

Central Georgia Labor Council, Local 987 host ‘meet and greet’ with candidates



From left, Carlos Brooks, Director of the North America Division of the International Brotherhood of Boilermakers, AFGE Local 987 Trustee/Treasurer Jeanette McElhaney, Nikki Porcher, Labor Commissioner of Labor candidate and Richard Hollar of the Central Georgia Labor Council take a photo op during the “meet and greet” held Saturday at union headquarters off Watson. (Contributed)

By **DON MONCRIEF**
Editor, The Union Advocate
don.moncrief@afgelocal987.org

The Central Georgia Labor Council and American Federation of Government Employees

Employees Local 987, along with support from the AFL-CIO and others, food provided by the International Brotherhood of Boilermakers was one of the hostesses at a “meet and greet” Saturday at the union’s headquarters off Watson Blvd.

This was the second event of this nature the three have made available. The first was back in September of 2025. The purpose for both were the same, said AFGE Local 987 Trustee Jeanette McElhaney: “We have multiple candidates that have come to address you, and you can ask questions of them to show your concern, and they’re going to tell you what they can do for you (if elected).”

“We also encourage each of you,” she added, emphasizing that early voting started Oct. 13, “to help fight and educate your families, your community and asking that each and asking each of them to do the same to their friends.”

Warner Robins Mayor LaRhonda Patrick helped get things started. She said she was actually there to say some words on behalf of governor candidate Keisha Lance Bottoms, who she said regretted not being able to be there.

“I’ve been at many events

which she was in,” Patrick said, “and I can tell you she will not forget Warner Robins on her way to be the first elected female governor in our state’s history.”

Talking points Patrick said Bottoms wanted her to pass on included, “making sure everyone understands her commitment to the labor market here. Not just in Warner Robins.”

“Georgia needs a governor that puts working families first,” she said, on behalf of Bottoms, “and that is exactly what she intends to do. She wants to protect and expand affordable healthcare so that no one will be denied access to a life-saving measure and also will not be prevented from having preventative health care, which helps improve their quality of life. “We need a lower cost of living in our community, in our state, and in our nation. And she will work to make sure we get what our families need so that we can stop struggling every single day.”

She went on that Bottoms wanted to protect workers by addressing wage theft, misclassification and employer accountability and ensuring unions had a permanent seat at the table when decisions affect-

“We in Georgia understand that we’re coming up to one of the most important elections of our lives. We’ll be working hard in organized labor to make sure that we get candidates to take care of working folks.”

- Special message from the AFL-CIO to those attending the “meet and greet”

ing workers were made.

“Working people, the people who punch the clock, are what keeps Georgia running and makes sure our quality of life remains as high as possible,” she said, adding Bottoms recently received an endorsement from AFL-CIO President Yvonne Brooks.

“It is important that we keep our working families in mind and we spread the word to make sure they understand that this governor candidate is exactly what working families need.”

Congressman Sanford Bishop used a poem by J.G. Holland, “God give us men,” to help illustrate “we are in some deep and some perilous times.”

After finishing and citing a

good number of accomplishments he has made since being in office, he said: “This poem speaks to where we are. So all I can say is politics is nothing more, nothing less than who gets what, when and how.

“And it’s elected officials who make those decisions, who allocate the resources. And we have some people in there now that are not doing the right thing. We have some people now that have put policies in place which are taking away the good quality of life that people have. They’re taking away the strength of organized labor that has done so much to improve the middle class over the years.

“And Americans all

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Congressman Sanford Bishop speaks to the crowd. (AFGE Local 987/Don Moncrief)



Warner Robins Mayor LaRhonda Patrick addresses those in attendance. (AFGE Local 987/Don Moncrief)

From East to West - Boilermakers cook up wins

By **DON MONCRIEF**
Editor, The Union Advocate
don.moncrief@afgelocal987.org

“The way to a man’s heart is through his stomach.”

Not necessarily but it certainly didn’t hurt for those who attended the “meet and greet” to be treated to some really, really great food a couple of weekends ago!

That was provided by the International Brotherhood of Boilermakers, Iron Ship Builders, Blacksmiths, Forgers and Helpers.

Carlos Brooks, who is the Director of organizing for North America for the Boilermakers, helped lead that effort. Yardley Allen, also a Boilermaker, was his right-hand man, in doing a good portion of the cooking.

Brooks is a Warner Robins native. He grew up here; went to Houston County High School where he played football and ran track – his daughter also excelled at it, he said – and now he gives back to the community

by teaching kids in those sports.

His involvement with unions, he said, started in Clinchville at the Cemex plant, where he has been a worker for 12 years.

“And the older guys there educated me, gave me some knowledge, gave me some books, encouraged me to come to the meetings.” He did and before long was elected president of the Local (Lodge D23). In fact, he was elected for three terms.

“The biggest thing (about unions),” he said, “is getting involved. The ‘community outreach’ piece is so important because people didn’t even know we had a union there in that area for so many years. And that union jobs still do exist in this area. And that, you know, if people had the education and if they knew what came with being a part of something like a union, we’ll have more unions in this area.”

As far as his director position, Brooks said it

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Carlos Brooks, Director of organizing for North America for the Boilermakers, stands next to the organization’s booth two weekends ago at the “meet and greet” held at Union headquarters. (AFGE Local 987/Don Moncrief)

Fitness test made harder for women in combat roles. Most female Marines are passing

Over the past decade, hundreds of women have gone on to serve in Marine Corps combat roles. Thousands more have served in Army infantry units, and a few have even completed the grueling process to serve in special opera-

This article from *The War Horse* was edited by Paul Szoldra, fact-checked by Jess Rohan, and copy-edited by Mitchell Hansen-Dewar.

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MEET AND GREET

From page 1

across the country and right here in middle Georgia are saying enough. is enough. We are tired of the rising costs at the gas pump. We are tired of paying more at the grocery store. We are tired of having our health insurance go up. We are tired of having people in our state who can't afford to get medical care. We are tired of paying for a senseless war, which is taking up the cost and driving everything else we have to purchase higher and higher. So enough is enough."

Bishop said he was reminded of when he first started learning to drive. His father put him in a car and said if you want to go in reverse, you put it in "R". If you want to go forward, you put it in "D".

"We don't want to go back," he said. "So let's go 'D' all the way down for balance."

Here, in their own words are the other candidates:

Cynthia Johnson

Democratic nominee for State House District 148



I am happy to be the Democratic nominee to do the work for the people. That's my purpose to make sure that no matter what the zip code is where you live, you have a right to good representation.

Someone who is going to care about the issues that you care about, which are affordable health-care, which is affordable housing, which is lowering gas prices and making sure we can afford the groceries when we go to the grocery store.

We are living in a crisis right now. A crisis where we can't even go to the grocery store and trust the very thing that is on the shelves for us to buy. All of you know we are going through this type of struggle. No matter what area of the state or of the country you go in, the sentiment is the same. And in District 148, our individuals, our constituents deserve a representative that cares about what's important to them.

And it also includes keeping our hospitals open, making sure that we vote down the ballot, not just at the top. We have to go all the way down so that we can put that into place with Sanford Bishop spoke about. We're not going to the 'R'. We intend to go to the 'D' so that we can make the necessary changes that are needed in our communities.

Listen, I am a retired educator. I am a faith leader. I am a wife, a mom and I am determined to be that voice for the people of Southwest Georgia. I look forward to earning your vote, putting Southwest Georgia on the map and showing this country that change is here and change will stay in the state of Georgia. God bless you all.



Josh McLaurin

Lieutenant governor candidate

We are in a second Gilded Age. This is not just McDonald's hamburgers and good jobs and whatever story about capitalism that Brian Kemp has been trying to tell in the state of Georgia for the last eight years. This is one of the biggest crises economically that this country has ever faced. And the quest for new leadership in Georgia is a quest to recognize this basic reality that inequality in wealth and income are destroying the American way of life.

We're here in Warner Robins today because there is a solution to that. And it's to actually care about working people and attack the issues that matter most, wages, working conditions, benefits, affordable housing, healthcare, childcare, the list goes on.

But you can't solve a problem until you identify it. And Republican leadership in this state for the last 20 years has been unwilling to do that.

I see Peter Hubbard over there, who got elected to the Public Service Commission in November of 2025, and he'll be up here later. He is dealing with energy costs. Georgia Power running ramshackle over Georgian voters who just want their utility bills to go down.

And there's 100 other economic stories just like that one. My name is Josh McLaurin, and I'm running for lieutenant governor of the state of Georgia. And I've been in the Senate for four years. I was in the House for four years before that. And what I saw is a lot of golf clapping, a lot of patting oneself on the back because Republicans would make tiny tweaks to the legal and economic landscape and they would call that victory. They'd call that success.

There's a lot more that working families need and I don't have to be the one to tell you and tell the folks at AFGE and the AFL-CIO that. But it's time to put the adults back in the room. Not to do all these foreign wars raising gas prices. Not to increase tariffs just because Trump has a grudge against somebody. But it's time to focus on real issues, working people's issues, and to get those adults back in the room so we can have a steady hand finally back in charge of government again.

So I'm honored to be with AFGE and organized labor today here at Warner Robins, we were here at the event last year. There's fewer candidates here this year, but we've got our slate. We're ready to elect Democrats up and down the ballot.

Dr. Kelly Esti

Candidate for Georgia's Eighth Congressional District



Look, I currently live in Atlanta, but I grew up in a rural Mississippi. And at the end of the day, I understand the plight of rural folks because we were often ignored a lot of times that anytime that we had anything that ripped away, like their tax cuts or anything, we were always the first to perish.

And the one thing that I would like to bring to the Eighth Congressional District is that legislative experience that I've had in Georgia. I have been able to work for a state senator, during the time that we were creating the city of South Fulton.

And that actually came from us solving a problem with our area because about 10 years ago. We wanted to keep a lot of the warehousing out of a lot of our nicer neighborhoods because we had a city that was nibbling off land and then rezoning it and then putting a warehouse right next to our neighborhoods.

So, one thing from the zoning board, I was like, look, we have got to create a city so close our borders so that we are protecting our neighbors from those warehouses.

And I've always been about solving problems. And today that city is about 10 years old with 113,000 people with a \$431 million budget. And that came from us solving problems in our area, especially when it came to making sure that our area is not inundated with warehouses.

And right now we're also dealing with that in data centers. And so a lot of people are against what's happening with data centers. And Republicans have supported data centers through and through. And one of the things that we have to do is we have to get creative with how we stop these things. And a lot of that can be taken care of in our zoning.

Look, big things for me is affordability. We have to repeal the big, beautiful bill. That is the one thing that is causing a lot of issues currently in the United States. We have farmers that are suffering because of terrorists and trade wars and now high fuel costs because of an Iranian war.

So we have a lot of problems that we are facing as Americans. And right now, Republicans have basically taken us off the cliff. We have to come back from that. We have to provide a new direction for the United States and part of me bringing myself to Congress is making sure that we solve the problems of the future.

One of them is data centers and also the education of our children. Education is one of the biggest things for me. I would like to see a system where it is completely free for public schools. And that can be fully funded and paid for through our nation's budget. And Republicans have stripped away education funding that has subsequently made Georgia fall into some of the lowest places in the United States. That needs to change. And that will be how we put Georgia first. It's how we invest in our students, in our seniors and also our communities.

Thank you. Look, Nov. 3rd is election day. I'm going say this to you. I want you to vote no matter what, okay? Because our livelihoods, our future is all at stake in this particular election because we have, they have disenfranchised our rights.

They want to strip away funding next or in January, you will see a huge reduction in your Medicaid and Social Security as well too, because of the big, beautiful bill.

So, one of the things that we have to do to protect our communities here in the state of Georgia is to repeal that bill so that we can move forward with funding our education, funding Social Security, Medicaid and also providing universal healthcare.

Dr. Lydia Powell

Candidate for State Superintendent of Schools



I'm over here from Fayette County, Georgia, but I'm currently an assistant principal in a high school in Henry County School. And so I wanted to make sure each one of you had a candidate that has current educational experience, someone that knows how to lead schools, someone that understands the plight of a teacher, someone that understands what's facing our students today.

One of the major things is we need to ensure that we change that formula, the QBE formula that funds our schools, so that our schools can be fully funded. The current formula is from 1985. I've been teaching since '98, and I will tell you schools are very different than they are now. We have to take into account our needs, such as technology needs, mental health and wellness needs, wrap-around services, and things of that nature.

So, I want to be your candidate that fights for those things. Number one, I want to expand pre-school education. When we look at our reading scores, only 35% of our third graders can read at grade level. And when we look at areas like this in rural Georgia, those numbers are even lower. Why? Because of high poverty rates. And so we need to make sure we're closing gaps in the beginning.

We're starting letting students start ahead and not behind. We're not asking teachers to remediate students when we can start them ahead with a strong foundation. The second thing is rural Georgia connectivity. I want to ensure that we expand broadband connectivity here. We have the appropriate funding. We have statewide initiatives to ensure that we have teachers that can educate our students.

And finally, I want to decrease the over-reliance. We need to ensure that teachers are in the classroom teaching those skills that the students need. We need to expand our career tech education pathway so that we can have a strong labor force with ready to work skills. And those are the things that I want to do. And when we look at our literacy rates, we need to make sure our budget reflects the importance of ensuring all children in Georgia can read.

So, we cannot continue spending money when it does not effectively impact our students. So currently, we spend over \$100 million on private school vouchers, but only \$70 million on our reading initiative. That is not equal. We cannot allow our access to education be dependent on a child's zip code. Students in metro Atlanta should not get a better education students in rural Georgia and that is one of the things I want to change and that is why it is important for me to be before you all today.

Peter Hubbard

Georgia Public Service Commission



So, I earned that title last year in a special-election, one-year term. I have to go back and do it all over again for a full six-year term.

So, you'll see me on that ballot Nov. 3rd, along with Sheila Edwards, who's here and will speak after me. What we have the opportunity to do is to take back the control of the Public Service Commission that's been under one party rule for the last quarter century or so, and actually start thinking about the impact of our decisions on people's power bills.

That's what's not been happening. That's why you saw six rate increases, but we can do better. I'm someone who happens to know that when we take the resources that we're manufacturing in this state, solar panels, electric vehicles, batteries, and we put the people of Georgia to work with those things that we're making in Georgia. We can use that to lower folks power bills and that can lower the cost of doing business and that is very good for labor unions.

So, you know, Labor Day has always been near and dear to my heart. My birthday Sept. 2nd, my

mother went into labor on Labor Day but I missed it by a day. But it's an important time when we need to be thinking about, you know, what it is that actually creates jobs, long-lasting jobs. And I am convinced that clean energy can help with job creation and it can help with lowering folks' power bills, not to mention helping do something about these increasing heat waves and everything else that we're seeing.

So I have a real opportunity to flip the commission to a pro-consumer majority and lock it in for four years.

Sheila Edwards

Candidate for Georgia Public Service Commission



I am running alongside Peter Hubbard, who's running in the third district. I'm running in the fifth district. But as he said, everybody in the state gets to vote for this position. It is so important that you encourage your friends, neighbors, family members, church members union members, everyone to go out and vote this November.

We are at a critical point in our history where we can get that critical third vote to the Public Service Commission and finally flip it to a Democratic majority. And that Democratic majority means us now tackling these high utility bills. That means tackling the influx of data centers into our communities. That means making sure that information is accountable to us, the people, versus to a large monopoly that puts these rates on the back of hard-working people.

We have Georgians that are getting their power bills turned off in the dead of winter or the hottest days of the summer, like today. And they have no recourse. In order to get their bills back on, they have to pay a reconnection fee. That's simply not right because utilities is not an option, it's a necessity. We need that in order to survive. I don't know if you guys are paying attention to Gary, Indiana where the folks down there or up there have had their utilities impacted for the last couple weeks. Georgia could be in that same position if we don't have the right people at the helm making the right decisions for us, making sure the grid is protected, making sure that we have options besides just the utilities that Georgia Power is offering.

We have millions of people in this state, but they only have a solar program for 5,000 people. That's not right. We have data centers coming into our communities and putting those bills on hardworking Georgians. That's not right. If they come to our state, they have to pay their bill. They have to make sure that they're good neighbors and putting things in place. You can't locate a liquor store next to a school or next to a church or next to some of these things, but they're putting these data centers right next to our communities. That's not right. They're utilizing water and they need to figure out how to recycle that instead of putting it into our environment.

We've got a lot of things that we need to grab hold and make sure that we're championing for the people of Georgia. And together with the Georgia AFL-CIO and the other members of various juniors across the state, we can join hands and usher that in. And I can promise you that when I'm elected Public Service Commission, you're gonna have an open door to come to me and talk to me about your issues.

No more skirting around anything or telling you to go and call somebody else. You're gonna be able to call me and I'm going answer the phone.

Rutha Jackson

Candidate for Houston County Commissioner, Post 2



As you well know, we have not had an African American in this seat in 40 plus years. And I'm excited to represent you as a local resident of Houston County for all my life. I've been here, raised here, raised my family here. All my children went to school. I've taught here in Houston County for 25 and a half years, now retired.

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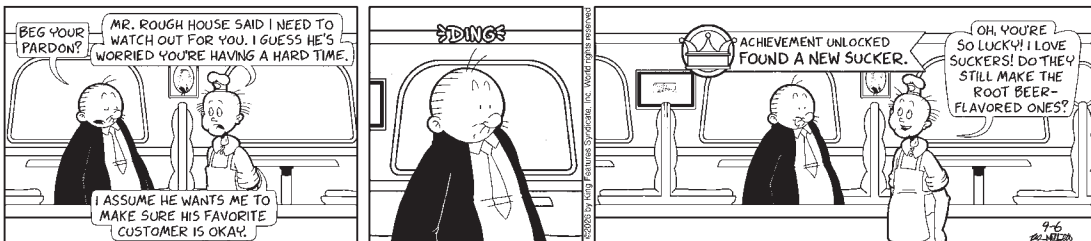
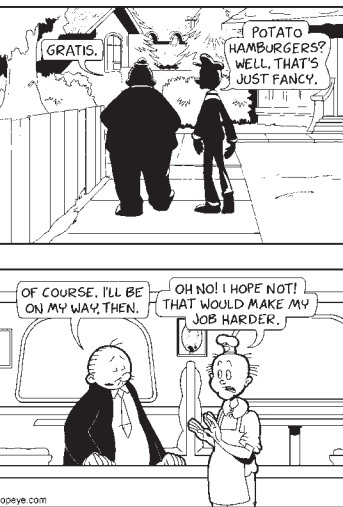
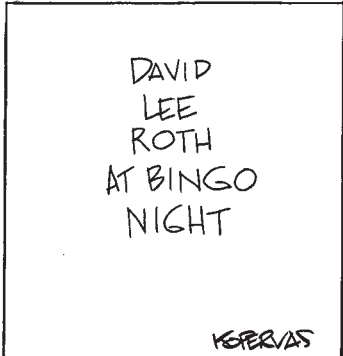
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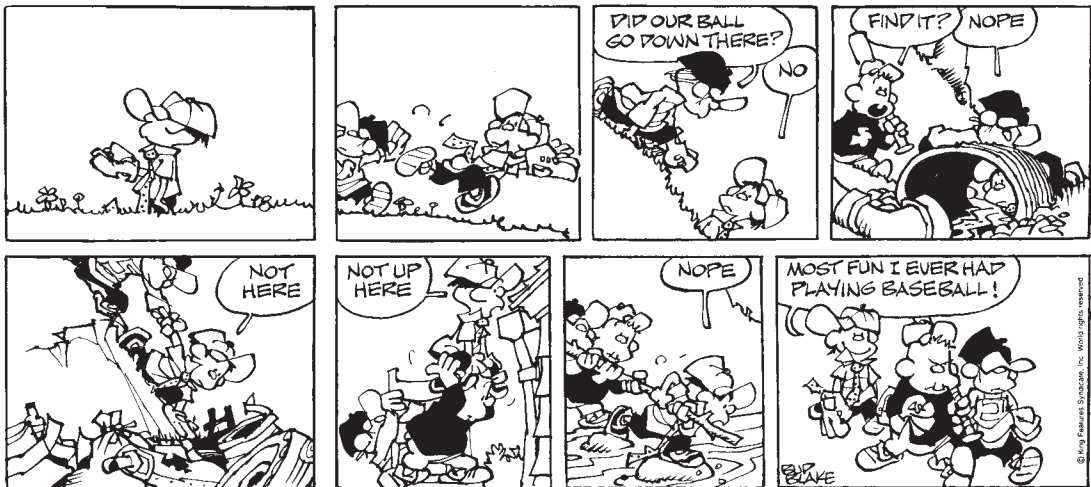
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Weekly Sudoku

by Gary Kopervas



TIGER



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answer

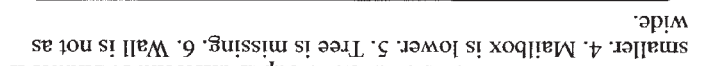
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Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only **ONE** word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ **RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

BY
HENRY BOLTINOFF



5 Nutrition-Boosting Tips to Spread Protein Throughout the Day

FEATURE IMPACT

Most Americans are eating enough protein. They’re just eating it wrong.

Protein is the macronutrient of the moment – for muscle building, losing weight and staying strong – but nutrition researchers say two things are missing from the conversation: timing and quality.

Spreading protein intake across the day produced about 25% greater muscle protein synthesis, even when the total daily intake was identical, according to research published in the “Journal of Nutrition.”

“Your muscles don’t have a bank account,” said Chris Mohr, PhD, RD, performance nutritionist. “You can’t deposit all your protein at one meal and expect your body to save it for later.”

Most researchers point to a target of about 30 grams of high-quality protein per meal to maximize muscle protein synthesis in most adults.

However, grams aren’t everything. The source matters just as much.

“Aim to get most of your protein from whole, nutrient-dense foods rather than relying on powders, bars and snacks that don’t have much else to offer,” Mohr said. “Supplements have their place but they should build on a real-food foundation, not replace it.”

Quality comes down to amino acids – specifically, whether a source contains all nine essential ones the body can’t produce on its own. Animal proteins (dairy, eggs, meat, fish) check that box. Many plant proteins don’t and tend to be lower in leucine, the amino acid most critical for triggering muscle growth. Dairy is especially rich in leucine.

Mohr recommends a source of dairy at every meal, including milk, Greek yogurt or cottage cheese. He suggests cottage cheese with the highest levels of protein, such as Mulu cottage cheese

- that contains 18 grams of protein per serving – one-third more than the leading brand.
- Additionally, Mohr offers these tips to spread protein intake throughout the day:
- **Start with a protein anchor.** Build your morning meal around protein, such as scrambled eggs with cottage cheese or a Tart Cherry Cottage Cheese Smoothie with nut butter.
 - **Layer in protein at lunch.** A salad with grilled chicken, a turkey and cheese wrap or a grain bowl with edamame and hard-boiled eggs can hit the 30-gram target.
 - **Make snacks count.** Use cottage cheese as a base for dips or keep hard-boiled eggs on hand for quick, protein-rich options. Or, in just 7 minutes when time is of the essence, you can prepare Air Fryer Cottage Cheese Toast with a delicious drizzle of hot honey.
 - **Treat dinner as a cap, not a catchup.** By evening, protein intake should already be well distributed. Try a moderate portion of fish, lean meat or legumes alongside vegetables.
 - **Eat slow-digesting protein before bed.** Studies show consuming casein protein before sleep – the slow-digesting protein found naturally in dairy – supports overnight muscle repair. One-half cup of cottage cheese or a glass of milk before bed is a practical, evidence-backed way to put science to work.

To find more protein-rich solutions to power your day, visit MULUProtein.com.



Tart Cherry Cottage Cheese Smoothie

Servings: 2

- 1 cup Mulu low-fat cottage cheese
- 1 frozen banana, peeled
- 3/4 cup frozen tart cherries
- 1 tablespoon ground flaxseed
- 1 cup low-fat milk
- 1 tablespoon nut butter

In blender, blend cottage cheese, banana, cherries, ground flaxseed, milk and nut butter on high speed until completely smooth, 45-60 seconds.

If smoothie is too thick, add water, 2 tablespoons at a time, and blend to preferred texture.

Pour into two glasses and serve or pour into sealed jar or container and refrigerate overnight; stir or shake well before drinking.

Nutritional information per serving: 310 calories; 35 g carbohydrates; 22 g protein; 10 g fat.

Air Fryer Cottage Cheese Toast

Servings: 2

- 1 cup Mulu low-fat cottage cheese
- 2 slices sourdough bread
- 2 teaspoons hot honey
- 2 teaspoons chili crunch

Preheat air fryer to 400 F.

Spread 1/2 cup cottage cheese onto each slice of sourdough bread. Transfer slices into fryer basket. Cook about 7 minutes, or until cottage cheese is golden, bubbly and lightly set. Remove toast from air fryer. Drizzle 1 teaspoon hot honey and 1 teaspoon chili crunch over each slice and serve.

Nutritional information per serving: 295 calories; 38 g carbohydrates; 19 g protein; 6 g fat.



BOILERMAKERS

From page 1

is spent with “campaigns.” He explained campaigns were typically the result of workers reaching out to them to let them know they want to be organized or need a union.

“And they tell us (things like) their wages are terrible. Their working conditions aren’t good. We go and we educate those workers and in the process of educating those workers, we let them know what comes with being a part of a labor union, being a part of a brotherhood, sisterhood.

“So, we get campaigns started and once we have enough authorization cards, we take it to a vote. We file a petition with

the state, whatever state we’re in, we’ll file a petition. Once that petition is filed, an NLRB agent comes down holding an election and then those workers are now union.

“After that, the process goes to a contract. We get into a contract negotiation with the company.”

Right now, he said, there are a lot of companies that try to “stall” them out to where they can’t get a bargaining unit agreement, so we run into ‘uphill battles’ with things like that, but for the most part, everywhere I’ve been going, we’ve been winning.”

That includes wins – some of them lopsided in favor of a union, he said - in California, Illinois, Texas and Florida, the latter two of which he currently

still has five-to-six active campaigns going on.

He – the Boilermakers – he said, just giving a sampling of their impact, represent employees at more than 40 shipyards throughout the United States and Canada, as well as more than 25 cement plants.

“And I mean, our biggest thing is, from an organizing department and the team, is to make sure that workers are educated, make sure that they know the benefits that come with being a part of a labor union.

“So I go down and meet with them, and they’re fired up. That’s pretty much all it takes.

“I enjoy educating people, helping to change their lives and make sure they know making a livable wage without killing yourself.”



Boilermaker Yardley Allen cooks during the “meet and greet”. (AFGE Local 987/Dan Moncrief)

MEET AND GREET

From page 3

I’m also retired military for 33 years. as Air Force, of course, and I am excited about what this journey is about to be. I am a resident, as I said before, and I’m looking forward to doing greater work on the County Commissioner Board.

I know that our focus right now is at-large positions and in this at-large position, I will be focused on hopefully eradicating more effective policies within the county for county employees for greater and better jobs that will come into the county for those who live in the county for opportunities for those who having problems and getting housing in the county.

I know that even though we have various policies that regulate for many different age groups here in the county but we are trying to make sure that it’s equal across the board, that all people have an opportunity to receive all the things that they need from the county, from the Board of Commissioners. Our focus is not just on roads and structure of roads and what roads that we pave. It’s about housing. It’s about jobs. It’s about opportunity so that our communities can strive to be all that they need to be for even the future generation.

I am concerned about the fact that there are not enough housing for low-income families. For those who are coming into our county and even for those who are already in our county, we need opportunity, a chance for a better chance to own a home and to be comfortable in our homes as well. We’re building a lot of housing, but not enough apartments for others who have the low income. We are looking forward to making it equal across the board.

We understand that our focus should be on the things that the people need, not the things that we desire to have individually as a group of people



Renita Duncan
Candidate for House District 147

I want to tell you about who I am, but first, it would be remiss for me not to speak on

Labor Day about Anchor Glass and the 168 people who just lost their job that affects our community right now. I want to talk about the 1,500 people that are unemployed in our county because that doesn’t make the news.

We are in middle Georgia and that is why I’m running. That’s one of the reasons why I’m running. I am a retired command sergeant major with 28 years of service in the Army Reserve. And I am an ex-employee from Robins Air Force Base who chose to take the deferred resignation because I knew I could not fight the fight from within. I had to come out and I am here to fight for you.

One reason I ran is because I did not know who my representative was. And a couple of weeks, I got a chance to meet her and I learned a couple of things.

The first thing is she doesn’t like the smell of collard greens. But the second is she’s a market girl.

Well, I’m Renita Duncan. I’m a people girl. I’m the farmer’s girl when we’re talking about getting our meat from somewhere else. I’m the teacher’s girl knowing that we need to pay our teachers their worth. and I’m a family girl and I know that my family needs medical insurance and it is a state of emergency for Georgia.

I do not want a governor with a southern twain that acts like the president that we have right now. I do not want a congressman who won’t even come talk to John Austin, my representative, and not talk about the sex trafficking that we’ve talked about, not talk about the healthcare, but talk about how corporate and how much money they have. I am a people’s girl. I’m Renita Duncan, and I’m a better choice for Warner Robins. I’m a better choice for District 147. And I look forward to talking to you all today about that. Thank you.

Mark your calendars

Local 987 will have a membership meeting Oct. 15 at 5 p.m. It will be held at Union Hall, located at 1764 Watson Blvd.

Membership will be verified. You can make updates to your contact information by calling Union Hall at 478-922-5758 or by emailing Linda Baxter at linda@afgelocal987.org or Jeanette McElhaney at jmac@afgelocal987.org.

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