

Informed Consent Policy

At Yorkshire Counselling Psychology, informed consent is central to the ethical provision of our services. This policy ensures that clients are fully informed about their care and the use of their personal data.

1. Consent for Assessments and Therapy

Before commencing any psychological assessments or therapy, clients must provide informed consent. We ensure that clients:

- Understand the nature, purpose, and potential outcomes of the assessment or therapy.
- Are informed of their rights, including the ability to withdraw consent at any time.
- Are given the opportunity to ask questions before proceeding.

2. Use of Client Data

We collect and store client data solely for the purpose of providing effective psychological care. This includes information shared during therapy or assessments, as well as appointment records and payment details. The following principles apply:

- Transparency: Clients are informed about what data is collected, why, and how it will be used.
- Confidentiality: All data is treated as confidential and stored securely in our encrypted systems, including OneDrive (protected by two-factor authentication) and the Semble clinical management system.
- Data Sharing: Data is not shared with third parties unless required by law or with the client's explicit consent, such as communicating with other healthcare providers involved in their care.

3. Withdrawal of Consent

Clients can withdraw their consent at any point during therapy or assessments. Withdrawal of consent may impact the delivery of services, but this will be discussed openly with the client.

4. Client Rights

Clients have the right to:

- Access their personal data.
- Request corrections to inaccurate information.
- Request restrictions on certain uses of their data.
- Be informed of any changes to how their data is processed.

5. Review and Amendments

This policy is reviewed regularly to ensure compliance with legal requirements and professional standards.



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For any questions or to request further information, please contact:

Yorkshire Counselling Psychology

contact@yorkshirecounsellingpsychology.co.uk

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