**Weekly Menu**

**Week 1**

This is a peanut-free facility

 **Monday Tuesday Wednesday Thursday Friday**

**Breakfast**

**PM Snack**

**AM Snack**

**Lunch**

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| --- | --- | --- | --- | --- |
|  Scrambled EggsFresh FruitLow Fat Milk or Water |  Mini PancakesFresh FruitLow Fat Milk orWater |  CerealFresh FruitLow Fat Milk orWater |  WafflesFresh FruitLow Fat Milk orWater |  Hash Brown PattyFresh FruitLow Fat Milk orWater |
|  Cucumber SlicesCheese cubesLow Fat Milk or Water |  Avocado Pita ChipsLow Fat Milk or Water | Fresh Veggies w/RanchString CheeseLow Fat Milkor Water |  Goldfish CrackersApplesauce PouchLow Fat Milk or Water |  Yogurt w/Fresh Fruitand GranolaLow Fat Milk or Water |
| Grilled ChickenBrown RiceBroccoliLow Fat Milk or Water | Ham of Turkey SandwichBell Pepper SlicesFruitLow Fat Milk or Water | Chicken NuggetsMixed FruitCornLow Fat Milk or Water | Cooked Pinto BeansLean Ground BeefTomato chunks, LettuceShredded Cheese w/tortilla chipsFruitLow Fat Milk or Water | Mini Pizzas w/cheese and sauceFresh Veggies w/RanchApplesauce PouchLow Fat Milk or Water |
| Carrots w/Ranch Or Fresh FruitCrackersLow Fat Milk or Water | CrackersString CheeseLow Fat Milk or Water | Tomato SlicesTurkey and Cheese ChunksLow Fat Milk or Water | GogurtsKidney beansPita ChipsLow Fat Milk or Water | Fruit String CheeseLow Fat Milk or Water |