

ADULT BIB, CRAFT AND COOKING APRON (16" x 40")



½ yard Cotton Fabric

1 each Hand Towel 16" x 26" (Walmart brand: Mainstays - \$1.84)

2 pieces 2" Sew-On Velcro (matching color if possible)

Matching Thread

Pattern for Bib Yoke

1. Cut the ½ yard fabric piece in half. Now you have the front and back of the bib yoke.
2. Take each fabric piece and fold in half lengthwise. If there is a vertical pattern, make sure the fabric is going in the right direction.
3. Pin/trace the pattern onto the fabric and cut out.
4. Pin fabric right sides together leaving the bottom open for turning.
5. Sew around the sides and neck of the bib yoke.
6. Clip curves and turn right sides out. Press. (Figure 1)

Fig. 1



7. Sew Velcro to the 2" neck closure.
Sew as close as possible to the edge of the Velcro.
8. Fold the bottom edge of the fabric ½" in towards the wrong side of the fabric. (Figure 2)

Fig. 2



9. TOWEL: The bottom of the towel has a decorative strip 3 ½" above the edge. At the other end of the towel (top) cut off the finished trim 1" from the top edge from side to side. (Figure 3)

Fig. 3

Cut 1" down from the top edge ✂---->

10. Place the cut edge of the towel 1" into the bottom of the bib yoke and pin in place. Make sure the pin catches the top fabric, towel and bottom fabric. You might want to baste this before sewing. (Figure 4)



11. Sew across the bottom edge of the pinned yoke as close to the fold as possible. Keep the fabric taut when sewing. Check to see if you caught all 3 fabrics.
12. Sew 1/4" above the first stitch line from side seam to side seam.
13. Top stitch around the neck and sides of the bib yoke.

Fig. 4



CUT ON FOLD
3"

5"

ATTACH & TEMPLATES HERE

