

BLUE DOPLPHIN GOALS

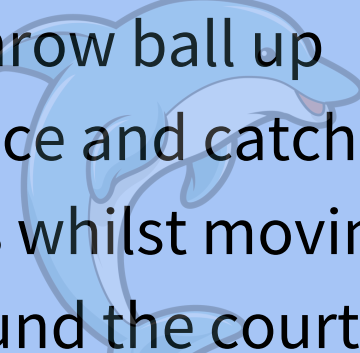
Tennis Skills Bingo!

Can you practise and show off these tennis skills to earn your certificates?

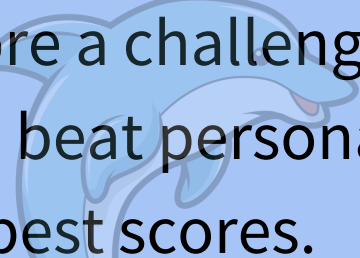
Tick off a 6 boxes to win your certificate!



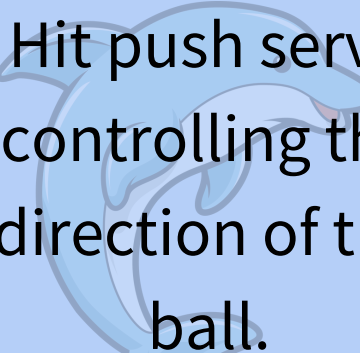
Throw over arm to anywhere in the court with good throwing technique



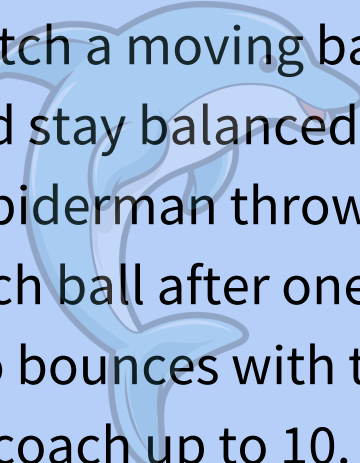
Throw ball up bounce and catch 5 times whilst moving around the court.



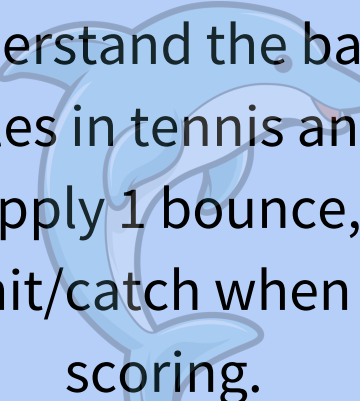
Score a challenge and beat personal best scores.




Hit push serve controlling the direction of the ball.



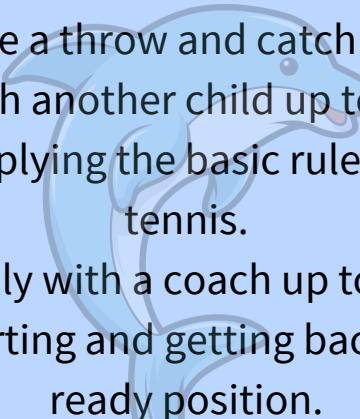
Catch a moving ball and stay balanced in Spiderman throw. Catch ball after one or two bounces with the coach up to 10.



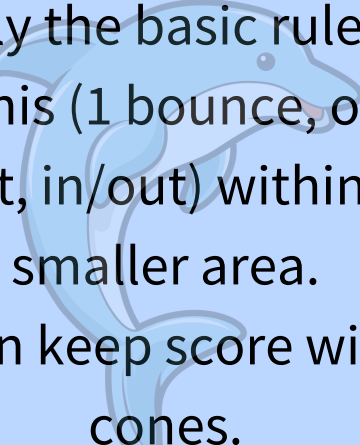
Understand the basic rules in tennis and apply 1 bounce, hit/catch when scoring.



Start point with pop & push serve keeping feet still.



Have a throw and catch rally with another child up to 10 applying the basic rules of tennis.
Rally with a coach up to 10 starting and getting back to ready position.



Apply the basic rules of tennis (1 bounce, over net, in/out) within a smaller area.
Can keep score with cones.