Freedom: Wendy Spragge

Freedom is waking in the morning naturally and deciding what to do during the day with no plan.

Freedom is stretching out in a king sized bed and not having to share with anyone.

Freedom is eating at no particular time and whatever takes your fancy.

Freedom is wearing clothes for pleasure and comfort.

Freedom for me is 'no restriction' in any way, shape or form, with a happy outlook.

Freedom is living with free choice.