

## Change!

**+Today's Target:** *If we keep focusing on the negative, the positive will never happen!*

**Today's Key Verse:** *Rom 12:2 (ERV) Don't change yourselves to be like the people of this world, but let God change you inside with a new way of thinking. Then you will be able to understand and accept what God wants for you. You will be able to know what is good and pleasing to him and what is perfect.*

**Change Defined:** *To make different, alter or modify, to replace with something new.*

**Psalms 51:10 (NLT)** *Create in me a clean heart, O God. Renew a loyal spirit within me.*

### I. Get Direction and Purpose!

**Psa 119:105 (ERV)** *Your word is like a lamp that guides my steps, a light that shows the path I should take.*

#### A. Follow The Word.

1. We do not live by bread alone, but by every word that proceeds from the mouth of God (Deuteronomy 8:3, Matthew 4:4)! The word never fails (Luke 1:37) but accomplishes everything that it is sent out to do (Isiah 55:11).
2. Jesus is the Word (John 1:1), in Him everything was made, and without Him nothing was made (John 1:3). Jesus is the Word of God that hold all of creation together (Colossians 1:17).

#### B. Follow The Spirit.

1. It isn't by force, not by strength, but by God's Spirit (Zechariah 4:6).
2. God will teach us and lead us by His Spirit (Psalms 143:10), reminding us of what Jesus teaches us (John 14:26).
3. Only the Spirit knows the future (John 16:13), and the mind of God (1 Corinthians 2:11) and we have the Spirit of God in us (1 Corinthians 2:12).

### II. Point Two: Fix Your Mind!

**Php 4:8 (NLT)** *And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.*

#### A. Establish priorities.

1. Put God first and He will direct our steps (Proverbs 3:6). All I need to do is seek His kingdom and His righteousness and He will give me everything that I need (Matthew 6:33).
2. Your priorities should be done with the same fervor as done unto the Lord (1 Corinthians 10:31, Colossians 3:17, 23).

#### B. Guard your heart.

1. Out of my heart are the issues of life, I need to guard it (Proverbs 4:23). What are you building on (Matthew 7:24-27)?
2. Fear creates doubt in our hearts (Luke 24:38). Doubt creates a root of unbelief in our hearts (Romans 14:23).
3. We need to remove doubt from our hearts and not waiver (James 1:5-8). It is from here that we will either speak belief or doubt (Luke 6:45).

#### C. Commit your mind to the Lord.

1. Commit your actions to the Lord and He will show you the path you should take (Proverbs 16:3). Set your mind on things above and not beneath (Colossians 3:1-2).

### III. Point Three: Make A Plan.

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***Pro 16:3 (TPT) Before you do anything, put your trust totally in God and not in yourself. Then every plan you make will succeed.***

- A. Where are you?
  - 1. Know your current condition, test and examine your ways (Lamentations 3:40), search for your current spiritual state of mind (2 Corinthians 13:5).
  - 2. Know the status of your team (Proverbs 27:23) caring for them as if you were serving God, not for what you will get out of it (1 Peter 5:2).
  - 3. Get advice from many advisors (Proverbs 15:22), those plans are established by good counsel (Proverbs 20:18).
- B. Where do you want to go?
  - 1. Look straight ahead, mark out a straight path for your feet and stay on that path (Proverbs 4:25-26). Forget the past and look forward to what lies ahead (Philippians 3:13).
- C. What are the steps to get there?
  - 1. Don't get sidetracked (Proverbs 4:27). Allow God to determine the phases or the steps (Proverbs 16:9), He will delight in each step along the way.
- D. Identify the needed resources.
  - 1. Count the cost before you begin, so that you know what it will take to complete it (Luke 14:28-29).

### **IV. Point Four: Execute The Plan.**

***Php 3:14 (NLT) I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.***

- A. Get Started.
  - 1. Move forward on the tasks God has given you (Matthew 28:19, Mark 16:15)! Don't worry about others, do what God has told you to do (John 21:22).
  - 2. Don't despise small beginnings (Zechariah 4:10). Put action to your faith (James 2:26).
- B. Don't be distracted.
  - 1. Continue the plan without distractions (1 Corinthians 7:35). Continue to run, don't let others hold you back (Galatians 5:7). We will remain unfruitful when we are distracted by the world (Luke 8:14). Don't get dulled by the world and its distractions (Luke 21:34).
  - 2. Realize what is important don't get bogged down by unimportant details (Luke 10:41-42).
- C. Run to win!
  - 1. Press on to reach perfection (Philippians 3:12), finish the race (Psalms 19:5, Philippians 3:14), Run to win (1 Corinthians 9:24-27).

### **V. Point Five: Modify As Needed (Or Directed).**

***Pro 19:21 (NLT) You can make many plans, but the LORD's purpose will prevail.***

- A. Think laterally, sometimes a sidestep is better than a forward step, walk allow the Holy Spirit to change your thinking when you reach a standstill (Ephesians 4:23).
- B. God can make all things work together for good, for those who love Him (Romans 8:28).
- C. The disciples had one plan; Jesus had another (Mark 6:35-44).
- D. Stop, or pause long enough to think, prepare your mind for action (1 Peter 1:13).

## VI. Summary.

*Jer 15:19 (NLT) This is how the LORD responds: "If you return to me, I will restore you so you can continue to serve me. If you speak good words rather than worthless ones, you will be my spokesman. You must influence them; do not let them influence you!"*

**Today's Take Away; *We can change the course of our lives if we modify our Thoughts then our habits and finally our actions!***

### **What Can I do?**

1<sup>st</sup> Write out ten statements of faith that are based on the Word of God every morning (See the Attached Work Sheet).

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2<sup>nd</sup> Write out a life verse for the day and explain what it means to you.

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3<sup>rd</sup> Every night before you go to bed, write out what you accomplished, what you learned, and what you can do better tomorrow.

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4<sup>th</sup> Write out ten statements of faith (different from the morning) that will set you up for success tomorrow.

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5<sup>th</sup> Begin a Gratitude Journal, write out five things at the end of the day that you are grateful for.

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