

Product list 9 Mar 2025. Please check our website for updated products or call for any allergens. Orders can be placed direct through the website or taken over the phone/by email (info@thelittlerefillshop.co.uk)

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Pulses & Legumes

Haricot beans - 50p/100g Mung (Moong) beans $-\frac{35p}{100g}$ Black eye peas $-\frac{40p}{100g}$ Cannellini beans – 36p/100g Bean feast -40p/100gBlack turtle beans – 40p/100g Kidney beans -39p/100gButter beans (Lima beans) -54p/100gCarlin (Maple) peas $-\frac{25p}{100g}$ Chickpeas $-\frac{32p}{100g}$ Yellow split peas $-\frac{22p}{100g}$ Marrowfat peas $-\frac{36p}{100g}$ Soup/broth mix $-\frac{26p}{100g}$ Pearl barley – 19p/100g Brown lentils - 28p/100g Red split lentils – 29p/100g Green lentils – 31p/100g Puy lentils $-\frac{54p}{100g}$ Green split peas - 26p/100g

Pasta

Organic Wholegrain stoneground British Spelt pasta (Conchiglie) – $\underline{62p/100g}$ White fusilli pasta – $\underline{27p/100g}$ Wholewheat fusilli pasta – $\underline{27p/100g}$ Orzo pasta – $\underline{30p/100g}$ Organic white stoneground British Spelt pasta (casarecce) – $\underline{62p/100g}$ Oat Linguine - $\underline{£3.19/pack}$ Gluten Free Pasta – $\underline{60p/100g}$ White Macaroni – $\underline{27p/100g}$

Cereals

Medium Oatmeal – $\frac{19p/100g}{19p/100g}$ Pinhead Oatmeal – $\frac{19p/100g}{19p/100g}$ Also known as 'Steel Cut Oats' or 'Stovetop porridge' Jumbo Oats – $\frac{19p/100g}{19p/100g}$ Perfect for overnight oats and making oatcakes/flapjacks. Add Pinhead oatmeal for added

texture



Porridge Oats – 19p/100g
100% Oats, no added sugar
Muesli Base – 19p/100g
Toasted Malted Wheat Flakes – 25p/100g
Honey Toasted Oat & Rice crisp clusters – 50p/100g
Nutty Hazel crunch – 50p/100g
Berry granola – 50p/100g
Crisp Rice – 40p/100g
Bran flakes – 41p/100g
Buckwheat flakes (Organic) 500g bag - £4.25

Nuts

Walnut pieces - £1.05/100g Almonds - £1.49/100g Peanuts - 40p/100g Brazil nut pieces - £1.35/100g Hazelnuts - £1.35/100g Cashew nut pieces - £1.30/100g Pecan nuts - £1.95/100g Macadamia nuts - £2.50/100g Ground almonds - £1.32/100g Flaked almonds - £1.69/100g Pine nuts - £3.40/100g Roasted, unsalted peanuts - £1.00/100g Ideal for making homemade peanut butter. Pistachios - £1.60/100g Freshly made 100% peanut butter - £1.20/100g. Available in store, bring your own jar.

Dried Fruit

Dried Pears - £1.20/100g Cranberries - 75p/100gDried figs - 96p/100gLuxury Figs* - £1.20/100g *Limited special line. Partially hydrated figs. Sweet and juicy. Raisins - 44p/100gCurrants - 64p/100gJumbo 'flame' raisins - 48p/100gProduced using a red grape rather than the traditional green grape



Coconut chips $-\frac{70p}{100g}$ Cacao nibs - £3.00/100g Desiccated coconut – 50p/100g Golden raisins – 48p/100g Apricots (unsulphured) - £1.25/100g Sultanas – $\frac{44p}{100g}$ Dates $-\frac{32p}{100g}$ Sour cherries (Organic) - £2.40/100g Banana chips -60p/100gDried pineapple – $\frac{60p}{100g}$ Dried mango strips - £1.20/100g Apple rings - £1.01/100gGoji berries - £1.50/100g Crystallised ginger pieces - £1.20/100g Candied orange slices - £1.20/100g Glace cherries - 80p/100g Dried Prunes - 80p/100g Mixed peel - <u>48p/100g</u> Luxury brandy mincemeat – 50p/100g Brandy infused fruit mix -60p/100gSun dried tomatoes - £1.30/100g Dried forest mushrooms - £10.50/100g

Baking

Soft dark brown sugar $-\frac{21p}{100g}$ Dark muscovado sugar $-\frac{32p}{100g}$ Raw Organic Cacao powder $-\frac{£2.30}{100g}$ Dark cocoa powder $-\frac{£1.40}{100g}$ Vegetarian suet $-\frac{96p}{100g}$ Vital wheat gluten $-\frac{77p}{100g}$ Fast acting bakers yeast (dried) $-\frac{£1.20}{100g}$ Dark chocolate chips $-\frac{£2.50}{100g}$ Mini fudge pieces (limited special) $-\frac{£1.12}{100g}$ Mini meringue pieces (limited special) $-\frac{£1.12}{100g}$ Baking powder $-\frac{80p}{100g}$ Bicarbonate of soda ('Baking Soda') $-\frac{60p}{100g}$ Cornflour $-\frac{50p}{100g}$ Jam Sugar $-\frac{51}{100g}$



Grains & Rice

Semolina -30p/100gPolenta - <u>21p/100g</u> Pudding rice – 30p/100g Thai Jasmine rice (sticky rice) -30p/100gLong grain brown rice $-\frac{24p}{100g}$ White basmati rice - 31p/100g Arborio (risotto) rice – 40p/100g Two colour quinoa (red & black) – $\frac{60p}{100g}$ Tricolour quinoa (white, red & black) – 60p/100g White quinoa $-\frac{60p}{100g}$ Popping corn $-\frac{29p}{100g}$ Cous cous $-\frac{35p}{100g}$ Giant cous cous $-\frac{57p}{100g}$ Ground rice -25p/100gRice flour $-\frac{19p}{100g}$ Bulgar wheat $-\frac{21p}{100g}$ Buckwheat (Organic) - 47p/100g

Seeds

Sunflower seeds $-\frac{33p/100g}{100g}$ Pumpkin seeds $-\frac{75p/100g}{100g}$ Poppy seeds $-\frac{94p/100g}{100g}$ Chia seeds $-\frac{90p/100g}{100g}$ Linseed/flax $-\frac{35p/100g}{100g}$ Sesame seeds $-\frac{66p/100g}{100g}$ Hemp seeds (hearts) $-\frac{£1.75/100g}{100g}$

Oils and vinegars

All oils and vinegars will be delivered in clean, reused glass jars. Please clean and return on your next delivery.

Honest Toil – cold pressed, unfiltered Extra Virgin Olive Oil - $\underline{\texttt{f1.70/100g}}$ Lovesome Hill Farm cold pressed rapeseed oil – $\underline{\texttt{78p/100g}}$ Organic Balsamic Vinegar of Modena - $\underline{\texttt{f1.05/100g}}$ Raw, Organic Apple Cider Vinegar – $\underline{\texttt{50p/100g}}^*$ Raw, unfiltered Organic red wine vinegar 500mls* - $\underline{\texttt{f2.40}}$ Raw, unfiltered Organic white wine vinegar 500mls* - $\underline{\texttt{f2.40}}$ *with the 'mother'



Coffee – Pumphreys of Newcastle

Coffee shop blend – $\underline{£3.00/100g}$ Indian Monsoon Malabar (strength 5) - $\underline{£3.00/100g}$ Italian High Roast decaf – $\underline{£3.25/100g}$ All coffee is available in beans or ground suitable for cafetière/coffee machine

Love Leaf Tea of Newcastle

Love Leaf Tea - £6.00/100g
Rhubarb tea
Mulled winter warmer
Bohemian raspberry green tea
Vanilla & Almond Rooibos
Goji Berry tea
Ginger fresh tea
Mint Choc rooibos
Golden turmeric
Laid back Lavender
Stinging mint

Pumphreys of Newcastle Teas

Earl Grey - $\underline{£2.60/100g}$ Assam A - $\underline{£2.60/100g}$ Indian Breakfast Tea - $\underline{£2.10/100g}$ Rooibos - $\underline{£3.20/100g}$ Sleeping Beauty green tea - $\underline{£3.40/100g}$ China gunpowder green tea - $\underline{£2.10/100g}$ Chamomile flowers - $\underline{£3.00/50g}$

Clipper everyday tea bags (plastic free), pack of 40 bags - £1.75



Sweet revolution latte blends

Cacao latte with Chaga - $\underline{\texttt{£4.80/100g}}$ (approx. 32p/cup) Blue Chai latte with Spirulina - $\underline{\texttt{£4.80/100g}}$ (approx. 32p/cup) Beetroot latte with ginger - $\underline{\texttt{£4.80/100g}}$ (approx. 32p/cup) Chai latte with Reishi - $\underline{\texttt{£4.80/100g}}$ (approx. 32p/cup) Turmeric latte with black pepper - $\underline{\texttt{£4.80/100g}}$ (approx. 32p/cup) Matcha latte with Vanilla - $\underline{\texttt{£9.60/100g}}$ (approx. 48p/cup)

Herbs

Mixed herbs - £3.50/100g
Oregano - £3.50/100g
Sage - £3.50/100g
Parsley - £3.50/100g
Chives - £10/100g
Rosemary - £3.50/100g
Thyme - £3.50/100g
Basil - £3.50/100g
Coriander leaf - £3.80/100g
Tarragon - £7.50/100g
Italian seasoning - £3.00/100g
Dill - £4.00/100g
Marjoram - 80p/100g
Mint - £3.50/100g

Spices

Caraway seeds $-\frac{96p/100g}{100g}$ Turmeric $-\frac{f2.00/100g}{100g}$ Paprika ('sweet') $-\frac{f2.00/100g}{100g}$ Smoked Paprika $-\frac{f2.00/100g}{100g}$ Cayenne pepper $-\frac{f1.50/100g}{100g}$ Piri Piri $-\frac{f2.50/100g}{100g}$ Cracked black pepper $-\frac{f2.80/100g}{100g}$ Chilli flakes $-\frac{f3.50/100g}{100g}$ Cloves $-\frac{f4.30/100g}{100g}$ Coriander (ground) $-\frac{f2.00/100g}{100g}$ Cumin (ground) $-\frac{f2.00/100g}{100g}$



Garam Masala - £2.00/100g Mixed spice - £2.50/100g Garlic granules - £1.60/100g Garlic powder - £2.40/100g Cinnamon - £2.30/100g Ginger - £2.30/100g Chinese 5 spice - £3.00/100g Onion salt - £2.00/100g Chilli powder - £2.00/100g Cumin seeds - £2.70/100g Mustard powder - £2.50/100g Fennel seeds - £3.50/100g Cinnamon sticks - £6.50/100g Tandoori curry powder - £2.20/100g Nutmeg (whole) - $\frac{£5.30/100g}{}$ (approx. 35p per nutmeg) Allspice - £2.00/100gCajun spice - £1.20/100gRas el Hanout - £2.65/100g White peppercorns - £2.90/100g Ground white pepper - £2.90/100g Curry powder - £2.20/100g Madras curry powder - £2.20/100g Star Anise - £5.00/100g (1 'star' approx. 10g) Coriander seeds - £3.00/100g Green Cardamom pods - £7.00/100g Yellow mustard seeds - £2.20/100g Brown/black mustard seeds - £2.30/100g Pink peppercorns - £4.00/100g Fenugreek seeds – 60p/100g Celery salt -55p/100gWhole dried chillies - £3.00/100g

Coarse Italian sea salt $-\frac{25p/100g}{100g}$ Fine Italian sea salt $-\frac{25p/100g}{100g}$ Dorset smoked sea salt flakes $-\frac{£4.40/100g}{100g}$



Shampoo & Conditioners

90p/100g (equivalent of £9.00/litre)

Rose & Geranium shampoo
Coconut & Argan oil shampoo
Patchouli & Sandalwood shampoo
Pink Grapefruit & Aloe Vera shampoo
Tea Tree & Aloe Vera shampoo
Rose & Geranium conditioner
Coconut & Argan oil conditioner
Patchouli & Sandalwood conditioner
Pink Grapefruit & Aloe Vera conditioner
Tea Tree & Aloe Vera conditioner

Body wash/bubblebath 90p/100q (equivalent of £9.00/litre)

Fig Leaf
Blackberry & Almond
Coconut
Mint and Tea Tree
Pink Grapefruit & Aloe Vera

Bar Soaps

Friendly Soaps - £2.95 per bar

Hand & Body Lotion

Refills - 95p/100q (equivalent 95p/100mls)

Blackberry & Almond Orange & Ginger Sandalwood Silk

Clear glass/100% recycled PET pump bottle 500mls with choice of fragrance – £9 Amber Glass pump bottle 500mls with choice of fragrance - £10 Aluminium pump bottle 450mls with choice of fragrance - £10.50



Hand Soap

50p/100g (approx. £5/litre)

Sweet clementine Fig leaf

Cleaning refills

Multi surface cleaners – 35p/100g (approx. £3.50/litre)

<u>French Lavender (Anti-bacterial certified)</u>

<u>Blood orange</u>

<u>Seagrass & lotus</u>

Bathroom cleaner – 35p/100g (approx. £3.50/litre) Watermint & Iris

Floor cleaner – 40p/100g (approx. £4.00/litre)
Citrus bliss
Almond (limited line)

Northamptonshire cleaning soap Refill (per 100g/100mls) - 40p 500ml glass bottle - £7.30

Scrub powder – <u>42p/100g</u> 500g glass jar of scrub powder – currently out of stock £7.50

White vinegar for cleaning (Unscented or Sorrento Lemon) $-\frac{20p/100g}{100g}$ (approx. £2/litre) Sodium Percarbonate powder ('Oxi-bleach') - 85p/100g

Cleaning/refill accessories

Replacement pump - $\underline{\texttt{£1.50}}$ Replacement spray head - $\underline{\texttt{£1.50}}$ Loofco washing up brush with handle - $\underline{\texttt{£3.30}}$ Loofco washing up brush without handle - $\underline{\texttt{£3.00}}$ Loofco bottle brush - $\underline{\texttt{£3.30}}$ Loofco washing up scraper - $\underline{\texttt{£2.95}}$ Loofco washing up pad - $\underline{\texttt{£2.95}}$ ZWC washing up sponges (plant cellulose) - $\underline{\texttt{£3.00}}$



Dishwasher products

Rinse Aid refill – $\frac{40p/100g}{100g}$ Dishwasher powder – $\frac{91p/100g}{100g}$

Washing up products

Washing up liquid – rhubarb & lemon – 30p/100g (approx. £3.00/litre) Washing up soap (lemon & lime)/kitchen bar - £3.50

Laundry

Laundry liquid – fresh linen fragrance – $\frac{40p/100g}{100g}$ (approx. £4.00/litre) Laundry powder – petit grain fragrance – $\frac{65p/100g}{100g}$ (approx. 13p per wash) Laundry powder in a 500g glass jar - $\frac{£7.50}{100g}$ (approx. £3 litre)

Toilet cleaners

Spearmint & Peppermint $-\frac{32p/100g}{100g}$ (approx. £3.20/litre) Seabreeze $-\frac{32p/100g}{100g}$

Toilet & Kitchen Roll

Boxroll kitchen roll (33.6metres/168 sheets) - $\underline{£2.50}$ Boxroll toilet roll (2ply 100% recycled paper, UK produced 410 sheets/45.1metres) - $\underline{89p/roll}$ Bamboo Bobbi - (3ply FSC certified bamboo, 200 sheets/24 metres) - $\underline{80p/roll}$



Frozen food

Blueberries – 85p/100g

Pain au chocolat – 89p/each Maple Pecan Danish - £1.15/each Cinnamon swirls – 92p/each All butter croissant -55p each Golden apple fritters – 55p/each Vegan Cornish Pasty - £2.79/each Vegan sausage roll - £1.50 each Ham & cheese croissant - £1.25/each Blueberry Danish – 99p/each Garlic mushrooms – 65p/100g Sweet waffles - £1.15 each Crispy hash browns 35p/100g (approx 27p each) Sweet potato super chips $-\frac{60p}{100g}$ Creamy potato gratin – 96p each Cornish pasty - £2.33/each Curly fries -60p/100gLemon & pepper dusted haddock fillet - £2.99/each Lemon & parsley dusted haddock fillet - £2.99/each Melty cheese & bacon bites - £2.39/each Jumbo cod fish fingers - £2.79/each Smoked haddock, spring onion & mozzarella fishcake - £1.65/each Cod & prawn Thai fish cake - £2.15 each Creamy chicken & asparagus puff pastry pie - £4.29/each Spinach, goats' cheese & olive puff pastry pie - £4.99/each Steak & Stilton puff pastry pie - £4.69 each Mac N cheese bites – 89p each Plain choc chip cookies – 73p/each Sweetcorn chilli fritters – 45p/each Mozzarella bites – 80p each Chocolate fondant - £1.99/each Salted caramel fondant - £2.49/each British peas -38p/100gCalifornian fruit salad – 60p/100g Summer fruit mix -70p/100gBlackcurrants – 70p/100g



Chilled & fresh items

Acorn Dairy Slightly salted Organic butter - $\underline{£2.95}$ (suitable for click & collect)

Acorn dairy Organic milk (whole, semi skimmed and skimmed) – $\underline{86p}$ per pint + $\underline{40p}$ returnable bottle deposit.

Fresh orange juice in glass bottle - $\underline{£2.50}$ Vegetable Box – small $\underline{£5.50}$ Vegetable Box – medium $\underline{£10.50}$ Vegetable Box – large $\underline{£15.50}$ Fruit Box/bag - $\underline{£5.50}$

Soft drinks

1L Duskin single source apple juice – Braeburn - $\underline{\texttt{£4.25}}$ 1L Duskin single source apple juice – Russet - $\underline{\texttt{£4.25}}$ Dalston's all natural Ginger beer & sparkling water - $\underline{\texttt{£1}}$ Dalston's all natural Rhubarb & sparkling water - $\underline{\texttt{£1}}$ Dalston's all natural Cherry & sparkling water - $\underline{\texttt{£1}}$ Dalston's all natural Lemonade & sparkling water - $\underline{\texttt{£1}}$ Dalston's all natural Peach & sparkling water - $\underline{\texttt{£1}}$

Hip Pop Kombucha (330mml can) - £2.50 Passionfruit & Guava CBD Blood Orange & Grapefruit CBD Cherry & Blackberry CBD Blueberry & Ginger

Suma Kombucha (250ml can)
Cola Kombucha - £1.75
Peach & Turmeric - £1.75
Elderflower & Lemon - £1.75
Strawberry & Raspberry - £1.75

James White Prune Juice 750mls – £4.45Cawston Press Beetroot Juice 1L - £4.09



Sweet treats

Plain chocolate coated cranberries - £1.52/100g White chocolate coated raspberries - £1.50/50g White chocolate coated strawberries - £1.50/50g Caramel raisins - £1.52/100g Raspberry coated yoghurt raisins - £1.12/100g [Limited stock] Yoghurt blueberry raisins - £1.50/50g Organic Cacao coated goji berries - £3.50/100g Dark chocolate coated honeycomb (Vegan) - £1.52/100g Dairy Free White chocolate buttons - £2.89/100g [limited stock] Organic cacao coated mulberries - £3.50/100g Plain chocolate coated coffee beans - £1.52/100g Yoghurt coated banana chips – 85p/100g Mini chocolate eggs - £1.52/100g Plain chocolate coated ginger - £1.52/100g Plain chocolate coated gooseberries - £1.52/100g Milk chocolate coated Brazil nuts - £1.52/100g Plain chocolate coated Brazil nuts - £1.52/100g Milk chocolate beans - £1.12/100g Milk chocolate raisins - £1.12/100g Fizzy cherries - £1.12/100g Milk chocolate coated honeycomb - £1.12/100g Milk chocolate hazelnuts - £1.52/100g Jelly Bean Factory Jelly Beans - £1.52/100g

Millers chocolate slab bars - £3 each

Peanut Butter Pretzels - £1.20/100g

Crème Brulé flavoured cashew nuts - £1.60/100g



Store cupboard

Buckwud Organic Maple Syrup - $\underline{£6.65}$ Suma Organic tomato passata - $\underline{£1.99}$ Taylor & Colledge Organic vanilla bean paste - $\underline{£7.95}$

Suma Tins

Vegan Chorizo style stew - £2.25 Suma Vegan Vegetable stew with dumplings - £2.49 Vegan Cheesy Pasta Pot - £3.19 Organic Black chickpeas - £1.25 Organic Edamame beans - £1.49 Organic Tomato & Basil soup - £1.99 Organic Ravioli in mushroom sauce - £2.95 Organic Ravioli in tomato & vegetable sauce - £2.85 Organic chopped tomatoes - £1.29 Vegan baked beans & sausages - £2.79 Vegan meatballs in a Bolognese style sauce - £2.99

Savoury snacks

Two Farmers crisps – 40g packets (home compostable). 90p per pack Woodland mushroom & Wild Garlic Hereford Hop Cheese & Onion Hereford Sausage & Mustard Salt & Cider Vinegar Lightly Salted

Tandoori cashew nuts - £1.60/100g Salted Pretzels - 98p/100g Roasted spicy chickpeas - 66p/100g Salted peanuts - 60p/.100g Salted Fava Beans - £2.00/100g Celebration coated peanuts - £1.12/100g King crackers [Limited stock] - £1.12/100g 5 peanut cracker mix - £1.12/100g Cajun spiced cashews - £1.60/100g Garlic & herb cashews - £1.60/100g Chilli rice crackers - £1.20/100g Bombay mix - 80p/100g Garlic Gathia - 80p/100g



Spicy crispy noodles <u>- 80p/100g</u> Honey Chilli cashew nuts - £1.60/100g

Miscellaneous

Vegan 'sausage' mix - £1.95/100g

A flavourful mix similar to a traditional stuffing. It can be used to make sausages, burgers, kebabs or 'meatloaf'. Either use by itself or add extra veggies of your choice. Bake, fry, air fry.

Sunflower chunks - £3.60/100g Sunflower mince - £3.50/100g

Oat milk powder - £2.20/100g (equivalent of £2.20/litre)

Dried Mixed Vegetables - £1.00/100g

Marigold Vegan bouillon (gluten free) - £1.09/100g

Marigold Vegan bouillon (reduced salt, gluten free) - £1.13/100g

Marigold instant gravy powder(gluten free) - £1.00/100g

Marigold Nutritional Yeast - £3.50/100g

Beetroot powder - £2.10/100g Tomato powder - £3.70/100g Bath bombs - £3.00 each Bath Salts - £5 packet

Bare Kind Bamboo socks

10% of profits go to help the animal type on the sock!