ENGLISH—ARABIC

TRANSLATION MANUAL

Level I

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PREFACE

This book, this Manual of English-Arabic Translation, is a course for beginners whose mother tongue is Arabic but who have learnt English as a second language for a number of years. It is a preliminary, though not necessarily too elementary, course in English-Arabic Translation: those who can read and understand English will find it a useful beginning (if they want to practise translation either as a help in their jobs or as a career). The emphasis throughout is on syntactical and morphological transformations in the process of rendering English into Arabic. The method is therefore designed to help the student translate the passages given himself / herself with the help of Arabic translation(s) of the new / difficult-to-translate words, and a full guide to the teacher who may undertake to give this course. Although addressed to the teacher mostly, my notes (appended to each passage) are also addressed to the learner. The user is therefore encouraged to read what I have called 'exercises' and see what he/she can get out of them. I have not confined my comments to problem words and phases, or, indeed, to how to undertake the aforementioned transformations: sometimes I go out of my way to explain a grammatical rule in English or in Arabic, all part of the well-known 'contrastive analysis' technique, and sometimes I point out some of the common mistakes in both languages and ways to correct them.

The subjects of the passages chosen are varied enough to provide the learner with knowledge of the *essential English vocabulary and* structures needed as a basis for further translation drills. The passages are graded in difficulty from easy to difficult and are of varied styles, too, which has given me the chance to say a word or two on handling various styles. They are short and three or more can be done in one 90-minute teaching session: in fact I expect four to be done in class while the notes are studied by the teacher and the learner (as homework). Eight long teaching sessions should then cover the whole manual, and —— especially if all the words and exercises are learnt —— should form a solid basis for more specialized courses.

Part II of the Manual contains the 'key': Arabic translations of all 32 passages which should not, however, be regarded as 'model' answers or final texts. As I explain in the Exercises, more than one version is acceptable and some students may even do better than me.

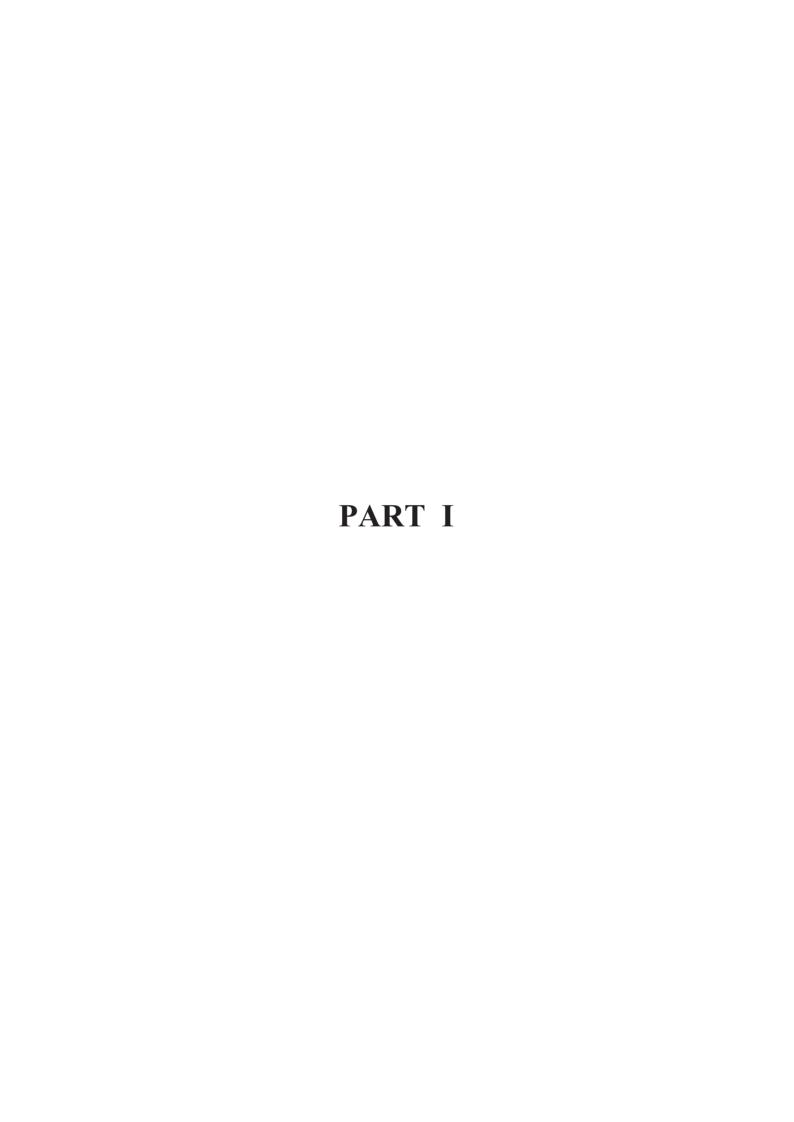
I am especially grateful to my friend and colleague Dr. Muhammad Abdul-Aaty who has provided me with the texts: he has the rare gift of accurate and successful selection and a high, discriminating taste. I could have used all the forty passages I asked for (and he kindly presented) but for reasons of space I have done only 32.

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(1) Science and Technology

There is a difference between science and technology. Science is a method of answering theoretical questions; technology is a method of solving practical problems. Science has to do with discovering the facts and relationships between observable phenomena in nature and with establishing theories that serve to organize these facts and relationships; technology has to do with tools, techniques, and procedures for implementing the findings of science. Another distinction between science and technology has to do with the progress in each.

(1)

facts	حقائق	science	العلم
relationshi	علاقات	technology	التكنولوجيا
ps	يتعلق بـ	method	منهج / أسلوب
has to do	أدوات	theoretical	نظرى
with	تقنيات	practical	عملى
tools	إجرا ءات	discover	يكتشف
techniques	ينفذ / يطبق	observable	قابل للملاحظة
procedures	أداة	phenomen	ظواهر (جمع)
implement	مكتشفات	a	(والمفرد
an	تمييز	(phenome	الطبيعة
implement	تقدم	non	يضع / يثبت / يقرر
findings		nature	ينظم

Exercise-1

A) To the teacher

1. Explain to the student the basic and common English structure 'there is ...'. Show him/her that although in Modern Standard Arabic it is usually rendered (هناك) the real meaning is (يوجد) . The first sentence could therefore be rendered.

- 2. Proceed to illustrate the possibility of doing away altogether with the modal auxiliary (to be) through a simple transformational trick, namely to change
 - a) There is a difference between A and B into
 - b) A differs from B

This will make it possible for the translator to render the sentence as (يختلف أ عن ب) .

- 3. Proceed to apply this to the next sentence where a different substitution is made through a similar transformation, namely changing verb 'to be' into the Arabic (يعتبر) .
- 4. Further apply the transformational rule to the last sentence in the passage, where 'another distinction' may be rendered as (کما يتميز) .
- 5. Explain to the student the need to change the peculiarly English structure 'has to do with', for which there is no identical construction in Arabic, into the easily translatable 'deals with'.

- 6. Finally focus on the need to paraphrase words with no equivalent form in Arabic, such as 'observable', so as to make the meaning accessible (التى يكن ملاحظتها) . This is better simplified into either (التى نلاحظة) or even better into (التى نلاحظة) . Note that the root meaning of (ملاحظة) will always be there.
- 7. Finally explain to the students that the words given in Arabic after the passage are commonly accepted as Arabic equivalents so that most Arab readers will get their meaning directly and unequivocally.

B) Give examples of your own to illustrate the use of verb 'to be' in various contexts:

1. There is a book on the table

but the better and more idiomatic is:

2. Learning is a continuous process

- C) Give examples of your own to illustrate the transformational trick referred to above, namely changing a noun into a verb:
 - 1. There is a difference between man and woman
 - 2. A distinction must be made between science and technology.

Explain the difference(s) between the English and Arabic in each case. You may choose to leave this to a later stage in the student's career.

(2) Yasser Arafat

Mohammed Abdel-Raouf Arafat Al-Qudwa al-Hussaeini was born on 24 August 1929 in Cairo, his father a textile merchant who was a Palestinian with some Egyptian ancestry, his mother from an old Palestinian family in Jerusalem. She died when Yasir, as he was called, was five years old, and he was sent to live with his maternal uncle in Jerusalem, the capital of Palestine, then under British rule, which the Palestinians were opposing. He has revealed little about his childhood, but one of his earliest memories is of British soldiers breaking into his uncle's house after midnight, beating members of the family and smashing furniture.

(2) textile(s) capital في ظل/تحت/خاضعة لـ merchant under ancestry rule old oppos maternal maternal reveal مبكر / أول / مبادر uncle (عمّ) earlies (paternal early break into memo smash ries

Exercise-2:

To The Teacher:

1. Explain to the student the basic translation rule of adjusting the syntax to that of the target language (TL). Here you could, if you choose, begin with the noun, followed by the verb, and the nominal structure is perfectly acceptable (indeed, idiomatic) in Arabic:

but it is more common when you have an operative verb to begin with it in Arabic :

2. Explain to the student the importance of verbs in Arabic, whether given in English explicitly or implied. The second part of the first sentence has an implied verb:

(his father a textile merchant)

That is:

his father was a textile merchant

or

his father worked as a textile merchant

Always preferable in Arabic, the operative verb is used in this part, though verb to be is kept in the following part :

The same rule applies to the next structure:

with some Egyptian ancestry

the implication being

descended from some Egyptian ancestry

and this is reflected in the Arabic rendering:

You would not be wrong to say

Still, the object of the exercise is to impress on the student the need to be *flexible*, allowing implied verbs to appear in your text, as long as the implication is clear and definite. Apply this to the last part of the sentence:

his mother from an old Palestinian family

- 3. Encourage the student to translate the following sentence according to the above rule. Consult the 'key answers' in the Appendix. Show the student why an Arabic auxiliary was added in the translation of 'then under British rule'.
- 4. Explain in detail the difference in meaning between 'little' and 'a little', as well as between 'few' and 'a few'. Without the indefinite article both words have a negative meaning, with the article a positive one. So, when Alexander Pope, the poet, says:

A little learning is a dangerous thing

the meaning is positive: It is dangerous to acquire a limited amount of learning.

The bracketed words are implied; but if you say:

I could find little evidence to support your accusation the meaning would be :

I could hardly find any evidence to ...

that is,

The meaning is, obviously, negative. The same applies to 'few'.

Read this:

Q — Are there students in the classroom?

A — Yes, quite a few.

The meaning is positive; but when William Wordsworth, the poet, says:

She lived unknown and few

Could know when Lucy ceased to be

the meaning is negative:

5. Explain to the student the problem of the comparative form in English, if there is time; otherwise keep it until a later, more advanced stage in his/her career.

(3) My Grandmother

I am beginning to wonder whether my grandmother isn't right when she complains, as she frequently does, that children nowadays aren't as well-behaved as they used to be. Whenever she gets the opportunity, she recounts in detail how she used to be told to respect her elders and betters. She was taught to speak only when she was spoken to, and when she went out on her own, she was reminded to say please and thank you.

(3)

to	أعجب / أتساءل
wonder	على حق / على صواب
(to be)	يشكو
right	كثيراً / في أحيان كثيرة
complain	هذه الأيام / حالياً
frequentl	(يتمتعون) بحسن السير والسلوك
у	كانوا عليه / كان حالهم
nowaday	حيثما / كلما
S	فرصة
well-beh	يحكى
aved	بالتفصيل
used to	تؤمر / تُلزم (هنا فقط)
be	يحترم
whenever	الأكبر ٰ سناً
opportuni	يذكّر

Exercise-3:

To The Teacher:

1. The passage gives you an opportunity to give your class an initial lesson in semantics. You may only give them rudiments, initially, but these will be basic enough to constitute the reference material needed for the future. Be practical and start with the structure 'I am beginning to'. The tense aspect is significant; the -ing does not always denote a 'continuous' tense as you and I were told in our childhood; it can imply a 'future', or, as here, a simple present. The meaning is therefore 'I have begun', or, more precisely, am at present in the process of. It is a simple statement of fact in the present. Amazingly, and you have to stress this, the Arabic has no equivalent. Indeed, the common equivalent of the present perfect, or the present simple tense implied, is the Arabic past! Hence what you have here is simply (بدأت) but not, indeed, never (أبدأ)!

The problem is, as you can see, one of idiom. The expression in question has become an idiomatic 'unit of meaning' implying an action *begun*, and, of course, continuing. The idiomatic Arabic equivalent means the same. If you find that it may be difficult for the class to grasp your point, put it off for the moment but simply tell them the gist of it and let it go. You will have plenty of time in the future to broach the subject again.

2. Another problem in the passage concerns the meaning of ('to wonder if he is / to wonder if he isn't'). The meaning of the first is negative, the second positive. This is again a semantic question, but it is essential to the language skills required. The first means:

Be careful to show the student that to use the Arabic linguistic equivalent (the literal) would be misleading:

Apart from vagueness, a bad enough quality, the formulation will be hard to understand, and is indeed, often, misunderstood. Now we, Arabs, prefer the idiomatic:

- 3. You may like to focus on the parenthetical clause, 'as she frequently does', explaining that it is better to repeat the Arabic operative verb itself (تسفك) instead of the clumsy (تفعل).

 Preferably this is followed by the 'explicitatory' (قائلةً).
- 4. Explain the difference in Arabic between (حسن الخلق) and the common (حسن السير والسلوك). The first has problems connected with the general meaning of (خُلُق) and its various interpretations i.e. morality, manners, politeness etc. (See On Translating Arabic : A Cultural Approach, GEBO, 2000, by the present author). The latter occurs more commonly in the expression 'good behaviour'. When a prisoner is released from prison before completing his sentence, the justification normally given is 'for good behaviour' and the Arabic equivalent is also used.
- 5. Devote some time to explaining the different meanings of 'to tell', and why in the present context it means to order or command. (See my فن الترجمة)

- 6. Encourage the students to use the passive voice in Arabic. 'She was told' (کانت تــؤمــر) echoes the perfectly idiomatic (and Quranic) (کان یأمرها Alternatively, you could say فاصدع بما تؤمر) (کان یأمرها remember the Quranic: أهلها) . The following sentence in the 'key' gives this alternative.
- 7. Explain the need for cultural adjustment in translating 'to say please and thank you'. Consult the 'key'.

(4) Margaret Thatcher (1979-90)

Margaret Thatcher was Britain's first female prime minister. A graduate of Somerville College, Oxford, with a master of arts degree from the University of Oxford she worked as a research chemist and a barrister, concentrating on tax law, before being elected to the House of Commons in 1953. She held several ministerial appointments including education minister (1970-74). Elected leader of her Party (the Opposition) in 1975, she became prime minister in 1979. Known as a strong leader and "an intelligent Parliamentary tactician," she knew how to handle all sorts of disagreement.

(4)

Prime Minister	رئيس وزراء
graduate	خریج / یتخرج فی
master of arts	ماجستير
degree	در <i>ج</i> ة
research	بحث
barrister	محام
concentrate	ير ك ز
appointments	تعيينات
education	تربية وتعليم
elect	ينتخب
leader	زعیم / رئیس
Opposition	معارضة
tactician	قادر على المناورة / التكتيك
handle	يتعامل مع
disagreement	خلاف

Exercise-4:

To The Teacher:

1. The importance of this exercise is difficult to exaggerate: it should teach the student how to handle gender in Arabic translation. The first problem is that as gender does not appear to change the form of a noun (which remains the same in the masculine and feminine cases) English should use a qualifier, such as male or female, man or woman. As we do have gender in Arabic, such qualifiers are unnecessary. So, in a sentence like:

Female workers call for equal wages with men.

The arabic would be

On the other hand, there are certain words in English which specify their gender unless otherwise indicated. A word like 'nurse' automatically means عرض and to refer to a عرض you have to say 'male nurse'. When the job (or the noun etc) is neutral, the qualifier is necessary. Traditionally 'Prime Minister' refers to a man, and the adjective 'female' is therefore essential.

2. How to do this in Arabic presents a number of difficulties. If you apply the general rule and simply say in your rendering of the opening sentence:

a confusion may occur. A reader who had never heard of that person may think that before Margaret Thatcher Britain had never had *any* prime ministers. This is, of course, unlikely in the present

instance as the reference is to near history. But the problem exists; and it does arise in different situations, especially if in connection with less known countries. The solution is to rephrase the idea by splitting the qualifier and the noun in Arabic, thus

All ambiguity is thus precluded.

- 3. Draw the students' attention to the difference between Arabic and English with regard to the expression 'a graduate of' or 'to graduate from' which in Arabic becomes "من not ! Also draw their attention to the fact that when a noun is used as an adjective, it remains in the singular though its meaning may be plural. Thus the Arabic قانون الضرائب (which consists of a noun plus another in the genitive case) become 'tax law' where 'tax' is now used as an adjective to qualify the 'law'.
- 4. Impress on your class the need for transformation, consistently. 'Before being elected to' is a peculiarly English expression which cannot be copied or paralleled in Arabic. Therefore you have to change it to 'Before *she was* elected to'. Note, also, that the English expression implies 'being *elected member of*'; and this is what you should do in Arabic.
- 5. You should impress on your student the need to handle cultural differences adequately. 'The House of commons' is the British equivalent of 'The House of Representatives' (the lower house of the U.S. Congress) and the 'Chamber of Deputies' in France, and the 'People's Assembly' in Egypt. Give the Arabic name for it, as it is generally rendered, but add (بالبرلان) as as to indicate to the inexperienced Arabic reader that it is that which you have in mind.

- 6. Explain that 'to hold a ministerial appointment' means 'to be appointed to / in a ministerial post, or 'to be appointed minister'.
- 7. Use your transformational skills to show the student how to change any initial *reduced clause* used adjectivally or adverbially into a *clause*, a complete sentence in Arabic. In this case the *clause* would be 'She was elected leader of her Party'; and here you have a choice: either to keep the passive voice or to change it into an active voice. So, you may either opt for

or the active:

both are correct, strictly speaking, though I prefer the latter as it make easier reading in Arabic. Remember the golden rule of translating the English passive voice:

If the agent (the subject الفاعل) is mentioned explicitly or *implied unequivocally* in English, you must change the passive structure into an active structure in Arabic.

The rule applies here. The agent is implied unequivocally, namely the Party or senior members of the party. Note that in Egypt we have a leader of the Party and a General Secretary (or Secretary General): the former we call (رئيس) the latter (أمين عام) or (أمين عام). In Britain the latter is equivalent to the Party Chairman.

8. Now apply the above rule to the last sentence. You could, in the absence of an agent, turn the object into subject! So, you may choose to begin the last sentence by saying:

That is to say, people knew her to be a strong leader or, in Arabic:

Or you may change that, keeping the meaning intact, into:

Anyway, you must change the initial reduced clause into an independent sentence. This is the object of the exercise.

9. Now when faced with words that have no precise Arabic equivalent, such as 'tactician', especially as it is modified by two adjectives, you must resort to transformation yet again. This time you change the English in your mind into 'Parliamentary intelligent tactics' or into 'tactical intelligence in Parliament'. Both 'tactics' and 'tactical' are easily rendered in Arabic. Finally show that Parliamentary means nothing more than in Parliament, and use whichever you like. Both are correct.

(5) When Nature Roars

What is Mother Nature up to? Why is she unleashing such rage and wrath against us poor mortals of planet earth? Without warning, rhyme or reason our Mother marches up and down our globe mercilessly ranting and raving, dispatching her messengers and envoys to wreak havoc and despair among us, leaving us writhing and reeling from her blows. What have we done now to deserve such scathing punishment? Our early ancestors offered penance and sacrifice to appease her fire and fury. How can we make amends?

Earthquakes, hurricanes, typhoons, floods, fires and storms strike again and again leaving death and destruction in their path. Even on the great and prosperous American continent, with all her sophisticated meteorologists, climatologists, and technologists, satellites and computers, Nature is forever dealing her calamitous blows, devouring homes, businesses, crops and lives as they watch helplessly.

(5)

up to

unleash

rage

wrath

mortal

planet

warning

(without) rhyme or reason

y قصد (هنا)

unleash

y طلق الزمام / يطلق

غضب / حنق

هنا / بشری (هنا)

 march
 ينحف

 up and down
 جيئة وذهاباً

 globe
 الكرة الأرضية

 mercilessly
 بلا هوادة

 ranting and raving

 تصيح وتهذى فى صخب

 envoy
 مبعوث

 wreak havoc
 الدمار

 بیحدث الخراب / الدمار

writhing and reeling وى ألماً	
يا دوار (من أثر الضرب)	وبن
scathing مارس / قاس ٍ scathing	Y
ancestors لاف	أس
penance وبة	الت
sacrifice حية / قربان	ض
appease في المجاني ال	يرو
fire and fury ضن حنق	غد
to make amends	
دم ترضية (للطبيعة)	نقد
prosperous دهر	مز
continent 5	قار

earthquake	زلزال
hurricane	إعصار
typhoon	زوبعة
flood	فيضان / طوفان
sophisticated	متقدم
meteorologist	خبير أرصاد جوية
climatologist	خبير مناخي
سناعی satellite	قمر صناعی / تابع ص
calamitous	مفجع
devour	یلتهم / یزدهر / یبلع
helpless	عاجز / بلا حيلة

Exercise-5:

To The Teacher:

This is a different piece altogether, as the style *appears* to be literary, but is not. It is quite common to read such a style in daily newspapers, and it may be worth your while to examine it with the students in class.

1. Focus first on the idiomatic binomials; and you have to explain that a binomial is a combination of two nouns, of near enough senses but in fact slightly different: they reinforce one another. In Arabic we have (العلم والعرفة) for example, and in English the most common today is 'law and order'. In this passage we have combinations not only of nouns but of verbs and adjectives a well; such as (rage and wrath); the expressions (without rhyme or reason); (up and down), (ranting and raving), (messengers and

- envoys), (writhing and reeling), (fire and fury), (death and destruction) and even (great and prosperous)! Some are, obviously, not nouns but adjectives and gerunds, but the 'trick' used in translating binomials is also used in translating them.
- 2. Now, fortunately we have Arabic equivalents for these. Here you may have to tell your students one or two things about collocations (see my book on *Dictionaries*); but the main thing is to explain to them the need to echo the *apparent* literary tenor by injecting a measure of Arabic 'rhetoric' in the passage. Consult the 'key' to get my point!
- 3. Tell your class initially that 'Mother' by itself can mean 'my' or 'our' mother, never anybody else's mother unless you were identifying with them! So, the initial sentences my include the implied 'our', even though it is mentioned explicitly in line 3.
- 4. Seize the opportunity of having a useful word like 'unleash' to show that it is now used in political, social and general contexts to mean 'open up', 'give full chance to', such as in the expression 'unleashing of energies', that is (إطلاق الطاق ال
- 5. Stress the military context of 'march'; it does not simply mean to walk, but to advance, 'demonstrate' (يـتـظـاهــر), or even 'fight'

- (یکافح) for a cause (من أجل قضية). The march may be peaceful, and it is therefore (مسيرة سلمية) or it is offensive, that is, warlike (حربية) and it is then (حربية).
- 6. 'To wreak havoc' is an idiomatic collocation; so is 'writhing (یتلوی اًلل) and reeling' (یشعر بدوار من ضربات الخصم) .
- 8. Now note the last, long sentence, crammed as it is with nouns and adjectives: the main verb is (is dealing) which HERE indicates continuity! The meaning is NOT, however, that this is happening now at this moment, but that it happens all the time and will continue to happen in the future! Hence the formula in Arabic is:

9. Finally note that for the word 'calamity' we have in Arabic close on 400 words! So, there is no need to focus our minds on the word عارثـــة as though it is the only one in use! Among the choices are عاطمة / نازلة / قارعة / مصيبة and, of course, فاجعة إنازلة / قارعة العامة العا

(6) The Arab League Summit

The Arab League received an official request on 5 November from Qatar for an Arab summit to be held on the crisis facing Iraq and the Palestinian territories. In a letter to league head Amr Moussa, Qatari Foreign Minister Hamad bin Jassem bin Jabr Al-Thani said that It was time "to discuss the means with which the Arabs will deal with the current situation in the Middle East, as the (UN) Security Council prepares to issue a new resolution ..." Libya had threatened to pull out of the Arab League, which it criticizes for failing to act on developments in the region.

(6)

The Arab League	الجامعه العربيه
official	رسمى
request	طلب
Arab Summit	قمة عربية
(i.e.Arab Summit	Conference)
	مؤتمر قمة عربية
	موهر قمه عربيه
head	مومر قمه عربیه
head crisis	
	رئيس
crisis	رئيس أزمة

UN (United Nations) الأمم المتحدة Security Council مجلس الأمن current الجارى / الراهن prepare يستعد / يتأهب يصدر يتأهب resolution قرار threaten pull out criticize fail to act developments

Exercise-6:

To The Teacher:

- 1. You may like to begin by explaining what is meant by diplomatic parlance. In diplomacy every word counts as it has both a definite denotation and other connotations. So a demand is not exactly a request but rather a call for something to be done which may or may not be attainable. When you say that the Arabs demand an Israeli withdrawal from all Arab territories, you are not suggesting that Israel will willingly accept your demand (مطالب); but when you request your colleague to see you after the lecture you will be expecting him or her to grant you your request (طالب). On the other hand, the word 'require' involves enforcement إلــزام and the expression 'you are required to do this' means 'you must or you should' (يجب/عليك أن تفعل هذا). 'Ask' is the most neutral, and it is rarely used in place of any of the other words (يطلب = يسأل) with little further connotations.
- 2. 'The Arab League' is the journalese for the 'League of Arab States' (جامعة الدول العربية) . Point out to your class the different meanings of 'League' (عصبة/رابطة) as we translate the word differently in different contexts. The 'League of Nations' (عصبة was the predecessor of the United Nations (الأمم المتحدة) and a 'League of Exporters' is a (رابطة المصدرين) etc.
- 3. Explain to the class the differences between 'zone' (منطقة) 'region' (منطقة) (especially geographical) and 'area' (إقليم) . The last two are often referred to popularly as (منطقة) regardless of the specific differences between them. The word territories has

- 4. Explain to the class that the word 'head' used to describe Amr Moussa really means Secretary General (الأمين العام) Head is a neutral word: it can refer to the king, the Amir or to the President as head of State (رئيس الدولة), and to the Prime Minister as head of government. In some countries, the President is himself head of government, such as the U.S.A. (The United States of America) and Pakistan, but not in France and Egypt. Head has the further advantage of being gender-free: we often use it to avoid using 'chairman', 'chairwoman' or 'chairperson'. Most people nowadays substitute 'head' for any of these, though there are differences (too advanced to be given the class at this stage).
- 5. You may like to give the students an idea of the differences among the various appellations of ministerial titles. 'Foreign Minister' here stands for 'Minister for External / Foreign Affairs', sometimes as in Britain Foreign Secretary, or, as in the USA 'Secretary of State'. Full titles are often avoided in the press, and 'foreign minister' can be used indiscriminately to refer to any of these.
- 6. There are differences between to 'discuss' and to 'debate': a discussion involves a study in depth; a debate مناظرة simply means an exchange of views, not necessarily in depth or conclusive. Thus it is assumed that the Arab League will 'study' the situation, while a 'debate' at the UN is normally, and more often than not, rather inconclusive and leads to nothing.
- 7. To issue (یصدر) is another way of saying to 'adopt' (یعتمد) in UN contexts. They are exchangeable. The problem is the word

- resolution (قرار) which is the noun from 'to resolve' (يعتزم / يعتزم) . A UN resolution is a decision, hardly binding في ليس مُلْزماً but a Security Council resolution is a binding decision.
- 8. 'To pull out' is colloquial for 'to withdraw' (ینسحب) . Note that to 'criticize' here means to 'blame' (ینتقد / یلوم) not involving the usual meaning of literary criticism.
- 9. Now 'to fail to do' simply means 'not to do' but there are nuances which often make the word close enough to (یتقاعیس) or it may imply inability (العجز).
- 10. 'Developments' in the plural always means (تـطــورات) . Some translate it nowadays as (مـستجدات) . Note that the word region in the end is used for the Middle East being regarded as منطقـة rather than إقليم .

(7) 65 Political Prisoners Freed

After more than a decade behind bars, 65 political prisoners were freed from prison after renouncing violence as a political tool. A charity organization called the Qadhafi Foundation was responsible for organizing the release and on 30 August said there were no longer any political prisoners behind bars except for people who pose a threat to Libyan security — a reference to members of the Libyan Islamic Fighting Group which has refused to renounce violence as a political tool. Despite release, Amnesty International and several other human rights organizations continue to report that there remain many political prisoners in Libyan prisons.

(7)

a decade	عقد (عشر سنوات)
behind bars	خلف القضبان
freed	أطلق سراحهم
prison	السجن
renouncing	نبذ / طرح / التخلي
	عن
political too	أداة سياسية 1
charity	خیری / مؤسسة خیریة
Foundation	مؤسسة
responsible	مسئولة

pose a threat	يمثلون خطراً /
	يوجهون تهديداً
security	الأمن
reference	إشارة
Fighting Group	جماعة مقاتلة
refuse	يرفض
violence	العنف
human rights	حقوق الإنسان
report	يبلغ
remain	ىتىقى

Exercise-7:

To The Teacher:

Note that you have *not added* anything to the meaning; but the text gains in clarity. Still, at this stage, it may be better to stick to the passive voice in choice 1.

- 2. Point out that 'freed' here simply means 'released'. Give the other word to the class and ask them to learn it.
- 3. Note the restructuring of the English sentence with the relegation in Arabic of the opening phrase to the tail-end of the sentence.
- 4. Note the change of the opening phrase into a clause with an *operative* verb. The Arabic text invariably gains by this change.
- 5. Note the change of verb to be (was) into an operative verb: 'was responsible' = 'shouldered the responsibility for'. This again helps the Arabic text to read better:

- 6. Encourage the students to learn all the new expressions given in the guide below the passage. 'To pose a threat' means little more them 'to threaten' (یه مستدّون) and you may like to rephrase the Arabic to accommodate the change. Note that the Arabic یشکلون) (یشکلون تهدیداً) they are a threat!
- 7. The 'fighting group' is a paraphrase of the Arabic (جماعة الجهاد) and you should give the original Arabic if known to you; if not, translate it in any way you like جماعة الكفاح المسلح/ جماعة القتال (or even جماعة النضال المسلح الإسلامي) (! See ? It is better to give the original Arabic!
- 8. Explain in detail the meaning of 'renounce' not only through the Arabic equivalent but also by using it in sentences to show its meaning, both in English and in Arabic. The general meaning is obvious, namely

The second sense is the one used here; but consider:

1. He renounced his son after catching him stealing!

2. He renounced any title to the house after finding a better flat in town.

3. He renounced any association with those boys who claimed he was their partner.

and finally:

4. He has finally renounced violence in the political struggle he is mounting.

9. Note that the translation of violence as (عـــنـف) has come to be firmly established so that the Arabic word now means:

"an unjust or callous use of force, as in violating another's rights"

In other words, there are implicit innuendoes related to value judgment in the modern use of the term. The adjective 'violent' does *NOT* carry the same connotations. You can say a 'violent storm' or a 'violent attack of fever' etc. Done into Arabic, the meaning is: (عاصفة جامحة / نوبة حمّى ضارية) The sense of violence in particular political contexts does *not* simply exist here.

The translator should always, therefore, stick to the Arabic noun, even if the English calls for an adjective or a verb. If an adjective, do not say عنيف to indicate the political sense but rather(یعنف) — if a verb, do not say (یستخدم بالعنف) but مستخدم العنف). This is a lesson to remember.

Explain to the students that to 'report' does not mean to 'write a report' in every case; the original meaning is to say or inform or, better still, *convey information* (oral or written) i.e. (ويبلغ) or (ريبلغ). The common expression "reports from Cairo indicate ..." means (وتفيد الأنباء الواردة من القاهرة). This sense of the word is often lost to the beginners but they should learn it NOW!

(8) Arab Inspectors for Iraq

On 11 November, Amr Moussa announced that he would speak to UN Secretary General Kofi Annan and ask him to include Arab nationals on weapons Inspection teams being sent to Iraq. "Having Arab inspectors or observers would enhance the credibility of the inspectors," Moussa told journalists after a briefing with President Hosni Mubarak. Syria, who sided with Washington on a UN resolution on Iraq, introduced the point of Arab inspectors to the League.

(8)

يعلن	announce
أمين عام	Secretary General
يضم / يشرك	include
مواطن	national
تفتيش	inspection
فريق	team
مراقب	observer
یزید من / یرق <i>ی</i> بـ	enhance
مصداقية	credibility
صحفى	journalist
 إحاطة موجزة	briefing
انحاز إلى جانب	side with
قرار (هنا) / حلّ / اعتزام	resolution
ٔ یقدم	introduce

Exercise-8:

To The Teacher:

- 1. This is an instructive passage to translate. First, the student should learn where to put the date of the event reported: it should always come after the first complete sentence, that is, after the minimum words required to present a meaningful idea —— in this case a verb plus subject. After the date comes the predicate or the complement: note that you could stop after the first part of that complement, namely after 'Annan'. The coordinating conjunction 'and' introduces further details which therefore constitute the second part of the complement taking the sentence to the full stop.
- 2. The student should further learn that as he/she is required to start the first sentence with a verb, the second should also start with a verb. What Amr Moussa told the journalists (مقـول القـول) should be delayed in the Arabic text until the main verb plus subject are given, and even until the parenthetical adverbial phrase (beginning with 'after' and ending with 'Mubarak'). So, you have a choice:

OR:

$$^{\circ}$$
 - أكد عمرو موسى للصحفيين بعد مقابلة .. مبارك $^{\circ}$ أن إشراك .. $^{\circ}$

The meaning does not change in either case, though the emphasis slightly changes. The first keeps the emphasis of the source text (ST); the second makes the emphasis fall on the 'briefing' (a meeting where brief information is given). This may suggest that it was the President's suggestion that Syria's proposal be endorsed;

or it may suggest that the President had accepted the proposal as put forward to him by Amr Moussa. Do not be afraid to change the emphasis; for it will change, anyway, as we never begin a sentence in Arabic with the quotation (the quoted words مقول القول).

- 3. And as in the previous sentences, begin the last one with a verb —— in this case an auxiliary (کانټ).
- 4. Explain to the students the difference between an inspector and an observer from the strictly legal point of view. The observer is no more than a guest: he/she does not take part in the actual process of inspection; nor is he/she allowed to venture an opinion. His/Her job is merely to observe and report to his/her superiors.
- 5. Impress on the student the need to use the passive voice in Arabic:

Weapons inspection teams now being sent to Iraq

I have earlier indicated my preference of the latter formula; but I would not prevent a translator used to the former from using it: I would *NEVER* use it myself!

6. Explain to the students in detail the meaning of 'briefing' — a common enough word in today current affairs language. Before a journalist is sent abroad to cover an event, he/she is normally 'briefed', that is, given brief information on his/her 'mission'. After a commander of a military unit has completed a 'mission' (normally a combat mission abroad) he is 'de-briefed' by his

- superiors. Such operation is also performed after a hostage is released. It involves questioning and trying to establish the truth.
- 7. Consult the 'key' to find out how the word 'point' has been rendered (فكرة) . You could translate it into (اقتراح) or even (قضية) but never (نقطة) ! See the following example :
 - A. I cannot see him now: he's too busy!
 - B. I see your point; but see him all the same!

You will come across 'point' in many contexts, and in each you will have to think out an appropriate Arabic word.

8. Consult the 'key' to see how other words have been rendered, especially 'speak to' (translated here as يخاطب) while the common word for it is يتكلم مع !

(9) Hizbullah Forces Launch Attack

Hizbullah forces launched an attack on 29 August against Israeli forces in the disputed Shebaa Farms region, wounding three Israeli soldiers. The disputed territory lies on the border between Lebanon and Syria and has been occupied by Israeli forces following the Israeli withdrawal from southern Lebanon two years ago. Israeli Defense Minister Binyamin Ben-Eliezer responded to the attacks by warning "I want to make it clear to the Syrians and Lebanese that they are playing with fire." Israeli troops retaliated with artillery strikes aimed at suspected Hizbullah hideouts near the Shebaa Farms with no casualties yet reported.

(9)

launch	یشن / یدشن / یبدأ
disputed	متنازع عليها
border	الحدود
occupied	محتلة
following	بعد
withdrawal	انسحاب
Defense (defer	دفاع (nce
respond	يرد
warn	يحذر

make clea	يوضح ١٢
troops	قوات
retaliate	ردت / ثأرت / انتقمت
artillery	مدفعية
strikes	ضربات / طلقات / قصف
suspected	مشتبه فیه
hideouts	مخابئ
casualties	قتلى أو جرحى

Exercise-9:

To The Teacher:

1. The student should learn how to deal with the past participle used adjectivally. You have two specimens here, one straightforward (i.e. disputed) the other rather difficult (i.e. suspected). 'Dispute' as a noun means (خصام) or (خصام) though the former is the more common as used in political contexts. As a transitive verb, however, the word could mean (بعارض/يطعن في/يناهض) and as an intransitive verb it could mean either (تنازع) or (تنازع) or (المتنازع) (المتنازع). The past participle (disputed) could only mean either (المتنازع) معلل معلل فيد النزاع). Again the former Arabic is the most common. No problem here!

The other word (suspected) takes us back to the problem words in translation 'to suspect' and 'a suspect'. The latter is easier: it means (المستبه فيه) that is, the person believed, or thought to have a hand in something (usually a misdead) (يُظَنُّ أَنه (أَصر/جريمة). The problem arises from our confusion of (suspicion) (الظن / الشك / الريبة) with (doubt) (الشك / الريبة)! You could say if a person is a suspect: الشكوك تحوم حوله!) (. But to suspect is NOT at all to doubt: the first is positive: if you suspect that a man has broken into your house you will be believing / thinking that a man did; but if you doubt that anybody has broken into your house then you will be thinking NO ONE did! The difference is vast enough to make them contradictory, the one positive, the other negative.

Never use the Arabic (یشك) except in translating to *doubt*; and always use يشتبه فـــي) (in translating to *suspect. REMEMBER*

THAT ALWAYS! The meaning will be clearer if we avoid both Arabic words:

Examples:

1. I cannot find my pen. I suspect Ali has borrowed it.

2. I cannot find my pen. It must be mislaid: I doubt if anybody has taken it.

- 2. The word 'suspected' therefore means 'which are thought to be' (التى يُظنّ / يشتبه فى أنها) As there is no single word in Arabic for this concept, the translator is forced to use the full sentence. Consult the 'key' to see how the problem is solved!
- 3. Teach the student to split a verb for the sake of better Arabic phraseology: to wound is (یجرح) or (یجروح) . In the 'key' I have opted for the latter for easier reading.
- 4. Now comes a problem of the first magnitude, namely that of the present perfect tense. Always remember that this formula means an action in the past which *continues* in the present and is therefore *present*, or an action in the past whose effect is still *present*! It differs from the past simple in that an action expressed in the past simple *may* have stopped, and its effect may have disappeared altogether. Examples:
 - I have not seen him since he arrived.

This means that you *still* have not seen him. You are referring to a *present* condition (which continues).

A- Would you like a sandwich?

B- No, thank you. I have eaten!

Here you are NOT referring to the fact that you ate (some time in the past and might have gone hungry again) but to the fact that the *effect* of eating *continues*: at *present* you are not hungry!

So, even when you use the past in Arabic, make sure that the meaning is clear. Better still use the *present*, as in the present text. What does it say? It says that the Israeli forces have been in occupation of the disputed region since they withdrew two years ago. That is, the Israeli forces are currently occupying that area! The time is the present and so should the tense be:

If you must use the past, you should accompany it with an indication of the present :

The present simple in Arabic is more economic!

5. Show the student that the real meaning of respond is يستجيب not . For we may have a positive or a negative response! (الرد الإيجابي والرد السلبي) Look at the following examples :

(1) We sent several inquiries to the government; but there has been no response.

Note that I have added (|) to indicate the *present* implied in the present perfect tense.

(2) We waited long for his response, but when it came it proved negative.

(3) A positive response is needed to the challenge of modern civilization.

Note here that response bears a different meaning altogether : it can mean (استجابة) only in the positive sense, but otherwise, it is always (ردّ).

- 6. Show the students that 'casualty' means either 'wounded' or 'killed' and both words should be used in the translation.
- 7. Remember to point out to the students that 'reported' here means 'no reports came', and that reports, as mentioned earlier means 'news' or 'information'.
- 8. 'Yet' means 'up till now'.

(10) China Quake Kills Hundreds

More than 250 people have died after an earthquake hit China's north-western region of Xinjiang on Monday morning. The death toll is expected to rise an news comes in from outlying areas of the arid region. The quake struck 40 kilometres east of Jiashi city, toppling homes and schools, with the magnitude of 6.8 on the Richter scale. Subsequent aftershocks have forced many people to remain outdoors in freezing temperatures. The tremor was felt about 150 km away from the epicentre. Officials in the provincial capital are organizing shipments of relief supplies, while relatives of the victims are preparing for funerals. Noteworthy, Jiashi County is an area populated mostly by members of the Muslim minority. It has suffered a number of powerful earthquakes in the past few years.

(10)

quake / eart	hquate /	زلزال
(tremor/ ear	th tremor)	زلزال
North-west	ern	شمال غربيّ
death toll		عدد القتلى
expected		متوقع
outlying	لة / بعيدة	نائية / قصياً
arid	اب بالجفاف	قاحل / مص
strike / hit	سيب (يقع	يضرب / يم
		هنا)
topple	یح / یقلب	يسقط / يط
	((یهدم هنا

magnitude	درجة / حجم / ضخامة
Richter scale	مقیاس ریختر e
relief	إغاثة
supplies	إمدادات / مؤن
victims	ضحايا
funeral	جنازة
county	مقاطعة
mostly	معظم (سكانها)
minority	أقلية
subsequent	لاحق / فيما بعد
aftershocks	توابع (الزلزال)

force	(هنا) يرغم / يضطر
remain	يظل
outdoors	خارج المنزل
freezing	متجمد / بالغ البرودة
temperature	درجة حرارة
was felt	أحس الناس به
epicentre	مركز الزلزال
officials	المسئولون
provincial cap	pital

organize		ينظم
shipment		شحنة
relatives		أقارب
prepare for		يستعدون لـ
noteworthy		جدير بالذكر
populated		يسكنها
members of		أفراد
	(هنا فقط)	(لا أعضاء)
powerful		قوى

Exercise-10:

To The Teacher:

1. Explain to the students the various forms in Arabic of the verb to die: here the obvious implication, as supported by the title, is that these people were killed. Hence (لقـــى حتفه) is more appropriate than (قضــى نحبه) . You could say (سقط قتيلاً) only in a military context; the Arabic (راح ضحيـــة) is used, too, but in journalistic English, the meaning of 'victim' is not confined to death, but sometimes includes casualties (See passage 9), or even anybody suffering from the violation of their human rights

The victims of human rights violations include those who are subjected to torture, rape or unfair trial.

2. Although it is common in the Arabic news bulletins nowadays to hear the expression (الزلزال الذى ضرب) I still prefer the verb (وقع) . But you could use (ضرب): it is not wrong.

3. Here you don't have to re-arrange the information given in the first sentence, but the second sentence must be changed. Now draw the attention of the students to the usual way of handling the expression "The number is expected to ..." This is automatically changed into "It is expected that the number ..." Impress this on the class. Tell them too that the same rule applies to the formula "He seemed to have believed me ..." which is changed into "It seems he has believed me" or "He believed me, as it seems"

Tell your students to be always ready with the formula (فيما يبدو) whenever they spot the verb 'to seem' in a sentence.

- 4. Note that in the third sentence several changes are needed: first the addition of يُعد) (فنى منطقة تقع على before "40 kilometres"; secondly the change of the verb ending in (—ing) into an operative verb; and finally the addition of (وكانت ... تبلغ) instead of the English "with".
- 5. The word 'subsequent' is redundant, as 'aftershocks' only occur *after* the quake; so you may safely omit it.
- 6. 'Freezing temperatures' is used in the press to indicate 'very low' temperatures; show the students that English has more words for the degrees of cold than most languages of the temperate climates. Tell them the differences between 'hot' (red hot, boiling hot) and 'warm' (or 'lukewarm') and 'cool'; the last normally refers to 'room temperatures' in cold climates. Then you have degrees of cold: crisp (منعش البرودة), chilly (منعش البرودة) and freezing (قارس البرودة). Remind them that (قارس البرودة) by itself means 'very cold' and it is written with a (صاد) not a (صاد) a common enough mistake.

- 7. Remind you class to change the passive voice in the following sentence into an active voice, and to supply the implied agent (subject فاعل).
- 8. Note that 'Provincial Capital' has been changed in the Arabic text into 'Capital of the Province'.
- 9. The problem of 'while' requires explanation as it is not usual to use (بينما) in the middle of an Arabic sentence but always to begin a sentence with it. Normally translators prefer حين / على حين) (في حين / على حين) but you would not be wrong if you used it, even here! Still, as the meaning is not always indicative of time (which it is here) you may like to remember the alternatives and be prepared to use any of them.

The real problem is that 'while' does not *always* indicate time. When you say:

He arrived late while his brother was in time.

The meaning does not establish the simultaneous occurrence of two events but only a comparison. 'While' in this example means *but*, no more! Consequently the Arabic would be:

- 10. Note that Jiashi is first referred to as having a 'provincial capital' that is, as being a *province*, then in the penultimate sentence as a *County*. This means that the word (مقاطعة) should fit both!
- 11. The penultimate sentence begins with a reduced clause : Noteworthy = it is noteworthy. The meaning is equal to 'it is worthy of note'. In all cases the Arabic formula is (ومن الجدير بالذكر) .

(11) Cabinet Reviews QIZ Agreement

Yesterday's Cabinet meeting chaired by Prime Minister Dr Ahmed Nazif discussed the Qualifying Industrial Zones (QIZ) agreement that was signed between Egypt, the US and Israel.

The agreement stipulates the establishment of industrial zones where 6 percent of production components come from Israel.

Cabinet spokesman, Magdi Radi, announced following the meeting that QIZ represents a step towards ratifying a free trade agreement with the US. "The government has accepted QIZ to boost Egyptian textile exports to the US in the face of fierce competition from Asian countries". The Cabinet spokesman added that the QIZ agreement will give access to the Egyptian products to the US markets and will promote investments.

(11)

cabinet	مجلس الوزراء
chaired by	الذي رأسه / برئاسة
Prime Minister	رئيس الوزراء
discuss	يناقش
qualifying	مُوَّهِّلة
industrial	صناعي
zone	منطقة
agreement	اتفاق
(convention) اتفاقیة n
sign	يوقع
stipulate	ينص على

 establish
 بینشئ / یؤسس

 percent
 فی المائة

 production
 إنتاج

 components
 مصدرها

 come from
 مصدرها

 spokesman
 مساب

 announce
 یعلن

 following
 باعقب / فی أعقاب

 represent
 یشل

 ratify
 یسادق علی

 trade
 تجارة

يدعم boost	competition	منافسة
نسیج / منسوجات textile	access	دخول
exports صادرات	promote	يروِّج / يعزز
in the face of في مواجهة	investments	الاستثمارات
ضار / عنیف / شرس fierce		

Exercise-11:

To The Teacher:

1. Remind your students to look for the verb and start the Arabic sentence with it. Here you have two pieces of information: the first subsidiary (the cabinet meeting) and the second principal (a discussion of the QIZ agreement). If you can keep the original English structure, as I have done in the Arabic version, do so. If not, separate the two pieces beginning with the principal clause:

This has the advantage of presenting the main information directly, by foregrounding it. The reader does not have to go through the subsidiary information to get your message. Alternatively, you can do what I have done in the 'key', and use) (تَمَّ though I always find it distasteful and prefer to avoid it! I have given in this exercise what I believe is a better version, but then you are allowed to do what most journalists do and use (تَمَّ)!

2. Note that a change is needed in the structure of the second sentence. Instead of saying that 6 per cent of production

components 'come from' Israel, you could say 'where Israel contributes 6 per cent of production components'. 'Come from' refers to the origin (بلد المنشأ) not necessarily to the actual action of 'coming'! In English you say 'he comes from New Zealand' to mean 'he is a New Zealander', or 'a national of New Zealand' (مواطن نيوزيلاندي). By the same token, 'come from Israel' means Israeli, pure and simple. Therefore you don't have to say (تأتى من إسرائيل).

- 3. Note that in English we may begin by the title before the name of the official: the order is reversed in Arabic. Always give the name first, followed by the title.
- 4. When there is a quotation not preceded or followed by 'he/she said', you should supply this in Arabic. As the expression 'he added' (وأضاف) occurs in the next sentence you should find an alternative; in this case either (مؤكّداً) or (مؤكّداً).
- 5. Note that words like 'fierce' which deal with a quality refer in effect to the 'degree' (not the kind) of competition. You could use any Arabic word to indicate that:

6. 'Access' is a problem word and the student may have to look it up in my (مرشد المترجم) . For the time being he/she should remember that although I have kept the basic meaning in my Arabic version (دخول) he/she is free to use another expression with similar meaning

أسواق الولايات المتحدة سوف تفتح الباب أمام الصادرات المصرية إلى سوف تتيح لصادرات المنتجات المصرية غزو أسواق الولايات المتحدة

Instead of

These are substantially the same, with slight differences in emphasis. This must depend on individual choice, and the student should be encouraged to exercise his/her choice. Impress on the student the need to think for himself / herself and to reach his/her own decisions.

7. 'Promote' is indeed difficult to equate with any one Arabic word in all contexts. Basically it means to advance, the opposite of demote; hence a promotion in one's job is equal to the Arabic (ترقية). But in trade, the word normally means (ترقية) and a promotion campaign for a given commodity is simply السلع) (حملة لترويج سلعة من Otherwise it can mean 'to spread and establish' (as it is used in human rights contexts). The agreed UN rendering of the word, which I have adopted in my Arabic version is (يعسيزز) or, alternatively (يدعم / يقوى) (. This is the meaning intended here and my Arabic version gives it. You could use other words suggested by the context such as:

As 'investments' are not qualified, the word is best kept neutral in Arabic as well. Note that the Arabic word has an indefinite meaning, in spite of the definite article attached to it!

(12) UN Rules Against Israeli Barrier

The International Court of Justice has ruled that Israel's West Bank barrier is illegal and construction of it should be stopped immediately. The ruling said that the barrier's construction was "tantamount to annexation" and impeded the Palestinian right to self-determination. Israel insists the barrier is needed to keep out West Bank militants. The Palestinians consider it a land grab. The court's decision is not binding, but can serve as a basis for UN action. The court in The Hague unanimously rejected Israel's argument that it has no right to rule on the legality of the wall. It declared that the construction of the wall created a fait accompli which could become permanent. Arab governments are likely to seek an emergency session of the UN General Assembly to try to secure a resolution endorsing the court's decision. But experts caution against any expectation of tough UN action because of the US veto in the Security Council.

(12)

International	دولى
Court of Justice J	محكمة العد
نى / يفتى rule	يحكم / يقط
West Bank تـ	الضفة الغربي
barrier عازل	حاجز / جدا،
illegal غير مشروع	غير قانوني
construction	إنشاء / بنا
immediately	فوراً
tantamount	

annexation	ضمّ
impede	يعوق
self-determination	(حق) تقرير المصير
insist	يصر
keep out لل	ينع دخول / يمنع تس
militants	مقاتلون
grab يلاء	أخذ / سرقة / است
decision	قرار
binding	

basis أساس action مدينة لاهاى (في هولندا) The Hague permanent likely محتمل seek emergency session General Assembly secure يويد / يظاهر / يصادق endorse expert

caution تحذير / يحذر expectation tough صارم / شدید حق الڤيتو / النقض veto مجلس الأمن Security Council بالإجماع unanimous(ly) reject argument شرعية / قانونية / مشروعية / قانونية جدار / سور / حائط يعلن ينشئ / يوجد / يخلق declare create fait accompli

Exercise-12:

To The Teacher:

- 1. Point out to your students that 'to rule' is to issue a court decision (or judgment); but that 'ruling' can also mean a legal opinion (فت الله which may not be binding. So, while the second sentence begins with 'ruling', and while the text proceeds to show that the "court's decision" is not binding, we must stick to the implication of the opening sentence, namely that a judgment has been passed.
- 2. Note the use of the present perfect accompanied by a verb in the present tense in the same sentence! The latter confirms the former and should remind the reader that he/she is not dealing with the

- past, but with the present. This is why the Arabic version in the 'key' has added (يقول) followed by a sentence in the present.
- 3. Although the third sentence begins with a verb in the past, the meaning is present, and the verbs in that sentence may easily be changed to the present: indeed the present tense soon follows, and to the end of the paragraph it mixes happily with the apparent past.
- 4. Note that because the opening verb in the second sentence is in the past, all the verbs in the sentence have to be equally in the past: but as the meaning is present, your Arabic translation should be in the present. For instance, 'impeded' becomes (یعوق).
- 5. Explain to the students why 'barrier' is translated by two words (الجدار العازل). The reason is that it has become common practice in the Arab press to use this term. Otherwise it could be rendered as (الحاجز) or even (العازل). When the text later refers to the barrier as the 'wall', the translator should not be tempted to use (الحسور) although this is what is meant, but he/she should should use (الجدار العازل) as though he/she is using الجدار العازل) (in shortened form.
- 6. Impress on the class the fact that 'tantamount to', which means 'may be regarded as' or 'equal to', is now commonly translated as (عثابة). The word (مثابة) has acquired a different meaning in Modern Standard Arabic from its ancient sense, and has come to carry the intended meaning.
- 7. Certain words have come to be regarded as 'official terms' and cannot be changed. One such word is *construction*: it means little more that *building* but the 'term' reserved to it now is (إنشاء الطرق).

 Note that 'building roads' is also translated as (إنشاء الطرق)

another instance of the power of idiomatic usage. Another word is 'annexation' which has come to be translated always as (النصّاء) . To 'annex' can mean (يُسرفق / يُلحق) and, as a noun, an annex is (اللحق) (an attachment to a book, or a building attached to another; NEVER the make-up exam! A third expression is self-determination, always translated as (تقرير المصير) . A fourth is action, here translated as (إجراء) . For similar terms see the Arabic words appended to the text.

8. When a reference is made to a noun in the singular with a plural meaning (The committee / the court decided unanimously) it is better to change the singular into plural in the Arabic text:

In each case, the choice of plural is varied to suit the noun in question.

9. As in the examples given in point 3 of Exercise 10, the expression 'are likely to' in the penultimate sentence is rendered as

ADD the expression to the ones you have already learnt.

- 10. Note that in the penultimate sentence the verb 'to secure' has a complex meaning: it means 'ensure that a resolution is adopted'. This should help you fashion your Arabic text.
- 11. The word 'veto' is normally transcribed as (ڤيــــــو) but since the BBC Arabic Service has popularized the Arabic equivalent (النقض) you may like to include it, even in brackets after veto!
- 12. Ask the students to learn all the words given here by heart: they are too common and are likely to crop up every now and again.

(13) Nuclear Weapons: Can they be stopped?

Nuclear technology is now so widespread that it is only political will which stops many countries from making nuclear weapons. Mohammed El-Bradei, head of the International Atomic Energy Agency (IAEA), said recently that 40 countries could make the bomb if they wanted to. The reason for this is that the technology legally used to enrich uranium to make fuel for nuclear power can easily be developed to make material for nuclear weapons. A country could do this in secret or withdraw from the Nuclear Non-Proliferation Treaty (NPT), and do it anyway. This is the Achilles' heel of the NPT— an agreement designed to stop the spread of nuclear weapons while allowing countries access to nuclear power. But even if only one or two of them go nuclear, it could bring tension and even war into their regions.

(13)

nuclear	نووى	enrich	يُغْني/يُثْري/(هنا) يخصّب
لمی نطاق واسع) widespread	منتشرة (ع	fuel	وقود
will	الإرادة	power	الطاقة الكهربائية / كهرباء
weapons	أسلحة	develop	يطور / ينمّى
International	دولى	material	مادة / مواد
Atomic	ۮ۬ڒۜؽ	proliferatio	انتشار / تکاثر n
Energy	طاقة	treaty	معاهدة
Agency	وكالة	Achilles' he	كعب أخيلاس / نقطة eel
ریب / مؤخراً recently	منذ عهد ق		ضعف
legally used بصورة	المستخدمة	to go nucle	ar يتلك القنبلة النووية
		tension	

Exercise-13:

To The Teacher:

- 1. Teach the student how to handle the comparative structure 'so ... that'. Give them simple examples to illustrate the usual Arabic modes used:
 - 1. He is so rich that he can buy the entire building.

2. He is so poor that he cannot find food and clothing.

The formule (بلغ مــن . . أن) is the most common, in fact. There are, however, other formulas. Consider :

3. She feels now so embittered that no man can bear to live with her.

4. He is now so envious that every word he utters reveals it.

The formule (وصل ... إلى الحد) and الحد) (ازداد ... إلى الحد) are equally valid. Notice that the sentence in question can be dealt with in a variety of ways :

So, an Arabic verb and a further qualification, followed by (حتى), is another way of handling the English structure. The qualification is important and required to establish the comparative mode. So, to handle the first English example above, other Arabic formulas using the qualification are possible:

So try to train the students to command these formulas and ask them to try their hand at easy examples. Note that you could easily change a noun into a verb or use it in its nominal form *with qualifications*.

- 2. Briefly explain the difference between 'do' and 'make'. The first refers to an *action* (فعل يفعل) while the second refers to either *making* (صنع / جعل / مكَّن / بذل) or has special uses with which they will be acquainted in the course of their study. Note for instance
 - 1. I shall do my best to make your stay a pleasure.
 - ١- سأفعل كل ما في طوقي لأجعل إقامتك ممتعة .
 - ٢- سأبذل قصارى جهدى حتى تتمتع بإقامتك (لدينا) .

The same idea can be expressed differently in English (using *make*)

2. I shall make every effort so that you enjoy your stay.

With 'effort', the usual verb is make; so is it with 'attempt', and

with a host of other expressions (make breakfast يعد الإفطار) (make time يعد الإفطار) etc.

To make a nuclear weapon means to *manufacture* a bomb, or to *build* a bomb. Hence the Arabic (یبنیی) or (یبنیی) . The same applies to *making* the material needed for the bomb.

- 3. Note that you can translate *Achilles' heel* here either as (کعب أخيلاس) which may not mean much to the Arabic reader or opt for the meaning, expressed in an equally metaphoric expression (نقطة ضعف) . This originally is a coined expression in Arabic (from European languages) but is now fully accepted as good Arabic. Note that the plural (نقطة السضعف) equals the English: *Weaknesses* not points of weakness!
- 4. Explain to the students that 'designed to' simply means 'aimed at'. There is no suggestion of 'design' in the architectural or industrial sense in it. *Remember* that! However, the word 'design', both as a verb and as a noun, keeps its original meaning (خطة/رسم/تصميم/شكل). How the word changed its meaning is easy to understand: it originally meant

as the parenthetical (بهــذه الـصــورة) got forgotten in common language use, the remainder came to mean 'for', 'for the purpose of'.

5. Whenever you have a chance focus on the word 'access'. Encourage your students to read about it in my (مرشد المترجم). The book is in Arabic and will explain fully the various meanings of the word and how it is rendered into Arabic in various contexts.

(14) Mubarak, Wade Discuss Afro-Arab Summit

President Hosni Mubarak and Senegalese president Wade reviewed Wade's request for an Afro-Arab summit to improve co-operation between Arab and African countries yesterday.

Wade is in Egypt on his first holiday since taking office. With his wife he will visit many tourist sites in Cairo, Giza, Luxor, Aswan and Sharm El-Sheikh. President Mubarak welcomed him, wishing him a pleasant stay.

The Egyptian and Senegalese leaders discussed the African vital issues, including the African Union's efforts to settle the Sudanese conflict.

(14)

President	رئيس (رئيس جمهورية)	wish	یتمنی / یر ج و
review	يستعرض	stay	إقامة
request	طلب	leader	زعيم
improve	يحسّنُ (هنا يزيد /	vital	حيوي / له أهمية حيوية
	يرقى بـ)	including	بما فیها / ومنها / وهی
co-operatio	n تعاون		تتضمن
holiday	عطلة / إجازة	efforts	جهود
taking offic	و تولى مهام المنصب	to settle	يسوى / تسوية
tourist	سیاحی	conflict	الصراع
sites	مواقع / أماكن		_

Exercise-14:

To The Teacher:

- 1. The passage looks deceptively easy —— indeed, simple enough. But consider the key verb 'reviewed'. Diplomatic parlance is very sensitive: the word does not mean 'discussed' or had 'talks' (much less 'negotiations') but simply casting a look at. We normally translate it by the Arabic (استعرض) and sometimes انظر . Now you must explain to the students the difference between this and a discussion (مناقشة) (which involves a study in depth) and a simple 'look' at an issue. To have talks مباحثات / محادثات) (is to exchange views, but to negotiate is to try to establish a case, to make a point, to achieve some sort of result through *negotations* involving 'give and take', and making compromises (مفاوضات) (الوصول إلى حلول وسط) . This may require changing one's position, however slightly, to accommodate the other side's position, or to change one's view of the situation in the light of the other side's view. Tell the students, therefore, never to confuse these words and to maintain the specific Arabic words for them.
- 2. Structurally, a change is needed for the better establishment of the time of the 'review'. To keep 'yesterday' after cooperation is to envite an unnessary confusion. The best way is to place it immediately after the verb or within the opening words.
- 3. I prefer to give the full meaning of Afro-Arab, as given in the 'key', to echoing the English (الأفسروعسربيي)! It is true that we say (الأفسروآسيسوي) but that has become an accepted term; when the first Afro-Arab Summit was held in Cairo in March 1977 (where I worked as a translator / reviser) it was called

(مؤتمر القمة العربي الأفريقي الأول)

This is definitely much better and all Arabs accepted the phrase unreservedly. Now we hear (اليورومتوسطى) as a translation of Euro-Mediterranean, and we have to accept it as indicating relations between the European Union and Mediterranian countries. Only when a term has been in current use are we allowed to use it, in the sure knowledge that it will be easily understood.

Consider the prevalent use of التعاون العربى العربى) (to mean Arab-Arab Cooperation, or inter-Arab cooperation. Would it not be better to translate it as (التعاون العربى) (or even the rarely used (التعاون فيما بين البلدان العربية) (التعاون فيما بين البلدان العربية) ?

- 4. Explain to the students the real meaning of the word *issue*. In origin it means something that has *come up*! True, we still translate it as (قضية) but it is different as a concept from either *case* or *cause*. A case is (حالة) and in legal contexts it can mean a *court case*, that is, (قضية أمام الحكمة); a *cause* means, apart from its usual sense of being a reason or a motive, any objective or movement that a person or group is interested in and supports, such as the Palestinian Cause (القضية الوطنية) or any cause involving the claiming of rights or the attainment of an objective (social reform, raising the standard of living ... etc).
- 5. Note, too, that 'vital' means originally (حيوى) but it can mean very important. You could say:

It is vital that Africans should unite

What you mean is

It is vitally important that Africans should unite

Still, the adjective 'vital' by itself can retain the original sense.

(15) Egyptian-Kuwaiti Summit on Regional Scene, Bilateral Ties

President Hosni Mubarak, heading a top-level official delegation, arrived in Kuwait, the first stop of a short Gulf tour that also includes Bahrain, the presidential spokesman said yesterday. Upon arrival to Kuwait city, President Mubarak and the Kuwait Prime Minister, Sheikh Sabah al-Jaber held an official round of talks that focused on enhancing political and economic co-operation ties between the two countries, ambassador Maged Abdul Fatah said.

(15)

إقليمى
مشهد / مسرح / ساحة
ثنائي
روابط
على أرفع مستوى
رسمى
وفد
الخليج
ج ولة
يتضمن
رئاسي / باسم رياسة الجمهورية
متحدث باسم
جولة
يركز على / ينصب على
یزید / یرفع / یرقی بـ
سفير

Exercise-15:

To The Teacher:

- 1. The passage gives another dose of political jargon which should be memorized. To begin with the student should learn to change the 'regional scene' المنطقة (المنطقة) (المنطقة) (الأوضاع) (الأوضاع المنطقة) (الأوضاع الراهنة في المنطقة) (الأوضاع الراهنة في Sometimes the word 'scene' itself can be translated into (مسرح) or 'then another you say 'scene of the crime' (مسرح الجريمة) or 'then another man appeared on the scene' الساحة) (ثم ظهر رجل آخر على) Will not sound as idiomatic as (الأوضاع) because, first, this is what is meant, and, secondly, because we are not used to metaphors from the theatre in Arabic.
- 2. Teach the students other words connected with bilateral such unilateral (متعدد) and multilateral (من جانب واحد / من طرف واحد) and multilateral (الأطراف) (الأطراف) . Show them that bilateral means between two sides or two parties (بين جانبين أو طرفين); hence the expression (ثنائى) . While you can say (من جانب واحد) in the translation of 'unilateral', you have to say (متعدد الأطراف) always in the translation of 'multilateral', NEVER (متعدد الجوانب) (as this can mean multifaceted, even multifarious or versatile!
- 3. 'Ties' is an idiom and the word does not mean much more than 'links' in political terminology; 'ties' may be a little stronger insofar as it implies 'binding'. Therefore we translate 'ties' as (صلات) and 'links' as (صلات).

- 4. Notice that a stop means (وقفة) or indeed (وقفة) . You could even say (زيارة) in order to avoid this business of (وقفة) and (توقف) .
- 5. Explain to the students the difference between *tour* and *round*, both translated as (جولة) Give them examples:
 - 1. Visitors to Egypt usually enjoy a tour of historical sites.

2. Many army conscripts have a *tour of duty* of only one year.

A 'tour of duty' here means (مدة / فترة التجنيد) but it can be used in other contexts as well. A tour is sometimes used to mean a tournament (دورة رياضية) though the latter is now reserved for sports contests. A round is, on the other hand, only part of a long series; in boxing you may have bouts consisting of three or twelve rounds. In negotiations you may have as many rounds of 'talks' as are necessary for the 'negotiations' to come to a conclusion (successful or otherwise). Metaphorically it can be used to refer to the battles fought in a given war. So, you refer to the 1947 war between the Arabs and Israel as the first round; until the last, and fourth round ending with the famous October '73 Egyptian victory.

6. Show the students that although 'Gulf' is used adjectivally here, and translated in the 'key' as (الخليجية) they could change it into a prepositional phrase in Arabic (في الخليج) .

- 7. The problem with structure persists. Although the rule is to begin with 'the spokesman said' « ... قال المتحدث باسم رئاسة الجمهورية » the foregrounding (تصدير / إبراز) of the main piece of information is preferable. 'Who said that' is less important than the *news* of the President's arrival and talks.
- 8. Note that Maged Abdul Fattah is himself the Presidential spokesman. This is implied and is quite common in English. You may, if you like, 'edit' the report so as to indicate this 'fact'; it is better, however, if the translator refrained from any editing, especially when dealing with reports of less well known people and events. He is described as ambassador, and you should keep the adjective as used.
- 9. Remind the students that the title of the report is elliptic: it omits the verb and gives a series of words without a finite verb. The translator should supply the verb himself / herself: any verb meaning (یناقش) or (یناقش) will do. Alternatively you may supply a noun such as (محادثات) making the title read:

فى القمة المصرية الكويتية: مباحثات حول الأوضاع الإقليمية والروابط الثنائية

(16) Greek Bus Hijackers Seek Cash and Plane

Athens- Two gunmen thought to be Albanians hijacked a Greek bus with 24 passengers yesterday and demanded a \$1 million ransom and a plane to fly them to Russia.

Nearly 12 hours after the early morning drama started, the hijackers had released 10 of their hostages in several batches throughout the day leaving 14 still captive.

Shortly later, a police spokeswoman said two more hostages were released bringing the total of freed passengers to 12. "Another 12 people remain hostage" the spokeswoman said.

Stella Marta, a hostage still on the bus, told state-run television in a mobile phone call that the hijackers planned to release all women hostages once a driver joined the vehicle.

(16)

gunman	مسلح
hijack	يختطف
plane	طائرة
ransom	فدية
drama (مثير	مأساة / دراما (حادث ه
released	أفرج عن / أطلق سراح
hostage	رهينة
batch	دفعة

 captive
 نصبر / سجين / محتجز

 shortly
 بعد قليل

 spokeswoman
 متحدثة باسم

 state-run
 تابع للدولة / تديره الدولة

 plan
 يخطط لـ / خطة

 driver
 سائق

 thركبة / العربة
 العربة

Exercise-16:

To The Teacher:

- 1. Give the students all the English words commonly translated as (يختطف / اختطاف) . The normal word used for taking away somebody against his / her will is to 'kidnap'. 'Abduct' is also used, especially in 'bride-abducting' (خطف العصروس) a method of betrothal (خطب) and marriage still practised among many tribesmen including some in Sinai (called الخطف) for releasing the hostage, normally the child or a wife of a wealthy man. Hi-jacking, however, is reserved for the forcible taking over of a means of transport, complete with hostages, and demanding a ransom, either in cash or the fulfilment of some political objective (such as the release of prisoners). Sometimes the hi-jackers release some of their prisoners (as in the present text) but sometimes they kill one or two to show they are serious and are often themselves killed in the end.
- 2. Note that although the hijacking operation has not ended, that is, although the time is *present*, the main verb is in the past. This should teach the student a valuable lesson:

Whenever a word indicating a specific time for a past action is mentioned (here it is 'yesterday') the past simple tense must be used.

This is an unchangeable rule. Had the reporter NOT mentioned the word 'yesterday', the time would have been the present perfect or just the present.

3. Now note the change to the pluperfect or the past perfect tense: the first part of the second sentence started with the past, the second part refers to an earlier event in the more distant past. The first verb indicates the present, though in the past, the second indicates an *earlier* event which had to be formulated in the pluperfect because the recent one is in the past. Put differently, the sentence means (or should be understood to be built) as follows:

After the release of some of the hostages since the start of the drama, twelve hours *have* passed!

The pluperfect is rendered in Arabic by using the formula (کان ... قد) . Here it is :

The first Arabic version preserves the original tense sequence; the second changes it a little.

- 4. The rest of the report is given in the past, and all the verbs would be in the past, even if indicating the future! 'When a driver joined' means 'if a driver joins', or 'as a driver is brought [some time in the future] to the bus'! The Arabic verb is in the present)
 (عندما یأتی but it also indicates the future.
- 5. You may have to give exercises of your own to the students to train them on translating all the modulations of tenses based on the passage model:

1. I saw many corpses on the field; I had not thought that so many people had been killed.

Here the pluperfect is expressed by (لم أكن أظن) .

2. So few passed their exams last year, after they had been told not to worry!

Here it is expressed by the usual formula (کانوا قد قیل لهم) .

3. He left for Europe after he had stolen all the money.

You could give more examples of your own, as I say, to clinch the point.

6. Seize this chance to explain to your class the problem of gender in referring to numbers in Arabic (قييز العدد). The rule is simple. One and two are NOT given in figures: you say (رجلان) and (رجلان). From 3 to 10 (عشرة رجال to ثلاثة رجال): if the adjective is masculine the number would be feminine and vice versa (عشر نساء —to (والفجر Tell the class to remember the Quranic verse). Tell the class to remember the Quranic verse (والفجر أحد عشر amd Twelve have the same gender وليال عشر) (أحد عشر and العين) (اثنتا عشرة عيناً) (اثنتا عشرة امرأة) and (ثلاثة عشر رجلاً) and (ثلاثة عشر رجلاً). After that only the digits (3-10) are opposite and the rest neutral. In the present example (رهينة and اثنتا عشرة رهينة and اثنتا عشرة رهينة الم أربع عشرة رهينة الم اثنتا عشرة رهينة الم اثنا عشرة رهينة الم اثنتا عشرة الم اثنتا عشرة الم اثنتا عشرة الم اثنت

(17) The Lottery Ticket

And pictures came crowding on his imagination each more gracious and poetical than the last. And in all these pictures, he saw himself well- fed, serene, healthy, felt warm, even hot! Here after eating a summer soup, cold as ice, he lay on his back on the burning sand close to a stream or in the garden under a lime-tree ... It is hot ... his little boy and girl are crawling about near him, digging in the sand or catching lady- birds in the grass

(17)

lottery	يانصيب
crowding	تتزاحم
imagination	خيال / مخيلة
gracious	منعّمة / جميلة
poetical	شاعرية
well-fed	سمين / شبعان
serene	مطمئن النفس
warm	دافئ
hot	حار
ice	جليد
(snow	(ثلج

lay (past of lie	رقد (
burning	بالغ الحرارة / ملتهب
close to	بالقرب من / بجوار
stream	جدول
lime-tree	شجرة ليمون
crawl	يحبو / يزحف
dig	يحفر
catch	يصطاد
اشات ladybird	دعسوقة / نوع من الف
رة الملونة	شبيه بالخنفساء الصغي
حداً	التى تطير ولا تؤذى أ

Exercise-17:

To The Teacher:

- 1. Begin by telling your class that the passage comes from a story and is therefore a literary text. Here the style must reflect, up to a point, what is believed to constitute the literariness of style. Words have to be carefully chosen to give the Arabic reader a taste of the original. Explain to the students the context of the passage: a man who has won a great deal of money in a lottery is dreaming of the future!
- 2. First show them the difference between *imagination* which can mean (النَّخيّلة) or (النَّخيّلة), and other words with similar meanings. 'Fancy' can mean (السوهم / السوهم) . Explain to them that in Arabic, the formula of (اسم الفاعل) which we have here in مخيلة) of calling up or recalling images, whereas (الخييسال) means simply the field of activity practised. The opening sentence could therefore be translated in more than one way:

Or as given in the 'key'!

3. Do not waste much time on the meaning of 'gracious'. But if asked by a persistent student, you may explain that it means (ربطیف/عطوف/کریم/منعم) . It is a word without precise meaning in itself: it is usually coloured by the context: here the meaning is 'full of grace' (مُنْعُمُّه) but the nearest Arabic is (صور النعیم). The drift of the context suggests that the pictures coming to the

protagonist's mind are simply attractive or beautiful (from 'grace', the original noun behind the adjective); and the general Arabic word (جميل) will do.

4. You may have to change the English

This is more economic and more idiomatic.

- 5. The idiomatic Arabic word for 'come to mind' is (تنثال في الذهن) .
- 6. Note the change of well-fed which should mean (سمين) or (ممتلئ) into (وقد طَعمَ حتى الشبع) as this is apparently the intended sense.
- 7. Note that in a literary style a measure of parallelism should give the style a degree of grace (رشاقة). So, for 'serene and healthy' you may say (مطمئن النفس ، موفور الصحة). Equally, you could say (والدفء يسرى في بدنه) for 'felt warm' or (والدفء يسرى في بدنه) to the next segment (بيالويشعر بالحرارة) .
- 8. In English you do not 'drink' soup, you eat it! The reason is that English soup is thick and called 'cream of ...'; it is eaten with a spoon; French soup is different, called 'clear soup' (consommé) and may be sipped from a cup!
- 9. 'Burning' could be (الملتهب) or (ملتهب الحرارة) or (ملتهب)! Remember that in a literary text you have more freedom than in a 'scientific' or informative text.
- 10. Teach the students that one way of dealing with an indefinite noun is to use the formula (أحد) followed by the plural. Thus when you translate:

If a husband suddenly complains of his wife's oppression, the fault may be his.

either as:

Here you may translate 'a stream' either as (أحد الجداول) or (أحد الجداول) depending on the rhythm of the Arabic. Another way is to add

- (ما) to indicate the 'indefinite' (النكرة) . I have given in the 'key' (أحد) in the indefinite without (شجرة ليمون) or (ما) to show that it is correct!
- 11. Explain to the students the rule of translating the impersonal pronoun 'it'. If the pronoun refers to a specific thing, as here it refers to the weather, you must supply the referent (الجوحار); if 'it rains' then (السماء تمطر) but if does not refer to anything but simply to (الحالة / الحالة / الحالة) then you omit it; examples :
 - 1. It is impossible to establish who did it, as the culprit left no trace whatsoever.

2. It is important to observe the rules of grammar even when you write at speed.

3. It is thought abroad that Egypt is a beautiful land.

- 12. When you have an adjective applied to a masculine and a feminine at once نفس الـوقت) (نفس الـوقت you must change the structure; see the 'key'.
- 13. When you describe a baby as 'crawling' the word in Arabic is (پحبو).
- 14. A ladybird is (دُعْـسـوقــة). The Arabic word is odd even in the singular; instead of (دعاسيق) which is too unusual for the Arabic reader, use (الفــراشــات). After all, they are the nearest thing to ladybirds! See my (فن الترجمة) -- the last chapter.

(18) Democracy

Democracy is the right of the people to choose their own government. In its purest form, people of every community from small villages to the whole nation would discuss and vote on every proposed law. This is rarely practical in today's busy world. In most democracies, citizens choose, or elect, representatives. Representatives are lawmakers who represent, or work for, all the people who elected them. Voters also choose the officials who will administer, or carry out, the laws.

(18)

democracy	الديموقراطية
right	حق
people	الشعب / الناس
choose	یختار / ینتقی
government	حكومة
pure —er	نقى / أنقى est -
community	مجتمع
villages	قرى
whole	کل / جمیع
nation	أمة
discuss	يناقش
	•

proposed	مقترح
law	قانون
rarely	نادراً
practical	عملی
busy	مشغول
citizens	المواطنون
elect	ينتخب
representative	ممثلون / نواب es
lawmaker	واضع القوانين / مشرع
administer	يدير / يطبق / يُنفذ
carry out	يُنفّذ

Exercise-18:

To The Teacher:

1. Seize this opportunity to show the students how to translate cognates of the word *democracy*, especially the verb to *democratize* and the noun *democratization*.

Examples:

 Most third world countries are currently totalitarian; and the general trend in today's world is to democratize such regimes.

2. The democratization of a totalitarian regime is a long and gradual process.

All these Arabic versions carry the same idea as example 2 in English, with differences in style due to the translator's personal preferences.

2. Note that there is an ellipsi in the second sentence. The word 'democracy' which should be there is omitted; the sentence would otherwise read:

"In its purest sense, *democracy requires that* people ..." The Arabic version must be clear and crisp, and it should therefore supply the deficiency (تستدرك الحذف) (تستدرك الحذف) :

```
    أ - وتقضى الديموقراطية فى أنقى صورها بأن يقوم الناس ...
    ب - وفى أنقى أشكال الديموقراطية ، يقوم الناس ...
    ج - وأما أنقى أشكال الديموقراطية فهو قيام الناس ...
```

- 3. Explain to the students the meaning of community: its original sense (the abstract) is (الشاركة) and you find a ready example of it in the expression 'community of interests', الاهتماما) (الاهتمامات . The other meaning is concrete: in most contexts it refers to a group of people (مجتمع); often enough this is local (المجتمع المحلى) or a group of foreigners living somewhere (المجتمع المحلى). But, strangely, the Arabic (جمالية) is the international community!
- 4. Explain to your class also the problem with 'practical'. It is commonly rendered as (عملیّ) but the meaning is (یسیر التطبیق) . Here you have a choice :

Point out to the class that (ولىكسن) has been added in the Arabic version as a link between the two sentences, though it is only implied in the English text.

الأصل)

5. Show your class that the word 'democracy' can have a concrete meaning. e.g.: England is a democracy

So, in the plural it should mean (نظم الحكم الديموقراطية) .

- 6. Instead of saying (عثلون) —— a word which can also mean (actors) you could say (نــواب) which is equally correct : after all, a deputy (بــائب) does represent (يــثل) someone else! Note that 'to depute' (بــنــب) is a transitive verb : it takes an object (مفعـــول به) . To deputize for (ينوب عن) is an intransitive verb.
- 7. Point out to the class that lawmakers are the legislative authority (السلطة التشريعية) or the legislature (الجهاز التشريعية) and so lawmakers can be translated as either (رأهل or القسوانين) otherwise women would be angry!).
- 8. Explain the meaning of 'work for' (یعمل من أجل / یعمل لصالح) 'For' by itself can have the meaning of (من أجل) or (فسى سبيل) Think of the play *All for Love*! (کل شيء فسى سبيل الحب) 'OR the common English phrase 'For king and country' (في سبيل الملك والوطن) .
- 9. Note that to administer can either mean (یعطی) or (یعطی) and with the sense of (یـطــبق) too. The first meaning is quite familiar; but see

to administer justice أقام العدل

أعطى الدواء medicine — —

أقسم يميناً an oath أقسم

So the meaning here is to (يطبق القوانين) .

(19) The Media

As a result of technological progress, many people in the world already have, or will soon have, access to many more TV channels than in the past.

Most of the TV channels in the world operate in the traditional way: national, public or commercial TV *stations* use *transmitters* to send UHF (ultra-high frequency) *signals* round the country. The *aerials* on our roofs receive these signals and pass them to our TV sets. Simple, and very similar to the way radio broadcasts work.

Some international TV channels use satellites in space. Programmes are transmitted up to the *satellite*, which then re-transmits them to a wide geographical area. If you have a special *satellite dish aerial* on your roof, you can receive these signals — though usually you have to pay for a signal-decoder. In this way, people can watch TV programmes transmitted on the other side of the hemisphere.

(19)

result	نتيجة / ثمرة	traditional	تقلیدی
technological	تكنولوج <i>ي</i>	national	قومى
progress	تقدم	public	عام
already من قبل	فعلاً / حالياً /	commercial	تجارى
to have acces\$	يستطيع الوصول	station	محطة
	مشاهدة	transmitter	جهاز بث
TV	تليفزيون	UHF	ذات تردد فائق الإرتفاع
channels	قنوات	signal	إشارة
operate	تعمل	aerial	هوائی / إيريال

roof السطح العلوى للمنزل receive يستقبل TV sets أجهزة التليفزيون عاثلة similar radio broadcasts البرامج الإذاعية satellite قمر صناعى / تابع اصطناعى geographical area مساحة / منطقة جغرافية

programmes برامج satellite dish aerial طبق هوائی خاص satellite dish aerial بالقمر الصناعی جهاز لفك شفرة signal-decoder الإشارة يشاهد watch بالخر the other side نصف الكرة الأرضية the hemisphere نصف الكرة الأرضية

Exercise-19:

To The Teacher:

1. Explain to the students that they do not have to stick to the grammatical or structural formulas of the English text. 'As a result of' equals 'one of the results of'; so that you can say:

OR

Indeed, in other contexts you could even say:

These choices will depend on the nature of the sentence that follows.

2. 'In the world' may initially sound redundant (إطناب) (الطناب) but in fact in means 'everywhere' or 'in many parts of' the world.

3. When you have two main verbs *in the same clause* followed by an object (مفعـــول به) you may delay the second to the end of the sentence; you can say:

If the sentence is too long to accommodate the second option, use the first.

4. Point out to the students that the word 'access' has changed its meaning again! Literally it means 'many people can *have* or *reach* more TV channels', that is

What is meant is:

- 5. Remind the students that 'in the world', repeated here, has not changed in meaning!
- 6. You may like to distinguish to the students between 'traditional' and 'conventional'. Both are often rendered as (تقليدى); but the first refers to maintaining the traditions of the past (تقاليد الماضى) the second to accepting the conventions of the present (أعــــراف). Traditional may not be necessarily social or widespread like
- 7. Explain the difference between national and patriotic (قــومـــى) and (وطـنـــــى) . The Arabic (وطـنـــــــى) may be sometimes used to mean

conventions, but they can be if described as cultural or social.

(قومى) but it is better in translation to observe the distinction. Note that the word (قصومية) such as in the expression 'the various nationalities in the defunct Soviet Union'

refers to the 'national belonging' —— based on race, language etc —— of each of the former Soviet republics. However القسومية)
means Pan-Arab Nationalism or Pan-Arabism! Tell your class to remember that!

- 8. Although 'public' is usually opposed to 'private' as (علام) and (الناس دون استثناء) the meaning usually refers to the people (خاص) (الجمهور)). It is distinguished from 'general' in that this is opposed to 'special' (both rendered in the same way in Arabic!) and so 'general' does not depend on the people but on the 'field', 'object' or 'subject'! A book on 'general medicine' may still be addressed only to doctors, but it deals with general subjects! If the distinction is too difficult to explain in class, let it go!
- 9. When an Arabic word is coined for a new concept while its Arabized form is common, use both; thus (هوائي (ايريال) .
- 10. Teach your students the difference between *roof* (السطح العلوى) and *ceiling* (سقف الحجرة). Never use (سقف) to translate the former!
- 11. Show the students how to handle expressions such as "the way (something) works" i.e. (أسلوب عمله) If this 'something' involves *action*, you may change the formulation altogether, merging the noun with the verb. So:

is the same as

أسلوب بث البرامج الإذاعية

- 12. Tell your class that 'you have to pay for' means 'you have to buy' ! 'To pay for' cannot mean anything else!
- 13. Explain that the last sentence is tricky! The hemisphere meant is the Northern Hemisphere —— that is, the upper half of our globe! It is divided, theoretically, into East and West and we, in the east can watch what is going on in the West! Unfortunately, the Southern hemisphere is almost totally forgotten! We cannot watch Australian, Indian or Latin American programmes, can we?

(20) Game Reserves

Today the game reserves of East Africa are facing a number of threats. Although they earn considerable "revenue" by attracting tourists, they take up land which is increasingly sought by the local people. While these reserves feed and protect animals, they are in danger of turning into "barren" areas or deserts. Trees, shrubs and grass are gradually being eaten by grazing herds.

Another problem is to be found in the changing attitudes of the animals themselves. Many of them are losing their hereditary fear of man. In this way they may become a danger to visitors and thus to themselves. Attacks on vehicles are beginning to increase, and it is possible that the problem will become serious in a few years' time.

(20)

game	حيوانات الصيد
reserve	محمية (طبيعية)
threat	تهدید / خطر
considerable	كبير
revenue يراد	دخل / مكسب / إ
attract	يجتذب
tourists	سياح
take up	يشغل
increasingly	بوتيرة متزايدة /
	بمعدل مطرد الزيادة
local	محلیّ

feed	یطعم / یغذی
protect	يحمى
turning into	يتحول إلى
barren	قاحل
shrubs	أعشاب / شجيرات
grass	كلاً / نجيل / حشيش
gradually	تدريجياً
graze	يرعى
herd	قطيع
changing	المتغير / المتحول / المتبدل
attitude	موقف

hereditary	وراثى	attack	هجوم / هجمة / إعتداء /
man	الإنسان		عدوان
danger	خطر	vehicle	عربة
visitor	زائر	increase	يزداد
thus	هكذا	serious	جاد / خطیر

Exercise-20:

To The Teacher:

- 1. Explain the students the meaning of 'game'. Apart from its meaning in sport (the game of tennis لعبة التنس) (a game of chess) (the word refers to animals that are hunted or captured (ور شطرنع) (حيوانات الصيد والقنص). Hence the expression 'big game' (الحيوانات الصيد والقنص) (الحيوانات الصيد الكبرى), to high officials ! (Remember اللعب اللعب اللعب) (المدافع الكبرى) (مع الكبار المدافع الكبار) (مع الكبار فيوان يباح صيده) but it now also means 'anybody who may be attacked or criticized'. Another common meaning is 'to be bold', as in the expression 'I am game for anything', and, also, to 'gamble'. Ask the students to make a list of all these meanings.
- 2. A 'reserve' is a piece of land protected by law where animals (often called *wild life*) are kept.
- 3. Note that the word 'threat' is never repeated except in its intended meaning 'danger'! This is why the translation (in my 'key') gives only (نهدید) not (تهدید)! Compare this with its use in passage 7 above.

- 4. The word 'considerable' refers only to the 'amount' earned; and, in other contexts, it may replaced by 'significant'. Both then simply mean (کبیر) .
- 5. Note the following structural change: as we have no word in Arabic representing the exact morphological equivalent العسادل)
 (الغسادل) of the word 'increasingly' (commonly translated at the UN as (بصورة متزايدة) I prefer re-structuring the sentence in Arabic so as to change the word into a verb. Thus:

... land which is increasingly sought by local people.

becomes

local people demand more and more of that land

OR

local people's demands on that land increase

becomes

OR

I personally find (بصورة متزايدة) inelegant and indeed infelicitous (رکيکة) for how can we imagine a picture (متزايدة) to be increasing (متزايدة)? The problem is that while we have the equivalent adjective in Arabic (متزايد) this cannot be made into and adverb!

6. Explain to the students the meaning of "barren" — that is, uncultivable land — and the difference between it and 'arid', both translated as (قاحل)! The latter means 'dry', منانى من (جافة / تعانى من that is, deprived of rain, and it is the lack of rain that is behind

the formation of 'deserts'! But "barren" lands may have rain, though other factors may cause the land to be incapable of being cultivated (uncultivable) that is, "barren"! Some of these factors are over-grazing, that is

or the tendency of animals to use up all the water left by the rain in drinking and bathing. Such water is referred to by a technical term, which you may not find except in specialized dictionaries, namely "run-off". So, deprived of plants and water, the land may become "barren"!

7. Note the use of the present continuous (losing) in the penultimate sentence. This implies a present plus future. Note how the sentence is rendered in the 'key'!

(21) Stocks

We've heard a lot lately about the stock market and the wild price swings taking place on Wall Street. But what are stocks anyway? Are they some form of gambling chips? It seems that way when you read about the large amounts of money that people make and lose when trading stocks.

Stocks, common stocks in particular, are actually parts of a company. If you own stock in Walt Disney Corporation, you are part owner of that company. You own part of Disney World!

Companies that are divided into shares of stock that a few or many people can buy and sell, are called corporations. These corporations use much of their profits (money they make) to build the company. They spend it on such things as research and development to bring out new products, creating new jobs, building new factories and equipment, and sometimes buying other companies.

(21)

a lot	الكثير (عامية)
lately	في الآونة الأخيرة
stock markets	سوق الأوراق المالية
gambling	قمار / میسر
chips	فیشات (هنا)
trading تبادل	بيع وشراء / تعامل /
common stock	الأوراق المالية العامة
in particular تـ	خصوصاً / بصفة خاص
actually	

company	دار تجارية	شركة/مؤسسة/
corporation	/	
joint stock c	company	شركة مساهمة
owner		مالك
divided		مقسمة
shares		أنصبة / أسهم
profits		أرباح
spend		ينفق
research		

تطویر (هنا) / تنمیة development bring out products create

التوصل الي / إبتكار factories مصانع factories وطناب معدات معدات التوصل الي / إبتكار وعدات التوصل التوجد / يهيئ / يخلق التوجد / يهيئ / يخلق

Exercise-21:

To The Teacher:

- 1. Seize this chance to give your students a thorough idea of the meaning of stock, first, before stocks! If you look it up in the dictionary (an excellent English-Arabic one like النفيس) you will find 20 different senses! And that only for the word as a noun! You can ignore all the technical senses as they are likely only to confuse the student; focus on the general and common senses. The commonest is (المخزون) : a shop assistant (بائع في محل) is likely to tell you if you ask for a gramophone "We don't have it in stock!" that is, we do not stock it, or we do not sell it! Another common sense is cattle (المسواشسي) . A third, equally common, is the tools and equipment (اللعددات) . Now we come to the sense intended and it occurs in the expression "Stock Exchange" استوق but if (أوراق مالية) Stocks' by itself means (أوراق المالية/البورصة) coupled with 'shares' it comes to mean the same as 'bonds' (سندات).
- 2. Explain that 'wild' means uncontrollable or extreme. Tell them the original meaning and how it came to be used thus metaphorically here.
- give them the common expression 'the swing of the pendulum'. Here the movement is up and down, not sideways!

4. Tell them that Wall Street refers to the main financial centre of the USA. It is where most of the major companies have their headquarters. So either transcribe it in Arabic and let the reader guess its meaning, or give the meaning in your own words:

For example!

- 5. Explain to the students that in gambling at big casinos players do not use money but 'chips' (فيشات) representing money. So the expression 'when the chips are down' means (عندما يجد الجد) (colloquially) and to have 'a chip on one's shoulder' means to be indignant and always complaining.
- 6. Explain that 'that way' means "it seems to be true". Tell them that the opposite is 'the other way', hence the expression 'to look the other way', that is, to disregard or ignore!
- 7. Tell them that to make money means 'to gain' (یکسب) .
- 8. I believe that the word trade requires a little explanation. The original meaning (which is kept here, see my مرشد المترجم in Arabic) is to exchange (التجارة): hence the idea of 'trade' (التجارة) itself, beginning with 'barter' (القايضة) (and bartering) and ending in using money which represents the value (قيمسة) of the things exchanged. So when you say I would like to 'trade in' my old TV set, what you mean is you would like to give it to a shop in exchange for a new one, plus the difference in value (paid in cash).

- 9. Note that development here, in this *binomial* (Research and Development —— commonly referred to as R. & D.) is always (تطوير) .
- 10. Jobs is either (وظائف) or (فرص عمل) i.e. job opportunities. A job can be manual or intellectual.

(22) Better Zoos

There was a time when zoos were terrible places for animals to live. Even the largest animals were confined to small and uncomfortable cages. Restless beasts paced back and forth in their prisons, as countless visitors passed by.

While some zoos are still throwbacks to this era, more and more zoos have changed. Wild animals are now housed in larger areas that more closely resemble their natural habitats. This makes the existence of the animals much more pleasant. It also provides a better educational experience to visitors. Children and adults can see scenes that show more accurately how animals live in the wild.

Hopefully the day will come when all zoos will be humane places that gives top priority to the needs of their animals while creating ideal educational exhibits.

(22)

ZOOS	حدائق حيوان
terrible	رهیب / فظیع / بشع
confine	يحبس
uncomfortable	متعب / مرهق e
cage	قفص
restless	قلق / مضطرب
pace (لجرى	يمشى (وسرعة المشى وا
back and forth	رائحاً غادياً ١
prison	سجن

countless	لا يُحصى / لا يُعد
visitors	زوار
throwback	نکوص / ارتداد
housed in	توضع للإقامة في
closely	إلى حد بعيد (هنا)
resemble	تشبه
wild animals	الحيوانات المتوحشة
natural	طبيعي
habitat	موطن / مكان إقامة

 existence
 وجود / معیشة / إقامة

 pleasant
 سعید / بهیج / هانئ

 provides
 توفر / تقدم

 educational
 experience

 خبرة
 خبرة

 debld
 خبرة

 adults
 کبار / بالغنن

scenes مشاهد دقیق دقیق دقیق الحیاة البریة in the wild من المأمول hopefully استفوق / عطوف hopefully وغطوف المؤون / عطوف وغروضة / معروضات exhibits معروضة / معروضات

Exercise-22:

To The Teacher:

- 1. Although the style of this passage, like that of passage 21, is by and large 'colloquial', there are a number of difficulties and important lessons to be learnt, mostly *structural*.
- 2. Look at the first sentence carefully: where would you place 'there was a time'? Of course you could keep the English structure and say ... في وقت من الأوقات كانت حدائق الحيوان

And you would not be wrong. However, it is more idiomatic in Arabic, and the students should learn this golden rule, to begin with the main subject and verb : كانت حدائق الحيوان ، في وقت من

Secondly, you must have noticed that there is no 'in' or 'at' after 'live'! This is idiomatic in English as we commonly say 'what a place to live / to be' which means

Again, with 'place' it is idiomatic to say 'this boy will go places' (not to places) or 'let's go places' (colloquially). The first means

- (سيكون لهذا الغلام شأن) and the second (سيكون لهذا الغلام شأن)! This is one of the problems of translating colloquial English!
- 3. Now check the 'key' to see how the structure is changed: instead of the verb (افسى حياته) we have (فسى حياته). I daresay one is almost forced to undertake this structural change, for, otherwise the sentence may not sound idiomatic in Arabic. Note also that the adjective 'terrible' (which *colloquially* means 'bad' or 'nasty', hence tiresome and irritating) has been made into a verb.
- 4. Examine carefully the use of 'even'. What does the sentence, if the omitted word (which is clearly implied) is supplied, should read like? It should read something like this:

All animals, even the largest, were confined etc.

And it is this formula that you should render into Arabic. Do not say (... کانت کانت) as this is *not* idiomatic Arabic.

- 5. Note that uncomfortable does *not* mean *NOT COMFORTABLE* but means causing discomfort, that is / مرهقـة)
- 6. Note that restless is related causally to pacing up and down (or back and forth); and this should appear in your text.
- 7. Like uncomfortable, restless does *not* mean *without rest* but 'anxious', or 'unquiet' (قلق / مضطرب) .
- 8. Note that 'countless' means (لا يُعد ولا يُحصى) (and therefore too many; like 'invaluable' which means (لا يقدر بثمن) and hence too valuable.
- 9. Note the change of 'as countless visitors passed by' into 'in front of countless visitors passing by'. The latter form sounds much

better in Arabic.

- 10. Remind your class that 'while' is not to be translated as (بينب) unless followed by an active verb a verb of action. If the verb following is verb to be, as here, it is to be translated as (وإذا كانت) . See the earlier explanation in point 9, Passage 10 above.
- 11. Note the structural change of 'more and more'. It means that the number is on the increase, or is increasing, or that

Zoos are increasingly changing!

Remember the example given in passage and exercise 20?

- 12. Note the change in the meaning of 'wild' from passage 21.
- 13. Now consider the change from the passive voice to the active voice in the second sentence of the second paragraph. It is a simple change which differs from that of the 2nd sentence of the 1st paragraph. There I provided a subject:

For the English:

Even the largest animals were confined ...

Here I changed the object into a subject:

Wild animals are now housed in ...

Into:

14. Note that we normally do not use intensifiers like 'very' and 'much' in Arabic; we prefer to 'intensify' the meaning by another adjective confirming the first. Thus, 'much more pleasant' becomes) أكثر / أشد سعادة (. You may, of course, say) أسعد وأهنأ

- ا بكثيـــر (but this will be infelicitous, bordering as it is on the colloquial.
- 15. Note that 'wild' has changed in meaning yet again!
- 16. Note how 'hopefully' is translated.
- 17. Explain to the students the difference between human and humane.
- 18. Give them the precise meaning of exhibits (معــروضات) in a museum, or (مادة تعليمية معروضة in a court of law, or (مادة تعليمية معروضة . تزيد من خبرة المشاهد)

(23) Sleep

There are various stages of sleep which are defined by body motions as well as by the character of the electrical activity in the brain. The typical patterns of electrical activity for the phases of sleep vary with age.

Sleep walking (medically termed somnambulism) as well as bedwetting occur usually during a particular phase of sleep during which the electrical activity slows down (slow wave sleep). These behaviours occur most commonly during arousal from slow wave sleep.

Sleep walking episodes can last for several minutes during which the walker may move around with eyes open, avoiding obstacles, while not recalling any of the walk upon awakening!

(23)

various	مختلف / منوع / شتّی
stage	مرحلة
define	يحدد / يعرّف
motions	حركات
character	نوع / طبيعة (هنا)
electrical	كهربائي
activity	نشاط
brain	مخ
typical	التى قيز / المميزة لـ
pattern	نسق / نظام / شكل

phase	مرحلة
age	العمر / السن
somnambulis m i	المشي / التجول
	النوم
bedwetting	التبول في الفراش
slow down	يبطئ
behaviours	أنواع السلوك
occur	تحدث
commonly	بصورة شائعة
during	أثناء

arousal episodes last several minutes

حول المكان / في الغرفة / around في المنزل أحداث/حكايات/قصص أحداث/حكايات/قصص يتجنب / يتحاشي / يتفادي avoid عدة عقبة عقبة معنول التيقظ/الصحو/الإفاقة awakening على التيقظ/الصحو/الإفاقة awakening عدة التيقظ/الصحو/الإفاقة على المناسبة التيقظ/الصحو/الإفاقة المناسبة المناسبة التيقظ/الصحو/الإفاقة المناسبة المنا

Exercise-23:

To The Teacher:

1. Ask the students to translate the opening sentence to see if they remember and can apply the rule given in Exercise 1, namely NOT to use (هناك) but simply resort to inversion (the technical term is hyperbaton التقديم والتأخير). There are stages for the beginner who has not mastered the technique:

First use (هناك) : ١- هناك مراحل مختلفة للنوم

Secondly begin with the prepositional phrase (of sleep للنسوم) followed by the indefinite subject consisting of a noun and a genitive (مضاف إليه) : ٢- للنوم مراحل مختلفة

And there is your idiomatic formula! The student will clearly see that he/she is not in need of (هناك) or (يوجد) at all! If the student cannot still stomach the nominal structure and cries still for a verb, give him an initial (یتکون من! So that the sentence would read:

This should satisfy his / her requirements!

- 2. Note that 'define' can mean (یعـــدّ) just as (یُعــرّف) and a common substitute is 'identify'.
- 3. REMIND the students that if they see a passive construction with the agent given (preceded by 'by') they must change it into active construction. Here we have the glaring example : (defined by ...). This must be changed into (تحددها) followed by the agent.
- 4. To know why 'typical' has been translated into / التى تتميّز بها) التى مرشد المترجم look the word up in my مرشد المترجم .
- 5. Explain to the students the difference between 'type' (نـوع / غبط) and pattern (شكل / نظام / نَسنَق) .
- 6. 'Vary with' means 'change according to' and should be translated in the light of this sense.
- 7. Now when you have an English term that cannot be given an Arabic equivalent, you have a choice: either to give it in English as it is, even in the context of your Arabic text, or transcribe it in Arabic. Here I have chosen to omit it altogether! The choice is yours, anyway!
- 8. Note that the word 'particular', earlier translated as (خساص) can be translated, as here, into another word (معيّن). Impress this change on the students so that they may keep their options open.
- 9. 'Phase' is another word for 'stage'; the purpose of this change is nothing, in effect, more than stylistic variety or what is called by Fowler 'elegant variation'.
- 10. Note that sometimes Arabic words are added to clarify a given statement; so, the phrase bracketed in the second sentence of the second paragraph (slow wave sleep) is explained by the addition of (ويسمى هذا نوم الموجة البطيئة) .

- 11. 'Behaviour' is a familiar word; I have explained elsewhere in this book. As it is an agreed term, stick to the Arabic term (السلوك) .
- 13. Examine carefully how 'occur most commonly' is translated in the 'key'.
- 14. Note that 'arousal' originally and elsewhere means (الإفاقة) . Here, however, it means (الخروج) from one stage to another. And the complement (إلى مسرحلة أخرى) has been supplied in the Arabic text. The full meaning of (إفاقة) occurs at the very end of the passage when you come across the word 'awakening'.
- 15. 'Episodes' can mean (أحداث / قصص) or such like. Here you need words with more general meaning; hence (حالات).
- 16. Note the all-important change in the texture of the last paragraph which consists of one long sentence, including two active verbs and two gerunds (verbs ending with 'ing'). It goes, structurally, like this:

(episodes can last ... the walker may move ... avoiding ... not recalling ...)

While it is possible, and may indeed be desirable, to provide such variation in the English text, the Arabic text calls for parallelism. Once you start with an active verb, you have to maintain the pattern:

Note, of course, that 'not recalling' (لا يتذكر) has been changed into (ينسى).

(24) What is Cholesterol?

Cholesterol is a fatty substance (a lipid) that is an important part of the outer lining (membrane) of cells in the body of animals. Cholesterol is also found in the blood circulation of humans. The cholesterol in a person's blood originates from two major sources, dietary intake and liver production. Dietary cholesterol comes mainly from meat, poultry, fish, and dairy products. Organ meats, such as liver, are especially high in cholesterol content, while foods of plant origin contain no cholesterol. After a meal, cholesterol is absorbed by the intestines into the blood circulation and is then packaged inside a protein coat. This cholesterol-protein coat complex is called a chylomicron.

(24)

cholesterol	الكولسترول	dietary
fatty	دهنی	intake خل
substance	مادة	liver
lipid	شحم (في الكيمياء)	production
outer	خارجي	foods
lining	بطانة / كساء / غشاء	plant
membrane	غشاء (اسم طبی)	origin
cell	خلية	من contain
circulation	دورة / دوران	meal
humans	البشر / الإنسان	absorb
originates	ينبع من / مصدره هو	intestines
major	رئيسى	(small intes
source	مصدر	packaged

dietary

intake

اللتحصّل عليه / الداخل

الكبد

production

foods

plant

origin

contain

فيه / يحتوى / يتضمن

meal

absorb

intestines

packaged

dietay

الدقيقة / الدقيقة

packaged

intestines

Exercise-24:

To The Teacher:

1. Begin by pointing out to your students that this is a scientific passage written in simplified English. Scientific style favours nominal structures . In these structure verb 'to be' is dominant. It appears in English but disappears in Arabic. :

Man is a speaking animal . الإنسان حيوان ناطق مرض القلب قاتل Heart disease is a killer

Here we have verb 'to be' in the opening sentences explicitly; elsewhere it is implicit. Notice that even in the title we have it; and the translation of the title, if it is to be more idiomatic, should read:

However, we are used, in Modern Standard Arabic, to the insertion of (هو) although it is only emphatic and is not really needed!

- 2. Now a lipid is a chemical term; and when we translate it we should point out that fact. We add (في الكيمياء) to clinch the point!
- 3. As English style is enlivened by variation, so is Arabic style. Having produced a purely nominal structure initially, we now proceed to vary the style: you could, of course, stick to the nominal mode by saying

and would be absolutely correct and idiomatic. Still, variation is required for elegance and it is better to say:

- 4. As with 'lipid', you should qualify 'membrane' by adding in Arabic (واسمه العلمي).
- 5. 'Blood circulation' has the scientific Arabic equivalent of السدورة). You are therefore free to choose: both versions are given in my 'key' answers!
- 6. Note that the Arabic word (إنسان) has a plural meaning; so, just as you replace 'humans' (in the second sentence) with 'human beings', you can easily replace it by 'man'. A singular in Arabic is preferred here to (أبناء البشر) as this is a scientific text where facts should be presented economically and without inviting any unnecessary connotations.
- 7. Now although the third sentence has an active verb (originates) the Arabic text prefers consistency in nominality (الأبنية الإسمية) and so the active verb in English is transformed into a nominal structure in Arabic: instead "... originates from ..." we say "The cholesterol in a person's blood (has/is of) two major sources." Verbs 'to have' or 'to be' should give us the following:

Note that this is the opposite of what we do normally in translating from English into Arabic.

8. When a noun in English is equated with a difficult Arabic word, it is better to change it into a complete sentence. So, 'dietary intake' literally means (الغذاء المُتَحَصَّل عليه). In this case it is better to say (الغذاء الذي يتناوله الفرد).

9. Note that out of the *ten* verbs in the passage *seven* are forms of verb *to be* (is/are). The other three are, though operative, quite replaceable verbs: 1. originates (already discussed above); 2. comes from (which can be equally changed into (*is* in / its source *is*) and 3. contain (which simply means *have*)! Now in the third sentence I have continued my transformations, changing 'comes mainly from' into

. (مصدره الأساسي هو)

- 10. When the word organ occurs without qualifications, and the context justifies its intended meaning, we normally assume that it refers to the 'inner organs'. 'The inner organs of the beast' is a famous phrase that occurs in James Joyce's *Ulysses*; and it seems to have become idiomatic. These are normally opposed to the trunk (الأطراف) and the limbs (الأطراف) as the major parts of the body (الأعضاء الداخلية) apart from the head, of course! Hence the need to qualify it in Arabic as (الأعضاء الداخلية).
- 11. Although I keep the verb (قفیها) in my translation of (contain) you could change into (ففیها), without loss to the sense. In fact, I have in my 'key' changed the 'are' in the first part of the sentence into (قعتوی) and changed (قعتوی) in the second part into (فیها). You could reverse the process!
- 12. Notice how I changed the structure of the penultimate sentence by redressing the ellipsis. "Is absorbed by the intestines [and transfused] into the blood stream". I have supplied the bracketed word in Arabic.
- 13. Just as I have done earlier, when a scientific name occurs in English it is coupled in Arabic by such a qualification, sometimes appended by a parenthetical note.

(25) The Giant's Garden

EVERY afternoon, as they were coming from school, the children used to go and play in the Giant's garden.

It was a large lovely garden, with soft green grass. Here and there over the grass stood beautiful flowers like stars, and there were twelve peach-trees that in the springtime broke out into delicate blossoms of pink and pearl, and in the autumn bore rich fruit. The birds sat on the trees and sang so sweetly that the children used to stop their games in order to listen to them. How happy we are here! they cried to each other.

One day the Giant came back. He had been to visit his friend the Cornish ogre, and had stayed with him for seven years. After the seven years were over he had said all that he had to say, for his conversation was limited, and he determined to return to his own castle. When he arrived he saw the children playing in the garden.

(25)

afternoon	عصر / العصر
used to	اعتاد
giant	عملاق / مارد
lovely	جميل / جذاب
soft	طری
(hard	(عکس صلب
flowers	زهور / أزهار / زهر
stars	نجوم
peach	خوخ

springtime زمن الربيع / الربيع / الربيع / الربيع الفتحت فجأة تفتحت فجأة delicate لطيف blossoms conversation عديث / محادثة determine pink لون وردى / بَمْبَه / بَمْبى pearl للؤلؤ / لون اللؤلؤ : أبيض autumn

 bore (p. of bear)
 حملت
 Cornish (from Cornwall)

 rich
 حافل / زاخر
 ۱۵ (اخرات)

 fruit
 ناکهة / ثمار
 Ogre
 بعبع

 sweet
 عذب / حلو
 were over
 limited

 محدود
 المعدود
 المعدود
 المعدود

 be had been to ...
 کان قد ذهب لزیارة
 دastle

Exercise-25:

To The Teacher:

Encourage the students to translate the first sentence in stages.
 Stage one would be literal and would keep the original syntax intact. Example

As this is not satisfactory, stage two should play about a little with the text, while still keeping the syntax unchanged -- basically!

Better, but not applying the golden rule of beginning the Arabic text with a verb plus subject, this fails and a third stage begins. The stage here is purely syntactical:

Having tried and succeeded in changing the syntax, the students must be given the chance to try further changes. The Arabic

- adverbial phrase في عصر كل يوم could be freely moved about in the long sentence; it could be placed after الأطفال in version three; or you could relegate it to the end, or even begin the sentence with it!
- 2. Encourage the students to use a variety of adjectives in Arabic rather than restricting their vocabulary to what they believe to be the 'exact' equivalents. For words describing size they should not only think of خبير or كبير but also of مترامي الأطراف / شاسع but also of خبير but also of especially in describing a garden. For words describing beauty they should not only confine themselves to الجمال but also think of (الفتنة) (الحسن) (الرونق) (البهاء) and a host of other words. Arabic is so rich!
- 3. Impress on your class the need to learn distinctions, fine distinctions, when it comes to nouns often misunderstood. Grass is (النجيل) or الحشائش or العشب NOT الحشائش or العشب ! These latter are either weeds or herbs! Weeds are often wild and commonly eradicated or killed as they interfere with other plants. Herbs الأعشاب are on the contrary deliberately planted and may have medical uses. The same applies to an adjective like soft (طری) which is often confused with smooth (طری) . DO NOT CONFUSE THEM!
- 4. Encourage the students to free themselves, now they have learnt one or two things, from literality. 'Here and there' could *correctly* be rendered as (هنا وهناك) but it is definitely better that the sense is given in idiomatic Arabic:

Remind the students to change "there were twelve ..." into the recommended formula which I have earlier suggested as a

(هناك)

substitute for (هناك) . For example : ... كما كانت في الحديقة اثنتا عشرة شجرة من أشجار الخوخ

- 6. Explain why 'pearl' should be translated as (بيضاء) not (لؤلؤية) .

 As coupled with another colour the meaning intended must refer to a colour too!
- 7. Note that 'rich' does not mean (غنی)! Liberate the young minds in the class from this long association! They should learn to change the noun into a verb such as

Note that rich may also have a hint of ripeness (النُّصْج).

8. The sentence:

"The birds sat on the trees"

requires special attention. We have in Arabic a verb of action which we normally translate into this formula in English, namely (یعظ علی). You could think of (یعش) too, or even (یقف) but never (یجلس)! Remember that 'to sit' by itself can mean more than the supposed Arabic equivalent. If you are standing then sit down then (أنت تجلس) but if you are reclining and were ordered to 'sit up', then you are ordered to (أن تعتدل في جلستك)! Birds cannot sit 'down' or 'up', they just sit, i.e. stand!

- 9. Remind the students of the rule concerning the translation of 'so ... that'.
- 10. 'To each other' must be translated as (لبعضهم بعضاً) Do not forget the second(ابعضاً)!
- 11. When you have words quoted, followed by a statement, reverse the order in Arabic. See the 'key'.

- 12. Remind the students of the rule concerning the translation of the pluperfect (the past perfect tense). Explain again if the students had forgotten it. Tell them we have two things happening in the past, one: the return of the Giant, two, his visit and conversations with his friend. As the latter happened *before* the former, the pluperfect is used. In translation, the formula (کان قد فعل کذا) is used.
- 13. When the events narrated in the pluperfect are concluded we go back to the historical past (the past simple tense).

(26) Animal Rights

Animal rights activists feel that animal research is immoral. They often assert that research with animals causes severe pain and that many research animals are abused. The activists do not feel the need to put the animals through such pain. Many of the experiments are replicated also which causes an unneeded demand for animals to perform experiments. Experiments which have already been proven are still being experimented with.

However, animal research is an integral part of today's society when thinking of how much progress we have gained in human health with the use of animal experimentation. To date some forty-one Nobel prizes have been awarded to scientists whose achievements depended on laboratory animals. Vaccines against polio, diphtheria, mumps, measles, rubella, and smallpox would not have been possible without such experiments.

(26)

activists نشطاء/دعاة/مناضلون	
animal research البحوث التي	
تستخدم فيها الحيوانات	
يقول/يصرح/يزعم/يؤكد assert	
abuse ألى/ينتهك حقاً	
to put through يُعَرِّض لـ	
experiments تجارب	
replicated تُعاد / تُكرّر	
unneeded لا داعی له	

 demand for
 طلب على

 perform
 يؤدى

 proven
 ثبتت نتائجها

 vaccine
 مند

 polio
 شلل أطفال

 mumppisable
 النكاف/التهاب الغدة النكفية

 rubella
 الخصبة الألمانية

 integral part
 جزء لا يتجزأ

 society
 مجتمع

اذا تذكرنا / إذا الألاي when thinking مدى التقدم الكبطِmuc how progress الكتسب gained صحة الإنسان human health نحو ٤١ / ٤١ تقليفاً to أطعار some 41

awardedئنحك منحachievements dependeon laboratory الدفهdiphtheria measles smallpox

Exercise-26:

OR

To The Teacher:

1. You will have noticed how the style is simplified —— sometimes through common ellipsis —— but the Arabic cannot replicate such simplification (or ellipsis). Take the compressed expression 'animal research'. If translated literally, the result would not only incomprehensible but may be misleading. Can we saly بحوث الحيوان) or (البحوث الحيوانية) ? What can either mean? The solution is therefore to get round the obstacle by unravelling the knot (if you'll forgive the mixed metaphor) : change this into : research using animals, or the use of animals in research. You will notice that this unravelled 'tangle' is used by the writer himself many times later on in the same text! So you may say:

البحوث (العلمية) استخدام الحيوانات في إجراء البحوث باستخدام الحيوانات OR EVEN الحيوانات في البحوث العلمية إجراء التجارب على Too long? Look up the 'key', and check the rest of the passage where this very idea is expressed and repeated. Advise your students, therefore, to *read the passage through* (until the end) before starting to translate.

2. The word 'immoral' has the common equivalent(لا أخلاقى) but I would like the students also to be able to use other expressions such as

Train your class to turn their faces away from the text and to think of a possible alternative (one or more).

- 3. 'Assert' is commonly believed to be the exact equivalent of (یؤکد) because assertion does mean (تأکید)! But English is a strange language, and even some of our best bilingual dictionaries are deceived! The fact is that to assert simply means 'to state'; this can mean (یقول/یصرح/یزعم) or the person using it can have the meaning of 'assertion' at the back of his mind and ONLY in this case can it mean یؤکد! As you could never guess which meaning is intended, the best course to take is to translate it as (یقول). I personally feel, in view of the second paragraph, that the intention is closer to (یزعم)!
- 4. Be careful to translate 'often' as(اغالباً) not (غالباً)!
- 5. Note that severe pain means (آلام مُبَرِّحَة) Do not pronounce the word in Arabic in any different way!
- 6. 'Abuse' is a problem. Normally it means(يُسَاءُ إِليها/تُؤْدى) as in the common phrase 'abused children' that is, children who are

ill-treated (تساء معاملتهم) by being beaten up or neglected etc. But the advocates of animal nights here are aping human rights activists: they are calling for respect for animal rights, along the same lines as human rights. As the word 'abuse' is used in human rights contexts to mean the 'violation' (انتهاك) of a right, you may assume that it is used here in the same sense. Hence my interpretation in the 'key'. However, you may keep the original sense and be absolutely correct.

7. 'Activists' is a problem word, for which see my الترجمة الأدبية . For the moment it may be enough to mention that the common Arabic used in political contexts is (النشطاء/النشاطى) I prefer to call them (دعاة) : it is neutral enough to be equal to advocates, but does not carry the stamp of approval implied by the Arabic (المناضلون في سبيل)

8. Notice that 'feel' in the third sentence does not mean 'feel' in the usual sense (یری) but rather means(یری) .

- 9. Notice that the last sentence of paragraph one is badly written and that the Arabic translation has remedied the fault.
- 10. Ask the students to know the meaning of 'integral part' fully by learning what an integer is (الواحد الصحيح) and that (integrate / integration) carries the meaning of (تكامل) .
- 11. Look up the 'key' to see how I have handled the rest of the first sentence of the second paragraph.
- 12. Teach the students the meaning of (to date) (حتى الآن) and 'some' in this context, i.e. about (تقريباً /حوالي/نحو) .
- 13. Show the students how the passive voice has been turned into an active construction in my translation in the 'key'.
- 14. It is important for all students to learn and remember the names of these diseases. Make a point of stressing this point.

(27) Effects of TV on Children

The ability to be creative is an important factor in the development of a young child's mind. By sitting down and watching TV for a couple hours, the child is entertained, but is also not thinking. Information in spoon-fed to them, so when it comes time to read a book in school, some can have a hard time grasping ideas. They are so used to having images flash before them to provide understanding; they have trouble moving their eyes side to side to gather the information for themselves. With the TV in front of them, supplying amusement, they may never stop to think that putting a puzzle together, or reading a book could also be fun. They could actually become dependent on this one source of fantasy, and never bother to create their own. As the child grows older, it is less likely to put effort into playing with other kids, or taking up a hobby.

(27)

creative	إبداعي / إبتكاري
factor	عامل
ability	قدرة / طاقة
development	تنمية (هنا)
young	صغير
watching TV	مشاهدة التليفزيون
couple of hou	urs لساعتين
	(أو أكثر قليلاً)
entertain	يسلّى / يمتع
thinking	يفكر

information معلومات تسقى بالملعقة spoon-fed فهم الأفكار grasp ideas متعة (هنا) fun في الواقع actually dependent معتمد على kids تلوح/تبرق/تلمح/تومض flash provide

understanding الفهم الفهم الفهم الفهم المعدد المعد

amusement التسلية

puzzle الغز / أحجية

put together حلّ حيال / وهم / عالم وهمي bother يأبه / يكترث

effort مجهود مجهود

Exercise-27:

To The Teacher:

1. The verb 'to create' has occurred before in this book and has been adequately discussed. The adjective 'creative' (الإبداع) and (إبداعي) and (الإبداع) respectively (على الترتيب) . Sometimes they are translated(ابتكارى) and(الابتكار)but these are closer to 'inventive' and 'inventiveness' in spite of the fact that most of the meaning is shared by all (الإختراع) three words. A creative writer is one who can invent characters, situations etc of his/her own in a short story, a novel, a drama etc. To this extent he is an inventor and creative; but a poet may be able to deal with his/her own real feelings or ideas and to be creative without inventing anything! He is creative (مبدع) but can be an innovator (مجدد/مبتکر/مبتدع) too if he/she can create new rhythms and new patterns of feelings and ideas! Innovation is therefore closer to (ابتداع) than to (إبداع)! If you can explain these differences to the students, you should; you'll be encouraging them to think for themselves!

- 2. Apply the rules of scientific expression explained earlier: nominal structure and pithy statements.
- 3. Note the translation of the indefinite noun in English as given in the opening sentence of the 'key' translation.
- 4. Note that sentences two and three are internally linked by the logic of the argument; and the link should be reflected in the Arabic text either by using 'connectives' (أدوات ربط) (The 'speech markers' of *stylistics*) or by grammatically combining them (as I have done in the 'key'). Note that as a result of this internal link, the 'them' in sentence 3 has no precedent! In the translation I have changed the plural pronoun to the singular.
- 5. In doing sentence 3 remind the class to apply the 'so ... that' rule, given earlier in the book. Note that the sentence is infelicitous; you may have to redress whatever seems amiss in an English text, as the Arabic reader will always blame the translator!
- 6. Do not use (طاله) in place of (مادام) . Remember the difference!
- 7. Sentence 4 requires the re-thinking of the complement beginning with 'to think that ...'. The meaning has nothing to do with 'thinking': what is meant is that children may never discover the pleasure of solving puzzles or reading books. The translator should be aware of stylistic problems and should always aim at the meaning regardless of the infelicity of expression. I have done that in the 'key'.
- 8. Sentence 5 has the same logical structure of the 'so ... that' formula; you may choose to do what I have done in the 'key' or follow the original. So, you could say:

OR

Whichever you choose, you'll be correct.

9. In the last sentence apply the rules pertaining to the translation of the impersonal pronoun 'it'. Check the 'key' for the alternative I give.

(28) Violence on TV

What has the world come to these days? It often seems like everywhere one looks, violence rears its ugly head. We see it in the streets, back alleys, schools, and even at home. The last of these is a major source of violence. In many people's living rooms there sits an outlet for violence that often goes unnoticed. It is the television, and the children who view it are often pulled into its realistic world of violence scenes with sometimes devastating results.

(28)

violence	العنف
TV	التليفزيون
often	كثيراً
rears	يرفع / يطلّ
ugly	قبيح
back alleys	الشوارع الخلفية /
	الأزقة الخلفية
major	رئيسى
source	مصدر

 living room
 غرفة الجلوس

 sit
 (هنا)

 uses
 منفذ

 outlet
 منفذ

 goes unnoticed
 لا يلاحظه أحد

 view
 يشاهد

 pulled-into..
 ينجذبون إلى داخل ..

 realistic worl
 عالم واقعى / حقياقالم

 مشاهد
 مدمر

 devastating
 مدمر

Exercise-28:

To The Teacher:

1. You may begin by explaining what is meant by a 'colloquial' style : it is generally informal in tone and reflects the real speech of native speakers of English. Unfortunately for aspirant translators, they cannot master the techniques of translating 'style' early enough in their career. Indeed, the translation of style requires long experience with English and Arabic styles and the ability to decide which in this language equals (or is rearest to) that. Take the first sentence: 'Has it come to this?' is not especially colloquial and it occurs in Shakespeare's *Hamlet*, for instance, in this form:

That it should come to this! But two months dead! Nay, not so much, not two.

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and my translation (published in 2004) of the play gives the two lines as:

The excellent English-Arabic dictionary (النفيس) gives the following entry :

(- So it has come to this!

Though not 'especially colloquial', as I have said, the expression is characterized by the informality of intimate speech (among friends, or a man, like Hamlet, talking tohimself or rather thinking aloud). The intimacy reflected in the informality requires an equally 'direct' question in Arabic close enough to everyday speech:

This inspires the translator with the right intimate 'tone':

But even if you could echo the tone of the source text here you may not be able to maintain the 'echoes'! The second sentence is definitely more colloquial and too informal; can it be in the same manner? 'It often seems like' is colloquial for 'It appears that': substitute the latter and the tone become closer to formal speech. As a translator you are NOT required to pay too much attention to style: at this stage your main concern should be with getting the 'meaning' right. You may be tempted at first to give the meaning in colloquial Arabic:

But, on reflection, somehow the 'tone' has departed too much from the original. So you try again:

This is close enough, but the temptation may be irresistible for a formula redolent of the high style (or the 'grand style') of Arabic classics:

Too classical? Even Quranic? Well, be that as it may, it will generally be more welcome by Arabic readers who care less for consonance with the source text than with reading 'solid' Arabic, defined in terms of classical (or traditional) rhetoric! The solution? Somewhere in between the too colloquial (in Egyptian Arabic) and the too formal (in classical). See the 'key' for 'my' solution!

- 2. You may like to give the students an idea of the differences between the way we describe our streets and the way they call theirs. They should at least be able to equate 'roads' with (طرق) (not (طرقات)) streets with (شوارع) and 'alleys' with (الطريق السريع) .

 The 'high street' is (شارع السوق) , the 'highway' is (بالطريق السريع) (just like 'free way' and occasionally 'express way', though rare, but a 'motorway' is definitely more common). 'Lane' is a (مسار):

 A motorway can have four lanes in every direction. We sometimes call it (حارات) as well. A cul-de-sac is (خارة) . In other Arab countries they have different names for streets and roads etc. (نهج/جادة)
- 3. Sentence 4 begins with 'The last of these'. What is meant is 'the home', and that is what you should say in your translation.
- 4. 'To go unnoticed' means 'not noticed by anybody', and you should change the structure here to provide an acceptable Arabic version.

 (الا يلاحظه أحد)
- 5. Note that the word 'often' is repeated three times. Do not forget that it means (کثنه) as previously mentioned (NOT (غالیاً).
- 6. 'Realistic' could means here (الحقيقي) not merely (الراقعي) .

(29) Stress

It is commonly believed that only rich middle-aged businessmen suffer from stress. In fact anyone may become ill as a result of stress if they experience a lot of worry over a long period and their health is not particularly good. Stress can be a friend or an enemy: it can warn you that you are under too much pressure and should change your way of life. It can kill you if you don't notice the warning signals. Doctors agree that it is probably the biggest single cause of illness in the western world.

When we are very frightened and worried our bodies produce certain chemicals to help us fight what is troubling us. Unfortunately these chemicals produce the energy needed to run away fast from an object of fear, and in modern life that's often impossible. If we don't use up these chemicals, or if we produce too many of them, they may actually harm us. The parts of the body that are most affected by stress are the stomach, heart, skin, head and back. Stress can cause car accidents, heart attacks, and alcoholism, and may even drive people to suicide.

(29)

بصورة شائعة/على نطاق commonly	experience	يتعرض (هنا)
واسع	worry	قلق
فى منتصف العمر middle-age	over along period	فى مدة زمنية
businessmen رجال الأعمال		طويلة
یعانی suffer	particularly good	ممتاز / متميز
stress (النفسى)	warn	یحذر / ینذر

under أكثر مما ينبغي too much ضغط / ضغوط pressure way of life أسلوب حياة يلاحظ notice اشارة انذار / warning signal (جرس الخطر) من المحتمل / قد يكون probably stomach heart القلب الر أس head حوادث سيارات car accidents إدمان الكحول alcoholism suicide الانتحار frightened خائف worried قلق تنتج / تفرز (هنا) produce یحارب / یکافح یکدر / یعکر صفو fight trouble

certain معين مواد كيماوية chemicals للأسف unfortunately الطاقة energy needed اللازمة الهروب/ to run away fast الفرار بسرعة an object of fear ما يخيفنا / ما نخشاه modern life الحياة الحديثة محال / مستحيل impossible يستهلك / يستنفد use up عدد أكبر مما ينبغي too many harm یتأثر به / یتضرر من affected by الجلد / البشرة skin back الظهر نوبات قلبية heart attacks يدفع إلى drive to

Exercise-29:

To The Teacher:

1. Explain the difficulties associated with the opening sentence: first you have the impersonal pronoun 'it'. You may apply the rule given earlier and do it in the following way:

Or you could change the form of the expression, through the usual transformation tricks:

Or you could keep the words (شائع) in the verbal form and change 'believe' into a noun

As this the most economic, I have adopted it in the 'key', but then all Arabic versions given are acceptable *and* idiomatic.

2. The second problem concerns the structure 'only ... suffer'. Liberate your mind from the despotism of 'only': If you insist on using (فقط) the structure will suffer:

You could substitute (وحدهم) as a weapon of fighting that (فقط)

The meaning will be there in either case; but then learn to use a different structure, beginning with 'suffer from stress' after transforming it into 'suffering from stress':

Better still use a verb (always welcome in Arabic) in place of the nouns given as options:

This should produce better sounding Arabic.

3. Again, make a mental habit of getting the meaning behind the words, even if you have to change the actual words: 'to become ill' is (يصاب بالمرض) . Note that the definite article in Arabic (ألا) does not mean that you have a specific illness in mind, although the Arabic word is (معرفة)! In the 'key' I have used (قد يصيبه مرض ما) .

Equally true, the expression 'as a result of' need not be translated (نتیجة لـ); my instinct made me render it as (بسبب) .

Note that in colloquial English the plural 'they' and 'their' may refer to the singular 'everybody' and 'anybody'. So, 'they' in line 3 refers to 'anyone'. 'A lot of' is colloquial; in formal English we say 'a good / great deal'. Note too that 'over a long a period of time' means *throughout a long period*. This has required a basic transformation:

If they experience a lot of worry over a long period of time is too wordy! The translator can remedy that by changing the structure; so instead of saying:

Which is horrible, we say:

Note too that English has the habit of roundabout expression: instead of saying 'and their health is not excellent' you have the periphrastic 'not particularly good'. Knowing what is meant, the translator opts for the more economic expression:

- 4. For the rest of the paragraph try to start your sentences in Arabic with verbs. The English sentences are regular: they follow the subject plus verb pattern: all you have to do is reverse the order, producing verb plus noun patterns.
- 5. Paragraph two is linked internally with the first. It now offers a medical explanation, aimplified, for the statements made in the first. As such you should begin it with a clear connective (speech marker). The Arabic letter() is best suited for this purpose.
- 6. Think carefully before you translate the opening sentence of paragraph two. First you'll realize that it is impossible to maintain the original structure: you *cannot* say:

Not only ridiculous as far from being truly idiomatic, the meaning is not fully transmitted. 'Very' qualifies both 'frightened' and 'worried'. Can you then add another (جداً) after (خائفین)? Even more ridiculous! So, what do you do? You change the sentence to allow the qualification of both

- 7. The verb 'to fight' can mean (يقاتل) or (يقاتل) the usual sense or, alternatively (يكافح) . It is also used in boxing where pugilists fight one another! Choose the meaning you like best!
- 8. 'Trouble' can be (یرهق) (یرهق) or, as here (یعکر صفو) .
- 9. Note that 'produce' means (زيفر) not (بنتج) here !.
- 10. Note the difference between too many (for the countable) and too much (for the uncountable).

(30) Women and Society

Money is by no means the only reason women go out to work. Bringing up a young family and looking after a home are often full-time jobs. But as the children get older, the work of the household becomes less demanding, and the housewife finds herself with less and less to do. The work that she has enjoyed doing as a young wife and mother becomes routine and boring. Taking on a job outside of the home offers stimulation and interest. It gives her a chance to meet new people and keep in touch with outside events and interests.

It may also enable a woman to take advantage of qualifications and training that she has been unable to use while her family was growing up. All too often, a highly qualified woman is only able to work for a few years before the demands of looking after a young family remove her from employment. The tendency of professional women to return to work after starting a family means that an important reserve of skill is thereby made available once again. The resulting increase in the number of working women is bound to have a profound effect on the nation's economy.

by no means على الإطلاق على الإطلاق reason متفرغ / طول الوقت household household ألنزل والأسرة household أعمال يُربّى demanding المخار young family المفار المفار المفار المفار المفار المفار المفارة المفارة

Taking on a job للاتحاق بعمل stimulation حفز الطاقات المعتمام إثارة الاهتمام ينتفع بـ ينتفع بـ qualifications مؤهلات مؤهلات All too often مأ كثر ما يحدث مأ اكثر ما يحدث المهابا والمهابا والمهابات والمهابا والمهابا والمهابات وا

professional رصيد احتياطي reserve خبرة ومهارة skill بهذه الوسيلة thereby متاح / موجود available لابد أن is bound to profound تأثير effect اقتصاد economy

Exercise-30:

To The Teacher:

1. Here is a 'present' — a new expression for the students to learn! 'By no means' means 'not' but with a degree of emphasis, such as 'not at all'. الإطلاق (إطلاق العلم The opposite is 'By all means!' Now teach the students how to translate both in context; the first sentence could be done into Arabic in a variety of ways:

In fact I have given even a fifth version in the 'key'. Look at other examples:

I by no means deny the need for continuity : but reform is essential

Q. Are you willing to give evidence in court?

Answer 1: By all means!

Answer 2: By no means!

المحكمة بشهادتك ؟ السؤال : هل لديك استعداد للإدلاء في احالة ١ : كل سرور !

إجابة ٢: كلا ! إطلاقاً !

But even if you substitute only 'not' for the expression you would not be wrong: the emphasis will be a little less —— that's all!

- 2. Note that whether you say just (الـــال) or (کــــب الـــال) the meaning will not change.
- 3. Explain to the students that 'family' can mean (الأســـرة) or the children (الأطـفـــال) . Teach them two important expressions connected with this: 'to be in the family way' means (حامـل/حُبلی) and 'family planning' used to be translated at (تخطيط) but is now translated as (تنظيم الأسرة) Not (تخطيط)!
- 4. Explain the meaning of 'young' which is confined in most Arab minds to (شباب/شاب). The real meaning is (صغير) and this can be interpreted either as minor (قاصر / حدث) a reference to any age below adulthood (أى سن قبل البلوغ) or to the period of youth proper (فترة الشباب الحقيقية). You can say here either تربية الأطفال الصغار) or الصغار).
- 5. In Modern Standard Arabic there is a distinction between home (البيت) and house (النين) . Both words had different meanings in old Arabic, which should not concern us.

- 6. Note that full-time (متفرغ) is the opposite of part-time / غير متفرغ). Both are used nowadays everywhere in the Arab world.
- 7. Teach the children how to translate the formula 'as he grows older' and 'as he learns more'. The precise meaning is (کلما کبر/کلما) (کلما ازداد علمه) and (کلما ازداد علمه) respectively. But then you do not have to stick in your translation to that meaning; you can easily replace it with (عندما یکبر) and (عندما یزداد علماً). However, if you use (کلما) in the first part of the sentence, do not repeat it in the second part: this is a common error; the second part should begin with an Arabic verb in the past. Remember this line of verse?

As a lance is grown by the times,

Man will fix therein a spearhead.

'As' may be replaced by 'whenever'; as in the following line of verse, by (على محمود طه)

Whenever I offered her a drink, she said 'thank you!

O my soul's mate, and the pleasure of life!'

(Note that the poet refers to his beloved using the masculine pronoun).

In fact even here you could use 'as' for (کُلُما) .

8. Explain the meaning of 'less demanding'. To paraphrase, you could say 'it demands less effort / responsibilities'. In Arabic we simply say (قلّ ما يتطلبه من جهد / قلت مسئولياته).

9. 'Less and less' is a problem : it means 'they get increasingly less'. This becomes in Arabic (قلّت الواجبات بصورة مُطّردَة) or

But, of course, you need not be so meticulous. Look at the 'key'.

- 10. Remember that 'routine' does not mean (روتــــين) in Arabic : it means devoid of interest and treadmill (عادى ورتيب) .
- 11. You may have to spend a great deal of time on the words 'stimulating' and 'interest'. To stimulate originally means / (یحفز) (یحفز) ... اللخ) but the verb requires a specific object in Arabic; hence the insertion of (طاقات) . Interest is a word with a mercurial meaning: it can mean various things in various context. Check the 'key'. It is repeated in the last sentence of the first paragraph; and the meaning there has changed!
- 12. For paragraph 2 check the 'key'.

(31) Torture Allegations

The investigations continue into allegations that British soldiers were involved in abuse of prisoners in Iraq. Nothing has yet been proven but in Paris last night, the Prime Minister, when asked, issued this apology: Tony Blair: 'We apologise deeply to anyone who has been mistreated by any of our soldiers. That is absolutely and totally unacceptable. Those who are responsible for this, if they've behaved in this appalling way, they will be punished according to the army discipline and rules'.

The British government insists that such an apology doesn't amount to an admission that the allegations are true. But pressure is building on the government to reveal when it first became aware of the claims, particularly after Amnesty International last night joined the International Committee of the Red Cross in saying it had warned of allegations of abuse up to a year ago.

(31)

investigation	ns تحقیقات
continue	تستمر
allegations	مزاعم
soldiers	جنود
involved	مشاركين / متورطين
abuse	إساءة معاملة
prisoners	سجناء
prove	يُثبت
Prime Minis	رئيس الوزراء ster

issue معاملته المعاق معاملته deeply المعمق معاملته المعاملته معاملته المعاملته المعاملته المعاملته المعاملته المعاملته المعاملته المعاملته المعاملته المعاملة المعام

responsible for مسئول عن behave يتصرف / يسلك يتصرف الميات يعاقب الميات وفقية الميات ا

admission اقرار / اعتراف pressure صغط / ضغوط المخوط يكشف عن / يصرّح بـ يصرّح بـ aware of مزاعم مزاعم مناهم العفو الدولية العفو الدولية العفو الدولية العفو الدولية العفو الدولية عدرت عصل إلى

Exercise-31:

To The Teacher:

- 1. Explain to the students the meaning of investigations (تحقیقات) . This means a search (بحث) or examination (فحص) , normally careful and over a long time; it shares the core meaning with 'inquiry' (تحریات) . Both imply that an effort is made to find 'the truth', or to establish the facts. The Arabic word (تحقیق) means something else in English, namely 'questioning': this word is used exclusively with persons; example:
 - 1. Mr. X is wanted for questioning.

2. He went to the police station where he was questioned by an officer.

3. In British law, the defendant's defence lawyer should be present during questioning.

The Arabic expression (ســؤال الشــاهـد) is equal to cross-examining the witness. Cross-examination occurs in court.

- 2. 'Allegations', commonly translated as (مرزاعم), means no more in effect than (أقوال مرسلة) that is, unconfirmed reports. To 'allege' is to say, to state; proof of truth or untruth will therefore be demanded for the allegations to be proved right or wrong. In the famous book (کلیلة ودمنة) every episode begins with (... 'White iterally means 'it is said that ...' However, nowadays the Arabic word has been associated in common usage with 'lying' or a 'false statement'. This is not the meaning implied by the English word, but the equation of 'allege' with (رعموا أن is so firmly established that it will be impossible to change.
- 3. For the various meanings of 'involved' see my (مرشد المترجم) . Here, however, it may be enough to tell your class that the sentence can mean:

that British soldiers have taken part in the abuse ...

OR

that British soldiers have committed abuse ...

Both senses are carried by the word.

4. Previously in this book I suggested that 'abuse' be translated (انتهاك) in the context of 'animal rights' and 'human rights'; see passage 26. Here, however, it keeps its original sense of (سسوء) . The idea is referred to again in the same passage by Blair

as 'mistreatment'. This is the same as ill-treatment. You could say (إساءة معاملة / سوء معاملة) .

- 5. Note that 'prisoner' is the most general term for anybody deprived of his/her freedom. Thus a soldier captured in war is referred to as 'a prisoner of war' (أسير حرب); and a defendant (مُتهّم) not yet convicted (لم تصدر إدانته بعد) but still kept in custody (نمحتجز) is referred to as a prisoner especially by the judge examining the case. Even a 'hostage' (رهينة) is regarded as a prisoner. As long as a person is incarcerated (محبوس) he/she is called a prisoner. In Arabic we have no choice but to translate 'prisoners' as (السجناء); if they were war captives (أسرى) they would have been referred to as P.O.W.'s (i.e. Prisoners of War).
- 6. Note the difference between 'proof' (الإثبيات) and 'evidence' (الدليل). Note that the passive voice in the second sentence should (preferably) be changed into active. See the 'key'.
- 7. Show the students how the second sentence has been divided (in my translation) into two sentences. Explain too why the 'information' in the sentence has been rearranged.
- 8. Show the students that 'apologize deeply' can be translated in a variety of ways:

The reason for the variation is that you simply cannot keep the original grammatical structure of the original: you cannot say (نعتذر بعمق) as this not Arabic!

9. Note that 'unacceptable' is better translated by one word (مرفوض) . This will enable you to qualify it with both (قاماً وبصورة مطلقة) . If, however, if you say (غير مقبول) only one qualification will be possible :

- 10. The meaning of 'who are responsible for this' is 'those who have committed this, directly or indirectly' that is, (من يتحملون وزر هذا) but it has become customary to equate the Arabic expression (المسئول عن) with the English one in all implications.
- 11. Note that 'discipline' can mean many things, such as (/ انتخباط النخبياط (نظم) etc.) Here it means (نظم) .
- 12. Rules is short of 'Rules and Regulations' (الـوائح ونظم) . I am sure this is what Blair has in mind by both words.
- 13. There is a difference between 'admission' and 'confession'. To admit is to say 'yes; this is true'; to confess is to *speak at length* so that even if your confession carries an admission of guilt, it may include details which could justify leniency (استعمال الرأفة) or even a degree of exoneration. Hence I prefer to translate 'admission' as (إقرار بصحة) and confession as (اعتراف).
- 14. Note how the second sentence in the second paragraph has been restructured in Arabic.
- 15. Note that 'when' is not a question and the student should liberate his / her mind of the Arabic equivalent (متى). The sense is that the British government is 'pressured' to reveal 'the time' of first hearing such claims.

- 16. To become 'aware of' in political parlance means 'to know'. A member of Parliament usually asks 'Is the Prime Minister aware ...' that is, 'does he know?'.
- 17. The International Committee of the Red Cross is commonly translated in Arabic into (الصليب الأحمر الدولى) but ask the students to give the full name as given above.
- 18. Note that 'up to' (قسد تسصل إلسى) should be preceded by a qualifier. If you say 'discounts of up to 50%' then the meaning is (خفيضات كبيرة قد تصل إلى ٥٠٪) ; the rule applies here.

(32) Labour in Israel Coalition Talks

The opposition Labour party in Israel has begun coalition talks with Likud, the governing party of Prime Minister Ariel Sharon.

Labour leader Shimon Peres said the party wanted to secure the pull-out of Jewish settlers from Gaza and parts of the West Bank.

Labour also wants to put pressure on the government to follow the road map plan for peace with the Palestinians.

Mr Sharon needs Labour support to avoid early elections.

The prime minister invited Labour to join his cabinet on Friday, days after sacking members of the Shinui party from his government and losing his parliamentary majority.

(32)

Labour	حزب العمل
coalition	ائتلاف
talks	محادثات / مباحثات
opposition	معارضة
governing	الحاكم
Labour lead	رئيس حزب العملder
secure	يضمن / يكفل
pull-out	انسحاب
settlers	مستوطنون
Jewish	يهود
Gaza	غزة
West Bank	الضفة الغربية

put pressure on يضغط على follow يتبع / ينفذ / يطبق خريطة الطريق road map السلم / السلام Palestinians support avoid يتجنب/يتفادي/يتحاشي early مبكر / قبل موعدها elections invite join days after بعد أيام قليلة sacking مطرد / إخراج parliamentary برلمانی majority أغلية

Exercise-32:

To The Teacher:

- 1. To begin with draw the students' attention to the reed to say (حـزب العمل) every time 'Labour' is given, with a capital 'L'. The same applies to 'Likud'.
- 2. In translating the title, you should either consult the whole report (to get the drift of it, at least) or make a learned guess by supplying the omitted words. You simply may not reproduce the same laconic English version in Arabic, for instance:

- 3. Point out to the students that it is quite common in English, especially in current affairs reporting, to use nouns as adjectives. So, 'coalition' in the title is in fact used adjectivally to qualify the omitted government; and 'opposition' in the first sentence means not (المعارض) but (المعارض) as it qualifies the party.
- 4. In translating 'Labour' we simply follow common usage. The Labour Party in Britain is always referred to in Arabic as (حسزب العمل) but the same name is referred to elsewhere as (حزب العمل) can bring in (العمال) can bring in

confusion with 'work' and 'action' etc. I remember that when I was in London the labour party used a slogan in its election campaign (حملته الانتخابية) involving two words with a pun on the second, namely 'you know Labour works!' The meaning of the last words is 'to get results' (to succeed) that is (ينجح) . But the original meaning of work (العمل) is there as well!

- 5. When you have an indefinite plural, such as 'parts of' the rule is to supply (بعض) as this is definitely implied. If the meaning were *all parts* the reporter would have said so, or not used the word at all.
- 6. 'Settlers' is commonly translated as (المستوطنون) . This is based on the common translation of 'settlements' as (مستوطنات) when in fact it means (مستعمرات) . Still, we hove to bow to common usage, if we want our readers to understand!
- 7. Note the other omission in the third sentence. 'For peace' means in effect 'to reach / achieve / essabeish / peace! This is what you should do in Arabic.
- 8. Notice that the word (وزارة) in Arabic is translated into English as either a ministry (a department headed by a minister) or as the government (all the ministers headed by the Prime Minister). So when then is a 'ministerial meeting' it would be (اجتماع وزاری) but when there is a change of government it would be (تغییر الوزارة) and a government reshuffle is (تعدیل وزاری) .
- 9. The last sentence includes two points of interest: the first is the indefinite noun 'days'. Here it means 'a few days' and this is translated idiomatically into (بعد أيام معدودة). The second is 'sacking' which means (طُرْد) (or فصل / عزل) but the real meaning is that those ministers in his cabinet who belong to Shinui party

have lost their jobs (their portfolios حقائب وزارية). The Arabic should give the *real* meaning which would be

10. By doing this, members of the Israeli parliament who belong to that party would not vote alongside Sharon's party members; hence the loss of parliamentary majority.

PART II

Key Translations of

ALL

Passages in the Manual

Science and Technology

العلم والتكنولوچيا

يختلف العلم عن التكنولوجيا في أن العلم يعتبر منهجًا لإجابة الأسئلة النظرية ، وتعتبر التكنولوجيا منهجًا لحل المشكلات العملية . فالعلم يتعلق باكتشاف الحقائق والعلاقات فيما بين الظواهر التي نلاحظها في الطبيعة ووضع النظريات التي تقوم بتنظيم هذه الحقائق والعلاقات . وأما التكنولوجيا فتتعلق بالأدوات والتقنيات والإجراءات اللازمة لتطبيق مكتشفات العلم . كما يتميز العلم عن التكنولوجيا باختلاف التقدم الذي يحرزه كل منهما .

(2)

Yasser Arafat

ياسر عرفات

ولد محمد عبد الرؤوف عرفات القدوة الحسينى فى 24 أغسطس 1929 بالقاهرة لأب يعمل بتجارة المنسوجات ، وكان فلسطينيًا ينحدر من بعض الأسلاف المصريين ، وكانت والدته تنتمى لأسرة فلسطينية عريقة من القدس . وقد توفيت وياسر عرفات (كما كان يسمى) ما زال فى الخامسة من عمره ، فبُعثَ به ليعيش مع خاله فى القدس، عاصمة فلسطين ، وكانت آنذاك خاضعة للحكم البريطانى الذى كان الفلسطينيون يعارضونه . ولم يكشف ياسر عرفات شيئًا يذكر عن طفولته ، ولكن إحدى أوائل ذكرياته تتعلق باقتحام الجنود البريطانيين لمنزل خاله بعد منتصف الليل ، والاعتداء بالضرب على أفراد أسرته وتحطيم الأثاث .

(3)

My Grandmother

جَـــدَّتی

بدأت أتسائل قائلاً لَعَلَّ جدتى على حق عندما تشكو ، وهى كثيراً ما تشكو قائلة إن أطفال هذه الأيام لم يعودوا يتمتعون مثل أطفال الأمس بحسن السير والسلوك . فكلما تتسنى لها الفرصة، تحكى لنا بالتفصيل كيف كانت تُؤمَّرُ بأن تحترم من هم أكبر منها وأفضل ، وكيف علّمها أهلها ألا تتكلم إلا إذا خاطبها أحد ، وكيف كانوا يطلبون منها حين تخرج دون مرافق ألا تنسى أن تقول 'من فضلك' إذا طلبت شيئًا و' شكراً 'إذا حصلت عليه .

Margaret Thatcher

مرجريت ثاتشر

كانت مرجريت ثاتشر أول امرأة تشغل منصب رئيس بريطانيا ، وقد تخرجت في كلية سمرڤيل ، بجامعة أوكسفورد ، وحصلت على درجة الماجستير من الجامعة نفسها، وعملت باحثة في الكيمياء وبالمحاماة، مع التركيز على قانون الضرائب، ثم انتُخبت عضواً في مجلس العموم بالبرلمان عام 1970 . وعُيننَتْ في مناصب وزارية عديدة من بينها منصب وزيرة التربية والتعليم (1970 – 1974) . وانتخبها حزبُها رئيسةً له (أثناء وجوده في المعارضة) عام 1975 ، ثم أصبحت رئيسة للوزراء في عام 1979 . وقد اشتهرت بزعامتها القوية ، و"بذكائها التكتيكي في البرلمان" ، فعرفت كيف تتعامل مع جميع أنواع الخلافات .

(5)

When Nature Roars

عندما تزأر الطبيعة

ما الذى تنتويه أمنا الطبيعة ؟ لماذا تطلق زمام الغضب الجائح والحنق الجامح ضدنا نحن البشر المساكين على ظهر كوكب الأرض ؟ إن أمنا تقوم ، دون إنذار ودون أى سبب ، بالزحف علينا بلا هوادة ، رائحة غاديةً فوق أرضنا ، وهي تدمدم وتزمجر ، وتبعث برسلها ومبعوثيها ليحدثوا الدمار ويشيعوا اليأس بيننا ، وتتركنا ونحن نتلوى ونشعر بالدوار من ضرباتها ولطماتها . ما الذى فعلناه حتى نستحق منها مثل هذا العقاب الأليم ؟ كان أسلافنا يقدمون إليها التوبة والضحايا قربانًا لعله يطفئ من نارها ويهدئ من غضبها . كيف نستطيع إرضاءها ؟

إن الزلازل والأعاصير والزوابع والفيضانات والحرائق والعواصف تلطمنا المرة تلو المرة ، ثم قضى تاركة آثار مسيرتها هلاكًا وخرابا . وحتى فى القارة الأمريكية الكبرى، بما تتمتع به من ازدهار ، وبما لديها من كبار علماء الأرصاد الجوية، وخبراء المناخ ، ورجال التكنولوجيا ، والأقمار الصناعية ، والحواسيب ، نجد أن الطبيعة لا تتوقف أبداً عن توجيه ضرباتها المفجعة ، فتلتهم المنازل ، والمحلات التجارية ، والمحاصيل ، وأرواح الناس الذين يرقبون ما يجرى بلا حول ولا قوة .

(6)

The Arab League Summit

مؤتمر قمة للجامعة العربية

تلقت الجامعة العربية طلبًا رسميًا من قطر ، يوم ٥ نوفمبر ، بعقد قمة عربية حول الأزمة التي تواجه العراق والأراضي الفلسطينية . وقال السيد حمد بن جاسم بن جبر آل ثاني ، وزير خارجية قطر

، فى الخطاب الذى أرسله إلى السيد عمرو موسى رئيس الجامعة العربية ، إن الوقت قد حان "لمناقشة الوسائل التى سوف يستخدمها العرب فى التعامل مع الحالة الراهنة فى الشرق الأوسط ، وذلك بينما كان مجلس الأمن (التابع للأمم المتحدة) يتهيأ لإصدار قرار جديد ... " وقد هددت ليبيا بالانسحاب من الجامعة العربية ، إذ تنتقدها بسبب عجزها عن اتخاذ إجراء ما بشأن التطورات فى المنطقة .

(7)

65 Political Prisoners Freed

الإفراج عن 65 سجينًا سياسيًا

أطلق سراح 65 سجينًا سياسيًا بعد أن نبذوا العنف باعتباره أداة سياسية ، وذلك بعد أن قضوا أكثر من عشر سنوات وراء القضبان . وقد تولت مسئولية تنظيم الإفراج عنهم منظمة خيرية اسمها مؤسسة القذافي ، واعتبارًا من ٣٠ أغسطس لم يعد خلف القضبان أي سجناء سياسيين باستثناء الأشخاص الذين يشكّلون تهديداً للأمن الليبي – وهذه إشارة إلى أعضاء جماعة الجهاد الإسلامية الليبية ، وهي الجماعة التي رفضت نبذ العنف في النضال السياسي . وعلى الرغم من الإفراج عن هؤلاء ، فإن منظمة العفو الدولية ولفيف من المنظمات الأخرى لحقوق الإنسان تواصل القول بأن أعداداً كبيرة من السجاء السياسيين لا يزالون في السجون الليبية .

(8)

Arab Inspectors for Iraq

مفتشون من العرب للعراق

أعلن عمرو موسى يوم ١١ نوقمبر أنه سوف يخاطب كوفى أنان ، الأمين العام للأمم المتحدة ، ويطلب منه إشراك بعض المواطنين العرب فى فرق التفتيش على الأسلحة التى تُرسل حاليًا إلى العراق . وأكد عمرو موسى للصحفيين بعد مقابلة إحاطة موجزة مع الرئيس حسنى مبارك أن "إشراك المفتشين أو المراقبين العرب سوف يدعم مصداقية المفتشين" . وكانت سوريا ، التى انحازت إلى موقف واشنطن إزاء القرار الذى أصدرته الأمم المتحدة بشأن العراق ، هى التى قدمت فكرة المفتشين العرب إلى الجامعة العربية .

(9)

Hizbullah forces launch attack

قوات حزب ١> تشن هجومًا

قامت قوات حزب الله يوم 29 أغسطس بشن هجوم على القوات الإسرائيلية في منطقة مزارع شبعا المتنازع عليها ، فأصابت ثلاثة جنود إسرائيليين بجروح . وتقع المنطقة المتنازع عليها على

الحدود بين لبنان وسوريا ، وتحتلها القوات الإسرائيلية منذ الانسحاب الإسرائيلي من جنوبي لبنان قبل عامين . وقد وجّه بنيامين بن العازر ، وزير الدفاع الإسرائيلي ، التحذير التالي ردّاً على هذه الهجمات "أريد أن أوضّح للسوريين واللبنانيين أنهم يلعبون بالنار" . وقد ردّت القوات الإسرائيلية على الهجوم بإطلاق نيران المدفعية على ما تشتبه في أنه من مخابئ حزب الله بالقرب من مزارع شبعا ، ولم ترد أنباء عن وقوع قتلى أو جرحى حتى الآن .

(10)

China Quake Kills Hundreds

زلزال في الصين يقتل المئات

لقى أكثر من 250 شخصًا حتفهم عندما وقع زلزال فى إقليم زنجيانغ فى شمال غربى الصين صباح يوم الاثنين . ومن المتوقع أن يرتفع عدد القتلى حين ترد الأنباء من المناطق النائية فى ذلك الإقليم القاحل . وقد وقع الزلزال فى منطقة تقع على بعد ٤٠ كليو متراً شرقى مدينة چياشى ، فهدم المنازل والمدارس ، وكانت قوته تبلغ 6.8 درجة على مقياس ريختر . وقد أرغمت توابع الزلزال الكثيرين على البقاء خارج منازلهم فى درجات حرارة بالغة الانخفاض . وقد شعر بالزلزال المقيمون فى أماكن تبعد 150 كيلو متراً تقريبًا عن مركز الزلزال . ويقوم المسئولون فى عاصمة المقاطعة بيتنظيم شحنات إمدادات الإغاثة ، فى الوقت الذى يستعد فيه أقارب الضحايا لإقامة الجنازات . ومن الجدير بالذكر أن مقاطعة چياشى معظم سكانها من أفراد الأقلية المسلمة . وكانت قد تعرضت لعدد من الزلازل القوية فى السنوات القليلة الماضية .

(11)

Cabinet Reviews QIZ Agreement

مجلس الوزراء يستعرض اتفاق الكويز

ناقش مجلس الوزراء في اجتماعه أمس برئاسة الدكتور أحمد نظيف ، رئيس الوزراء ، اتفاق الكويز (المناطق الصناعية المؤهلة) الذي تم توقيعه بين مصر والولايات المتحدة وإسرائيل .

وينص الاتفاق على إنشاء مناطق صناعية تشارك فيها إسرائيل بنسبة ٦ في المائة من مكونّات الإنتاج .

وقال مجدى راضى ، المتحدث باسم مجلس الوزراء ، عقب الاجتماع إن اتفاق الكويز يمثل خطوةً على طريق المصادقة على اتفاق للتجارة الحرة مع الولايات المتحدة ، مؤكداً أن "الحكومة قد قبلت اتفاق الكويز لتدعيم صادرات المنسوجات المصرية إلى الولايات المتحدة ، في مواجهة المنافسة الضارية من البلدان الآسيوية" . وأضاف المتحدث باسم مجلس الوزراء قائلاً إن اتفاق الكويز سوف يسمح بدخول المنتجات المصرية إلى أسواق الولايات المتحدة وإنه سوف يعزز الاستثمارات .

UN Rules against Israeli Barrier

الأمم المتحدة تصدر حُكمًا ضد الجدار العازل الإسرائيلي

أصدرت محكمة العدل الدولية حكمًا يقول بأن الجدار العازل الذي أقامته إسرائيل في الضفة الغربية غير مشروع وإنه لابد من التوقف عن إنشائه على الفور. وجاء في الحكم أن إنشاء الجدار العازل بمثابة ضمًّ للأراضي ويعوق تلبية حق الفلسطينيين في تقرير المصير. وتصر إسرائيل على أنها تحتاج إلى الجدار العازل للحيلولة دون عبور مقاتلي الضفة الغربية. والفلسطينيون يعتبرونه استيلاءً على الأراضي وحكم المحكمة ليس ملزمًا ولكنه يمكن أن يصبح أساسًا لإجراء ما من جانب الأمم المتحدة . وقد رفض قضاة المحكمة في مدينة لاهاى ، بالإجماع ، الحجة الإسرائيلية التي تقول إنه ليس من حق المحكمة البت في مدى مشروعية الجدار ، قائلين إن إنشاء الجدار أوجد أمرًا واقعًا يمكن أن يتخذ صفة الديومة . ومن المحتمل أن تطلب الحكومات العربية عقد جلسة طارئة للجمعية العامة للأمم المتحدة لمحاولة ضمان صدور قرار يدعم قرار المحكمة . ولكن الخبراء يحذرون من توقع قيام الأمم المتحدة باتخاذ أي إجراء صارم بسبب حق الڤيتو (النقض) الذي تتمتع به الولايات المتحدة في مجلس الأمن .

(13)

Nuclear Weapons: can they be stopped?

الأسلحة النووية : هل يمكن وضع حد لها ؟

انتشرت التكنولوجيا النووية الآن إلى الحد الذى جعل الإرادة السياسية وحدها العامل الذى يمنع بلدانًا كثيرة من تصنيع أسلحة نووية . وقال محمد البرادعى ، رئيس الوكالة الدولية للطاقة الذرية ، منذ عهد قريب ، إن أربعين بلداً تستطيع بناء القنبلة الذرية إذا أرادت . والسبب هو أن التكنولوجيا المشروعة التى تستخدم فى تخصيب اليورانيوم اللازم لتصنيع الوقود المستخدم فى توليد الطاقة الكهربائية يمكن تطويرها بسهولة لتصنيع المادة المستعملة فى الأسلحة النووية . ويستطيع أي بلد من البلدان أن يفعل هذا سراً أو أن ينسحب من معاهدة عدم انتشار الأسلحة النووية وأن يصنع القنبلة مهما يكن الأمر . وهذه هى نقطة الضعف فى المعاهدة المذكورة – فهى اتفاق يهدف إلى منع انتشار الأسلحة النووية . لكنه إذا امتلك بلد أو بلدان منها فقط السلاح النووى ، فقد يؤدى إلى التوتر بل وإلى نشوب الحرب فيها

(14)

Mubarak, Wade discuss Afro-Arab Smmit

مبارك وويد يبحثان القمة العربية الأفريقية

استعرض الرئيس حسنى مبارك والرئيس السنغالى ويد ، أمس ، الطلب الذى قدمه ويد لعقد مؤتمر قمة عربي إفريقي لزيادة التعاون بين البلدان العربية والأفريقية .

ويقضى الرئيس ويد حاليًا فى مصر أول عطلة يحصل عليها منذ توليه الرئاسة. وسوف يقوم مع زوجته بزيارة عدد كبير من الأماكن السياحية فى القاهرة ، والجيزة ، والأقصر وأسوان ، وشرم الشيخ . وقد رحب به الرئيس مبارك وأعرب عن تمنياته له بإقامة طببة .

وقد ناقش الزعيمان المصرى والسنغالى القضايا الأفريقية الحيوية ، بما في ذلك جهود الاتحاد الإفريقي لتسوية الصراع في السودان .

(15)

Egyptian - Kuwait Summit on regional scene, bilateral ties

قمة مصرية كويتية تناقش الأوضاع الإقليمية والروابط الثنائية

وصل الرئيس حسنى مبارك إلى الكويت ، وهو يرأس وفداً رسميًا على أرفع مستوى ، وهى المحطة الأولى فى جولته الخليجية القصيرة التى تتضمن زيارة البحرين أيضًا ، وفقًا لما أدلى به المتحدث باسم رياسة الجمهورية أمس . وعند وصوله إلى مدينة الكويت أجرى الرئيس مبارك جولة رسمية من المحادثات مع الشيخ صباح الجابر ، رئيس الوزراء ، تركزت حول الارتقاء بروابط التعاون السياسي والاقتصادي بين البلدين ، وفقًا لما قاله السفير ماجد عبد الفتاح .

(16)

Greek bus Hijackers seek cash and plane

مختطفا حافلة في اليونان يطلبان نقوداً وطائرة

أثينا - قام اثنان من المسلحين ، يعتقد أنهما ألبانيان ، باختطاف حافلة ركاب يونانية ، على متنها 24 راكبًا ، أمس ، وطلبا فدية مقدارها مليون دولار أمريكي وطائرة تنقلهما إلى روسيا .

وبعد مرور ما يقرب من ١٢ ساعة على بداية هذه الدراما التى وقعت فى الصباح الباكر ، كان المختطفان قد أفرجا عن عشرٍ من الرهائن ، فى دفعات متوالية ، وعلى امتداد النهار ، ولا يزال 14 رهنة محتجزين .

وبعد فترة قصيرة قالت متحدثة باسم الشرطة إن المختطفيْن قد أفرجا عن رهينتين أخريين ، الأمر الذي رفع عدد المفرج عنهم إلى ١٢ . وأضافت قائلة "إلا يزال هناك ١٢ رهينة محتجزاً".

وقالت ستيلا مارتا ، وهى من الرهائن الذين لا يزالون فى الحافلة ، فى محادثة على هاتفها المحمول مع محطة التليڤزيون التى تديرها الدولة ، إن المختطفين يعتزمان الإفراج عن جميع الرهائن من النساء عندما يأتى أحد السائقين إلى العربة .

The Lottery Ticket

تذكرة اليانصيب

وانثالت على مخيلته الصور المتزاحمة التى ما فتئت تزداد جمالاً وشاعرية . وفى هذه الصور جميعًا شاهد نفسه وقد طعم حتى الشبع، مطمئن النفس ، موفور الصحة ، والدفء يسرى فى بدنه ، بل ويشعر بالحرارة ! وهنا ، وبعد أن شرب قدعًا من حساء الصيف فى برودة الجليد ، رأى نفسه وقد استلقى على ظهره على شاطئ رملي ملتهب الحرارة بالقرب من أحد الجداول ، أو فى حديقة ما فى ظل شجرة ليمون . . الجو حار . . ورأى طفليه الصغيرين ، الولد والبنت ، وكل منهما يحبو بالقرب منه ، ويحفر الرمال أو عسك بالفراشات فى الكلاً .

(18)

Democracy

الديموقراطية

الديموقراطية هي حق الشعب في اختيار حكومته . وفي أنقى أشكال الديموقراطية يقوم الناس في جميع المجتمعات المحلية ، من أصغر قرية إلى الأمة كلها ، بمناقشة كل قانون مقترح والتصويت عليه . ولكن يندر أن يتسم ذلك بالطابع العملي في عالم اليوم الذي تلهيه المشاغل . ففي معظم النظم الديموقراطية يقوم المواطنون باختيار ، أو انتخاب ، نُوابًا لهم يمثلونهم . وهؤلاء النواب هم واضعو القوانين الذين يمثلون أو يعملون من أجل الناس الذين انتخبوهم . ويقوم الناخبون كذلك باختيار المسئولين الذين سوف يتولون تطبيق أو تنفيذ القوانين .

(19)

أجهزة الإعلام The Media

من نتائج التقدم التكنولوجي أن الكثيرين على امتداد العالم قد أصبحوا قادرين على مشاهدة قنوات تليفزيونية أكثر كثيراً من الماضي ، أو سوف يتمكنون من هذا في الغد القريب .

وتعمل معظم قنوات التليفزيون في العالم بالأسلوب التقليدي ، فسوا ، كانت المحطة قومية أو عامة أو تجارية فإنها تستخدم أجهزة للبث في إرسال الإشارات (اللاسلكية) الفائقة التردد إلى شتى بقاع البلد . والهوائي (الإيريال) المرفوع على السطح العلوى للمنزل يستقبل هذه الإشارات وينقلها إلى جهاز التليفزيون . وهذا أسلوب بسيط ويشبه كثيراً أسلوب بث البرامج الإذاعية .

وتستخدم بعض قنوات التليڤزيون قمراً صناعيًا يدور في الفضاء (الخارجي حول الأرض) . ويبث جهاز الإرسال البرامج إلى القمر الصناعي الذي يقوم بدوره بإعادة بثه إلى منطقة جغرافية

أوسع . فإذا كان لديك طبق هوائى خاص بالقمر الصناعى فوق السطح العلوى لمنزلك ، فسوف تتمكن من استقبال هذه الإشارات - وإن كان من المعتاد أن تضطر إلى شراء جهاز لفك الشفرة . وبهذا الأسلوب يستطيع الناس مشاهدة برامج التليڤزيون المبثوثة في الجانب الآخر من نصف الكرة الأرضية.

(20)

Game Reserves

المحميات الطبيعية

تواجه المحميات الطبيعية المخصصة للحيوانات فى شرقى وافريقيا اليوم عدداً من الأخطار ، فعلى الرغم من أنها تدر "دخلاً" كبيراً بسبب السياح الذين تجتذبهم فإنها تشغل الأراضى التى يزداد طلب أبناء البلاد عليها . فإذا كانت هذه المحميات توفر الغذاء والحماية للحيوانات ، فإنها معرضة لخطر التحول إلى مناطق "قاحلة" أو صحراوات . فالقطعان التى ترعى فيها تتغذى على الأشجار والحشائش والكلاً فيها وتقضى على ذلك كله تدريجيا .

ومن المشكلات الأخرى مشكلة تغير مواقف الحيوانات أنفسها ، إذ بدأ الكثير منها يفقد خوفه الوراثى من الإنسان. وهكذا أصبحت تشكل خطراً على الزوار وبالتالى على أنفسها. ولقد بدأت تزداد هجماتها على العربات، ومن المكن أن تصبح هذه المشكلة مشكلة خطيرة في غضون سنوات معدودة.

(21)

Stocks

الأوراق المالية

سمعنا الكثير في الآونة الأخيرة عن سوق الأوراق المالية وعن التأرجح الشديد في الأسعار الذي يشهده "وول ستريت". ولكن ما هي تلك الأوراق المالية ؟ هل هي نوع من "الفيشات" التي يستخدمها المقامرون على مائدة الميسر ؟ هذا هو ما يبدو لك عندما تقرأ الأنباء عن مقادير الأموال الهائلة التي يكسبها الناس أو يخسرونها أثناء التعامل في الأوراق المالية .

وتعتبر الأوراق المالية ، وخصوصًا الأوراق المالية العامة ، بمثابة أجزاء من الشركة في الواقع . فإذا كنت تملك أوراقًا مالية في شركة والت ديزني ، فأنت تملك جزءً من تلك الشركة . إنك تملك جزءً من عالم ديزني !

والشركات تنقسم إلى أسهم من (رأس المال الذى تمثله) الأوراق المالية ، وهى الأسهم التى قد يشتريها ويبيعها عدد صغير أو كبير من الناس ، تسمى شركات مساهمة. وهذه الشركات المساهمة تستخدم جانبًا كبيرًا من أرباحها (أى النقود التى تكسبها) فى بناء الشركة . إنها تنفقها على البحوث والتطوير مثلاً بقصد التوصل إلى منتجات جديدة ، وإيجاد فرص عمل جديدة ، وبناء مصانع ومعدات جديدة ، وأحيانًا شراء شركات أخرى.

Better Zoos

حدائق حيوان أفضل

كانت حدائق الحيوان في وقت من الأوقات أماكن ترهق الحيوان في حياته . إذ كان المسئولون يحبسون الحيوانات ، حتى أكبرها ، في أقفاص صغيرة متعبة . وكانت الحيوانات يدفعها القلق إلى السير جيئة وذهابًا في سجونها ، أمام الأعداد التي لا تحصى من الزوار المارين أمامها .

وإذا كانت بعض حدائق الحيوان لا تزال تمثل الارتداد إلى ذلك الزمن ، فإن أعداد حدائق الحيوان التى تغيرت في ازدياد . إذ تقيم الحيوانات المتوحشة الآن في مناطق أكبر ، وتشبه إلى درجة أكبر المواطن الطبيعية لهذه الحيوانات . وهذا من شأنه أن يجعل إقامة الحيوانات أسعد وأهنأ . كما إن من شأنه أن يهيئ للزوار خبرة تعليمية أفضل ، إذ يستطيع الأطفال والكبار أن يشاهدوا مشاهد تبين بجزيد من الدقة أسلوب حياة الحيوانات في مواطنها البرية .

ومن المأمول فيه أن يأتى اليوم الذى تصبح فيه حدائق الحيوان أماكن تبدى المزيد من الشفقة والعطف على الحيوان ، وتولى الأولوية القصوى لما تحتاجه الحيوانات فيها، وتوفر فى الوقت ذاته مادة تعليمية مثالية .

(23)

Sleep

النوم

للنوم مراحل مختلفة تحددها حركات الجسد وكذلك نوع النشاط الكهربائي في المخ. وتتفاوت أنساق النشاط الكهربائي التي قيز كل مرحلة من مراحل النوم وفقًا للسنّ .

والمشى أثناء النوم (وله اسمه الطبى الخاص) وكذلك التبول فى الفراش عادة ما يحدثان خلال مرحلة معينة من مراحل النوم تتسم ببطء النشاط الكهربائي للمخ (ويسمى هذا نوم الموجة البطيئة). ويقع هذان النوعان من أنواع السلوك أكثر ما يقعان خلال الخروج من نوم الموجة البطيئة (إلى مرحلة أخرى).

وقد تستمر حالات السير أثناء النوم عدة دقائق ، وقد يسير النائم فيها وعيناه مفتوحتان ، ويستطيع أثناء ذلك تفادى العقبات في طريقه ، ثم ينسى كل ما يتعلق بهذا السير عندما يصحو!

What is Cholestrol?

ما هو الكولسترول ؟

الكولسترول مادة دهنية (تسمى الشحم فى الكيمياء). وتعتبر هذه المادة عنصراً مُهمًا من عناصر الكساء الخارجى (واسمه العلمى الغشاء) الذى يغلّف خلايا أجسام الحيوان. ويوجد الكولسترول أيضًا فى الدورة الدموية للإنسان. وللكولسترول فى دم البشر مصدران رئيسيان هما الغذاء الذى يتناوله وإفرازات الكبد. فأمّا الكولسترول من الغذاء فمصدره الأساسى اللحوم الحمراء ولحوم الدواجن والأسماك، ومنتجات الألبان. فأمّا لحوم أعضاء الحيوان الداخلية، مثل الكبد، فهى تحتوى على نسبة عالية من الكولسترول، وأما الأغذية من مصادر نباتية فليس فيها أيُّ كولسترول. وتقوم الأمعاء، بعد تناول الغذاء، بامتصاص الكولسترول وضخّه فى مجرى الدم، وعندها يكتسب غلافًا من البروتين. وهذا المُركَّبُ المكون من الكولسترول والغلاف البروتينى اسمه العلمى كيلو ميكرون (وبالانجليزية كايلو مايكرون).

(25)

The Giant's Garden

حديقة العملاق

كان من عادة الأطفال في عصر كل يوم ، عند خروجهم من المدرسة ، أن يذهبوا فيلعبوا في حديقة العملاق .

كانت حديقة شاسعة جميلة ، يكسوها الكلأ الأخضر الطرى . وكانت الزهور البديعة تنتصب فى أرجائها فوق الكلأ مثل النجوم ، كما كانت فى الحديقة اثنتا عشرة شجرة من أشجار الخوخ ، وكانت عندما يأتى الربيع تتفتح فيها البراعم الرقيقة فجأة بألوانها الوردية والبيضاء ، وكانت عندما يأتى الخريف تحفل بالشمار الناضجة . وكانت الطيور تحط على الأشجار وتشدو شدواً بالغ العذوبة حتى أن الأطفال كانوا عادة ما يتوقفون عن اللعب حتى يستمعوا إليها . وكانوا يهتفون لبعضهم بعضاً قائلين "ما أسعدنا في هذا المكان!"

وذات يوم عاد العملاق . كان قد ذهب لزيارة صديقة غول كورنوول ، وكان قد قضى لديه سبع سنوات . وكان قد قال له في هذه السنوات السبع كل ما كان يريد قوله، إذ إن أحاديثه كانت محدودة ، ومن ثم اعتزم العودة إلى قلعته الخاصة . وعندما وصل شاهد الأطفال يلعبون في الحديقة .

Animal Rights

حقوق الحيوان

يرى دعاة حقوق الحيوان أن استخدام الحيوانات في البحوث العلمية مناف للأخلاق. وكثيراً ما يقولون إن أمثال هذه البحوث تتسبب في آلام مُبرَّحة وإن حيوانات التجارب تُنتهك حقوقها . ولا يرى هؤلاء الدعاة أننا بحاجة إلى تعريض الحيوانات إلى مثل هذه الآلام ، ويضيفون إن الكثير من هذه التجارب يعاد إجراؤها ، الأمر الذي يتسبب في طلب (المزيد من) الحيوانات دونما داع لإجراء التجارب عليها . بل إن بعض التجارب التي أثبتت النتائج المرجوة لا تزال تجرى من جديد .

ومع ذلك ، فاستخدام الحيوانات فى البحوث العلمية جزء لا يتجزأ من مجتمع اليوم ، خصوصًا إذا ذكرنا مدى التقدم الذى أحرزناه فى صحة الإنسان باستخدام حيوانات التجارب . وقد فاز حتى الآن نحو واحد وأربعين عالًا بجائزة نوبل ، وكانت منجزاتهم تعتمد على حيوانات التجارب المعملية (فى المختبرات) . ولم يكن فى طوق الإنسان أن يتوصل إلى إنتاج لقاح يقى من الإصابة بأمراض عديدة – مثل شلل الأطفال ، والدفتيريا ، والنُّكَاف ، والحصبة ، والحصبة الألمانية ، والجُديْرى – دون أمثال هذه التجارب.

(27)

The effect of TV on Children

تأثير التليفزيون في الأطفال

القدرة على الإبداع عامل مهم من عوامل تنمية ذهن الطفل الصغير . وعندما يجلس الطفل ساعتين لمشاهدة التليڤزيون ، فإنه يستمتع بالمشاهدة ، لكنه في الوقت نفسه لا يفكر ، ما دام التليڤزيون يسقيه المعلومات بالملعقة . وهكذا فعندما يحين وقت قراءة كتاب في المدرسة ، يصعب على بعض الأطفال إدراك ما فيه من أفكار . فلقد بلغ من اعتيادهم التطلع إلى الصور التي تلوح مسرعة أمامهم على الشاشة أن أصبح الفهم شاقًا ، ولذلك أصبح من الصعب عليهم نقل نظرات عيونهم من جانب للجانب الآخر لجمع المعلومات بأنفسهم . وما دام التليڤزيون أمامهم يسليهم ، فريما لم يتوقفوا مطلقًا لاكتشاف ما يمكن أن يجدوه من متعة في حل لغز من الألغاز أو في قراءة كتاب من الكتب . والواقع أنهم يعتمدون على هذا المصدر للخيال وحده إلى الحد الذي يجعلهم لا يكترثون أبداً بابتداع عالمهم الخيالي الخاص بهم ، وهكذا فعندما يكبر الطفل قليلاً يقل احتمال بذله الجهد لمشاركة الأطفال في لهوهم ولعبهم أو لممارسة هوايته الخاصة .

Stress

الاجهاد (النفسي)

يشيع الاعتقاد بأن المعاناة من الإجهاد النفسي تقتصر على الأغنياء من رجال الأعمال الذين بلغوا منتصف العمر . والواقع أن أى فرد قد يصيبه مرض ما بسبب الإجهاد إذا استمر يتعرض للقلق الشديد فترة طويلة ولم يكن في حالة صحية ممتازة. وقد يكون الإجهاد صديقًا أو عدوًا : فقد يحذرك الشعور بالإجهاد بأنك تتعرض لضغوط أكبر مما ينبغي وعليك تغيير أسلوب حياتك . وقد يقتلك إذا أغْفلت إدراك بوادر ذلك التحذير . ويتفق الأطباء على أن الشعور بالإجهاد قد يكون أكبر سبب ، دون غيره ، للإصابة بالأمراض في العالم الغربي .

فعندما نتعرض لدرجة كبرة من الخوف والقلق ، تفرز أجسامنا مواد كيماوية معينة لمساعدتنا على محاربة ما يعكر صفونا . وللأسف فإن هذه المواد تولّد الطاقة اللازمة للانطلاق بسرعة فراراً مما نخشاه ، وكثيراً ما يكون ذلك محالاً في الحياة الحديثة . فإذا لم تُستَهْلك هذه المواد الكيماوية أو إذا أفرزت أجسامنا عدداً أكبر مما ينبغي منها ، فربما كانت في الواقع سبباً في الإضرار بنا . وأما أشد ما يتأثر بالإجهاد من أعضاء الجسم فهو المعدة ، والقلب ، والبشرة ، والنوبات القلبية ، وإدمان الكحول ، بل وقد يدفع البعض إلى الانتحار .

(29)

Violence on TV

العنف في التليڤزيون

ما الذى جرى للعالم هذه الأيام ؟ إذ كثيراً ما يبدو لنا أننا حيثما نظرنا شاهدنا العنف يطل علينا بهامته القبيحة ، فنحن نشاهده فى الشوارع ، وفى الأزقة الخلفية ، وفى المدرسة بل وفى البيت. وفى البيت مصدر رئيسى من مصادر العنف ، إذ يقبع فى غرفة الجلوس فى منازل الكثيرين منفذ من منافذ العنف كثيراً ما لا يلحظه أحد . إنه التليڤزيون ، والأطفال الذين يشاهدونه كثيراً ما ينجذبون إلى داخل عالمه الواقعى حيث تقع مشاهد العنف ، وأحيانًا ما تكون لذلك نتائجه المدمة .

Women and Society

المرأة والمجتمع

لا ينحصر سبب خروج المرأة للعمل إطلاقًا فى كسب المال ، إذ إن تربية الأطفال الصغار ورعاية البيت من الأعمال التى تتطلب التفرغ ، لكنه كلما كبر هؤلاء الأطفال ، قلَّتْ مسئوليات العمل المنزلى ، وقلَّتْ الواجبات الملقاة على عاتق ربة المنزل بصورة مطردة. وهكذا فإن العمل الذى كانت تتمتع بأدائه عندما كانت زوجةً وأمَّا صغيرة السّن يصبح رتيبًا ومُملاً . ولذلك فإن الاشتغال بعمل خارج المنزل يعتبر حافزًا لطاقاتها ومثيرًا لاهتمامها ، إذ يتيح لها فرصة مقابلة أشخاص جدد ، والإبقاء على الصلة مع الأحداث والمشاغل الخارجية .

وقد يؤدى اشتغال المرأة بعمل خارج المنزل إلى الانتفاع بالمؤهلات والخبرة التى لم تتمكن من الانتفاع بها فى أثناء تربية أطفالها . وما أكثر ما نرى امرأة تحمل مؤهلات عالية ثم تتوقف عن العمل بعد سنوات معدودة بسبب مسئوليات تربية الصغار التى تبعدها عن الوظيفة . وهكذا فإن اتجاه النساء المهنيات إلى العودة للعمل بعد تنشئة الصغار يعنى إعادة الانتفاع بالاحتياطى المتوافر من الخبرات والمهارات . ولا شك أن ما ينجم عن ذلك من زيادة فى عدد النساء العاملات سوف يكون له تأثيره العمية فى اقتصاد الأمة .

(31)

Torture Allegations

مزاعم التعذيب

تستمر التحقيقات الجارية في المزاعم التي تقول إن الجنود البريطانيين شاركوا في إساءة معاملة السجناء في العراق. لم يَثْبُتْ أَيُّ شيء حتى الآن ولكن رئيس الوزراء أصدر الاعتذار التالى عندما سئل عن الموضوع في پاريس ليلة أمس. قال توني بلير "إننا نقدم عميق اعتذارنا لأي فرد لقى سوء المعاملة على يَدَى أي جندى من جنودنا، فهذا مرفوض تمامًا وبصورة مطلقة. وسوف يعاقب المسئولون عن هذا ، إذا ثبت أنهم سلكوا هذا المسلك الفظيع ، وَفْقًا لنظم الجيش ولوائحه".

وتصر الحكومة البريطانية على أن مثل هذا الاعتذار لا يعتبر إقراراً صريحًا بصحة المزاعم المذكورة . ولكن الحكومة تتعرض لضغوط متزايدة حتى تكشف عن الوقت الذى علمت فيه لأول مرة بوجود هذه المزاعم ، خصوصًا بعد أن انضمت منظمة العفو الدولية إلى اللجنة الدولية للصليب الأحمر قائلة ، مثلها ، إنها قد حذرت من وجود مزاعم التعذيب منذ فترة طويلة قد تصل إلى عام كامل .

Labour in Israel coalition talks

حزب العمل يجرى مباحثات حول تشكيل وزارة ائتلافية في إسرائيل

بدأ حزب العمل المعارض في إسرائيل محادثات حول تشكيل وزارة ائتلافية مع حزب الليكود، وهو الحزب الحاكم الذي يرأسه إربيل شارون، رئيس الوزراء.

وقال شيمون پيريز، رئيس حزب العمل، إن حزبه يريد أن يضمن انسحاب المستوطنين اليهود من غزة وبعض مناطق الضفة الغربية.

ويريد حزب العمل كذلك أن يضغط على الحكومة حتى تنفذ الخطة المنصوص عليها في خريطة الطريق لإحلال السلام مع الفلسطينيين .

وشارون يحتاج إلى دعم حزب العمل حتى يتفادى إجراء انتخابات مبكرة .

وقد دعا رئيس الوزراء حزب العمل إلى الانضمام إلى مجلس الوزراء الذي يرأسه ، يوم الجمعة ، وذلك بعد أيام معدودة من إخراج أعضاء حزب شينوي من وزارته وفقدانه الأغلبية البرلمانية.