



Hello, Becomer

ISSUE # 2
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WHEN THE OLD VERSION COULDN'T COME WITH ME

“Becomers”,

This week’s Becoming Her entry is called When the Old Version Couldn’t Come With Me... and it’s a real one.

There are versions of us that were built to survive, but not built to lead the life we’re stepping into. And as uncomfortable as it is, growth requires separation from who we used to be...

This week, pay attention to where you’re being invited to grow instead of pulling back. Becoming isn’t about having all the answers; it’s about being willing to stand in truth, even when it feels unfamiliar.

Let me ask you this:

What are you still carrying that no longer fits the woman or man you’re becoming?

*Always Rising,
Tiquita - Ms. TBTV*

Elevation Assignment:

Write down three habits, mindsets, or patterns you already know you’ve outgrown.

Now, leave them right there on that paper and move forward.

Here’s what I want you to reflect on this week:

Honor who you were.

But don’t ask her to lead you where you’re going.

He or She can’t go...

*Remember:
“Becoming”
requires honesty
before confidence.*

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