

# ADULT CLOTHING PROTECTOR

## MATERIALS

- Fabric, 2 pieces for front & back ~20 x 32" (two fat quarters can make one side)
- Pattern
- Velcro (kind to sew-on), 2" long; will be 2 pieces--a soft side & hook side

## INSTRUCTIONS

1. Cut out 2 sides. Nice to make fabrics different on each side. Be sure to cut with either right or wrong sides together so you get 2 mirrored sides.
2. Right sides together, sew around 1/4" seam, leaving ~ 3" opening along side or bottom.
3. Turn, press
4. Top stitch around entire protector.
5. Sew one horizontal seam across middle of protector so fabrics stay together when washing.
6. Sew on Velcro pieces so protector can close around neck, as shown in pic. Sew around all edges of Velcro and once across middle.



**Top neck strap –  
sew on Velcro/soft  
piece vertically, to  
underside**

**Lower part of  
protector – sew on  
Velcro/rough  
piece horizontally**

\* Sew Velcro soft piece on end of upper strap vertically and on underside.  
(this allows the head opening to be slightly adjusted).

\*Sew Velcro rough piece to lower part of protector horizontally.