

Privacy Policy

At Yorkshire Counselling Psychology, we are committed to protecting and respecting your privacy in compliance with the General Data Protection Regulation (GDPR) and Data Protection Act (2018). This Privacy Policy outlines how we collect, use, store, and protect your personal data.

1. Data Collection

We collect personal information directly from clients via our website, email, phone, or in-person interactions, including name, contact details, medical history, and other sensitive information necessary for delivering psychological services.

2. Purpose of Data Collection

We use your data to:

- Provide ADHD assessments, therapy, and supervision services.
- Process payments for services.
- Communicate appointment details and service updates.
- Meet legal and regulatory obligations.

3. Data Storage and Security

Your data is stored securely in compliance with GDPR. We implement appropriate technical measures to protect against unauthorised access, alteration, or loss of data. Our electronic records are encrypted, and paper records are kept in a locked, secure environment.

4. Data Sharing

We do not share your personal information with third parties unless required by law or with your explicit consent, for example, when liaising with healthcare providers or insurers. We ensure that any third-party processors we use (such as payment processors) are GDPR-compliant.

5. Your Rights

Under GDPR, you have the right to:

- Access your personal data.
- Request correction of any inaccurate data.
- Request deletion of your data (where legally permissible).
- Object to processing or restrict data processing.
- Request data transfer to another provider (data portability).

6. Data Retention

We retain your data only for as long as is necessary for the purposes outlined in this policy, or as required by law. Psychological records are kept for a minimum of seven years after the last service.



provided, in line with professional guidelines.

7. Cookies

Our website uses cookies to enhance user experience. Please refer to our Cookie Policy for more information.

8. Contact Us

For any queries about this policy or your data, please contact us at:

Yorkshire Counselling Psychology

contact@yorkshirecounselingpsychology.co.uk

This policy is reviewed regularly and may be updated to remain in line with any changes in law or services.

Last Updated: 09/10/2024