



## My Design Life Blueprint

“Designing your life is easy to do. But it’s easy not to do. Design it yourself or it will be designed for you”

### I. “What Do I Want?”

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|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

### II. “What Will Stop Me From Getting It?”

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|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

### III. “What Am I Prepared To Do About The Things That Will Stop Me?”

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|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |



## Directions for the *Designing Your Life Blueprint*

Very few people are doing what you are doing. Most people have not been told that a great life deserves a plan. So you are at a great advantage. Let's press it.

This plan is broken into 3 easy to follow components.

### #1: "What do I want?"

Begin with your vision for yourself. Don't worry if it's not completely clear to you, just make a start. Watch the video on John Goddard and his famous life list on [www.iwantabiglife.com](http://www.iwantabiglife.com). Dream bigger and bigger. See as far off in the future as you can and think big. Never be afraid of thinking big. Write down everything that comes to mind and don't edit it (leave something out because it sounds too crazy or impossible. All impossible things start off sounding crazy). Make sure to include at least 2 or 3 really impossible things...and watch the *Alice in Wonderland* video on [www.iwantabiglife.com](http://www.iwantabiglife.com).

### #2: "What will stop me from getting it?"

Get to know yourself and what stops you as you reach for your goals. This part is the most often neglected step in life planning, and for my money it is BY FAR the most important thing. Having goals and dreams is so important but you need to get to know what stops you; both seen things like blaming, bad attitude, laziness and unseen things like not finishing what you start, hesitation in clutch moments, procrastination, fear, etc.. Once you begin to assemble a list of things that stop you, you'll notice that the list doesn't change much over the course of your life. That's a good thing because you can normally boil it down to 3-5 things that are changeable. Get a program to effectively change those things (take the training!) and attaining your goals becomes much more automatic. Not completely automatic, but close.

### #3: "What am I prepared to do about the things that stop me?"

You need to address the things that stop you. There is nothing you can put on that list that can't be fixed in one form or another. And it's well worth your time, however long it takes, to stay focused on fixing those blocks and getting on with your life. So get after it!

*You are awesome.* And remember.....Life is Big!

To get the full *Design Life Virtual Training* go to [www.MindRevlabs.com](http://www.MindRevlabs.com) and register for immediate access to this life changing training.