

PRAYER POCKET – SEWING PROJECT

Supplies

Cotton fabric back, 2 pieces, 4-1/2 H x 4-1/4 W;

see pattern on next page,

Cotton fabric pocket, 1 piece in coordinating fabric, same size

Low loft batting or Pellon fusible featherweight interfacing,

same size (nice batting – Quilters Dream Cotton “Request,” available at Sewing Studio)



Instructions

1. Cut out all parts.
2. Place batting on wrong side of one back, or iron interfacing to wrong side.
3. Fold pocket in half, wrong sides together, top to bottom (4-1/4” sides together). Iron. Sew along folded edge, about 1/8 to 1/4” in from edge.
4. If desired, add embellishment (i.e., heart) to pocket.
5. Layer fabric:
Back without batting right side up
Pocket on bottom half, with folded edge in middle, wrong side up
Back with batting facing up & right side of fabric facing down
6. Pin altogether.
7. Sew around 1/4” seam, leave ~2” opening on bottom. Backstitch at both start & end.
8. Clip 4 corners.
9. Turn between pocket & back, push out corners (chopstick works well).
10. Iron flat, esp. edges of opening as it will be easier to sew closed.
11. Pin opening closed, if needed.
12. Top stitch 1/8” seam around all sides.

(AdventHealth Orlando includes a prayer & provides to cardiology patients.)

Pocket Square

4-1/2" high x 4-1/4" wide