

Health and Safety Policy

At Yorkshire Counselling Psychology, we are committed to ensuring the health, safety, and welfare of all clients, staff, and visitors during in-person services.

1. Responsibilities

- Management: Responsible for implementing and ensuring compliance with health and safety measures.
- Staff: Expected to follow health and safety procedures and report any hazards or risks.
- Clients: Expected to adhere to health and safety guidelines during appointments.

2. Risk Assessments

- Regular risk assessments are carried out to identify potential hazards in the clinical environment.
- Steps are taken to minimise identified risks to client and staff safety.

3. Infection Control

- Strict hygiene protocols are in place, including regular sanitisation of clinical spaces and equipment.
- Personal protective equipment (PPE) is used when necessary, and infection control measures are enforced to prevent the spread of communicable diseases.

4. Emergency Procedures

- Clear evacuation procedures are established in case of fire or other emergencies.
- Emergency drills are regularly conducted, and staff are trained in responding to emergencies.

5. First Aid

- First aid kits are available on-site, and staff members are trained in first aid procedures.

6. Reporting Accidents

- All accidents, injuries, and near misses are reported and recorded. Appropriate action is taken to prevent recurrence.

7. Manual Handling

- Staff are trained to handle materials and equipment safely, and avoid heavy lifting unless necessary.

8. Monitoring and Review

- This policy is reviewed annually to ensure it remains effective and complies with current health and safety legislation.



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For further information, please contact:

Yorkshire Counselling Psychology

contact@yorkshirecounsellingpsychology.co.uk

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