



A NEW LEVEL NEW U ACADEMY & Ms. TBTV

publication for People who want to **Grow** from their mistakes!

March 21, 2025 - #8 Subscribe @ www.mstbtv.com



It's Lent Season. This is the time of year when we as Christians are usually committing 40 days of our life to what is called sober observance. During this time of observance, it is customary to fast, give things up...such as food restrictions, smoking, drinking, gambling, etc., or practicing abstinence. We make these sacrifices to prepare our hearts and minds for Easter...or more so what that day symbolizes.

There are many people who would ask the question why fast? Why would I spend 40 days sacrificing the things that I love. Why would I not eat when I want to eat? Say what I want to say? Do what I want to do? Why? The answer is, because we need God and we as his children need to stay connected to God. How do we do this? Through prayer and repentance. So, when we commit to the requirements of Lent Season, we are re-committing ourselves to our

Now, I'm the first to say that I'm not some Super Christian. Salvation is a daily battle and I'm fighting it just like everybody else. Believe me, I'm not around here beating a tambourine all day. I'm a sinner just like you but if you were to ask me why I choose to fast... my answer is simple. "I'm A Sinner That Knows That I Need God."





Watch & Learn...

So, I'm not surprised that I have decided to recommend you check out Pastor Keion Henderson, Pastor of The Lighthouse Church in Houston, Texas one of the fastest growing congregations in its area. I've been tuning in to Pastor Keion on YouTube for about 2 years or so...and I have to say...this man is good.

I absolutely love the fact that he's real. He delivers the word in a way that is down to earth and relatable. I don't care if you are 25 or 75...you will enjoy his message. It doesn't matter if he's preaching about the way they used to baptize back in day or telling a story from when he was child about getting home before the streetlights came on...he's always making you laugh while backing it up with scripture.

Beyond his pastoral duties, Pastor Keion Henderson is a published author, having written books that blend spirituality with practical advice for personal and professional development. His works often address themes of perseverance, leadership, and faith, encouraging individuals to overcome obstacles and pursue their God-given potential.

In addition to his contributions to religious life, Pastor Henderson is actively involved in philanthropic efforts, focusing on initiatives that promote education, economic empowerment, and community development. His commitment to service and helping others is evident in the various programs and partnerships he has established, aimed at uplifting underserved communities. Check him out...you'll be blessed.

Available on YouTube



Inspire Me

Three R's of Lent

Reflection Repentance Reconciliation

What's That



All About??

Vocabulary.com defines sacrifice as a loss or something you give up, usually for the sake of a better cause. As parents we sacrifice time and sleep to take care of our children, feed them, clothe them, spend quality time, etc. As companions in a relationship, we sacrifice our total oneness in trade for a lifetime of togetherness.

Dictionary.cambridge.org definition says, sacrifice is to give up something that is valuable to you in order to help another person. Yet again examples are given of how we as parents sacrifice time, money and resources so that we may provide a life for our children that is better than we had. Well, that's what God did. He sacrificed what was most precious to him (his son) so that we may have grace.

When we think of sacrifice from a biblical standpoint the act itself signifies an act of offering something of value to God himself, often as a means of atonement or gratitude. It reflects a deep spiritual commitment to your relationship with the Lord.

The importance of sacrifice can be understood as follows:

- 1. Prioritizing the needs and well-being of others above personal gain.
- 2. Approaching God, seeking forgiveness, and cleansing from sin.
- 3. Symbolizing the seriousness of sin and the transfer of quilt.
- 4. Restoring relationships and offering peace to God.

In conclusion, sacrifice often involves giving up something valuable or important for the sake of a greater cause or the well-being of others. It underscores the depth of commitment and love, highlighting the human capacity for selflessness and empathy. Ultimately, sacrifices can lead to personal growth and a deeper understanding of what truly matters in life.

check This Sold By Out... Tinisha



Knowledge is Power

In this issue I will be recommending

"When Women Pray"

10 WOMEN OF THE BIBLE WHO CHANGED THE WORLD THROUGH PRAYER by T.D. JAKES.

This is a good book.

I'm currently still in the process of reading this book. I'm about halfway through and I must say that Bishop Jakes take on these women is enlightening to say the least. I love the way he seems to have gone into the thoughts of these women and told their stories from the perspective of regular women. Women who have cried, struggled, sacrificed and survived. As I said, I'm not finished with the book yet but what I have read thus far is enough to warrant my recommendation. I'm looking forward to the rest. Check it out.

Available on Amazon — Order on my Amazon Storefront — Ms. T.B. Suggest — access link through my website: www.newlevelnewuacademy.com

Contact me if you're looking to buy, sell, or lease a property. I'm here to assist you every step of the way. You could be next!

Phone: 313-408-0682

@ Email: soldbytinisha@gmail.com Website: www.Tinishahill.realtor

Contact me today!

Advertise with NLNU Academy LLC



Ws. TBTV

MS. TBTV

@_MSTBTV

OFTEN LEAD TO

REAUTIFUL VATIONS.

uing My Purpose and ying Every Moment! ying Focused and Alway y'em Pressure. Let's Go!

Tiquita Bell

You Tube

A

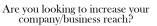
0



Let

New Level New U Academy LLC

Run Your Business Ad Today!!



Have you been wondering how to get more exposure.

Well, I've got the answer to your question...

New Level New U Academy LLC (Tiquita Bell) is offering your company/business advertisements through my vast array of Social Platforms...from my newsletter, Facebook & Instagram pages to my YouTube Channel that currently has over 80,000 subscribers...and steadily climbing.

Let me share your business with the people who choose to follow/subscribe to me.

We're currently offering a special:

1st Month Free when you pay for 2 months or more.

Running an Ad can be just what you need to get to that Next Level.

For more info Contact me @

info@newlevelnewuacademy.com

888-926-7710

#Envision That Vision Board Workshops



Have you been thinking... "I should create a Vision Board?" Well, you're right...you should. Let Me Help You Create The Vision You Envisioned For Your Life/Career.

Host your Vision Board Workshop/Party/Team Building Workshop for your business today.

Contact Tiquita Bell for more details. **Email:**

info@newlevelnewuacademy.com

- *Host is free and always VIP!!
- *Workshop's must be 10 people or more not including Host.
- *You choose your venue/location & we come to you
- *All fees are priced per guest

Contact #Ms. TBTV NEWS

Do you have a story you would like to share? A business/event/product that you would like to promote? Have a Book recommendation? Want to run an ad?

Contact us for more info:

Tune in to my YouTube Channel Ms. TBTV... watch my podcast He Said. She Said" & get **Daily Motivation**

Tiquita Bell

@

Quita@mstbtv.com

Deadline: April 15th, 2025

Follow me on:

Join me on YouTube for Ms. TBTV 2025 Fast. Live daily after 6:30 pm. Fasting forms located in the Post Section Of the Ms. TBTV YouTube Channel



Kae's Hair Oil

Our hair growth oil is made with all natural ingredients and is safe for kids!! Clients have been pleased... Remember...Consistency will get you real results!!

> Kae's Hair Oil is available in: 2 oz. bottles

> > 4 oz. bottles

This is the only oil I use on my 7-year-old daughter's hair. (Pictured Above)

#ShopKaeKollections #SHARE

New Level New U Academy

■ YouTube Ms. TBTV— Subscribe/Share/Like