

**REINFORCEMENT INVENTORY**  
**FOR**  
**ADULTS**

*Our appreciation to Linda Fuller for her contribution in developing this inventory, 1985.*

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>ENTERTAINMENT</b>					
1. Watching Television Favorite Programs?					
a.					
b.					
c.					
2. Playing Home Video Games Which Ones?					
a.					
b.					
3. Playing Community Video Games					
4. Computers					
5. Movies					
6. Dancing					
7. Listening to Music Cassette Tapes Compact Discs					
8. Singing					
9. Playing Musical Instruments					
10. Drawing					
11. Painting					
12. Sculpting/Pottery					
13. Latch Hook					
14. Sewing					
16. Working with Tools					
17. Other					
<b>HOBBIES</b>					
18. Photograph					
19. Typing					
20. Collecting Items: Specify					
a.					
b.					
c.					
21. Building Models					
22. Plants/Gardening					
23. Other					
<b>FOOD</b>					
24. Fruit What Kind?					
a.					
b.					
c.					

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
25. Nuts					
What Kind?					
a.					
b.					
c.					
26. Cookies					
What Kind?					
a.					
b.					
c.					
27. Ice Cream					
What Kind?					
a.					
b.					
c.					
28. Chips					
What Kind?					
a.					
b.					
c.					
29. Snack Bars					
What Kind?					
a.					
b.					
c.					
30. Hot Dogs					
31. Hamburgers					
32. Tacos					
33. Pizza					
34. Popcorn					
35. Pretzels					
36. Bagels					
37. Granola					
38. Other					
a.					
b.					
c.					
<b>BEVERAGES</b>					
39. Fruit Juice					
What Kind?					
a.					
b.					
c.					
40. Sparkling Water					
What Kind?					
a.					
b.					
c.					

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41. Sodas					
What Kind?					
a.					
b.					
c.					
42. V-8 Juice					
43. Coffee					
44. Decaffeinated Coffee					
45. Hot Tea					
46. Hot Herbal Tea					
What Kind?					
a.					
b.					
c.					
47. Milk					
48. Chocolate Milk					
49. Beer					
50. Wine					
51. Mixed Drinks					
52. Lemonade					
53. Punch					
<b>SPORTS</b>					
54. Aerobics					
55. Jogging					
56. Roller Skating					
57. Swimming					
58. Soccer					
59. Running					
60. Football					
61. Baseball					
62. Frisbee					
63. Windsurfing					
64. Skateboarding					
65. Bowling					
66. Golf					
67. Miniature Golf					
68. Pool					
69. Boating					
70. Water Skiing					
71. Snow Skiing					
72. Tennis					
73. Bodybuilding					
74. Weight Lifting					
75. Exercise Bike					
76. Racquetball					
77. Climbing					

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<b>EXCURSIONS</b>					
78. Spectator Sports					
a. Car Racing					
b. Olympics					
c. Baseball					
d. Basketball					
e. Horse Racing					
f. Wrestling					
g. Hockey					
79. Car Rides					
80. Shopping					
81. Out to Dinner					
82. Health Club					
83. Amusement Parks					
84. Going Camping					
85. Vacations					
86. Visiting Beach					
87. Visiting Mountains					
<b>SOCIAL</b>					
88. Talking with Others					
89. Having Others Listen					
90. Being Praised					
91. Being Touched					
92. Being Hugged					
93. Visiting Friends					
94. Group Activities					
95. Activity with One Other					
<b>MISCELLANEOUS</b>					
96. Looking at Magazines					
97. Looking at Books					
What Kind?					
a.					
b.					
c.					
98. Work Jigsaw Puzzles					
<b>HELPING AROUND THE HOUSE</b>					
99. Setting the Table					
100. Making Bed					
101. Vacuuming					
102. Washing Dishes					
103. Dusting					
104. Going on Errands					
105. Yard Work					
106. Cooking					

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<b>PERSONAL APPEARANCE</b>					
107. Getting New Clothes					
108. Putting on Makeup					
109. Going to Beauty Parlor					
110. Getting Hair Cut					
111. Other					
a.					
b.					
c.					
<b>OTHER EVENTS AND ACTIVITIES</b>					
112.					
113.					
114.					
115.					