

Forbidden Fruit - The Garden of Eden: Carole Ingram

FORBIDDEN FRUIT returns our minds to THE BIBLE where ADAM and EVE were tempted to eat the Forbidden fruit in the GARDEN OF EDEN and the consequences that it caused. Religious or not, there is a lesson there to be learnt.

We still face this situation in our daily lives. When a situation comes up that may be problematic. We need to be mindful of the consequences of deciding that something is FORBIDDEN.

It may not be significant enough to take the risk. Or is the situation so essential to us that it is worth taking the risk. If we do take the risk it may result in something extraordinary, or it may be the opposite. It does take courage.

Some situations I have faced fall into the category of FORBIDDEN FRUIT:

CASE ONE

A Family issue that had caused drama and hurt over many years. It had become so complex that I could see if I tried healing the issues, it might open other issues that could cause more problems. So it was not worth the risk. I just decided silence was the best option and to be more receptive to other people's opinions.

CASE TWO

I could feel an attraction towards a girlfriend's partner and knew it was reciprocated. If I had given in to that attraction I would have let down and hurt a wonderful girlfriend that I valued and cared for. So it was an obvious no.

CASE THREE

I was unhappy with the company where I worked for many years but needed the income. So, I did some research regarding other employment. I found something I liked but it was on a casual basis for the first year with no guaranteed income. I listened to my gut and got the job. It turned out to be the right decision.

SO TO REITERATE REGARDS FORBIDDEN FRUIT. We must be mindful of the risk we take and decide if we are willing to take that risk.
IT DOES TAKE COURAGE.