

2021 HUBERT 100

INFORMATION HANDBOOK

For all Course Maps, Course Notes, and download links, please visit the [Hubert website](#)

We made it!

After a tumultuous and uncertain 2020 I am excited to once again be headed up to the Ikara-Flinders Ranges with you all to put on The Hubert 100.

As most of you are likely aware, this is the final year for the Hubert, and the final trail ultramarathon for Ultra Runners SA. The Flinders are such an incredible venue populated by beautiful people and stories. This country is both harsh and serene, jagged yet majestic. And every time I travel up there I marvel at the ripples of the ranges in the distance as I approach. Ripples that extend as far as the eye can see, comprising of peaks older than the Himalayas. I've always felt like it's like driving into an oil painting. And for those of you who are journeying up there for the first time, you won't be disappointed. And I am sure neither will the seasoned visitors!

Despite these challenges, all of you are lining up to test yourselves in this country. 160-odd souls pulling on packs and shoes and heading off on a huge adventure! Yes the land is harsh, but I suspect that has been part of the attraction for you all.

This event is named after 20th century explorer Sir Hubert Wilkins. Wilkins was an SA-born pioneer in many fields, making his biography quite enthralling to read. If you have time I highly recommend you read The Last Explorer. It's thanks to individuals like Sir Hubert, with that adventurous spirit, that people like us are inspired to challenge ourselves in such a landscape.

And in saying that, thousands of years before Sir Hubert came along, the Adnyamathanha people lived (and still live) in harmony with this country. We recognise them as the Traditional Custodians of the land on which we gather, and we pay our respects to the Elders, past and present.

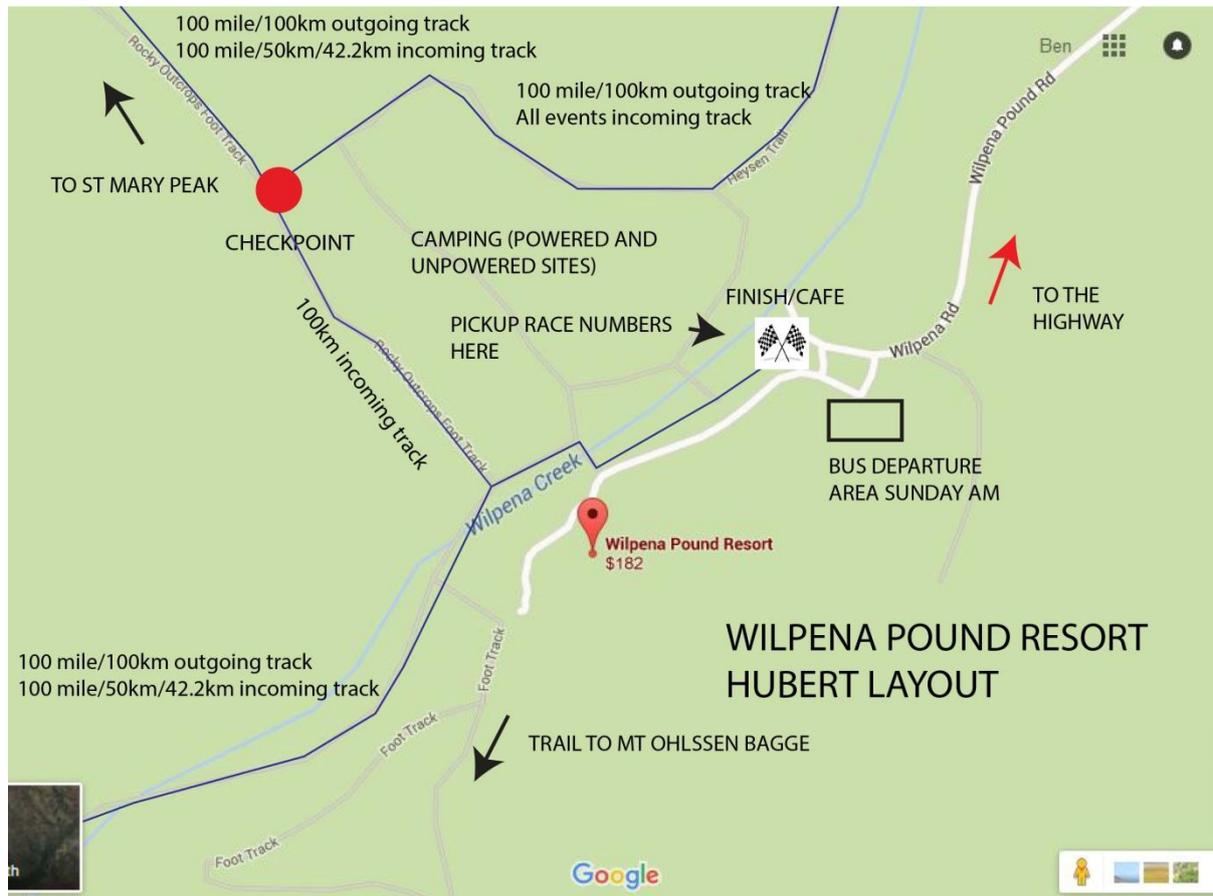
So read on for all of the info. Of course, if you feel there is anything lacking or confusing then please let me know.

Thanks, and see you on the weekend of May 8-9!

Ben
0447 550 010

SECTION 1: EVENT OVERVIEW

1.0 Wilpena Pound Resort Layout



1.1 Event Start Times and Dates

Event Start Date and Time: Saturday May 8 2021

100km (start Wilpena Pound Resort): 8.00am (cutoff 8.00am Sunday May 9)

100 miles (start Wilpena Pound Resort): 9.00am (cutoff 9.00pm Sunday May 9)

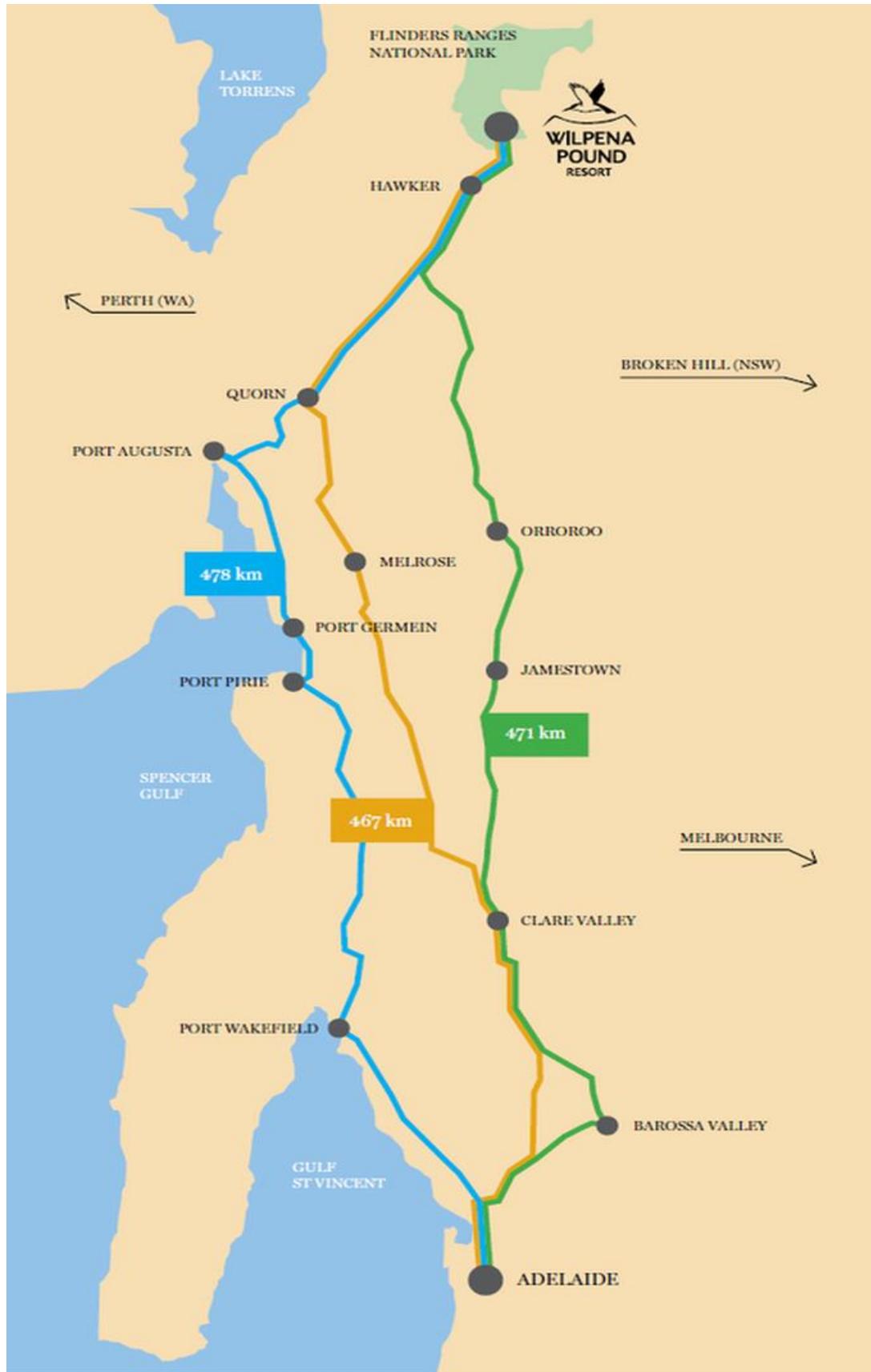
Event Start Date and Time: Sunday May 9 2021

50km (start Trezona Campground): 8.00am (cutoff 9.00pm Sunday May 9)

42.2km (start Yanyanna Hut): 9.45am (cutoff 9.00pm Sunday May 9)

SECTION 2: GETTING THERE

2.1 Driving Distances and Times



- ROUTE 01 - THE WINE ROUTE
- ROUTE 02 - OUTBACK AUSTRALIAN JOURNEY
- ROUTE 03 - PORTS OF SOUTH AUSTRALIA

From Adelaide CBD the three distances to Wilpena Pound Resort are now around the 440km mark thanks to the addition of the Northern Connector and upgrades to Main South Road. Google Maps now shows the fastest way is via Clare and Jamestown (Route 2, above), somewhere around 5-5h30m. Which is awesome news for those who love their bakeries, as Jamestown is one of the most reputed in SA!

Travelling within the Ikara-Flinders Ranges (note these are in good conditions – driving at dawn/dusk/night may extend the trip because of wildlife on the road):

Wilpena Pound Resort to Trezona Campground (north via Flinders Ranges Way and Brachina Gorge Road): approx. 40mins. Caution dirt road for approx. 15km (passable in normal weather).

Wilpena Pound Resort to Yanyanna Hut (north via Flinders Ranges Way and Bunyeroo Valley Road): approx. 30mins. Caution dirt road for approx. 15km (passable in normal weather).

Wilpena Pound Resort to Aroona Ruins (north via Flinders Ranges Way, then Brachina Gorge Road, then Aroona Road): approx 60mins. Caution dirt road for approx. 25km (passable in normal weather).

Wilpena Pound Resort to Parachilna Gorge Heysen Trail trailhead (north via Flinders Ranges Way, then Parachilna Gorge Road): approx 80mins. Caution dirt road for approx. 15km (passable in normal weather).

2.2 Fuel

Please be aware that you will be traveling in isolated areas where fuel is not always available when you might need it. Be conscious of filling up when you can (trust me I almost learnt the hard way).

There are stations at Jamestown, Quorn, Hawker and Wilpena Pound Resort. All of these have ULP, Diesel, and LPG. Some do have 24 Hour eftpos/credit card payment options, but count on most of the service stations only being open in daylight hours.

2.3 Phone Reception

The only reliable phone reception (for all carriers) is in Wilpena Pound Resort. Outside the Resort there is no reception on the course, so we strongly recommend the use of satellite phones or uhf radios.

SECTION 3: PRE-EVENT

3.1 Start List, Bag Check, Event Items and Merchandise Collection

Firstly, please check your details are correct on the Entry List in the Download section of the website. You will also find your bib number next to your name.

Bag check, and event items and merchandise collection will commence from 2pm Friday May 7, from a table behind the General Store in the amphitheatre (see Layout map, above).

Note that ALL runners and Buddy Runners are required to have their bags checked at the event venue. However if you would like to have your bag checked prior to departing Adelaide, you can drop into The Running Company at Unley or Christies Beach and they will go through your bag with you.

This is for reassurance that you won't have anything missing once we check your bags at the event venue. Due to the region's isolation it's impossible to just go out and buy most of the items on the Mandatory List should we deem it lacking.

Once you have your bag checked at The Running Company, there is no need for a further check at the event. NOTE: you will be asked to produce two items of Mandatory Gear at an Aid Station on course, so be warned. If you are missing even just one item you will be a DNF. The Park is so big and isolated we can't take the chance that someone may not be equipped correctly.

Thanks to Chicken and his great staff at The Running Company for helping us!

Merch pre-orders are now closed, but you may place an order with us at the event. Turnaround time is approximately four weeks. If you ordered before the cutoff your shirt will be at the event.



3.2 Welcome To Country

At 4.30pm on both Friday and Saturday nights (**note the time change from the website – this is a new timeslot**), a Welcome To Country ceremony will be performed out the front of the main restaurant. Attendance is optional but we highly recommend it to get a real feel for the Dreamtime story of the Ikara-Flinders Ranges and the Adnyamathanha people, the traditional owners of the land.

3.3 Dinner Friday and Saturday Nights

The main dinner will be held on the Friday night from 6.00pm. Here we will do a brief recap of the event's main points, as well as a demonstration of how the trackers work.

There will be no official dinner Saturday night, but we will be able to answer any questions at bag check, and we will run through the briefing on the Sunday morning before you board your buses.

Friday dinner bookings have closed.

If you are unable to make the dinner don't stress, we will run through the main briefing and demonstration on race morning (see below).

3.4 Bag Checks and Bib Pickup

These can be done on either Friday or Saturday between 2.00pm and 4.30pm at the amphitheatre behind the General Store. Or at the same location in the one hour prior to your event starting or bus departing.

Please note there will be no bag checks at either dinner.

SECTION 4: EVENT DAY

4.1 Buses to the Start

Bus seat bookings close Thursday April 29 at 11.59pm. Instructions for booking are on the website.

Bus departure times are:

Bus 1 (50km runners) departs Wilpena Pound Resort carpark at **7.00am Sunday May 9.**

Bus 2 (42.2km runners) departs Wilpena Pound Resort carpark at **9.00am Sunday May 9.**

Buses depart promptly so be sure you are at the designated pickup location well in advance.

All drop bags are to be left in the designated collection bags at the amphitheatre.

4.2 Checkpoint Cutoff Times

100 miles

AS3 Trezona Campground 53km: 10.00pm

AS4 Aroona Ruins 68km: 1.30am

AS7 Parachilna Gorge 87.5km: 5.30am

AS8 Aroona Ruins 106km: 9.30am

AS10 Wilcolo Track 126km: 2.30pm

AS11 Outside Track 142km: 4.30pm

100km

AS3 Aroona Ruins 51km: 7.00pm

AS4 Trezona Campground 65km: Midnight

AS5 Wilcolo Track 83.5km: 4.00am

Cutoffs will be strictly enforced for safety reasons. The Race Directors' decision is final.

50km and 42.2km

AS Outside Track (33km and 25km respectively): 4.30pm

Any runner from the 42.2km and 50km events proceeding past the Outside Track Aid Station between 3.30pm and 4.30pm will be handed a satellite tracker (returned from the 100km and 100 mile events) as you will likely be finishing in the dark. Even though your name won't be attached to the tracker we will at least still be able to see where you are.

4.3 Yellow Brick GPS Trackers

In the 100 mile and 100km events, runners will be given an individual satellite tracker. These trackers are operated by specialist UK group Yellow Brick. We have used their trackers for the past two events and I believe they're the best in market in a space where it's hard to find a comparable product that works as reliably as theirs.

You will be given a demonstration of their operation once you receive yours. We will also check that they are working prior to you receiving it.

Their operation is very simple. Essentially they are first powered on, then a button is pressed to start the tracking (your position will be updated every 15mins). We will ensure you are all set up to go prior to the start.

The most important thing to remember is that they **MUST** be worn outside your pack, on top of your shoulder. This is to give the transmitter maximum opportunity to bounce off a satellite. Consider using a rubber band or something similar to keep it in place.

The link to the live map will be emailed out prior to the event. But to prepare I encourage your friends and family to download the free Yellow Brick app (YB Races) to their mobile device. If they search for "Hubert" they can see the past two events to get a feel for the interface.

Unlike previous years, you will also be able to collect your tracker on the Friday. We will re-iterate this at the event but remember to **TURN YOUR TRACKER OFF OVERNIGHT FRIDAY**. If you leave it on indoors you will chew through the battery. If you arrive at the start line with an inoperable tracker then you won't be permitted to start.

4.4 Checkpoint Stock and Bag Drops

We will have all the basic foods and drinks available. However if you require anything more specific (such as gels) then be sure to bring these with you.

All manned checkpoints will as a minimum have water/sugar and salty snacks/sports drink/ and fruit. Selected stations will have extras such as sandwiches and noodles and/or vegetable soup.

Please refer to the [website](#) for the breakdown of what you will find at each Station (in the Download section).

This breakdown also outlines where you can have a drop bag. All drop bags are to be left in the designated area at the Amphitheatre prior to your event start.

TEMPTATION STATION (Aroona Ruins)

This year we are welcoming back Quinten and Al, the famous Temptation Station boys. Q and Al run the adventure business In The Flinders. They are an invaluable resource to the event, and I am sure this news will get a few of the runners excited!

Temptation Station is so called because of what the boys put on. Not just food, but comfort and conveniences. If you need to charge your device during the event, then this is where you can do it.

But be warned, so great is the comfort not everyone who enters Temptation Station manages to continue on. So linger at your peril!

COMMUNITY INVOLVEMENT

Also joining us this year are members of the Port Augusta Lions Club, and Nissan 4wd Club. The Lions Club members will be running the Parachilna Gorge Road and Trezona Campground stations, and the 4wd members will be located at various points around the course on standby. We thank them for their support – the local community is an amazing resource and as eager to help as we are to showcase their region!

Please take the time to thank our First Aid staff and volunteers. Attracting volunteers to an event is hard at the best of times, let alone out in South Australia's outback region.

4.5 Running Buddies

100 mile and 100km events

Running Buddies are welcome and encouraged to assist entrants through the night section. Though it is up to the runner and buddy/s to arrange their transport in getting to their meet location.

There will be bibs available for Buddies, which can be collected along with the entrant's bib.

Buddies MUST:

1. Have their name added to the entry list when their entrant picks up their own bib;
2. Have these mandatory items: space blanket, beanie, gloves, head torch, hardcopy of the maps, mobile phone, and two strips of reflective tape.
3. Have their gear checked;
4. Not join their entrant on course until at least Aroona Ruins (100km event) or Trezona Campground (100 mile event), and;
5. NEVER leave their runner, even in an emergency.

The buddy is always safest with their runner, as it is their runner who will have the tracker and therefore the capability to raise an alert if rescue is required.

4.51 Starting a Fire

Let's be clear, starting a fire in the Ikara-Flinders Ranges is ILLEGAL. So this information is for last measures only; if you are hopelessly lost and/or dangerously cold and can't go on.

This year I have added matches/lighter and firestarter to the mandatory gear list as an extra contingency for you, and is one also used by other events across Australia.

To help you with the process of starting a fire in rugged conditions, this is the process you might want to take note of.

1. Get to as high or clear a ground as possible, with minimal to no obstruction between you and the sky.
2. Clear a large circular area, at least three metres across
3. Build a low wall of rocks around the perimeter, stacked at least two high
4. In the center of the cleared area, place small sticks and twigs at the base to form a small platform
5. Place one Firestarter in the center of the platform
6. Place dry grass and kindling over the Firestarter and platform
7. Light the Firestarter
8. Place larger boughs/logs over the fire as it grows bigger

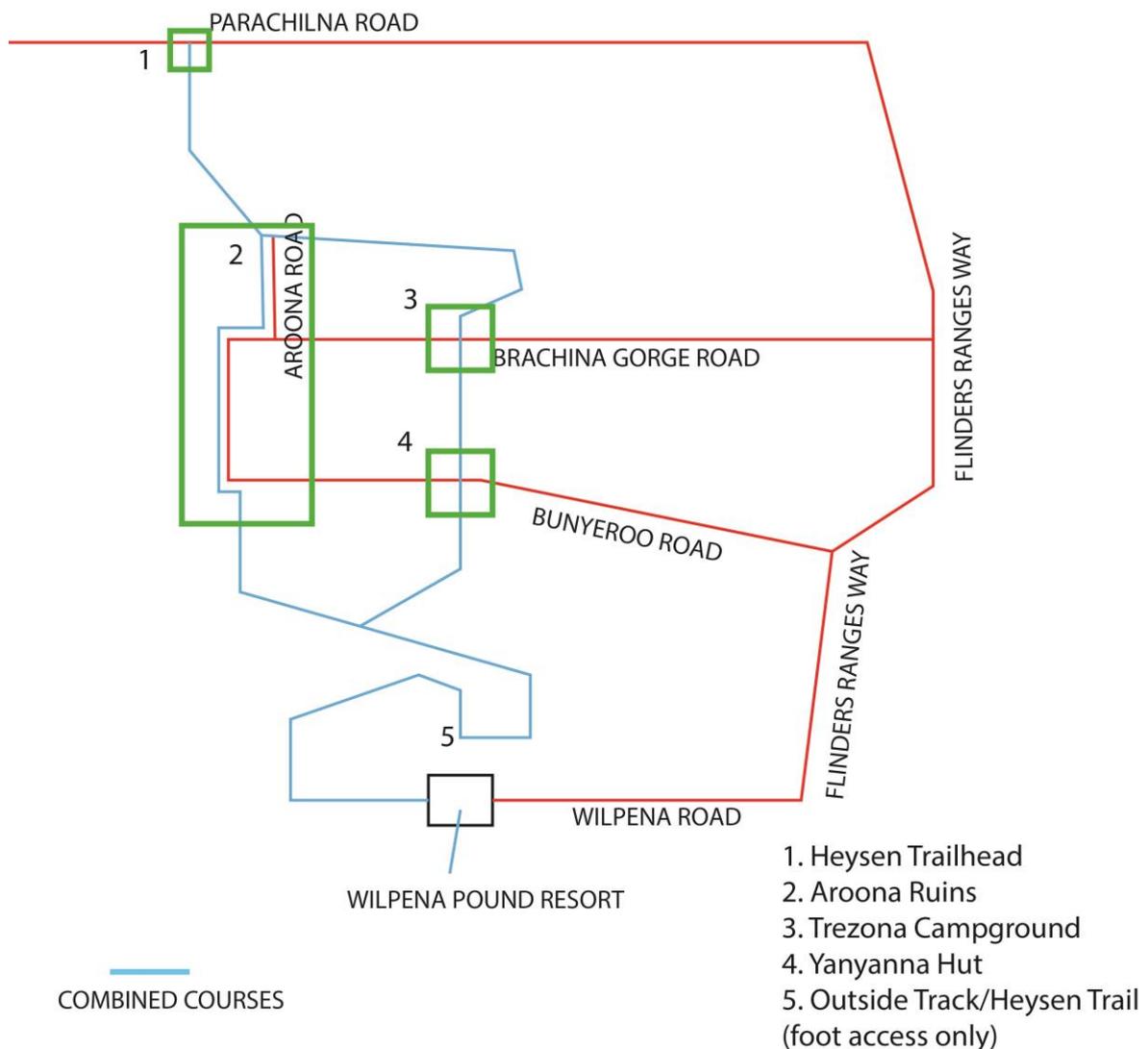
If things get to this point we will already be out looking for you, so the light from your fire will be an extra help.

Now, before you worry, we've never been in the situation where we've thought "gee I wish John could start a fire so we could find him quicker." But we always need to be ahead of the situation, not reacting.

4.52 Crew Access

Crew is permitted to intercept their runner at any accessible point along the course. They are NOT permitted to give their runner any extra nutrition or hydration, unless they are at an Aid Station.

Vehicle-accessible routes:



4.6 Timing

Timing will be recorded manually. Results will be uploaded to the www.hubert100.com.au page by the following Tuesday evening.

4.7 Mandatory and Suggested Gear

Please refer to the [website](#) for the lists.

All mandatory gear must be carried on your person at all times. This year you will be checked during the run for specific items on the list. This includes an operational phone with offline map accessible.

4.71 Course Facilities

Save for the amenities at Wilpena Pound Resort, the only other locations with toilets are Aroona Ruins and Trezona Campground.

Please use commonsense if you have to go in the bush eg not near a watercourse (dry or otherwise).

4.8 Course Details and Marking

This year the maps will be supplied to you. The AllTrails links on the website can be downloaded in various formats, and the trail notes should also be used in conjunction with the maps.

Downloadable and printable PDF maps will be uploaded to the website by the Sunday prior to the event.

It is acceptable for you to print your own maps. Please email hockings.ben@gmail.com if you will not be requiring the event to print maps for you.

All courses already have permanent walking trail signage. We will also be marking critical sections and junctions with our own signs and flags

When in doubt please consult your offline map, which will tell you if you're still on the prescribed course.

Please read the trail notes, and especially the Section Overviews.

4.81 Course Markers

The course will be marked mainly with corflute arrows, with reflective tape for some of the more meandering parts of the course.

You can also expect to see these markers when your course runs in conjunction with them:



The far right marker is a Plate Marker, and is commonly used to give you a sense of where you are on the larger network. Kind of like if the Park was a giant Westfield.

4.82 Offline Maps

Also, as mentioned in the Mandatory Gear List, we highly recommend you download the GURU app (previously known as Galileo) for your phone. There is no reception at all on the course, save for around the Resort.

The app allows you to see where you are on a map on your phone in relation to major features (such as a marked trail) without requiring phone reception.

If you prefer a different platform then that is fine, but you still must demonstrate it is correctly installed on your phone at check-in.

Instructions for getting the course map onto your GURU App is available in the Download section of hubert100.com.au

NB! Using this map constantly will use your phone battery. If you are going to be using the phone map a lot please consider bringing along some battery life extenders for your phone.

4.9 Safety and Communication

Each Aid Station with volunteers will have First Aid staff and a communication device. In addition, we have 4wd access to the Park so if a runner doesn't make it to a checkpoint by cutoff then we are able to go and check that they are ok.

SECTION 5: POST EVENT

5.1 Trophies and Medals

Unfortunately this year we were unable to secure the services of Kristian Coulthard from Wadna Yura. Kristian has recently opened his own shop and is being run off his feet. The Hubert event owes Kristian and his family a debt of gratitude for his contributions over the past few years.

In 2021 all podium placers will receive a special plaque for their efforts, whilst all finishers will still receive a fantastic trophy in recognition of their achievement.

SECTION 6: HAZARDS

6.1 Fire

Running trails means we are always faced with the risk of fire. This time of year has been selected for this event due to the low risk of fire in the area (and not so cold that you can't spend any time outside at night looking at the AMAZING sky – honestly the stars can be so bright you'd think someone left the street lights on).

However the Hubert event is still subject to normal Park conditions. On a high-fire danger day this means that there is a risk of the event being modified or, where the logistics of this is too great, the event being cancelled.

Ultra Runners SA works closely with the Department of Environment Water, the Resort, the local hospitals, Ranger Alan Harbor and Quorn police officers before, during and after the event to ensure the welfare of participants is maintained, our impact on the environment is minimised and any lessons learned reviewed and applied for the following year. We have a very good relationship and it is one that we would definitely like to maintain! So keep in mind that there is a chance that the conditions of the event may change when weather or other factors demand it. You will receive any important information before the event, or at Aid Stations. Most of the course is accessible by 4wd so we will be able to get to most runners quickly in case of emergency.

If there is any chance at all of fires in the area then the event will not go ahead.

In the event that the forecast maximum for the event is 35 degrees celcius or more, the event will be **cancelled**.

Because most suppliers will be paid prior to the event, officially there will be no refund available on any cost incurred associated with entering and/or participating in the event if the event is cancelled. However all options will be explored in returning some sort of credit or transfer to entrants.

The determining forecast will be on the night of Wednesday May 5 at 6.00pm, according to the Bureau of Meteorology. Entrants will then be notified if the event is to be affected.

6.2 Injury and Withdrawing

You must notify event staff immediately if you are withdrawing from the event.

If, as another entrant, you come across someone who requires assistance out on the course, you are obliged to render all help possible.

SECTION 7: THE WALKER'S CODE

7.1 The Walker's Code

In keeping with the code of The Friends Of The Heysen Trail, who put in enormous amounts of volunteer hours ensuring the 1200km-long Heysen Trail is kept in such good condition, please keep these principles in mind:

- Take all your rubbish with you
- Leave gates as you find them
- Move quietly near stock and wildlife
- Observe fire bans
- Respect the privacy of others, including other walkers and landowners
- Help keep water sources clean
- Do not disturb native flowers or other vegetation
- Stay on the marked trail
- Use boot cleaning stations when provided
- Leave pets at home

South Australia is incredibly lucky to have such a Park, so please leave only your footprints behind so that we may have this event and others on again in the future.

SECTION 8: WHAT ELSE TO DO IN THE IKARA-FLINDERS RANGES

8.1 Area Attractions

As you could imagine, the Ikara-Flinders Ranges and surrounds have amazing natural and artificial attractions worth visiting.

Here we have compiled just a few, based on our own experiences. If you have the time we highly recommend the following:

1. Take a scenic flight tour of Wilpena Pound
2. Visit the popular Blinman Bakery
3. Hike Rawnsley Bluff (approx 3 hours return)
4. Hike Moonarie Crag (a detour on the track to Arkaroo Rock – approx 3 hours return)
5. Visit the Cazneaux Tree near the entrance to Wilpena Pound Resort at the highway
6. Have a pint at the Parachilna Prairie Hotel



And I can't consider this briefing complete until I say a huge thank you to everyone who is helping me out with this event. I can't even express how much less strain this has put me under. As some of you know my wife Courtney will be 33 weeks pregnant with number four by the time this event comes around so there's been a lot of domestic credit used up for this trip.

That wraps up the briefing! All the best for the leadup to your runs and we will see you very soon.

Ben
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