## VIVA WELLNESS CO.

CONCIERGE TELEHEALTH

PEPTIDES | TRT | HRT | WEIGHT LOSS

### WEIGHT LOSS

Initial consult required. GLP-1 medication, supplies, home delivery, and onging provider consult included in cost.

#### Semaglutide

GLP-1 medication for appetite regulation.

Delays gastric emptying, reduces cravings, and supports significant fat loss while improving blood sugar control.

200.00-300.00/month

#### Tirzepatide

Dual-action GLP-1/GIP for enhanced metabolic impact.

Reduces appetite, improves insulin sensitivity, and promotes greater weight loss than semaglutide alone.

300.00-450.00/month

#### **Phentermine**

Appetite suppressant and energy booster.

Stimulates metabolism and curbs hunger to kickstart fat loss—ideal for short-term use with lifestyle changes.

100.00/consult and 30-day prescription to retail pharmacy.

Alternative compounded phentermine, bupropion, naltrexone, metformin and more combinations also available starting at 150.00/30-day supply.

## **PEPTIDES**

#### CJC-1295 / Ipamorelin

Supports natural growth hormone release.

Promotes muscle growth, fat metabolism, recovery, and improved sleep quality. 275.00/mo

#### Tesamorelin / Ipamorelin

Targeted body composition and anti-aging support.
Reduces visceral fat, enhances cognitive function, and boosts metabolic health. 350.00/mo

#### Sermorelin / Ipamorelin

Age management & lean muscle support.

Boosts natural GH levels for better sleep, fat loss, and tissue repair. 250.00/mo

#### **BPC-157**

The body's healing peptide.
Enhances recovery from injuries, supports gut and joint health, and reduces inflammation. Oral and injectable options starting at 175.00/mo

#### TB-500 (Thymosin Beta-4)

Supports tissue regeneration and healing.

Improves muscle recovery, increases flexibility, reduces inflammation

Often used with: BPC-157 for synergistic injury recovery. Oral and injectable options starting at 200.00/mo

#### MOTs-C

Mitochondrial powerhouse peptide. Improves energy, metabolism, insulin sensitivity, and endurance. 450.00/mo

#### IGF-1 LR3

Growth, strength, and cellular regeneration.

Promotes muscle building, tissue repair, and anti-aging at a cellular level. 275.00/mo

#### MK-677 (Ibutamoren)

GH secretagogue for sustained benefits.
Increases lean body mass, improves recovery, sleep, and bone density. 250.00/mo

Initial peptide consult required for clearance 150.00 Follow up peptide consult 50.00 (for new treatments/dose adjustments).

More peptides available, consult with your provider for alternative options.

# HORMONE OPTIMIZATION WOMEN

#### HRT

Customized HRT protocols for total balance.
Includes estrogen, progesterone, testosterone, and thyroid optimization consult with lab review.
Tailored dosing based on labs and symptoms to support:

Hormonal balance
Improved mood & energy
Libido & weight management
Cognitive clarity & metabolic function

150.00 per consult

Testosterone Cream
100.00/month or 250.00/3 month supply

Medications not included in consult, however 90 day prescriptions for non controlled medications can be sent to your retail pharmacy for insurance use.

## MEN'S HEALTH

#### **TRT**

Testosterone supports increased muscle mass, energy, bone density, libido, mental clarity, and overall well-being.

Initial consultation required 150.00

#### **Testosterone Cypionate or Enanthate**

\*Available as IM or SQ injection

Includes ongoing consults, lab review, medication, supplies, and home delivery.

150.00 per month or 350.00 per 3 month supply

#### **Personalized ED Solutions**

Effective, discreet, and medically guided treatment plans tailored to your unique needs for the management of erectile dysfunction.

Treatment Options May Include:

Oral Medications: tadalafil, sildenafil, or custom-compounded options.

Peptide Therapy: PT-141 for arousal enhancement and improved sexual response

150.00 initial consult, refills 50.00

Choose between prescription sent to retail pharmacy or opt for our compounded options delivered to you starting at 125.00/30-day supply.

## NAD+ HOME INJECTION KIT

## Nicotinamide adenine dinucleotide (NAD+) is a vital coenzyme found in every cell of the body. It supports:

Cellular energy production (ATP)

DNA repair and longevity

Neuroprotection & cognitive benefits

Detoxification & metabolic function

Improved mood & sleep regulation

Reduction in inflammation & oxidative stress

#### Why Choose Home Injections Over IV Therapy?

- More affordable and sustainable
- Easier to maintain long-term consistency
- Lasting results without the high cost or inconvenience of IV infusions

#### Home Injection Kit Includes:

NAD+ in pre-mixed, subcutaneous formulation
Supplies for easy self-administration
Personalized dosing guidance
Optional lab monitoring
Delivered to your door

1,000mcg vial 350.00 2,000mcg vial 500.00

## **AESTHETIC TREATMENTS**

#### Hair Restoration Therapy

Custom oral and topical treatments for thinning hair and hair loss. Options may include: GHK-Cu peptide, minoxidil, finasteride, bimatoprost (Latisse®), and more. Starting at 95.00/mo

#### Lash Growth Serum

Prescription for bimatoprost (Latisse®), for fuller, longer lashes—most report visible results in 8+ weeks.

#### **Acne Treatment**

Evaluation of breakouts, inflammation, and hormonal acne. Treatment options include topical retinoids, topical and oral antibiotics, spironolactone, & more. Starting at 75.00/mo

#### **Skin Texture + Hyperpigmentation**

Treatments for melasma, sun damage, or uneven tone.

Treatment options such as tretinoin, hydroquinone, azelaic acid, and niacinamide blends. Starting at 75.00/mo

#### All consults 125.00. Refills 50.00

If applicable, medications not requiring compounding may be sent to retail pharmacy for insurance coverage. Max 90-day supply, <u>no prior authorizations.</u>

#### Disclaimer

All treatments offered by Viva Wellness Co. are subject to medical review and provider approval to ensure safety, appropriateness, and individualized care. A comprehensive health assessment is required before starting any treatment.

Results may vary based on each patient's unique biology, adherence, and lifestyle factors. While outcomes are not guaranteed, we are committed to optimizing your experience and satisfaction with every plan.

We offer concierge-level, cash-based care for maximum privacy, convenience, and flexibility. No prior authorizations.