

Winter 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Classes	Evening Classes					Morning Classes
Ballet/Tap Combo (AGES 3-5) 10:30–11:15am						Zumba 10:30–11:30am
Zumba® 11:30am–12:30pm						Zumba Step & Tone 11:30am–12:30pm
	Zumba Toning 5:30–6:30pm	Zumba 5:30–6:30pm	Yoga 5:00–5:45pm	Zfit Kids - K-Pop/Tap Combo (AGES 6-11) 5:00–6:20pm		
	Hip Hop & House 6:30–7:30pm	Zumba Step & Tone 6:30–7:30pm	Total Body Blast 6:30–7:30pm	Zumba 6:30–7:30pm	<p><i>Special Events</i></p> <p>Check our Instagram account or join our mailing list for each week's Pop-Up Class Schedule and other event announcements!</p>	
	Adult Tap 7:30–8:30pm	Zumba 7:30–8:30pm		Bellydance Fitness 7:30–8:30pm		