

# MS. TBT NEWS



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Ms. TBT  
publication for People who want to  
Grow from their mistakes!



February 15, 2026 - #13  
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## We Did Not Come This Far to Only Come This Far

February invites us to do more than remember history, it calls us to recognize strength. When we look at how far African American people have come, we are standing on miracles that were paid for with courage, faith, and relentless perseverance. We are the descendants of dreamers who built hope in impossible conditions, who turned survival into strength and pressure into purpose. Today, we see that legacy in boardrooms, classrooms, businesses, art, innovation, and leadership. We are living in spaces our ancestors prayed into existence, and their sacrifices echo in every door we now have the power to walk through.

But progress is not something you admire, it is something you protect and extend. Every generation inherits both the victory and the assignment. While we celebrate how far we've come, we must also be honest about how much further we can go. How much further we need to go... Ownership, economic strength, education, health, unity, and legacy-building are not optional conversations. They are the blueprint for lasting impact. The next chapter of our story is not just about breaking ceilings; it's about building foundations so strong that the generations that follow us can rise without starting from scratch.

The way forward requires intention, courage, and consistency. It means we invest in ourselves, support each other, tell our stories boldly, and refuse to settle for "almost." We honor the past by how fiercely we show up in the present and how deliberately we prepare the future. Because everything our ancestors endured, everything they built, and everything they believed was for more than just survival it was for legacy. And we owe it to them, and to ourselves, to keep going, keep building, and keep rising.

Because the simple fact is... *"We Did Not Come This Far To Only Come This Far."*

## Watch & Learn...

If you are not watching *Reasonable Doubt*, you are truly missing out... because Emayatzy Corinealdi's portrayal of Jax Stewart is nothing short of *Spectacular*. Her character is an absolute beast in the courtroom: sharp, unapologetically confident, and always three steps ahead. Jax doesn't just practice law, she *owns* every room she walks into. Like I said... She's a "Beast", y'all!! She's bold, brilliant, and fearless in the way she defends her clients, and there's something deeply satisfying about watching a woman who knows exactly who she is and refuses to shrink herself for anyone. I absolutely *Love* characters like this... they make me tap into my *"Inner Beast."* 🦁💪

But what makes Jax Stewart even more compelling is who she is outside of work. She's not just a powerhouse attorney; she's also a wife and a mother navigating the beautiful, messy, complicated reality of having it all. Her personality is layered, strong, stylish, flawed, loving, and human. Her style is always on point... *"Jax Stewart knows how to put them clothes on!!"* Her presence is always felt, and her attitude makes it clear: she is the kind of woman who carries both softness and steel at the same time. Again... "She makes me *"Tap In!"* 🦁💪 You see her juggling ambition, marriage, motherhood, and self-identity in a way that feels real, not polished for perfection. *She's relatable.*

And we still haven't talked about what she represents. Jax is the *Only* Black woman partner at her firm, and that fact is not just a detail, it's a statement. She walks in spaces where she is often the only one who looks like her, and she does it *All* with excellence, confidence, and *Zero* apologies.

*Reasonable Doubt* doesn't just give us drama; it gives us *Representation, Power*, and a *Reminder* of what it looks like when a woman *Refuses* to be boxed in by *Expectations.* 🦁💪

Emayatzy Corinealdi plays this character in a way that honestly... *"I don't think no one else can."*

She is *"Jax Stewart!"*

Check out *Reasonable Doubt*... You're going to want to start a *Reasonable Doubt Fan Club.* 🦁💪

*Available on Paramount*



## Inspire Me

"But Still Like Air, I'll Rise."

- Maya Angelou

Legacy



# What's That All About??

When we talk about *legacy*, we're often referring to more than a simple word; we're talking about what endures after we've moved on. According to *Merriam-Webster*, legacy is defined as "something transmitted by or received from an ancestor or predecessor or from the past," whether that be tangible assets or the imprint left on others' lives. In its most literal sense, legacy can mean property or possessions passed down through a will, but that definition barely scratches the surface of what the term resonates with in the heart of our daily lives.

For many of us, personal legacy isn't just a legal concept, it's a reflection of how we've lived and the values we've embodied. It encompasses the stories we tell, the traditions we uphold, the lessons we pass on to our children and friends, and the moments of kindness that stay with others long after a conversation ends. Legacy is both the echo of our choices and the continuation of our presence in the lives we touch; it can be seen in the way those who knew us carry forward our love, our work, and our principles. (NeighborhoodFalmouth)

For instance, educators, community leaders, and creatives often speak of a legacy of love, courage, or service, suggesting that the influence of a life well lived is reflected in the ongoing well-being and inspiration of others. This broader interpretation acknowledges that legacies are shaped not only by what we leave behind materially, but by the ripples our choices create in the lives of others and the world at large. (Merriam-webster.com)

I've often thought about the legacy that I am leaving for children... my children's, children and all the generations that will come after them. I think about the foundation that I am laying that will far exceed the years that I am granted in this one lifetime. Through the actions of those before me I am reminded that the imprint that is left far after you have left this earth is what will live on forever. So that thought alone drives me to ensure I leave a legacy that is rooted in courage, love, values, community, endurance, and faith. Because, I have come to realize that it takes more than just strength in one area of life to leave one. We must tap into the furthestmost regions of ourselves to access what it takes to leave a legacy worth passing on.

As you reflect this month on what legacy means to you personally, consider that legacy begins well before any formal passing. It begins each day we choose how to show up for others. In close, I want to leave you with these words from my favorite poet Maya Angelou...

*"If you're going to live, leave a legacy. Make a mark on the world that can't be erased."*

Check  
This  
Out...

## Sold By Tinisha



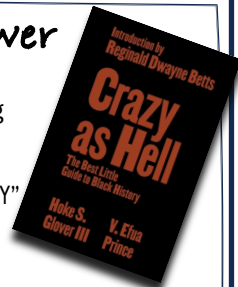
## Knowledge is Power

In this issue I will be recommending

"CRAZY AS HELL"  
"THE BEST LITTLE GUIDE TO BLACK HISTORY"

by

Hoke S. Glover and V. Efua Prince.



I purchased this book in 2024 while visiting the National Museum of African American History in Washington DC. Well, this book lived up to its title. The way in which the authors weaved together the short stories about many African Americans known and unknown often left me saying... Wow, yeah... "He or She had to be Crazy As Hell!" to do or say the things that they did!

If you're someone who is interested in hearing the raw un-cut truth, about the struggles, challenges, passion, and triumphs of African Americans told with clarity and much humor then you should read this book.

Available on Amazon –  
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# Hidden Figures, Unspoken Legacies: The Ones History Forgot to Applaud



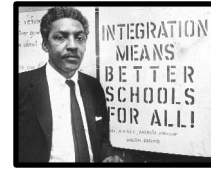
**Claudette Colvin**

September 5, 1939 - January 13, 2026

## The Courage That Came Before the Headlines

Before Rosa Parks became a household name, **Claudette Colvin** was a 15-year-old Black girl who refused to give up her seat on a Montgomery bus.

She was arrested, handcuffed, and silenced, not because she was wrong, but because she didn't fit the image leaders felt America would accept. Too young. Too outspoken. Too poor. Her bravery became the legal backbone of *Browder v. Gayle*, the case that ultimately ended bus segregation. Colvin's story reminds us that courage doesn't wait for permission—and history doesn't always honor the first, only the most convenient.



**Bayard Rustin**

March 17, 1912 - August 24, 1987

## The Architect Who Was Kept in the Shadows

When people talk about the March on Washington, they rarely mention Bayard Rustin, the man who organized it. Rustin was a strategic genius, a master of nonviolent protest, and a trusted advisor to Dr. King. Yet he was pushed out of the spotlight because he was openly gay in a time when that truth was seen as a liability. Rustin proved that movements don't run on speeches alone, they run on systems, planning, and people willing to work without recognition. His exclusion says more about society's fear than his worth.

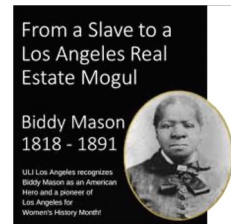


**Lewis Latimer**

September 4, 1848 - December 11, 1928

## The Man Who Lit the World, Quietly

The light bulb gets credited to Thomas Edison, but Lewis Latimer made it practical and affordable. Born to parents who escaped slavery, Latimer invented the carbon filament that allowed light bulbs to last longer and be mass-produced. He also drafted patents for the telephone and worked alongside the most celebrated inventors of his time, yet his name was erased from textbooks. Latimer's story is a reminder that Black brilliance has powered America from behind the scenes, even when credit was denied.



**Biddy Mason**

August 15, 1818 - January 15, 1891

## From Enslaved to Empire Builder

Biddy Mason was enslaved, denied freedom, and forbidden to read or write, yet she became one of the first Black female millionaires in the United States. After winning her freedom in court, Mason built a real-estate empire in Los Angeles, funded schools, churches, and hospitals, and quietly uplifted her community. She didn't have wealth handed to her; she built it. And still, her name rarely appears in conversations about American success stories. Her life proves that resilience, vision, and generosity can rewrite even the most unjust beginnings.

## Closing Notes...

These stories matter because erasure is not accidental...it's intentional. And remembering them isn't just about honoring the past; it's about correcting the narrative and reminding ourselves that greatness has never belonged to *One Color, One Class, or One Version* of "ACCEPTABLE."

We've always been here.

We've always been building.

And our stories deserve to be told, fully, boldly, and truthfully. 🗣️🏡



# “Becoming Her” A Journey... Not a Destination

Check  
This  
Out...

I'm excited to officially introduce something that is very close to my heart; the *“Becoming Her”* Series. This is more than content; it's a journey. Through this series, I'm opening the door to my personal process of *Becoming*; the *Growth*, the *Lessons*, the *Unlearning*, the *Rebuilding*, and the *Intentional* steps it takes to evolve into who you're meant to be. The series lives on my website at [www.newlevelnewuacademy.com](http://www.newlevelnewuacademy.com) and includes a blog, a newsletter, photos, reflections, and more, all designed to meet you right where you are.

What makes *“Becoming Her”* different is its *Honesty*. This series follows me in real time as I navigate *Purpose, Healing, Confidence, and Transformation*. I'm not showing up as someone who has it all figured out. I'm showing up as someone committed to the process.

My hope is that as you *Read, Watch, and Reflect*, you begin to see your *Own Story* unfolding alongside mine. This is about *Progress, Not Perfection*. It's about giving yourself *Permission* to grow out loud and on purpose.

And despite the title, *“Becoming Her”* is for Everyone.

This journey is for *Women and Men* who are ready to do the Inner Work, Embrace Change, and *Step Into* their Next Level with Intention.

Growth doesn't have a gender... it has a Mindset.

If you're in a season of *Becoming, Building, or Rediscovering* who you are and where you're going, this space was created with you in mind. I invite you to walk this journey with me... because *Becoming* isn't something you do alone, and None of us are finished yet.

With Purpose,  
Tiquita - Ms. TBTV

Read the full Story & Subscribe here..



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Contact us for more info:

[Tiquita Bell](https://www.facebook.com/TiquitaBell)



[Quita@mstbtv.com](mailto:Quita@mstbtv.com)

Deadline: February 28<sup>th</sup>, 2026

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Ms. TBTV - Subscribe/Share/Like

Ms TBTV



This is the only oil I use on my 7-year-old daughter's hair. (Pictured Above)

## Kae's Hair Oil

Check  
This  
Out...

Our hair growth oil is made with all natural ingredients and is safe for kids!!

Clients have been pleased...

Remember...

Consistency will get you real results!!

*Kae's Hair Oil is available in:*

*2 oz. & 4 oz. bottles*



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Your words matter.

They help others see that what we're building here is real, intentional, and adding value to everyday lives. A simple review lets someone else know they're not alone, and that these resources may help them too.

And if this content speaks to you, don't keep it to yourself.

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and *Becoming your [Next Level You](#)*.

Thank you for being part of this community...

Your support truly means more than you could ever know. ❤️

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