

# Equality and Diversity Policy

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At Yorkshire Counselling Psychology, we are committed to promoting equality, diversity, and inclusion in all aspects of our services. We strive to provide fair and equitable treatment to all clients, regardless of age, race, gender, sexual orientation, religion, disability, socioeconomic status, or any other protected characteristic.

## 1. Commitment to Equality

We ensure that all clients have equal access to our services, including ADHD assessments, therapy, and supervision. We treat everyone with dignity and respect, providing reasonable adjustments where necessary.

## 2. Diversity and Inclusion

We embrace diversity and encourage an inclusive environment that reflects the diversity of our clients. We are committed to fostering a culture where individual differences are recognised, valued, and supported.

## 3. Non-Discrimination

We have a zero-tolerance policy for discrimination, harassment, or victimization. Any such behaviour by staff or clients will be addressed promptly and fairly, in line with our complaints procedure.

## 4. Training and Awareness

All staff members receive regular training on equality, diversity, and inclusion to ensure that they are equipped to provide services that respect each client's unique background and needs.

## 5. Monitoring and Review

We continually monitor our practices to identify and remove any barriers to equality. This policy is reviewed annually or in response to any changes in legislation or service delivery to ensure it remains effective and up to date.

For any questions or concerns, please contact us at:

Yorkshire Counselling Psychology  
[contact@yorkshirecounsellingpsychology.co.uk](mailto:contact@yorkshirecounsellingpsychology.co.uk)

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