PILLOW, SMALL – FOR CHILD TO TEEN
(as requested by nursing staff)

Fabric: Two pieces 8 x 12" fabric - in child or teen friendly soft cotton or flannel fabric.
* Or cut one piece 16 x 12", so 12" side will be on fold
* **Finished size** should be ~ 7-1/2 x 11-1/2"

1. With right sides together, sew around with 1/4" seam, leaving 4" opening on short end.

2. Clip corners, turn, and iron. Press small "opening" seams inside pillow 1/4" so it's easy to sew closed after stuffing.

3. Stuff so pillow is "squishy & comfy," not hard like concrete. Be sure to get stuffing into corners.

4. Sew opening shut with ~ 1/8" seam. Cut away all loose threads.

For Abundance Of Love
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