To You: Anna Healey

You will never be as young as you are now. You will never be as energetic, as lonely, as confused.

You will never waste so many opportunities. Never feel as isolated, as insecure, as you do right now.

So ... why not snap out of it? You are enough. You are bright and funny and kind.

You haven't found your people yet, but you will - and you will understand. And when you meet him, life as you know it will all make sense.