

HEALING HEART BLOCKS

From time to time we have a Guild member who suffers the loss of a loved one. Since quilters are nurturers by nature, we want to help our fellow quilter start to heal. We create Healing Hearts Blocks and mail them to our fellow Guild member so they will know that though they may feel very alone in their grief, we are there to hold them tight and help them through. When the recipient of these blocks pieces them together in the making of a quilt, the love, prayers and thoughts of every person who made a block is felt. The healing embrace of the Guild is forever.

- WPQG Healing Hearts Blocks are red hearts for loss of loved one and purple/lavender for health issues. Hearts should be on white or cream backgrounds.
- You may create pieced or appliquéd blocks, by hand or machine, whichever you choose.
- On the front of the block, write your name with Pigment pen or another indelible ink, along with the year and a little quote or sentiment for the recipient, if you wish.
- The blocks should be 8 ½" square, unfinished. That means, including the seam allowance, they should measure no less than 8 ½" square.
- Mail your completed block directly to the Member along with your note or card expressing your friendship.

Thank you for sharing your caring...