

Summer 2025

A Note From Patti



You're Not Alone Let's Do This Together

It's truly been a pleasure helping you navigate your Medicare coverage. Whether we've connected recently or some time ago, I want you to know I'm always here to support you. That might mean answering a quick question, reviewing your current plan or exploring new options as your needs evolve.

Navigating Medicare doesn't have to be overwhelming, and my goal is to make the process as clear and stress-free as possible. No pressure, just honest, personalized guidance whenever you need it.

If you have a friend, family member or neighbor who's approaching Medicare eligibility or feeling unsure about their current coverage, I'm always open to taking on new clients. Your referrals are one of the greatest compliments I can receive, and I'd be honored to help the people you care about.

Thank you again for the trust you've placed in me. It means the world!

And just a friendly reminder, since we've entered a new quarter, don't forget to use any over-the-counter (OTC) benefits that your plan offers. These benefits expire at the end of each quarter, so be sure to take advantage before the end of September!

Stay Comfortable Indoors With These Cooling Tips

When summer heat waves roll in, keeping your home cool is essential for your comfort and relief. If the temperatures indoors start to rise, there are a few simple and effective steps you can take to bring the heat down and create a more comfortable living space.

The first tip is to simply close your blinds or curtains, especially during the hottest part of the day. Sun streaming through windows can quickly raise indoor temperatures, so keeping shades drawn helps block heat and keep rooms cooler. For even more protection, consider using blackout curtains or reflective shades to reduce heat. This small adjustment can make a noticeable difference in your home's overall comfort.

Another useful tip is to make sure that your ceiling fans are rotating counterclockwise. A fan rotating clockwise will only push hot air around, but rotating your fan counterclockwise instead will push the air straight down. Also, make sure that the speed on your ceiling fan is set to high to maximize airflow and create a cooling breeze. This

helps to circulate the air and make the room feel cooler, even without lowering the temperature. Ceiling fans are most effective when used in occupied rooms, so remember to turn them off when you leave to save energy!

In addition to managing sunlight and airflow, it is also important to keep the cool air inside. Closing interior doors and sealing any gaps around windows and doors can help prevent warm air from creeping in and cool air from escaping. By containing the cooler air in the rooms you use the most, you will make your home more energy efficient and comfortable.

By taking just a few simple steps, you can keep your home cooler, reduce your energy use and stay more comfortable during the hottest days of summer. Whether it is adjusting your fans, blocking out sunlight or sealing up small gaps, each change adds up to make a big difference. With a little planning, your home can be a cool and refreshing escape all summer long.