

Hindsight: Jan T

Hindsight: such a gift as I reach out to my pre-adult self.

Headstrong, naive, already making uninformed decisions that will shape life forever.

Prepare yourself for the unexpected kid. Accept actions have consequences which can be relentless. You will make howling mistakes along the way and feel the repercussions of choices others have made.

You are just one pebble in the pond. Watch out for those ripples!

Learn to say 'no'. You are strong, a survivor as yet untested. Believe in yourself, your abilities, your talents, they are there.

Don't fear change, always value those you love and never take friendships for granted.

You will change and learn as the years pass. Trust / listen to the voice within.

You are allowed to have joyful times. Be open to new experiences.

Be happy.