends

100 Don Desch Drive Coldwater, OH 45828 P: (419) 678-2311 F: (419) 678-3491 Briarwood-Village.com



losh Carrasquillo

Licensed Health Agents



MEDICARE QUESTIONS?

WE HAVE ANSWERS

(419) 678-1108 · caresurance.com 124 W. Main St., Coldwater, OH 45828



MEDICARE PLANS

Advantage Plans Supplements Presciption Drug Plans



YORKSHIRE PLACE

1 6 2 BEDROOM APARTMENTS

RENT BASED ON INCOME / HOUSING VOUCHERS ACCEPTED

Beautiful Community Room with Laundry Facilities Fun Activities, Such as Bingo, Game Nights, and Cookouts Close to Shopping, Restaurants & Medical Offices



1100 Myers Road, Celina • 419-586-6288



LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME Jayne Pandy

jpandy@lpicommunities.com

(800) 477-4574 x6401

Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

AD CREATOR STUDIO





Ipicommunities.com/adcreato



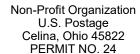
NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



VISIT WWW.MYCOMMUNITYONLINE.COM





217 Riley Street, Celina, Ohio 45822

Return Service Requested

STAY IN TOUCH!



217 Riley Street Celina, Ohio 45822



419-586-1644



mccoa@bright.net



www.mccoa.net



Mon-Fri: 8 am – 4:30 pm Sat & Sun: Closed



Like us on Facebook!



THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday 8:00 am to 4:30 pm

PHONE

419-586-1644

The MCCOA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at www.mccoa.net

To reduce unnecessary postal costs, please inform us if you are going to be moving, going out of town for an extended period or no longer wish to receive the newsletter. We also have the ability to email newsletters. **Thank you**.