

## ***The Horizon Shouts: Titania***

Ever an avid fan of new beginnings, being creative - writing books and producing artworks. More than one astrologer friend says the dark moon and new moon are times for new beginnings. The full moon represents completion.

On my ever-continuing healing journey, I discovered Dr Bradley Nelson's phenomenal book *The Emotion Code*. He helps you let go trapped emotions from your life and inherited ones through your lineage and dare I say, past lives. Sadly, most people carry a great deal of baggage. Time to let it go now and forever

I agree with Dr Nelson who says most physical pain and struggles stem from trapped emotions. There's a great deal of stuff from my past to let go. My mother is wonderfully inspiring and I adore her. She's helped me in leaps and bounds, but growing up, she seemed very domineering.

May my first stepfather, who I also love, rest in peace, transitioning in 2016 due to smoking induced lung cancer. He also loved me, although sometimes, he said I was a show pony with tunnel vision - hurtful. I was being myself, wanting to shine and help others to shine. I was relentlessly bullied at school and in the workplace. They were unappreciative of creative, quirky, compassionate people.

Now is the time to shine, write my books (I suspect about 40), fiction and non-fiction on mental, emotional and spiritual health, self-help, memoirs eco-friendliness. My fiction, mainly fantasy, some romance, one science fiction, some aimed at young adults. I have three screen plays in me, one written, ready for take-off. I also want to self-publish two more poetry books and start an independent publishing company.

I have created several abstract artworks, some for sale. Some art is still in my heart, waiting to be born.

Whatever you are beginning, I wish you well upon your journey. Be it a new project, job, vocation, business, trying out for a new team or audition; a new direction. Perhaps you want to travel the world, learning and growing, or start a non-profit group.

Wherever your fantastical voyage of life takes you, know the Universe has your back. Go boldly in the direction of your dreams.

'Whatever you can do or dream you can, begin it; Boldness has genius, power, and magic in it,' - Johann Wolfgang von Goethe.