

## Easy Handwarmers - Crochet (courtesy of Doris Hoffman)

You will be making an 8 to 9” square to fold and form a handwarmer.  
AdventHealth nurses requested handwarmers or fingerless gloves as the hospitals are cold!

### **Materials**

Yarn, #4 medium weight  
J Hook

Ch – chain  
SC – single crochet

### **Instructions**

Make 2 handwarmers.

Leave about 12” yarn tails at start and finish.  
Ch for about 8 to 9”  
In 2nd ch from hook, SC.  
SC in each chain to end. Ch 1 and turn.  
SC in back loop of each SC to end. Ch 1 and turn.  
Repeat previous row til square is about 8 to 9” long.

Fold square in half along rows.  
With ending yarn tail, sew sides together for ~5”.  
With starting yarn tail, sew sides together for about ~1.5”.  
This leaves a thumb hole.

