



# Hello, Becomer

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## BECOMING DOESN'T ALWAYS MAKE NOISE

Hello "Beautiful",

There's something I've been sitting with lately...  
Not everything that's changing in your life is loud.  
Some of it is quiet.  
Subtle.  
Almost easy to overlook if you're not paying attention.  
It's in the way you respond differently.  
The way you pause instead of react.  
The way you start choosing yourself... without explaining it to anyone.  
That's the kind of growth I've been experiencing.  
And if I'm honest...  
it didn't happen all at once.  
It came from a decision I made recently—one that required more discipline than motivation.  
I shared more about that in this week's Becoming Her blog.  
Not just what I did...  
but what it's been teaching me about patience, healing, and trusting the process in real time.  
If you've been in a quiet growth season... this one will resonate with you.

*Remember:  
"What Makes You Different,  
Makes You Beautiful."*

And while I've been in this season of becoming...  
I decided to create something that reflects it.  
I officially opened my Etsy shop  
This collection isn't just about products—  
it's about giving you something tangible to connect to your journey.  
A reminder.  
A reflection.  
A moment of alignment.  
Each piece represents a real part of the process.  
Explore the collection here:  
<https://www.etsy.com/shop/MsTBTVCollection>

Or Scan the QR Code Below



*Quietly Rising,  
Tiquita - Ms. TBT*

### Here's what I want you to reflect on this week:

- You don't have to rush your becoming.
- You don't have to hide where you are.
- You don't have to prove anything to anyone.
- But you do have to honor the process.

### Elevation Assignment:

Take 10 minutes this week to sit with yourself—no distractions.  
Ask yourself: Where have I grown, even if no one else sees it yet?  
Write it down, focusing on the small shifts—your discipline, your boundaries, your mindset.  
Honor those moments, because that's where your becoming is happening.

Read the full Story here...



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