

Coaching Curriculum: LTA Youth Orange

		Serve/Return	Rally	Score
Orange	Futures	Red court +: Serve 5 balls over & in on deuce and 5 over & in on ad out of 25 serves. Reinforce chopper grip over and in.	Red court +: orange ball rally with direction (cross court and down the line) with coach up to 10.	Can score a tie break independently. Have better understanding of 15, 30, 40 scoring.
	Challenger	Orange court: Service box golf – 4 serves in each quarter of box out of 40 serves. Reinforce chopper grip over and in.	Orange court: Rally cooperatively with partner keeping ball behind the service line up to 10.	Knowing what is in and out on an orange court and being able to confidently keep a tie break score.
	Tour	Hit serve with chopper grip and be able to change direction.	Being able to control space using direction (cross and line) up to 10 with a partner. Start introducing off centre recovery position.	Can play a match independently keeping an accurate score.
	Masters	Serve in chopper sideways on with ball & racket together and serve to different areas of box.	Consistently hit and control space and time. Understand phase of play and apply correct tactic 60% of the time in matches.	Able to concentrate long enough to umpire a match, calling lines and calling score.

On challenge days we will be awarding children certificates for achieving the competencies. For any questions on this, please get in touch.