

Day/Time	5:15-6:00		6:00-6:45		6:45-7:30		7:30-8:15		8:15-9:00	
Week	A	B	A	B	A	B	A	B	A	B
Mon		5:30-6:00 Lil' Dragons 4-6 year olds	Beginner Karate	Beginner Grappling	Intermediate Karate	Intermediate Grappling	Teen/Adult No Gi Classes		Teen/Adult Advanced Classes	Teen/Adult Advanced Classes
Tues	Beginner Karate	Beginner Grappling	Youth Judo		Teen/ Adult Judo		Teen/Adult Karate	Teen/Adult Grappling	Teen/Adult Advanced Classes	Teen/Adult Advanced Classes
Wed		5:30-6:00 Lil' Dragons 4-6 year olds	Youth No Gi Classes		Intermediate Karate	Intermediate Grappling	Teen/Adult Karate	Teen/Adult Grappling	Teen/Adult Advanced Classes	Teen/Adult Advanced Classes
Thurs	Beginner Karate	Beginner Grappling	Youth Judo		Teen/ Adult Judo		Teen/Adult Karate	Teen/Adult Grappling	Teen/Adult No Gi Classes	
Fri			Beginner Karate	Beginner Grappling	Intermediate Karate	Intermediate Grappling	Teen/Adult Karate	Teen/Adult Grappling	Teen/Adult Advanced Classes	Teen/Adult Advanced Classes
Sat	10:00am - 12:00am Competition Class		12:00-1:00 Teen/Adult Weapons							