



Finished size of block:
12" X 12"

Fabric Requirements:

White = 4" X 20"
Blue = 5" X WOF
Red = 2" X WOF

All seam allowances = scant 1/4"

For reference:

Fat Quarter = 18" X 21"
Fat Eighth = 9" X 21"
Eighth of a Yard = 4 1/2" X 40"
WOF = Width of Fabric



Use Patriotic Themed Fabric

White (solid or predominantly white)

- (1) - 3" X 3" square
- (4) - 4" X 4" squares

Blue (solid or predominantly blue)

- (4) - 1 3/4" X 4 1/4" rectangles***
- (4) - 2 1/2" X 12" strips (border)
- (2) - 2 1/2" X 9" strips (border)

Red (solid or predominantly red)

- (12) - 1 3/4" X 1 3/4" squares***

Use Purple Toned Fabric

Lavender / Lilac

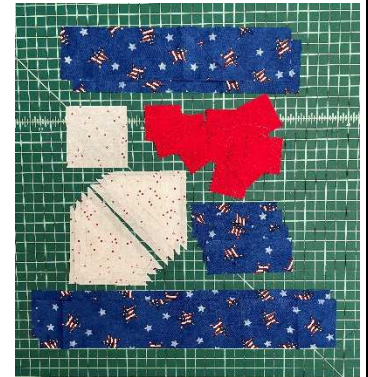
- (1) - 3" X 3" square
- (4) - 4" X 4" squares

Dark Purple

- (12) - 1 3/4" X 1 3/4" squares***
- (4) - 2 1/2" X 12" strips (border)
- (2) - 2 1/2" X 9" strips (border)

Medium Purple

- (4) - 1 3/4" X 4 1/4" rectangles***



Note *** Cutting requirements (1 3/4" squares and 1 3/4" X 4 1/4" rectangles) vary depending on patriotic vs purple

Making Corner Units (4)

- ✦ Cut the 4" squares in half diagonally
- ✦ Mark a diagonal line on the back of 8 small squares
- ✦ Place a small square on the right angle corner of a triangle, right sides together
- ✦ Sew along diagonal line & press both halves of small square toward the corner
- ✦ Trim off the 2 underneath pieces of the corner, leaving 1 thickness of fabric
- ✦ Repeat for 8 units
- ✦ On the back side of each unit, press half of the units towards the corner and half away from the corner - this will help when combining the units
- ✦ Place 2 units right sides together, nest the seams
- ✦ Sew together along 1 side and press open



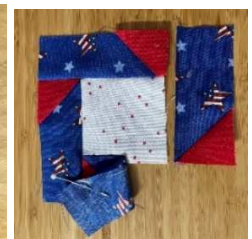
Making Side Units (4)

- ✦ Mark a diagonal line on the back of 8 small squares
- ✦ Place a small square on the bottom right corner of a rectangle, right sides together
- ✦ Sew along diagonal line & press both halves of small square toward the corner
- ✦ Trim off the 2 underneath pieces of the corner, leaving 1 thickness of fabric



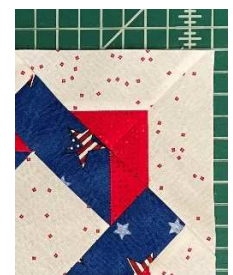
Completing the Inner Square

- ✦ The first rectangle to be attached to the 3" square will require a partial seam
Rectangles will ultimately be placed around all 4 sides of the 3" square
- ✦ Place the first rectangle on the bottom of the 3" square, right sides together
The rectangle will extend well past the 3" square
- ✦ Sew the seam beginning at the bottom left corner of the 3" square and sew approximately halfway along the bottom of the 3" square
(sewing distance is indicated by the heads of the black pins)
- ✦ The next 3 rectangles to be added will fit precisely
(If you like, you can fold the unsewn partial seam piece back over the sewn block to be out of your way)
- ✦ Finally, the remainder of the original partial seam now needs to be sewn



Adding the Corner Units

- ✦ The 4 Corner Units will be added as shown
- ✦ Place first Corner Unit on top of Inner Square, centering the corner unit
- ✦ Take care to ensure to match the areas where the seams of the Corner Unit join the seams of the Inner Square



Completing the Block

- ✦ Trim the Inner Block to be square, approximately 8" or 8 1/4"
- ✦ Add outer borders, press towards the outer border strips
- ✦ Block can be trimmed to approximately 12" X 12"



For questions, comments or suggestions, contact Barbara Manning c/o Suncoast Clinical Research, 5604 Gulf Drive, NPR, FL 34652
(727) 849-4131 (Office) (727) 560-3272 (Cell) Barbara@SuncoastClinicalResearch.com Barbara.Manning@Verizon.net