

# Safeguarding Policy

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At Yorkshire Counselling Psychology, we are committed to safeguarding vulnerable adults and ensuring their safety and well-being in all aspects of our services. This policy outlines our procedures for identifying, reporting, and managing safeguarding concerns.

## 1. Definition of Vulnerable Adults

A vulnerable adult is someone aged 18 or over who may be at risk of harm due to factors such as age, illness, disability, or emotional or mental health challenges.

## 2. Commitment to Safeguarding

We are dedicated to preventing abuse or harm to vulnerable adults. All staff members are trained to recognise and respond to signs of abuse, including physical, emotional, financial, sexual abuse, neglect, and self-neglect.

## 3. Reporting Procedures

If a safeguarding concern arises:

- Staff must document the details of the concern and inform the Safeguarding Lead (Dr Stuart Gore)
- The Safeguarding Lead will assess the situation and, if necessary, report the issue to appropriate authorities (e.g., local safeguarding board or adult social services).
- In cases of immediate danger, emergency services will be contacted.

## 4. Confidentiality and Information Sharing

While we respect client confidentiality, safeguarding takes priority where there is a risk of harm. We may need to share relevant information with external agencies to ensure the safety of vulnerable individuals.

## 5. Training

All staff members receive safeguarding training and regular updates to ensure they are aware of their responsibilities and the latest procedures for protecting vulnerable adults.

## 6. Monitoring and Review

This policy is reviewed annually, or sooner if necessary, to ensure it aligns with current safeguarding guidelines and best practices.

For further information or to raise a concern, please contact us at:

Yorkshire Counselling Psychology

[contact@yorkshirecounsellingpsychology.co.uk](mailto:contact@yorkshirecounsellingpsychology.co.uk)

Last Updated: 09/10/2024