## Wind-in-the-Willows

### Willow Ridge Civic Association

#### Willow Ridge Civic Association

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#### WRCA MEMBERSHIP MEETING

Tuesday, September 10, 2013 7:30 p.m. Ellicott Creek Fire Hall

#### All Members Welcome

- DEADLINE for the September WITW is August 16
- National Night Out: Pg. 2
- Chiari Walk Information: Pg.3
- Garden Club: Pg. 4Crime Prevention: Pg. 5
- Neighborhood News/Classified: Pg. 6
- Movie Night: Pg. 8

#### www.wrca.info

#### Dear Friends and Neighbors,

I trust that each and every one of you is enjoying summer and all the warm sunny weather we have, except for July 19 .. Movie Night in Willow Ridge. As you know the weather did not cooperate. Out of a concern for the safety of our residents (lightning, wind, and later rain) the event had to be postponed. The new date is August 2. Please plan on bringing your families and lawn chairs to the rescheduled movie night. It will be the first ever in Willow Ridge and you can be a part of it! Then, just a few short days after that will be National Night Out on August 6. If you've attended before, you know that this event is one of the staples we thoroughly enjoy in Willow Ridge. If you haven't, plan on coming and you will see why.

VOLUNTEERS: There are many areas for you to help. Consider if you can to offer some of your time. Contact <u>WRCA.PRESIDENT@GMAIL.COM</u>

Our next meeting is Tuesday, September 10 at 7:30pm at the Ellicott Creek Fire Hall. This is the first one after the summer. Hope to see you there! In the interim, please, e-mail me with your concerns. Several residents already have, and I have sent the messages to the appropriate officials. Sincerely,

Ríck VonLangen

August *Wind-in-the-Willows:* Health and Safety Issue See inside for important ways to promote good health and stay safe!

# Family Movie Night

Rescheduled for Friday, August 2 Bedford Park

Bring your cozy blankets, comfy chairs, and yummy snacks. Relax and enjoy a movie under the stars.

Show time—DUSK!! (8:30ish)

Featuring



Refreshments available.

Free gifts to the first 100 children under 10.

See back page for more information.

No pets or alcohol please.



Wind-in-the-Willows Health and Safety Tip: BE SAFE

August 6, 2013 Willow Ridge School

You won't want to miss this! Bike parade starts at the fire hall at 6pm, snakes through the neighborhood and ends at Willow Ridge School. (See diagram below.) At the school you and the kids will be treated to a fun-fest of major proportions! Chaired once again by John Miller, this year's event will be even

bigger and better!

Health/Safety

self-defense demos car seat check health screenings neighborhood watch info healthy eating info booth

Pony rides **Petting Zoo Bounce House DJ & Games** 

Easily one of the most popular events of the year! Get there early and get in on all the action!!

Food

Free Anderson Sundaes **Hot Dog Sale Bake Sale** 

**WRCA Info Booth** 

There's More!







Balloon Artist

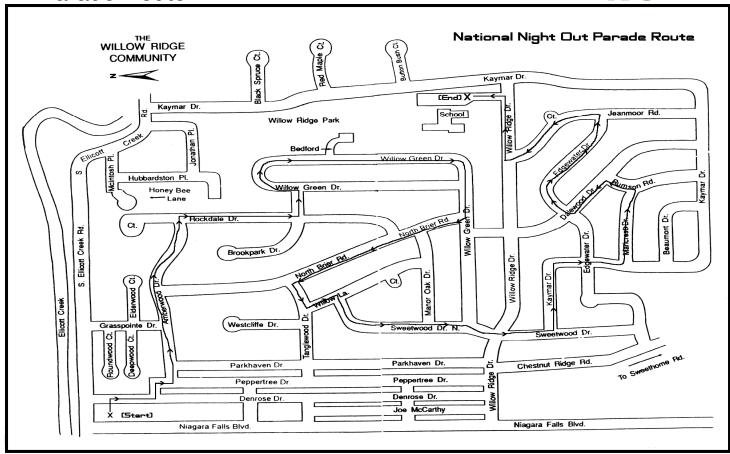


VAVVOOS

Bike Decorating Target Bike Raffle



#### Parade Route



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BALLOON





RAFFLE 0000000

50/50







Ellicott Creek Park Niagara Falls Blvd @ N. Ellicott Creek Rd. Tonawanda, NY 14150

Registration Begins @ 11:00 AM, Walk Starts @ 1:00 PM

#### APPEARANCE BY SPONGEBOB SQUAREPANTS



#### Signature Entertainment spinning tunes & Hair Nation Live!

Chiari Malformation is a serious neurological disorder affecting 300,000 people in the US. The Conquer Chiari Walk Across America is a series of local awareness and fundraising walks held across the country on the same day. Join us on this special day and help the thousands of families struggling with this terrible disease.

All proceeds will be used to fund Chiari research, education, and awareness. Participation is free. T-shirt & food ticket will be provided to walkers that pre-register with a minimum donation of \$25 before August 16th. For more info, to register as a walker, to sponsor, or contribute to the basket raffle contact Agnes Starr at (716) 691-7717 or sweetpea324@verizon.net or Denise Amanti at (716) 578-0611 or Niece10222@aol.com or visit: www.conquerchiari.org

Conquer Chiari, known formally as the C&S Patient Education Foundation is a Pennsylvania 501(c)3 nonprofit dedicated to improving the experiences and outcomes of Chiari patients through education, awareness, and research.

#### Willow Ridge Garden Club

Willow Ridge Garden Club will honor the memory of Norma "Jean" Barron the 8th President of our club. She passed away November 7, 2011. A memorial bench has been placed in Amherst (Willow Ridge and Sweetwood) in her remembrance.



Her bench commemoration ceremony will take place August 3 at 11 A.M.

There will be a Willow Ridge Garden Club meeting August 7 at 12 Noon; Potluck Picnic and Croquet tournament will be hosted by out Vice-President at her home. Members will share culinary delights utilizing herbs.

### To Submit Articles for the Wind-in-the-Willows

email: wiweditor@gmail.com and be sure to put witw in the subject box; or place signed articles in porch box at 221 North Brier Road. The deadlines for each month are located in the left margin on the front page of the newsletter.

## PLEASE DRIVE CAREFULLY!







#### Wind-in-the-Willows Health and Safety Tip: BE SMART!

## CRIME PREVENTION TIPS FROM THE AMHERST POLICE DEPARTMENT

#### LOCKS, DOORS, WINDOWS

- \* Install good dead bolt locks in your doors, *and use them.* About 50% of burglars enter homes through unlocked doors and windows. Avoid door locks that can be unlocked by breaking glass or door panels to reach inside.
- \* Secure sliding glass doors with commercial locks and sturdy wooden dowel in the track, or a nail inserted through a hole drilled in the sliding glass door frame projecting into the fixed frame.
- \* Lock double hung windows by sliding a bolt or nail through a hole drilled at a downward angle in each top corner of the inside sash and part way through the outside sash.
- \* Keep valuables in a secure place in your home, preferably in a locked security safe.

#### **OUTSIDE**

- \* Trim shrubbery that hides doors and windows, and cut back tree limbs that could help a burglar reach a second story window.
- \* Make sure porches, entrances and yards are well lit.
- \* Report broken street lights to the utility company.
- \* Do not hide house keys in mailboxes or under doormats. Instead, give a duplicate key to a trusted friend or neighbor.
- \* Change locks as soon as you move into a new home. Before you move into an apartment, make sure the landlord changes the locks from the previous tenant.

**Board Position Open:** Do you have ideas on how to make a difference in Willow Ridge? Here is your opportunity! There is a Board Member position currently open. Please contact Rick VonLangen at 691-6420 or WRCA.PRESIDENT@gmail.com or any board member.

#### WHILE AWAY

- \* Leave lights and a radio on to give your home an occupied look. Use timing devices to turn lights and radios on and off a varying times. Keep your garage door closed and locked.
- \* If going away for longer than a few days, arrange to have someone pick up your mail and newspapers. Have regularly scheduled deliveries stopped or sent elsewhere.
- \* Don't announce plans for a party or vacation prior to leaving.
- \* Use unpredictable hiding places for valuables, like among cleaning supplies under your sink or beneath logs in a wood box. Keep valuable, but rarely used items in a safe deposit box.
- \* One of the best ways to prevent crime is to get to know your neighbors, and watch each other's homes. Exchange work and vacation schedules with a neighbor you trust so you can keep an eye on each other's homes.
- \* Most important of all... be sure to report any suspicious activity in your neighborhood to the police immediately. Make sure you stay on the line to give the operator all the details, including license plate numbers and vehicle identification, if possible.

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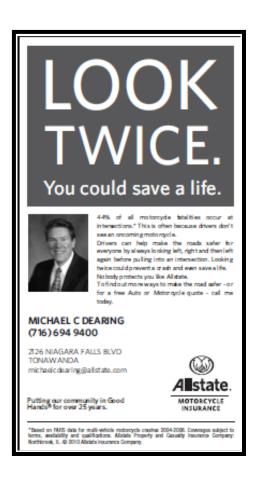
## Neighborhood News

#### Welcome

Neighbors on Parkhaven Drive would like to welcome the Rogers family to our community. Justin, Lindsay and their infant daughter, Mia, moved to Willow Ridge from Brockport, NY. Even though Justin and Lindsay are originally from Kenmore, NY, they did not meet until both attended Brockport State College. Justin is the Director of Admissions at Hilbert College and Lindsay is a 5th grade special education teacher at Smallwood Elementary School. The family enjoys camping in Ontario and New York State.

## Willow Ridge Civic Association on Facebook

Check us out and join our growing list of fans to keep up on news and with your neighbors!



#### Classified

Classified is a service provided for the use of Willow Ridge Civic Association members free of charge. Please print or type your ad on a full-sized sheet of paper. Sign your ad (not the envelope) and include your address and phone number. Classified is not to be used for business purposes. Deliver to 221 N. Brier and place in porch box, or email to wiweditor@gmail.com.

#### For Sale

Household: Kitchen Table, with 4 chairs. Very good condition, light wood, cushioned seats on spindle chairs. 48" long by 22" wide (36" with both leaves up). Asking \$135. or BO Call 691-7389

Household: Rolling 2 shelf unit, dark wood, 25" wide, 15.5" deep, 21.5" high. Can be used in computer room, dorm, or for a microwave. \$10 Call 691-7389



Why not take advantage of our *free* Classified section. WRCA members can advertise items in the *Wind-in-the-Willows* for free! See above for details.

Do you have concerns or questions about our community?
Do you have a great idea?
Meet with us...

WRCA Membership Meeting Tuesday, September 10, 7:30pm Ellicott Creek Fire Hall Community Open Forum

#### Wind-in-the-Willows Health and Safety Tip: BE INFORMED

#### Don't strike out; get the facts about stroke

Western New York has one of the highest incidences of stroke in our region. Take the time ... throughout the year to learn about the warning signs and how to prevent a stroke.

In a recent American Heart Association study of stroke patients, 77% of them lacked the ability to recognize a stroke. Even if symptoms go away after a few hours or minutes, you must seek immediate medical help if you experience:

- Sudden confusion
- Slurred speech or difficulty understanding
- Sudden numbness or weakness of the face, arms or legs, especially on one side of the body
- Facial droop or uneven smile
- Trouble seeing in one or both eyes
- Sudden trouble walking, dizziness or loss of balance or coordination
   Sudden severe headache without cause



There are a number of risk factors that can put someone at a higher risk of having a stroke. These include, but are not limited to, high blood pressure; a medical history that includes heart disease, diabetes, or stroke; and high cholesterol.

When stroke strikes and you don't go to the closest ER, you're gambling with your future. Acting quickly can often mean the difference between full recovery, long-term disability and even death.

Submitted by Dawn Cwirley



# <u>Mission Statement</u>

The Willow Ridge Civic Association is organized for the mutual civic benefit of all living in the Willow Ridge Subdivision. Through its membership and organization, the Association promotes neighborliness through group activities and social events designed to foster community spirit. In addition the Association is dedicated to the preservation of property values through awareness of the local environment and by working closely with various Town of Amherst agencies.

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Willow Ridge Civic Association

PRESORT STD US POSTAGE PAID PERMIT #862 BUFFALO NY

## August 2013



RESCHEDULED FOR AUGUST 2 at Bedford Park

Looking for an activity for the entire family to enjoy? Head to Bedford Park with your lawn chairs, blankets and snacks for a movie under the stars.

A free gift to the first 100 children under the age of 10.

Show time at dusk (approximately 8:30 - 9 p.m.)
No pets or alcohol please • Refreshments available

In the event of rain, please check our Facebook page and e-winds for details.

Cancellation will be decided by 5 p.m.



This family friendly night is made possible by membership in the Willow Ridge Civic Association.