The Music Within: Titania

'Don't die with your music still in you'. ~ Dr Wayne Dyer.

Tragically, many enter the spirit world, dreams unfulfilled ... Unpublished books, didn't open that restaurant, launch that organic home and skin-care range, never made it big in the performing arts, became sports stars, never started crisis centres, animal rescue shelters, or became eco heroes/heroines, artists, philanthropists. Fear can be useful in keeping keep us safe. Caveat: it can also debilitate us. Do *not* let it disempower you. I urge you to become the archaeologist of those wonderful, yet buried dreams. Bring them to light for all to see. *Go for them*, Beautiful. You deserve to savour the sweetest fruits. The world needs your unique gifts. Shine, Baby, shine and encourage others.

A 70-something woman yearned to write. I got her excited to begin her interesting memoirs. She slumped; too old, she felt. Still, I encouraged. Sadly, angrily, she snapped, 'drop it'. Author Harry Bernstein said his most productive years were his 90s. My father died; detective novel unpublished. A lovely woman I knew passed, many new age and health books in her soul. A fantasy author; unpublished manuscripts dying with him. A woman burnt hilarious letters on a bonfire; the gathered rolled. I sincerely hope she published as encouraged. I'd SO read these books, heart aching for people dying, music buried deep within. Let's transform tragedies into triumphs.

In 2022, I turned 50. Although I have visited many countries, my heart and soul yearns to see ancient temples and sites of Gods and Pharaohs, the Auroras, Arctic and Antarctic animals, go dog sledding, ice hotels and the midnight sun, New Zealand's *The Lord of the Rings* tours, Italy for the sparking vampire *Twilight* tours, Route 66 and Calico Ghost town in America, New York's *huge* toy store, traveling the world, learning and growing.

It would devastate my author's soul to die, music buried deep within. I am penning 16 self-help books and around 60 novels, including an intricate epic fantasy saga, writing like the clappers to get my work out there.

So many folks suffer. So many folks suffer. My fondest wish; to help alleviate depression, encouraging people to realise their dreams, sparking joy, throwing myself into writing stories in my soul, creating art in my heart, inspiring, enlightening, enlivening, awakening and empowering people and the world.