

## [ name ] An Association for Biography Work

### **BEST PRACTICES**, viewed as a **living document**

– We share a commitment to spiritual science / anthroposophy, including the teachings of Rudolf Steiner, and recognize this as the source and distinguishing characteristic of biography work.

– We facilitate opportunities for discovery and insight arising in individuals themselves (our role is not to interpret, analyze, or advise). We are open to perceiving what is ready to be understood, recognizing that what is found is always partial. Practitioner and participant/s together make a space for something new to be revealed and perceived. We recognize the value of collaboration with the Spiritual world and the elementals and seek actively to develop our capacities for sourcing insight from these beings.

– We respect confidentiality, particularly the confidentiality of those whom we serve in the field, as well as one another and related practitioners.

– We recognize that a key purpose of anthroposophy in the world is the moral development of the human being – truth, beauty and goodness are essential guides in all that we do.

– We acknowledge the freedom of all individuals and encourage autonomy.

– We honor the work of our colleagues and credit their work when we borrow or apply it, even casually; giving credit to others is honorable.

– We are discerning about our own capabilities; we know our own professional limits and refer to others when appropriate.

– We remain life-long learners, striving continually in our own self- and professional development; we participate in formal continuing education on a regular basis.

– We practice peer-review, informally through on-going collegial dialogue and formally by individual and group agreement (in a fashion encouraged by the ITF).

– We take responsibility, in our work and in our lives, at any moment, for cultivating inner hospitality, sacred and warm spaces, and safe experiences that allow vulnerability and encourage healing.

– We recognize biography work as a movement, within the larger movement that is anthroposophy.