

# Bid Bound's Online Courses

## **Bid Bound's Ultimate Guide to Rush- \$120**

Bid Bound's Online Rush Prep Course is truly one of a kind.

Created by a former Alabama Head Rho Chi with four years of recruitment experience from every side of the process, this course delivers real, behind-the-scenes insight you simply won't find anywhere else. Our mission is simple: help PNMs walk into recruitment prepared, confident, and ready to be Bid Bound. Inside, you'll get 7 comprehensive modules designed to teach you:

- How recruitment actually works
- What to expect each round
- How to navigate voting, cuts, and conversations
- And how to maintain the right mindset during one of the most emotional weeks of college

Each module includes detailed PDF slides and video lectures so you can learn in a way that feels clear and easy to follow. After enrollment, you'll receive a personalized access code to join our private Google Classroom, plus access to our exclusive PNM Support Facebook Group for ongoing guidance and encouragement. This isn't just a course. It's your strategy, support system, and confidence boost all in one.

## **Rush 101: Parent's Edition- \$50**

Recruitment can feel just as overwhelming for parents as it does for PNMs – and that's exactly why we created the Bid Bound Parent Course. This mini course is designed to give you clarity, confidence, and peace of mind during one of the most emotional weeks of your daughter's college experience. Inside three concise, easy-to-follow modules, we break down recruitment basics, what the week will realistically look like, how to best support your daughter without adding pressure, and what life after Bid Day may bring, no matter the outcome.

You'll receive video lessons you can watch on your own time, plus access to our exclusive Bid Bound Parents Facebook Group for community and ongoing support.

The course also includes our Parent Recruitment Week Survival Kit PDF, filled with daily reminders, encouraging texts to send your PNM, and helpful talking points for emotional moments. Because when parents feel informed and calm, PNMs feel supported and confident

