

High flyer: Jane Cameron

I've had a wonderful life.

I've met so many interesting people. I've visited small flats and huge mansions, cottages and castles. I've eaten at the best tables. I've met paupers and presidents and been lucky to attend weddings and funerals and some of the most important political occasions. I count former US Vice President, Mike Pence, among my closest friends.

My life as a fly on the wall has been amazing.

Admittedly, I've had a few close shaves but my reflexes are second to none. I've avoided the most determined swatter and I can sniff out a dangerous spray a room away.

Lots of my friends and relatives have chosen different life-styles,

Many prefer the outdoors, dropping in for a feed on hot and bothered humans and animals. While others like to spend their time buzzing round the world's dirt and rubbish. I never fancied that myself.

Give me an open window or door or a hole in a fly screen and I'll be happy to pop in.

It's amazing how often humans know that I'll be visiting, looking for a tasty snack. They're very good. They frequently leave some cheese or meat on the kitchen counter for me to find.

What would I say to my younger self? I'd say you have lots of exciting adventures to look forward to. You'll enjoy a great life.

Whoops! Can't stop. I see danger.

Maybe I'd better scoot before that rolled up paper SPLAT!