THE MARVELLOUS NEURODIVERSITY OF US ALL.

DIVERSITY, EQUALITY AND INCLUSION IN THE WORKPLACE.

MY TRAINING SESSIONS EXPLORE WHAT MAKES US ALL HUMAN. PRESENTATIONS AND DISCUSSIONS ARE DESIGNED TO ENCOURAGE CURIOSITY.

- Factfullness and The Scout Mindset. Be prepared to be wrong and to view everything with awe and wonder.
- No prejudice, no judgement and no cancellation of anyone.
- Open and honest discussions and debates encouraging participants to challenge themselves and their beliefs.
- Concept checks to monitor progress and effect.

BE EXCITED TO BE WRONG AND TO ADMIT WHAT YOU DON'T KNOW.

- Examine the myths, the misconceptions and the misunderstanding.
- Explore and discuss what people think they know and why.
- Introduce autistic voices.
- Explore the mindset of non-autistic people. Encourage self awareness.
- Introduce categories for debate and discussion.
- Conduct discussions and debates including all types of neurodiversity.

IF OPEN TO IDEAS AND WILLING TO LEARN THEN LET THAT BE ENOUGH – NO CANCEL CULTURE.

- Preconceptions about other humans and about ourselves.
- Inherent beliefs that we are all the same. Do we all feel and see and hear and process the world in the same way? How would we know?
- Basic needs for survival?
- What does a day look like?
- What do we know about ourselves and other people's way of seeing the world?

STEREOTYPES AND STIGMA.

- Discussions and debates or questionnaires and quizzes to examine the way each person sees themselves and their place within humanity.
- Pose questions and examine controversial stereotypes.
- Reduce the stress of political correctness to encourage open disclosure.
- Honest reflection of one's own bias and beliefs. The stereotype that we are most affiliated to.
- What is stigma? Why do we have stigma? How do we eradicate it?